



## Default Question Block

### RESEARCH ON WORK AND MOTIVATION

The purpose of this research is to examine the relationship between work motivation and a series of job-related outcomes. To participate in this research, **you must currently have a job.**

The study takes **about 5 minutes** to complete. Your participation in this study is completely voluntary. You are free not to participate or to withdraw at any time.

All of your responses will be kept **anonymous** and **confidential**. There are no right or wrong responses, so please be **open** and **honest**.

You will be paid **0.20 USD** for participating in this study.

For more information or questions about this research you may contact Dr. Nicolas Sommet at [nicolas.sommet@unil.ch](mailto:nicolas.sommet@unil.ch).

Nicolas Sommet  
University of Lausanne

## B1. Goal x Motivation

### MOTIVATION AT WORK

Which occupational category best describes your job?

Please state your current job:

How many years have you been doing this job?

Below you will find statements that represent **explanations for why you might pursue goals at your job**. Please indicate how true each statement is for you.

	Not at all	Somewhat	Completely
In my job, I pursue goals because I find them highly stimulating and challenging.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, I pursue goals because I find them personally valuable goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, I pursue goals because I would feel bad, guilty, or anxious if I didn't do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, I pursue goals because I can only be	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In my job, I pursue goals because others will reward me only if I achieve these goals.

	Not at all	Somewhat	Completely
In my job, my aim is to completely master my tasks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, I am striving to understand the content of my tasks as thoroughly as possible	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, my goal is to learn as much as possible.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not at all	Somewhat	Completely
In my job, my goal is to learn as much as possible because I find this a highly stimulating and challenging goal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, my aim is to completely master my tasks because I would feel bad, guilty, or anxious if I didn't do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my job, I am striving to understand the content of my tasks as thoroughly as possible because I can	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

only be proud of myself if I do so.

In my job, my goal is to learn as much as possible because I find this a personally valuable goal.

In my job, my aim is to completely master my tasks because I have to comply with the demands of others such as colleagues, friends, and supervisors.

In my job, I am striving to understand the content of my tasks as thoroughly as possible because others will reward me only if I achieve this goal.

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○

In my job, my aim is to completely master my tasks because I find this a highly stimulating and challenging goal.

In my job, I am striving to understand the content of my tasks as thoroughly as possible because I would feel bad, guilty, or anxious if I didn't do it.

In my job, my goal is to learn as much as possible because I can only be proud of myself if I do so.

In my job, my aim is to completely master my tasks because I find this a personally valuable goal.

In my job, I am striving to understand the content of my tasks as thoroughly as possible because I have to comply with the demands of others such as colleagues, friends, and supervisors.

In my job, my goal is to learn as much as possible because others will reward me only if I achieve this goal.

Not at all

Somewhat

**Completely**

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○

○ ○ ○ ○ ○ ○ ○





Inspired  
Interested  
Excited  
Enthusiastic  
Strong  
Proud

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Demographics

### CONCLUDING QUESTIONS

What is your sex?

- ☐ Male  
☐ Female

What is your age?

## Block 10

Thank you for your participation

The survey code is: Motivation