

**Table S1 Dimensions and items of the WRFQ 2.0 (Dutch version) with 27 items**

Dimensions	Items
Work scheduling and output demands (10 items)	Get going easily at the beginning of the workday Start on your job as soon as you arrived at work Do your work without stopping to take extra breaks or rests Stick to a routine or schedule Work fast enough Finish work on time Do your work without making mistakes Satisfy the people who judge your work Feel a sense of accomplishment in your work Feel you have done what you are capable of doing
Physical demands (5 items)	Lift, carry, or move objects at work weighing more than 10 pounds Sit, stand, or stay in one position for longer than 15 min while working Repeat the same motions over and over again while working Bend, twist, or reach while working Use hand-held tools or equipment (for example, a phone, pen, keyboard, computer mouse, drill, hairdryer or sander)
Mental and social demands (7 items)	Keep your mind on your work Do work carefully Concentrate on your work Work without losing your train of thought Easily read or use your eyes when working Speak with people in-person, in meetings or on the phone Control your temper around people when working
Flexibility demands (5 items)	Set priorities in my work (new) Handle changes in my work (new) Process incoming information, for example e-mails, in time (new) Perform multiple tasks at the same time (new) Be proactive, show initiative in my work (new)