Supplementary material.

Table 1. Checklist of STROBE statement for cohort studies.

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|  | Number of item | Recommendation |
| **Title and abstract** | 1 | (a) Indicate the study’s design with Title and abstract 1 a commonly used term in the title or the abstract  (b) Provide in the abstract an informative and balanced summary of what was done and what was found |
| **Introduction**  - Background  - Objectives | 2  3 | Explain the scientific background and rationale for the investigation being reported  State specific objectives, including any prespecified hypotheses |
| **Methods**  - Study design  - Setting  - Participants  - Variables  - Data sources/  measurement  - Bias  - Study size  - Quantitative variables  - Statistical methods | 4  5  6  7  8  9  10  11  12 | Present key elements of study design early in the paper  Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection  (a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up  (b) For matched studies, give matching criteria and number of exposed and unexposed  Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable  For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group  Describe any efforts to address potential sources of bias  Explain how the study size was arrived at  Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why  (a) Describe all statistical methods, including those used to control for confounding  (b) Describe any methods used to examine subgroups and interactions  (c) Explain how missing data were addressed  (d) If applicable, explain how loss to follow-up was addressed  (e) Describe any sensitivity analyses |
| **Results**  - Participants  - Descriptive data  - Outcome data  - Main results  - Other analyses | 13  14  15  16  17 | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed  (b) Give reasons for non-participation at each stage  (c) Consider use of a flow diagram  (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders  (b) Indicate number of participants with missing data for each variable of interest  (c) Summarise follow-up time (eg, average and total amount)  Report numbers of outcome events or summary measures over time  (a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included  (b) Report category boundaries when continuous variables were categorized  (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period  Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses |
| **Discussion**  - Key results  - Limitations  - Interpretation  - Generalisability | 18  19  20  21 | Summarise key results with reference to study objectives  Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias  Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence  Discuss the generalisability (external validity) of the study results |
| **Other information**  - Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based |