**ICBT vs IAR US RCT: Demographic Questionnaire**

* What gender are you?
* Male
* Female
* How old are you?
* What describes your work?
* Entry level or unskilled work,
* Skilled or professional work
* Retired
* Not working
* What is the highest level of schooling you finished?
* Less than high school
* High School
* Some college but not degree
* A university degree
* What is your ethnicity?
* Hispanic or Latino
* Not-Hispanic or Latino
* What is your race?
* American Indian
* Alaska Native, Asian
* Black or African American
* Native Hawaiian
* Other Pacific Islander
* White
* More than One Race
* How long have you had tinnitus? (\_years\_months)
* Where do you notice your tinnitus?
* Right ear
* Left ear
* Both ears
* In my head
* Unsure
* Other, please specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Is your tinnitus in time with your pulse or heartbeat? (Yes/No)
* Can anybody else hear your tinnitus when they are close to you, such as your doctor when doing an examination? (Yes/No)
* Who have you consulted about your tinnitus? Please select all that apply:
* No professional
* Primary Care Physician (PCP)
* ENT physician
* Audiologist
* Other, please specify \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* How easy do you find using a computer and the Internet? (Find it hard, basic skills, frequent user)
* For which activities do you mostly use the Internet? Select all that apply.
* Communication such as email or chat
* reading news
* shopping
* watching videos
* to listen to music
* to search for information
* other – please specify)
* Are you a veteran of the military? Yes/ no
* If yes. Please select the service branch

- Army

-Air Force

- Navy

- Coast Guard

- Marine Corps

* How long were you in military service for? (\_\_ years)
* How hard do you find it to hear?
* I hear well
* I have slight problems
* I have moderate problems
* I find it very hard to hear

I have great problems hearing

* Do you have a hearing loss?
* Yes
* No
* Both ears
* Left ear
* Right ear
* Unsure
* Do you wear hearing aids?
* Yes
* No
* Right ear
* Left ear
* Both ears
* Do the hearing aids help reduce your tinnitus in any way?
* Yes, very well
* At times
* Only a little
* They make no difference
* No
* It makes the tinnitus worse
* Please explain how and when the tinnitus is better or worse when using a hearing aid? (open)