

## Part 1

### Clinical and Sociodemographic Information

1. Name: \_\_\_\_\_ 2. Phone number: \_\_\_\_\_
3. Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ 4. Sex: ☐ Female ☐ Male
5. Marital Status: ☐ Single ☐ Married ☐ Divorced/ Widower
6. Education: ☐ Up to Elementary ☐ Middle and High school ☐ Higher education
7. Age of disease onset: \_\_\_\_\_
8. Occupation: \_\_\_\_\_
9. Number of people in the family: \_\_\_\_\_
10. Monthly family income: 1- ☐ Up to R\$ 1,000,00  
2- ☐ R\$ 1,100.00 to R\$ 3,000.00  
3- ☐ R\$ 3,100.00 to R\$ 5,000.00  
4- ☐ Over R\$ 5,000.00
11. Length of psoriasis treatment: ☐ less than a year  
☐ between 5 and 10 years  
☐ more than 10 years
12. Are you a smoker? ☐ Yes ☐ No
13. If yes, how many cigarettes do you smoke per day? \_\_\_\_\_
14. How long have you been smoking? \_\_\_\_\_
15. If no, how long have you stopped smoking? \_\_\_\_\_
16. Do you drink alcohol? ☐ Yes ☐ No
17. If yes, how often do you drink? \_\_\_\_\_
18. If no, when have you stopped drinking alcohol? \_\_\_\_\_

### Part 2 - Guided questions applied to patients

1. What do you understand by quality of life?
2. In your opinion, does psoriasis interfere with your quality of life? If yes, in what aspects?
3. In your perception, how could your quality of life be improved in relation to psoriasis?