

SHIFT health & nature

webinar series

CHAPTER 4: LAND MANAGEMENT

Park Rx

July 14, 2020

Presented by



About the Webinar Series

March-September 2020

CHAPTER 1

The Health & Nature Movement

CHAPTER 2

Public Health:
Nature as an Intervention Strategy

CHAPTER 3

Conservation:
Public Health as an Ecosystem Service

CHAPTER 4

Land Management:
Land Use and Public Health

CHAPTER 5

Outdoor Recreation:
The Health Benefits of Time Outside



Photo by James Wheeler

Park Rx



Atiya Wells, RN

Founder and CEO,
Backyard Basecamp/BLISS
Meadows



Kathleen Wolf, PhD

Research Social Scientist, College
of the Environment, University of
Washington



Robert Zarr, MD

Founder, Park Rx America

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Webinar recording on YouTube: <https://bit.ly/2wISnOh>

Slide deck on Figshare: <https://figshare.com/authors/SHIFT/8502495>

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Upcoming Webinars

Tuesday, July 28, 10-11 AM MT

- **The Trails Calculator**

- *Attila Bality, Director, Rivers, Trails & Conservation Assistance Program, National Park Service*
- *Torsha Bhattacharya, PhD, Director of Research, Rails-to-Trails Conservancy*
- *Henry “Shelton” Brown, PhD, University of Texas School of Public Health*
- *Eva Garcia, Caracara Trails Project Manager, Rails-to-Trails Conservancy*

Tuesday, Aug. 11, 10-11 AM MT

- **The Mental Health Benefits of Parks**

- *Ralf Buckley, International Chair in Ecotourism Research, Griffith University*
- *Jon Jarvis, Executive Director, UC Berkeley's Institute for Parks, People, and Diversity*
- *Brenda Schmidt, CEO, Coplex*



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