1 Investigating the Sex-Selectivity of a Middle Ontario Iroquoian Atlantic Salmon (Salmo

- 2 *salar*) and Lake Trout (*Salvelinus namaycush*) Fishery through Ancient DNA Analysis
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- 4 Thomas C.A. Royle^{1,*}, Hua Zhang¹, Eric J. Guiry^{2,3}, Trevor J. Orchard⁴, Suzanne Needs-
- 5 Howarth^{5,6,7}, and Dongya Y. $Yang^{1,*}$
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- ⁷ ¹Ancient DNA Laboratory, Department of Archaeology, Simon Fraser University, 8888
- 8 University Drive, Burnaby, BC, V5A 1S6, Canada
- ²Department of Anthropology, Trent University, 1600 West Bank Drive, Peterborough, ON, K9L
 0G2, Canada
- ³Department of Anthropology, University of British Columbia, 6306 NW Marine Drive,
- 12 Vancouver, BC, V6T 1Z1, Canada
- ⁴Department of Anthropology, University of Toronto Mississauga, 3359 Mississauga Road,
- 14 Mississauga, ON, L5L 1C6, Canada
- ⁵Perca Zooarchaeological Research, Toronto, ON, Canada
- ⁶The Archaeology Centre, University of Toronto, 19 Russell Street, Toronto, ON, M5S 2S2,
- 17 Canada
- ⁷Trent University Archaeological Research Centre, Trent University, 1600 West Bank Drive,
 Peterborough, ON, K9L 0G2, Canada
- 20
- 21 *Corresponding authors
- 22
- 23
- 24 E-mail addresses: troyle@sfu.ca (T.C.A. Royle), zhangh@sfu.ca (H. Zhang),
- 25 eguiry@lakeheadu.ca (E.J. Guiry), trevor.orchard@utoronto.ca (T.J. Orchard),
- 26 <u>percazooarch@gmail.com</u> (S. Needs-Howarth), <u>donyang@sfu.ca</u> (D.Y. Yang)
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28 Abstract

29 Prior to European settlement, Indigenous peoples sustainably harvested Atlantic salmon (Salmo 30 salar) and lake trout (Salvelinus namaycush) from Lake Ontario for centuries. Previous studies 31 have suggested Indigenous peoples were able to maintain the productivity of Atlantic salmon and lake trout fisheries in the Great Lakes region through the use of resource management strategies. 32 Since males tend to be the surplus sex among salmonids, one way in which Indigenous peoples 33 could have managed Atlantic salmon and lake trout stocks was through the preferential 34 harvesting of males. Here, we sought to investigate whether Indigenous peoples traditionally 35 36 used sex-selective fishing to manage Lake Ontario Atlantic salmon and lake trout stocks. To address this question, we modified a DNA-based sex identification method developed for ancient 37 Pacific salmonid (Oncorhynchus spp.) remains to make it applicable to archaeological Atlantic 38 salmonid (Salmo spp.) and char (Salvelinus spp.) remains. This method assigns sex identities to 39 samples through two PCR assays that co-amplify a fragment of the Y-specific salmonid master 40 sex-determining gene (sexually dimorphic on the Y-chromosome gene) and an internal positive 41 control, consisting of a fragment of the mitochondrial D-loop or nuclear Clock1b gene. We 42 applied this method to 61 Atlantic salmon and lake trout remains from the Antrex site (AjGv-38), 43 44 a Middle Ontario Iroquoian (ca. AD 1250 to 1300) village located in the Lake Ontario watershed. Using this method, we successfully assigned sex identities to 51 of these remains 45 (83.61% success rate), highlighting our method's sensitivity and efficacy. Statistical analyses 46 47 indicate neither the aggregate sex ratio nor the sex ratios obtained for the individual species were male-biased. This suggests Antrex's Middle Ontario Iroquoian inhabitants probably did not 48 practice male-selective fishing for Atlantic salmon or lake trout. 49

| 50 | Keywords: Ancient DNA; Sex identification; Great Lakes; Atlantic salmon (Salmo salar); Lake |
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| 51 | trout (Salvelinus namaycush); Ontario Iroquoian archaeology; Zooarchaeology |
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53 **1.0 Introduction**

54 Lake Ontario, in northeastern North America, was historically renowned for its 55 substantial populations of lake trout and potamodromous Atlantic salmon (Dymond et al., 2019; Guiry et al., 2016; Parson, 1973; Smith, 1995). During the 19th century, these populations 56 57 supported large-scale Euro-North American commercial fisheries, as well as subsistence and recreational fisheries (Bogue, 2000; Elrod et al., 1995; Tiro, 2016). However, by the mid-58 nineteenth century, Euro-North American-driven overfishing, habitat alteration, pollution, and 59 60 species introductions, had caused Atlantic salmon and lake trout stocks in Lake Ontario to collapse (Dymond et al., 2019; Elrod et al., 1995; Ketola et al., 2004; Parson, 1973; Smith, 61 62 1995). As a result, Atlantic salmon were extirpated from Lake Ontario by 1900, with the last sighting occurring in 1899 (Dymond et al., 2019; Parson, 1973). Although lake trout continued to 63 be commercially harvested into the 20th century, this taxon, too, became locally extinct, by the 64 end of the 1950s (Elrod et al., 1995). 65

Prior to their extirpation, Atlantic salmon and lake trout were harvested from Lake
Ontario by Indigenous peoples for centuries (Hawkins et al., 2019). It has been hypothesized that
Indigenous peoples maintained the productivity of salmonid fisheries in the Great Lakes through
the use of resource management strategies (Recht, 1997; Thoms, 2004; Tiro, 2016).
Ethnohistoric and ethnographic data indicate these resource management strategies included
restricted fishing seasons (Tiro, 2016), tenure systems that regulated access to fisheries (Thoms,

| 72 | 2004), and the use of selective fishing technologies, such as weirs (Recht, 1997). These fisheries |
|----|--|
| 73 | management strategies were underpinned by what the Wendat historian Georges E. Sioui (1999) |
| 74 | terms a fishing theology. This fishing theology consisted of a series of rituals and beliefs that |
| 75 | cultivated a reciprocal and respectful relationship between humans and fish (Recht, 1997; Sioui, |
| 76 | 1999; Thoms, 2004; but see Tiro, 2016). Understanding the repertoire of strategies that |
| 77 | Indigenous peoples traditionally used to manage Lake Ontario's Atlantic salmon and lake trout |
| 78 | stocks can inform present-day restoration efforts focused on these taxa (Morales et al., 2017). |
| 79 | One way in which Atlantic salmon and lake trout stocks can be managed is through sex- |
| 80 | selective fishing. As males tend to be the surplus sex among salmonids, preferentially harvesting |
| 81 | males can enhance the sustainability of salmonid fisheries (Fleming and Einum, 2011; Mathisen, |
| 82 | 1962; Reed, 1982). In another salmonid-bearing region of the Americas, northwestern North |
| 83 | America, such preferential harvesting of male salmonids, specifically Pacific salmonids |
| 84 | (Oncorhynchus spp.), was widely practiced by a variety of Indigenous peoples, including the |
| 85 | Ahtna (Simeone and Valentine, 2007), Cowichan (Dale and Natcher, 2014), Shasta (Curtis, |
| 86 | 1924), Sts'ailes (Ritchie and Springer, 2010), Tla'amin (Barnett, 1975) ,and Tlingit (Langdon, |
| 87 | 2006; Ratner et al., 2006). Within this region, male-selective Pacific salmonid fishing was |
| 88 | commonly achieved through the use of weirs and traps, which enabled the release of female fish |
| 89 | (Dale and Natcher, 2014; Langdon, 2006; Ratner et al., 2006; Ritchie and Springer, 2010). |
| 90 | Alternatively, in river pools with clear water and light-coloured substrates it was possible to |
| 91 | visually discern male Pacific salmonids and preferentially harvest them with spears or gaffs |
| 92 | (Curtis, 1924; Langdon, 2006; Ratner et al., 2006). Ethnographic accounts indicate that in many |
| 93 | instances male-selective fishing was purposefully done by Indigenous peoples in order to |
| 94 | maintain the productivity of local Pacific salmonid stocks (Barnett, 1975; Dale and Natcher, |

2014; Langdon, 2006; Ritchie and Springer, 2010). However, it is important to note that male

| 96 | Pacific salmonids were also preferentially harvested for reasons unrelated to management. For |
|-----|---|
| 97 | instance, males were targeted by some individuals on account of their larger size or were |
| 98 | incidentally harvested in higher numbers due to fluctuations in the relative abundance of the |
| 99 | sexes (Langdon, 2006; Ritchie and Springer, 2010; Simeone and Valentine, 2007). As similar |
| 100 | fishing technologies were also used by Indigenous peoples in the Great Lakes region (Cleland, |
| 101 | 1982; Recht, 1997), it is feasible that they also managed Lake Ontario Atlantic salmon and lake |
| 102 | trout stocks through similar male-selective fishing strategies. |
| 103 | Here, we sought to investigate whether male-selective fishing was one of the strategies |
| 104 | Indigenous peoples used to manage Lake Ontario's Atlantic salmon and lake trout stocks. To |
| 105 | address this question, we developed a DNA-based sex identification method for archaeological |
| 106 | Atlantic salmonid (Salmo spp.) and char (Salvelinus spp.) remains by adapting a method |
| 107 | developed for ancient Pacific salmonid remains (Royle et al., 2018). Following Royle et al. |
| 108 | (2018), this method uses two PCR assays that co-amplify a fragment of the Y-specific salmonid |
| 109 | master sex-determining gene (sexually dimorphic on the Y-chromosome gene) (Yano et al., |
| 110 | 2013, 2012), and an internal positive control consisting of a fragment of the mitochondrial D- |
| 111 | loop or nuclear Clock1b gene. Royle et al. (2018) have demonstrated that this DNA-based |
| 112 | approach is an efficient sex identification method for archaeological Pacific salmonid remains, |
| 113 | but it has yet to be applied to remains from other salmonids. To investigate the sex-selectivity of |
| 114 | Indigenous Atlantic salmon and lake trout fisheries in the Lake Ontario basin, we applied our |
| 115 | modified DNA-based sex identification method to 28 Atlantic salmon and lake trout remains |
| 116 | from the Middle Ontario Iroquoian (ca. 1250–1300 CE) Antrex site (AjGv-38). Our results |
| 117 | indicate that our modified method is an efficient sex identification method for archaeological |

120 2.0 Archaeological Context

Antrex is an Ontario Iroquoian village located near the north shore of Lake Ontario, in 121 present-day Mississauga, Ontario, Canada (Figure 1). The site is bounded by a tributary of 122 123 Cooksville Creek and is also situated near the Credit River (Archaeological Services Inc., 2010). During the 19th century, the Credit River supported a substantial Atlantic salmon run harvested 124 125 by Anishinaabeg and Euro-Canadians (Parson, 1973; Thoms, 2004; Tiro, 2016). The combined 126 results of excavations and surveys conducted by Archaeological Services Inc. (Archaeological Services Inc., 2010, 1991); the Erindale College (now University of Toronto Mississauga) Field 127 School (Smith, 1993); and Mayer, Poulton, and Associates Inc. (Mayer Heritage Consultants 128 129 Inc., 1998; Mayer Poulton and Associates Inc., 1991) indicate Antrex was a partially palisaded, 0.65 ha village composed of 8 longhouses, some of which were contemporaneous. Analyses of 130 131 the site's ceramic assemblage indicate it was inhabited during the Middle Ontario Iroquoian period, with multiple radiocarbon dates suggesting a ca. 1250 to 1300 CE occupation 132 (Archaeological Services Inc., 2010; Mayer Heritage Consultants Inc., 1998; Mayer Poulton and 133 134 Associates Inc., 1991). Within this timeframe, Antrex, like other Middle Ontario Iroquoian villages (Warrick, 1988), was likely only occupied for approximately 20 years before being 135 abandoned (Robertson and Williamson, 2002). 136

During the Middle Ontario Iroquoian period, subsistence patterns were characterized by
an increased dependence on cultigens, most notably maize (*Zea mays* ssp. *mays*) (Dodd et al.,
1990). Although maize and other crops were important foodstuffs, stable isotope analyses of
Middle Ontario Iroquoian human remains indicate that fish, particularly large piscivorous

| 141 | species, were significant sources of protein (Feranec and Hart, 2019; Pfeiffer et al., 2016, 2014; |
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| 142 | van der Merwe et al., 2003). The abundance of fish remains at many archaeological sites dating |
| 143 | to this period further reflects the dietary importance of fish at this time (Hawkins et al., 2019; |
| 144 | Pfeiffer et al., 2014). The results of a preliminary zooarchaeological analysis, namely an |
| 145 | assignment of vertebrate remains to taxonomic class, indicates that fish comprise 33.78% |
| 146 | (NISP=4,724) of Antrex's inventoried faunal assemblage (NISP=13,986) (Balmer, 2010). This |
| 147 | suggest that, proportionately, fish were a similarly important subsistence item at Antrex. As a |
| 148 | more detailed, below-class, analysis of the Antrex faunal assemblage has yet to be completed, |
| 149 | the relative abundance of Atlantic salmon, lake trout, and other individual fish species at the site |
| 150 | is unknown. |



Figure 1. Location of the Antrex (AjGv-38) site.

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154 **3.0 Materials and Methods**

155 *3.1 Sampling and Zooarchaeological Analysis*

156 A total of 61 salmonid vertebral elements recovered from Antrex were selected for ancient DNA (aDNA) analysis. We sampled vertebrae rather than unique cranial elements in 157 order to maximize our sample size. In contrast to salmonid vertebrae, which are often 158 159 archaeologically abundant, salmonid cranial elements are typically rare due to their low bone density relative to vertebrae, which increases their susceptibility to destructive taphonomic 160 processes (Butler and Chatters, 1994; Hawkins et al., 2019; Lubinski, 1996). However, since 161 vertebral elements other than the atlas, penultimate, and ultimate vertebra, are repetitive 162 elements, sampling vertebrae can potentially result in sampling an individual fish multiple times, 163 which would bias our results. Following Cannon and Yang (2006), we sought to mitigate the 164 potential for repeated sampling of individual fish by selecting vertebral elements recovered from 165 different units, features, and layers. Detailed provenience information for each of the analyzed 166 167 samples is provided in Table S1. As Antrex was likely only occupied for about 20 years, all of the samples, despite coming from different contexts, are roughly contemporaneous. 168

169 Taxonomic identifications were assigned to the selected samples by Orchard through 170 comparisons with reference specimens held in the Deborah J. Berg Faunal Collection at the 171 Department of Anthropology, University of Toronto Mississauga (Mississauga, ON, Canada). 172 Uncertain taxonomic identifications were double-checked and confirmed by Needs-Howarth 173 using reference specimens from the Howard G. Savage Faunal Archaeo-Osteology Collection at 174 the Department of Anthropology, University of Toronto (Toronto, ON, Canada). Of the 61 175 salmonid vertebrae selected for analysis, 35 (Samples LOS1–LOS35) were identified as Atlantic

| 176 | salmon and 26 (Samples LON1–LON26) were identified as lake trout or likely lake trout |
|-----|---|
| 177 | (Salvelinus cf. namaycush) (Table S1). |

178 Prior to aDNA analysis, a portion of some of the samples (Samples LOS1–LOS17 and 179 LON1–LON11) was removed and subjected to stable carbon and nitrogen isotope analysis (Table S1) and, in some instances (Samples LOS4, LOS14, LON7, LON9, LON10, and LON11), 180 181 zooarchaeology by mass spectrometry (ZooMS) (Table S1) (Guiry et al., in press). ZooMS 182 confirmed the zooarchaeological taxonomic identifications assigned to four of the six analyzed samples (LOS4, LOS14, LON10, and LON11) (Guiry et al., in press). The remaining two 183 184 samples (LON7 and LON9) could not be assigned a species identification through ZooMS (Guiry et al., in press). 185

186 *3.2 Decontamination and DNA Extraction*

Decontamination, DNA extractions, and PCR setups were all conducted in a dedicated 187 aDNA laboratory in the Department of Archaeology, Simon Fraser University (Burnaby, BC, 188 189 Canada) and followed strict contamination controls (Yang and Watt, 2005). In instances where samples were sufficiently large, only a portion of the individual bone was used for DNA 190 extraction. All of the samples were decontaminated prior to DNA extraction using a previously 191 published protocol (Speller et al., 2012). To decontaminate the samples, each sample was, in 192 brief, immersed in a 100% commercial bleach solution (~5% w/v NaOCl) for ≈6-8 mins; rinsed 193 in distilled water for 30 sec-1 min; rinsed again in distilled water for $\approx 6-11$ mins; and UV 194 irradiated for 15-30 mins on two sides. Subsequently, the decontaminated samples were 195 incubated overnight at 50 °C in 2.8–5 mL of lysis buffer (0.5 M EDTA [pH 8.0], 0.125–0.25% 196 197 SDS, and 0.5 mg/mL proteinase K) in a rotating hybridization oven. Following incubation, DNA was extracted from the digested samples using a modified silica-spin column method (Yang et 198

al., 2008, 1998). DNA extraction was repeated for three of the Atlantic salmon samples (LOS7,
LOS9, and LOS15) using the remaining bone. Repeat DNA extractions were conducted by an
independent analyst within the same laboratory as the initial extractions. To monitor for
contamination, blank extraction controls were included in each DNA extraction procedure and
subjected to amplification with each combination of primers.

204 3.3 Development of DNA-based Sex Identification Method

Across the family Salmonidae, sex is principally determined through an XY genotypic 205 sex-determination system wherein males are the heterogametic sex (Davidson et al., 2009). 206 207 Among most salmonids, including Atlantic salmonids and char, the master sex-determining gene responsible for sex differentiation is hypothesized to be *sdY* (sexually dimorphic on the Y-208 chromosome gene), a male-specific gene located on the Y-chromosome (Yano et al., 2013). The 209 results of recent studies suggest the expression of sdY in developing gonads triggers male 210 differentiation by preventing estrogen synthesis, which promotes testis development (Bertho et 211 212 al., 2018; Yano et al., 2013, 2012). Recently, Royle et al. (2018) have demonstrated that archaeological Pacific salmonid remains can be assigned accurate sex identities using two PCR 213 assays that screen for the presence of sdY and an internal positive control (IPC). However, not all 214 215 the primers in these assays are conserved in Atlantic salmonids and chars, necessitating the modification of this method to make it applicable to our samples. 216

- Atlantic salmonid and char *sdY* sequences obtained from GenBank (Sayers et al., 2019)
- were aligned with ClustalW (Thompson et al., 1994) through BioEdit v7.2.5 (Hall, 1999).
- 219 Through a visual examination of this alignment in BioEdit, we designed several primer pairs that
- targeted small fragments (<100 bp) of *sdY*. NetPrimer
- 221 (http://www.premierbiosoft.com/netprimer) and Primer-BLAST (Ye et al., 2012) were used to

| 222 | assess the potential efficiency and specificity of these potential primer pairs. We subsequently |
|--|---|
| 223 | included these primers in various potential PCR sex identification assays that, following Royle et |
| 224 | al. (2018), co-amplify <i>sdY</i> alongside an IPC consisting of a fragment of mitochondrial or nuclear |
| 225 | DNA. We evaluated the efficiency of these potential assays by testing them on modern Atlantic |
| 226 | salmon (3 males, 1 female) and Arctic char (Salvelinus alpinus) (1 male) samples whose |
| 227 | genotypic sex was known and a subset of our archaeological samples. The genotypic sex of the |
| 228 | modern samples was determined using the 18S rRNA gene/sdY co-amplification PCR sex |
| 229 | identification assay described by Yano et al. (2013). Reaction conditions for the assays were |
| 230 | optimized by applying them with varying PCR conditions to subsets of our modern and ancient |
| 231 | samples. |
| | |
| 232 | Based on the results of these tests, we selected two PCR sex identification assays to apply |
| 232 233 | Based on the results of these tests, we selected two PCR sex identification assays to apply to the entire set of Atlantic salmon and lake trout samples from Antrex. Following Royle et al. |
| 232 233 234 | Based on the results of these tests, we selected two PCR sex identification assays to apply to the entire set of Atlantic salmon and lake trout samples from Antrex. Following Royle et al. (2018), the first assay co-amplifies a 98 bp fragment of <i>sdY</i> alongside an IPC consisting of a 255 |
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| 232 233 234 235 236 237 | Based on the results of these tests, we selected two PCR sex identification assays to apply to the entire set of Atlantic salmon and lake trout samples from Antrex. Following Royle et al. (2018), the first assay co-amplifies a 98 bp fragment of <i>sdY</i> alongside an IPC consisting of a 255 bp fragment of the mitochondrial D-loop. The <i>sdY</i> fragment targeted in this assay is amplified with primers <i>sdY</i> -F100 and <i>sdY</i> -R101, whilst the D-loop fragment was amplified with previously published primers Smc7 and Smc8 (Yang et al., 2004) (|
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| 232 233 234 235 236 237 238 239 | Based on the results of these tests, we selected two PCR sex identification assays to apply to the entire set of Atlantic salmon and lake trout samples from Antrex. Following Royle et al. (2018), the first assay co-amplifies a 98 bp fragment of <i>sdY</i> alongside an IPC consisting of a 255 bp fragment of the mitochondrial D-loop. The <i>sdY</i> fragment targeted in this assay is amplified with primers <i>sdY</i> -F100 and <i>sdY</i> -R101, whilst the D-loop fragment was amplified with previously published primers Smc7 and Smc8 (Yang et al., 2004) (Table <i>I</i>). In the second assay, primers <i>sdY</i> -F102 and <i>sdY</i> -103 were used to amplify a 98 bp fragment of <i>sdY</i> , which was amplified in tandem with a 116 bp fragment of the nuclear |

Table 1). This *Clock1b* fragment serves as the IPC in this assay and was amplified with
primers *Clk1b*-F106 and *Clk1b*-R107 (

| 243 | Table 1). Since the X-chromosome is not conserved between or within salmonid species |
|-----|--|
| 244 | due to <i>sdY</i> being a transposable element (Eisbrenner et al., 2014; Faber-Hammond et al., 2015; |
| 245 | Lubieniecki et al., 2015), primers directly targeting it were not included in either assay. In both |
| 246 | assays, the co-amplification of the IPC functions as a surrogate for the presence of the X- |
| 247 | chromosome. Application of these assays to our small sample of genotypically-sexed modern |
| 248 | Atlantic salmon (3 males, 1 female) and Arctic char (Salvelinus alpinus) (1 male) produced sex |
| 249 | identification results concordant with their known genotypic sex (Table S2). All pre-PCR |
| 250 | laboratory work involving the modern samples was conducted in a laboratory in the Centre for |
| 251 | Forensic Research, Simon Fraser University (Burnaby, BC), that is dedicated to the analysis of |
| 252 | modern DNA samples and physically separated from the aDNA laboratory. |

| 253 | Table 1. | Primer | pairs | used | in | this | study. |
|-----|----------|--------|-------|------|----|------|--------|
|-----|----------|--------|-------|------|----|------|--------|

| Locus Primer ¹ | | Sequence (5'-3') | Amplicon | Source |
|---------------------------|------------------------|----------------------------|--------------------------|--------------------|
| | | | Size ² | |
| Cytochrome b | CytB5 (F) | AAAATCGCTAATGACGCACTAGTCGA | 169 hp | Yang et al. (2004) |
| | CytB6 (R) | GCAGACAGAGGAAAAAGCTGTTGA | 108 Up | Yang et al. (2004) |
| Clock1b | <i>Clk1b</i> -F106 (F) | CTGGTGCAGATGTTCCTCCAAC | 116 hn | This study |
| | <i>Clk1b</i> -R107 (R) | ACCACCTGGCCCTGCATGTTGAGAGC | 110 bp | This study |
| D-loop | Smc7 (F) | AACCCCTAAACCAGGAAGTCTCAA | 255 hr | Yang et al. (2004) |
| | Smc8 (R) | CGTCTTAACAGCTTCAGTGTTATGCT | 233 Up | Yang et al. (2004) |
| sdY | <i>sdY</i> -F100 (F) | ATCTCTCTCCCAAAGCCCCC | 08 hn | This study |
| | sdY-R101 (R) | CTTAAAACCACTCCACCCTCCAT | 98 Up | This study |
| sdY | sdY-F102 (F) | GGGGAGTGATGTCAGAATTGC | 08 hn | This study |
| | sdY-R103 (R) | AGATGGGAATGGTGTCGGG | 98 Up | This study |

¹F denotes a forward primer and R denotes a reverse primer.

²Predicted size of mitochondrial DNA, *Clock1b*, and *sdY* amplicons is based on the position of their corresponding
 primer pair within Atlantic salmon mitochondrion genome (Genbank accession number: NC001960) (Hurst et al.,

257 1999), *Clock1b* (Genbank accession number: GU228525) (Paibomesai et al., 2010), *sdY* (Genbank accession

258 number: KP898412) (Lubieniecki et al., 2015) reference sequences, respectively.

259

260 *3.4 PCR Amplification and Sex Identification*

261 PCR amplifications and post-PCR procedures were conducted in a dedicated post-PCR

262 laboratory physically separated from the aDNA laboratory. PCR amplifications for the sex

| 263 | identification assays were performed on a Mastercycler Personal or Gradient thermal cycler |
|-----|---|
| 264 | (Eppendorf, Mississauga, ON, Canada) in a 30 μ L reaction volume that contained 1.5× PCR |
| 265 | Gold Buffer (Applied Biosystems, Carlsbad, CA, USA), 2 mM MgCl ₂ , 0.2 mM of each dNTP, |
| 266 | 0.6 µM of each sdY primer, 0.1 µM of each D-loop (D-loop/sdY assay) or Clock1b (Clock1b/sdY |
| 267 | assay) primer, BSA (1 mg/mL), 1–4 μL of DNA solution, and 0.75–1.25 U/ μL AmpliTaq Gold |
| 268 | (Applied Biosystems, Carlsbad, CA, USA). The thermal program for the PCRs consisted of an |
| 269 | initial denaturation step at 95 °C for 12 min followed by 60 cycles at 95 °C for 30 s |
| 270 | (denaturation), 58 °C (D-loop/ <i>sdY</i> assay) or 56 °C (<i>Clock1b/sdY</i> assay) for 30 s (annealing), and |
| 271 | 70 °C for 40 s (extension), and a final extension step at 72 °C for 7 min. To identify instances of |
| 272 | allelic drop-out, a multi-tube procedure was used for both sex identification assays (Taberlet et |
| 273 | al., 1996). Both sex identification assays were applied to each of the samples between two and |
| 274 | five times (Sugimoto et al., 2006). Negative PCR controls were included in each PCR run. |
| 275 | Five microlitres of PCR product was pre-stained with SYBR Green I (Life Technologies, |
| 276 | Carlsbad, CA, USA), electrophoresed on a 2% (D-loop/sdY assay) or 3% (Clock1b/sdY assay) |
| 277 | agarose gel, and visualized with a Dark Reader transilluminator (Clare Chemical Research, |
| 278 | Dolores, CO, USA). Sex identities were assigned to the samples with each of the assays through |
| 279 | a visual analysis of the electrophoresis gels of the generated PCR products using a modified |
| 280 | version of the criteria outlined by Sugimoto et al. (2006). For both assays, a sample was |
| 281 | identified as male if sdY or both sdY and the IPC were amplified at least twice (Sugimoto et al., |
| 282 | 2006). Samples were identified as female if the IPC was amplified at least three times with an |
| 283 | individual assay (Sugimoto et al., 2006) and <i>sdY</i> was not amplified by any of the five PCR |
| 284 | replicates carried out for potential females (Janečka et al., 2008). A sex identity was not assigned |
| 285 | to a sample with an individual assay if neither of these criteria were met. Following Royle et al. |

(2018), a final consensus sex identity was assigned to the samples based on the sex identities
assigned with the individual assays. A final consensus sex identity was assigned to a sample if it
was successfully identified as the same sex by both the D-loop/*sdY* and *Clock1b/sdY* assay. A
sample was not assigned a sex identity if the assays yielded inconsistent results or if a sex
identity could not be assigned to the sample with one or both of the assays.

291 *3.5 Statistical Analyses of Sex Identification Results*

Statistical analyses of the sex identification results were performed in R v3.5.1 (R Core Team, 2018) through RStudio v1.1.456 (RStudio Team, 2015). Two-tailed exact binomial tests were used to assess whether the aggregate sex ratio or the sex ratios obtained for each of the species was significantly male or female biased (McDonald, 2014). The significance of interspecific sex ratio differences was evaluated through a two-tailed Fisher's exact test of independence (McDonald, 2014). P-values less than or equal to 0.05 were considered significant.

298 *3.6 Species Identification*

To confirm the samples' species identities, we sequenced and analysed the D-loop fragment co-amplified by the D-loop/*sdY* assay (Royle et al., 2018). In instances where this Dloop fragment was only weakly amplified by this assay or failed to amplify, we attempted to amplify this fragment with the same D-loop primers in a singleplex PCR. Following Yang et al. (2004), we sought to confirm the D-loop–based species identifications though the analysis of a fragment of cytochrome *b* amplified in a singleplex PCR with primers CytB5 and CytB6 (

Table *1*). The conditions for the singleplex PCRs targeting these D-loop and cytochrome zb fragments were the same as above, with the exception of their primer concentrations,

| 308 | polymerase concentrations, and annealing temperatures which were as follows: 0.3 μ M of each |
|-----|--|
| 309 | D-loop or cytochrome <i>b</i> primers, 1–1.5 U AmpliTaq Gold, and 54 °C, respectively. Negative |
| 310 | PCR controls were included in each of the singleplex PCR runs. The PCR products generated by |
| 311 | the singleplex PCRs were separated on a 2% agarose gel and visualized in the same manner as |
| 312 | described above. Unpurified D-loop and cytochrome b amplicons were directly sequenced in the |
| 313 | reverse and/or forward direction with their respective amplification primers at Eurofins |
| 314 | Genomics (Toronto, ON, Canada). |
| 315 | The sequences obtained from the Antrex samples were visually edited, truncated to |
| 316 | remove the primer sequences, and assembled using ChromasPro v2.1.8 |
| 317 | (http://www.technelysium.com.au). To determine their closest taxonomic match, the edited |
| 318 | sequences were compared against reference sequences accessioned in GenBank through a |
| 319 | BLASTn search (Altschul et al., 1990). Multiple alignments of the edited sequences, reference |
| 320 | sequences from all Atlantic salmonid and char species (Atlantic salmon, brook trout [Salvelinus |
| 321 | fontinalis], and lake trout) native to southern Ontario (Holm et al., 2009), and a huchen (Hucho |
| 322 | <i>hucho</i>) reference sequence to serve as an outgroup in the phylogenetic analyses, were performed |
| 323 | for each marker using ClustalW (Thompson et al., 1994) through BioEdit v7.2.5 (Hall, 1999). |
| 324 | Maximum-likelihood phylogenetic trees were constructed for each of the aligned datasets using |
| 325 | PhyML v3.1 (Guindon et al., 2010) with 1000 bootstrap replicates. Each phylogenetic analysis |
| 326 | was performed with the best-fit substitution model determined by PhyML's automated Smart |
| 327 | Model Selection (SMS) method (Lefort et al., 2017) using the Akaike Information Criterion. |
| 328 | SMS selected HKY85 as the best-fit substitution model for the D-loop sequences and HKY85+G |
| 329 | as the best-fit substitution model for the cytochrome b sequences. Both of the resulting |
| 330 | phylogenetic trees were visualized and annotated with iTOL v4.4.1 (Letunic and Bork, 2019). |

331 Species-level identifications were assigned to samples if all the sequences obtained from a given
332 sample matched or closely resembled sequences from a single species and differed from other,
333 closely related species.

334 **4.0 Results**

335 *4.1 Sex Identification*

336 DNA was successfully amplified with the sex identification assays from 60 of the 61 samples 337 (Table S3; See Figures and 3 for exemplar electrophoresis gels). The results of the individual 338 PCR replicates carried out for each sample with both sex identification assays are provided in 339 Table S3, whilst Table 2 presents a summary of the sex identification results for each of the 340 samples. Of the 60 samples that yielded amplicons, the D-loop/sdY and Clock1b/sdY assays 341 generated concordant sex identities for 51 samples, enabling a sex identification to be assigned to these samples (83.6% success rate) (Table 2; See Figures 2 and 3 for exemplar electrophoresis 342 gels). The sex identification results obtained for the repeat DNA extractions of samples LOS7, 343 LOS9, and LOS15 matched the sex identities generated from the initial extractions (Table S3). 344 Of the 51 remains that were successfully sexed, 29 were Atlantic salmon and 22 were lake trout. 345 The remaining ten samples could not be assigned a sex identity using the outlined criteria (Table 346 2). Likely owing to DNA degradation, one of these samples (LOS16) could not be assigned a sex 347 identity as a result of the failure to amplify DNA with either assay (Table S3). Stable isotope 348 analyses of LOS16 indicate it has poorly preserved collagen (Table S1) (Guiry et al., in press), 349 suggesting that overall biomolecular preservation in this sample was poor. DNA was amplified at 350 least once with both assays from the remaining nine samples, but these could not be assigned to a 351 352 sex due to the replicates of one or both assays yielding inconsistent results (Table 2; Table S3). The failure to obtain consistent results for these samples potentially reflects allelic drop-out due 353

| 354 | to degradation, inhibition, amplification competition with the IPC in the case of males, or a |
|-----|---|
| 355 | combination thereof. No DNA was amplified from any of the blank extraction or negative PCR |
| 356 | controls with either the sex identification assays or singleplex PCRs. |
| 357 | When all 51 of the sexed samples are considered as a whole, irrespective of species, no |
| 358 | sex bias is evident. Although females were more abundant than males (Table 3), no significant |
| 359 | difference from a 1:1 sex ratio was observed (Exact binomial test, two-tailed, p=0.2624). |
| 360 | Amongst the Atlantic salmon samples assigned a sex, females were more than twice as abundant |
| 361 | as males (Table 3). However, the sex ratio obtained for the Atlantic salmon samples is not |
| 362 | significantly sex-biased (Exact binomial test, two-tailed, p=0.06143). No sex bias was observed |
| 363 | in the sample of sexed lake trout (Exact binomial test, two-tailed, p=0.8318), with male and |
| 364 | female lake trout being roughly equally abundant (Table 3). The sex ratios obtained for each |
| 365 | species did not significantly differ from each other (Fisher's exact test, two-tailed, p=0.1504). |

| Page | 18 |
|------|----|
|------|----|



367

| 368 | Figure 2. | Negative imag | es of electro | phoresis g | els showing | the (A) I | D-loop/sdY PCR a | and (B) |
|-----|-----------|---------------|---------------|------------|-------------|-----------|------------------|---------|
| | 0 | | | | | | | |

- 369 Clock1b/*sdY* assay results for four of the analyzed Atlantic salmon (*Salmo salar*) samples
- 370 (LOS#). The Mars (\eth) and Venus (\updownarrow) symbols beneath the sample names denote samples
- identified as male and female, respectively. The approximate positions of the internal positive
- 372 control (D-loop and *Clock1b*) and *sdY* amplicons generated by the assays are indicated by the
- arrows. BK denotes the blank extraction controls processed alongside the samples. NEG
- indicates negative PCR controls. The 100 bp ladder is from Invitrogen (Waltham, MA, USA).





Figure 3. Negative images of electrophoresis gels showing the (A) D-loop/*sdY* PCR and (B)

379 Clock1b/*sdY* assay results for four of the analyzed lake trout (*Salvelinus namaycush*) samples

380 (LON#). The Mars ($\stackrel{\frown}{\rightarrow}$) and Venus ($\stackrel{\bigcirc}{+}$) symbols beneath the sample names denote samples

identified as male and female, respectively. The approximate positions of the internal positive

control (D-loop and Clock1b) and *sdY* amplicons generated by the assays are indicated by the

- labelled arrows. BK denotes the blank extraction controls processed alongside the samples. NEG
- indicates negative PCR controls. The 100 bp ladder is from Invitrogen (Waltham, MA, USA).

386

| Sample | Zooarchaeological Species ID | ZooMS Species ID | D-loop Species ID | <i>Cytb</i> Species ID | Consensus Genetic Species ID | D-loop/sdY Sex ID | Clock1a/sdY Sex ID | Consensus Sex ID |
|--------|---------------------------------|---------------------|----------------------|---------------------------|------------------------------------|----------------------|-----------------------|---------------------|
| LOS1 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS2 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS3 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS4 | Atlantic salmon | Atlantic salmon | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS5 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS6 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Indeterminate | Indeterminate | Indeterminate |
| LOS7 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS8 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS9 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS10 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS11 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS12 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS13 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS14 | Atlantic salmon | Atlantic salmon | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS15 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS16 | Atlantic salmon | - | Indeterminate | Indeterminate | Indeterminate | Indeterminate | Indeterminate | Indeterminate |
| LOS17 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS18 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Indeterminate | Indeterminate |
| LOS19 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS20 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Indeterminate | Indeterminate | Indeterminate |
| LOS21 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS22 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Indeterminate | Indeterminate |
| LOS23 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS24 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS25 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS26 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Indeterminate | Indeterminate |
| LOS27 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS28 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS29 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
| LOS30 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS31 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS32 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |

Table 2. Sex and species identification results for the analyzed samples. ZooMS species identifications are from Guiry et al. (in press).

| LOS33 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Male | Male | Male |
|-------|-----------------|---------------|-----------------|-----------------|-----------------|--------|---------------|---------------|
| LOS34 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LOS35 | Atlantic salmon | - | Atlantic salmon | Atlantic salmon | Atlantic salmon | Female | Female | Female |
| LON1 | Lake trout | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON2 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON3 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON4 | Lake trout | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON5 | Lake trout | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON6 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON7 | Lake trout | Indeterminate | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON8 | Lake trout | | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON9 | Lake trout cf. | Indeterminate | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON10 | Lake trout cf. | Lake trout | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON11 | Lake trout cf. | Lake trout | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON12 | Lake trout cf. | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON13 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Indeterminate | Indeterminate |
| LON14 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON15 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON16 | Lake trout | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON17 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON18 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON19 | Lake trout cf. | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON20 | Lake trout cf. | - | Lake trout | Lake trout | Lake trout | Male | Indeterminate | Indeterminate |
| LON21 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON22 | Lake trout | - | Lake trout | Lake trout | Lake trout | Male | Male | Male |
| LON23 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Indeterminate | Indeterminate |
| LON24 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON25 | Lake trout | - | Lake trout | Lake trout | Lake trout | Female | Female | Female |
| LON26 | Lake trout | - | Lake trout | Lake trout | Lake trout | Male | Indeterminate | Indeterminate |

| Species | Females | Males | Sex Indeterminate | Total Analyzed |
|-----------------|---------|-------|-------------------|----------------|
| Atlantic salmon | 20 | 9 | 6 | 35 |
| Lake trout | 10 | 12 | 4 | 26 |
| Aggregate | 30 | 21 | 10 | 61 |

Table 3. Number of identified females and males by species.

389

Both D-loop and cytochrome b were successfully amplified from 60 of the 61 samples, 391 with LOS16 being the only sample to not yield any mitochondrial DNA. The D-loop and 392 cytochrome b sequences obtained from the repeat DNA extractions of samples LOS7, LOS9, and 393 394 LOS15 matched those obtained from the initial extractions. The results of the BLASTn searches indicate the D-loop and cytochrome b sequences obtained from each sample matched or closely 395 396 resembled Atlantic salmon or lake trout reference sequences. Each sample's D-loop and 397 cytochrome b sequences matched reference sequences from the species to which it was identified using zooarchaeological methods and differed from closely related taxa. The phylogenetic 398 analyses yielded similar results (Figures 4 and 5). All the sequences obtained from samples 399 zooarchaeologically identified as lake trout formed a group with lake trout reference sequences, 400 401 whilst those from samples zooarchaeologically identified as Atlantic salmon clustered with 402 references sequences from that species (Figure 4 and 5). Based on these data, species-level identifications could be confidently assigned to each of the 60 samples that yielded 403 mitochondrial DNA (Table 2). The DNA-based species identities assigned to the samples agreed 404 405 with the species identities assigned to them through zooarchaeological methods and, in the case of four samples, ZooMS (Table 2). 406



408

- 409 Figure 4. Maximum-likelihood phylogenetic trees displaying the relationship between the D-
- 410 loop sequences obtained from the Antrex samples (denoted with stars) and references sequences
- 411 (GenBank accession number shown) from all Atlantic salmonid (Salmo spp.) and char
- 412 (*Salvelinus* spp.) species native to southern Ontario. The tree was rooted using a huchen (*Hucho*
- 413 *hucho*) reference sequence as an outgroup. LOS# indicates samples from Antrex
- 414 zooarchaeologically identified as Atlantic salmon (*Salmo salar*), whereas LON# denotes samples
- 200 zooarchaeologically identified as lake trout (*Salvelinus namaycush*). The circles indicate nodes
- 416 with bootstrap support values greater than 50% after 1,000 replications. The scale bar represents
- 417 the number of nucleotide substitutions per site.



419

Figure 5. Maximum-likelihood phylogenetic trees displaying the relationship between the
cytochrome *b* sequences obtained from the Antrex samples (denoted with stars) and references
sequences (GenBank accession number shown) from all Atlantic salmonid (*Salmo* spp.) and char
(*Salvelinus* spp.) species native to southern Ontario. The tree was rooted using a huchen (*Hucho*)

- 424 *hucho*) reference sequence as an outgroup. LOS# indicates samples from Antrex
- 425 zooarchaeologically identified as Atlantic salmon (*Salmo salar*), whereas LON# denotes samples
- 426 zooarchaeologically identified as lake trout (*Salvelinus namaycush*). The circles indicate nodes
- 427 with bootstrap support values greater than 50% after 1,000 replications. The scale bar represents
- 428 the number of nucleotide substitutions per site.

429

430 5.0 Discussion

431 *5.1 Authenticity of Ancient DNA Data*

432 Although archaeological fish remains often exhibit exceptional DNA preservation 433 (Oosting et al., in press), they, like all ancient skeletal remains, are highly susceptible to 434 contamination from exogenous sources of modern DNA (Yang and Watt, 2005). However, various lines of evidence suggest our aDNA data are authentic rather than the result of 435 436 systematic contamination. First, all pre-PCR laboratory work was conducted in a dedicated 437 aDNA laboratory that is physically separated from modern DNA and post-PCR laboratories (Cooper and Poinar, 2000). Second, prior to DNA extraction, the samples were decontaminated 438 439 using both bleach and UV irradiation (Yang and Watt, 2005). Third, no DNA was amplified 440 from any of the blank extraction or negative PCR controls, indicating a lack of systematic contamination (Cooper and Poinar, 2000). Fourth, the sex identities assigned to samples were 441 successfully reproduced with two independent PCR assays and two to five replicates of each 442 assay (Cooper and Poinar, 2000). Fifth, analysis of the amplified D-loop and cytochrome b 443 fragments yielded identical species identifications for each of the 60 samples that yielded 444 mitochondrial DNA (Yang et al., 2004). Sixth, the DNA-based species identities assigned 445 matched those assigned to them through conventional zooarchaeological methods and ZooMS in 446 the case of four samples, providing independent support for the aDNA data (Yang et al., 2004). 447 Seventh, all repeat DNA extractions produced sex identities as well as D-loop and cytochrome b 448 sequences that matched those obtained from the initial extractions (Cooper and Poinar, 2000). 449 450 Eighth, the successful amplification of DNA from associated passenger pigeon (*Ectopistes migratorius*) remains from Antrex (Guiry et al., 2020), provides supporting evidence for the 451 preservation of DNA in fish remains from the site (Cooper and Poinar, 2000). Finally, with the 452 453 exception of LOS16, all of the samples (n=27) that underwent stable isotope analysis had well-

preserved collagen (Table S1; Guiry et al, in press), indicating that the samples exhibit good
overall biomolecular preservation (Cooper and Poinar, 2000).

456 5.2 Efficacy of Sex Identification Method

In order to be an efficient sex identification method for archaeological or 457 palaeontological remains, PCR-based sex identification methods must be both sensitive and 458 459 accurate. The high proportion of samples to which we successfully assigned sex identities (83.61%) with our method indicates it is highly sensitive. In this study, we did not assess our 460 method's accuracy by applying it to a large sample of Atlantic salmonids and char of known 461 phenotypic sex. However, the congruence between the sex identifications we assigned to a small 462 sample of modern Atlantic salmon and Arctic char with our method and the validated method 463 described by Yano et al. (2013), suggests our method is reliable. The results of previous studies 464 provide further support for the reliability of our method. Previous studies have demonstrated a 465 strong relationship between Atlantic salmonids' *sdY* genotype and their phenotypic sex 466 467 (Eisbrenner et al., 2014; King and Stevens, 2019; Quéméré et al., 2014; Yano et al., 2013). For instance, amongst the Atlantic salmon analyzed by Eisbrenner et al. (2014), sdY was present in 468 97.66% of analyzed males (n=555) and absent in 98.96% of analyzed females (n=384). 469 470 Although sdY in char has not been as extensively studied, Yano et al. (2013) found a similar strong relationship between *sdY* genotype and phenotypic sex amongst char species, including 471 lake trout. This correspondence between *sdY* genotype and phenotypic sex observed among 472 Atlantic salmonids and char indicates *sdY* is an accurate sex identification marker for these taxa, 473 suggesting our method is reliable. However, males lacking sdY and females possessing sdY have 474 been documented among char and Atlantic salmonids (e.g., Eisbrenner et al., 2014; Yano et al., 475 476 2013), indicating our method is not foolproof.

| 477 | Several other design aspects of our sex identification method also contribute to its |
|-----|---|
| 478 | reliability. Critical to our method's reliability is the use of two PCR assays to assign sex |
| 479 | identities to samples. By facilitating the detection of Y-chromosome dropout due to degradation |
| 480 | (Quéméré et al., 2014; Royle et al., 2018; Taberlet et al., 1996), a common issue in aDNA |
| 481 | studies (Kim et al., 2013), the use of two assays reduces false female identifications. False |
| 482 | female identifications are further reduced in our method through the co-amplification of an IPC |
| 483 | in both assays. The co-amplification of these IPCs provides for ascertaining whether the failure |
| 484 | to amplify sdY is indeed due to the sample being female or due to a lack of amplifiable DNA as |
| 485 | result of inhibition or degradation. However, the co-amplification of the IPCs in the assays can, |
| 486 | by outcompeting sdY , lead to sdY drop-out, resulting in the erroneous identification of males as |
| 487 | females (Sinding et al., 2016). Following Royle et al. (2018) and Speller and Yang (2016), our |
| 488 | method reduces the probability of the IPCs outcompeting sdY by designing the assays to |
| 489 | preferentially amplify sdY . Both assays promote the preferential amplification of sdY by |
| 490 | targeting sdY fragments shorter than the IPCs fragment and by using a higher concentration of |
| 491 | sdY primers relative to the IPC primers (Royle et al., 2018; Speller and Yang, 2016). Although |
| 492 | these measures promoted the preferential amplification of sdY , our data indicates that the |
| 493 | amplification of the IPC, but not sdY , from male samples did still occur. For example, one of the |
| 494 | D-loop/sdY and two of the Clock1a/sdY PCR replicates performed for LON7, which was |
| 495 | identified as male, failed to amplify sdY but amplified the IPC (Table S3). However, the |
| 496 | performance of PCR replicates for both assays enabled the identification of instances of <i>sdY</i> , and |
| 497 | in the case of females, IPC dropout, that could influence the sex identification results, |
| 498 | minimizing their effect. In addition to the above factors, the drop-out of sdY and subsequent |
| 499 | misclassification of male salmonid samples as females can also occur as a result of primer- |

| 500 | template mismatches (King and Stevens, in press). To an extent, by using different <i>sdY</i> primers |
|-----|---|
| 501 | in each assay, our method mitigates the potential for such misidentification related to primer- |
| 502 | template mismatches (Royle et al., 2018; Szpak et al., in press). |
| 503 | On top of being an efficient sex identification method for Atlantic salmonid and chars |
| 504 | remains the method described in this study is also useful for species identification. Through the |
| 505 | sequence analysis of the D-loop fragment co-amplified as an IPC in the D-loop/sdY assay, we |
| 506 | were able to assign species-level identifications to 60 of the 61 samples. As this fragment |
| 507 | exhibits intra-specific variation amongst both Atlantic salmon and lake trout, analysis of this |
| 508 | fragment may also shed light on the historic genetic diversity of these taxa. Here, we confirmed |
| 509 | the D-loop species identities assigned to these 60 samples through the amplification and analysis |
| 510 | of a fragment of cytochrome b. Although not needed for species identification, the amplification |
| 511 | and analysis of cytochrome b functions as an internal reproducibility test useful for detecting |
| 512 | contamination (Yang et al., 2004). Any discrepancies between the species identities indicated by |
| 513 | these D-loop and cytochrome b fragments might be indicative of contamination (Yang et al., |
| 514 | 2004). |

515 *5.3 Sex-Selectivity of Antrex's Atlantic Salmon and Lake Trout Fisheries*

At Antrex, neither the aggregate sex ratio nor the sex ratio obtained for the individual species were significantly male-biased. In the case of lake trout, the Antrex fishery appears to have targeted males and females relatively equally, whilst female fish appear to have been to some extent preferentially harvested by the site's Atlantic salmon fishery. This suggests the site's Middle Ontario Iroquoian inhabitants did not preferentially target male Atlantic salmon and lake trout, and, by inference, did not manage these salmonids through male-selective fishing. The lack of evidence at Antrex for the management of Atlantic salmon and lake trout through male-

selective fishing is potentially the product of a myriad of factors. These include the fishing

technologies used by the site's inhabitants, a lack of pronounced sexual dimorphism amongst

523

| lake trout, natural biases in Atlantic salmon sex ratios, and the local abundance of both species. |
|---|
| 5.3.1 Fishing Technology |
| Traditionally, gillnets were commonly used by the Wendat and other Indigenous peoples |
| in the Great Lakes region to harvest salmonids, particularly chars and whitefish (Coregonus spp.) |
| (Cleland, 1982; Tooker, 1964). Gillnets are nets suspended in the water column that passively |
| ensnare fish that fall within a narrow size range, with the size range of ensnared fish being |
| determined by the net's mesh gauge (Hubert et al., 2012). Fish that are substantially larger than a |
| gillnet's mesh gauge are unable to breach the net, whilst small fish are able to slip through the |
| net without being ensnared (Hubert et al., 2012). However, as male and female Atlantic salmon |
| and lake trout often overlap considerably in size (e.g., Halttunen et al., 2013; Miller and |
| Kennedy, 1948), it is potentially difficult to preferentially target individuals from these taxa |
| belonging to a specific sex with gillnets. Nonetheless, through regular monitoring of gillnets and |
| the release of salmonids belonging to an undesired sex, gillnets could potentially be operated in a |
| sex-selective manner. Historic Wendat fishers, however, often left gillnets in place for extended |
| periods of time (Tooker, 1964), which reduces the potential for the release of undesired |
| individuals by increasing mortality among ensnared fish (Buchanan et al., 2004). The unbiased |
| lake trout sex ratio at Antrex might reflect its inhabitants' reliance on similar gillnetting |
| strategies with limited sex-selective capabilities to harvest this species. However, there is scant |
| direct evidence for the use of gillnets by Antrex's inhabitants. Nonetheless, the presence of bone |
| netting needles at the site indicates fishing nets-potentially gillnets-were manufactured and/or |
| mended, and hence used, by its inhabitants (Cooper, 2010). |
| |

546 5.3.2 Degree of Sexual Dimorphism

547 Due to their greater accessibility and predictability during their spring to fall spawning 548 run, Ontario Iroquoians likely harvested Atlantic salmon as they migrated upstream from Lake 549 Ontario (Hawkins et al., 2019; Holm et al., 2009). Similarly, lake trout were likely harvested 550 during the fall, when they aggregate on shoals in Lake Ontario in order to spawn (Holm et al., 551 2009; Martin and Olver, 1980; Needs-Howarth and Thomas, 1998). During this spawning period, 552 lake trout, unlike many other salmonids, exhibit relatively muted sexual dimorphism (Martin and Olver, 1980). Notably, spawning male lake trout do not typically develop the prominent kype 553 554 seen among spawning males belonging to other salmonid species (Royce, 1951). Male lake trout 555 do develop dark bands during the spawning season that set them apart from females, but only for a very brief period (Martin and Olver, 1980; Royce, 1951). In addition, whilst breeding tubercles 556 557 are a male-specific trait in some lake trout populations, this trait is not universally male-specific, 558 with females also developing breeding tubercles in some populations (Martin and Olver, 1980). 559 By impeding the ready sex identification of individual lake trout, this lack of pronounced, 560 sustained, and consistent, sexual dimorphism may have hampered Middle Ontario Iroquoians' ability to fish sex-selectively for this species. As spawning Atlantic salmon exhibit pronounced 561 sexual dimorphism (Fleming and Einum, 2011), this hypothesis likely does not account for the 562 lack of a male-selective Atlantic salmon fishery at Antrex. 563

564 5.3.3 Naturally Biased Sex Ratios

Amongst some modern Atlantic salmon populations, the sex ratio of spawning runs has been observed to temporally vary (Harvey et al., 2017; Pérez et al., 2005). Reflecting females' earlier migration timing, Atlantic salmon spawning runs in some populations have been observed to be female dominated during the early portion of the spawning season (Dahl et al., 2005;

Harvey et al., 2017; Pérez et al., 2005; Sparholt et al., 2018). As the spawning season progresses,
and males begin to migrate in larger numbers, spawning runs become less female-biased (Harvey
et al., 2017; Pérez et al., 2005). During the peak of the spawning run, the sex ratio may be
relatively unbiased, yet it may become male-biased following this peak, with some males
persisting in spawning creeks throughout the winter (Harvey et al., 2017; Holm et al., 2009).

574 In modern recreational fisheries targeting Atlantic salmon spawning runs, the sex 575 demographics of harvested salmon often mirror those of the spawning run at their time of harvest (Harvey et al., 2017; Pérez et al., 2005). Consequently, assuming they were harvested during 576 577 their spawning runs in a non-sex-selective manner, the sex ratios of archaeological Atlantic salmon assemblages may provide insights into when they were harvested. Although not 578 statistically more abundant, the predominance of female rather than male Atlantic salmon at 579 580 Antrex might reflect the harvesting of salmon early in their spring to fall spawning run when females may have been more prevalent. Support for such targeting of early-run Credit River 581 salmon by Indigenous fisheries can be found in Euro-Canadian historic records. In a diary entry 582 dated June 16th, 1796, Elizabeth Simcoe (Robertson, 1911:328) reported that Indigenous people 583 congregated along the Credit River "at this season to fish for salmon." While likely referring to 584 Mississauga rather than Iroquoians related to Antrex's inhabitants, Simcoe's statement does 585 indicate Indigenous peoples did harvest the early-run salmon that migrated up the Credit River 586 during the spring. Alternatively, the predominance of female Atlantic salmon at Antrex could 587 588 also reflect females being incidentally harvested in larger numbers due to the Credit River run, similar to some modern populations (Fleming, 1998), having a female-biased sex ratio, 589 590 regardless of season.

591 Historically, the condition of Atlantic salmon running up the Credit River and other nearby Lake Ontario tributaries appear to have seasonally varied, which may have influenced the 592 timing of Antrex's Atlantic salmon fishery. During the early nineteenth-century, Thomas W. 593 594 Magrath (1833:299) described salmon taken from the Credit River during the spring as being in "fine" condition and "firm and full of curd". Similarly, Samuel Wilmot (1872:79) later in the 595 century remarked that spring running salmon in the nearby Humber River were "rich and fat in 596 597 flesh, in prime condition" while fall running salmon were "lean and lank, out of condition." The early-run timing potentially suggested by Antrex's female-dominated Atlantic salmon sex ratio, 598 might reflect a strategy to maximize access to prime condition salmon. However, we stress 599 additional samples from Antrex need to be analyzed in order to confirm the female-bias of the 600 site's Atlantic salmon fishery. 601

602 *5.3.4 Local Abundance*

Historical records suggest Atlantic salmon and lake trout were potentially abundant in the 603 604 vicinity of the Antrex site during its occupation. For instance, the nearby Credit River was historically described as supporting one of the largest Atlantic salmon runs on the north shore of 605 Lake Ontario (Dymond et al., 2019; Parson, 1973). Although lake trout were likely less abundant 606 than Atlantic salmon, they are hypothesized to have been quite abundant in the lake (Elrod et al., 607 1995; Smith, 1995). As Antrex was likely only occupied by approximately 400 people for 608 roughly 20 years (Robertson and Williamson, 2002), the fishing pressure exerted by the site's 609 inhabitants may have been insufficient to depress these locally abundant Atlantic salmon and 610 lake trout stocks. Since only 11,000 Iroquoians are estimated to have occupied south-central 611 Ontario during the early Middle Ontario Iroquoian period, when Antrex was occupied (Warrick, 612 613 2008), regional fishing pressures may have also been relatively minimal. Without resource

depression of the locally abundant Atlantic salmon and lake trout stocks, there may have been
little incentive for Antrex's inhabitants to manage them through male-selective fishing (Alvard
and Kuznar, 2004). Alternatively, other management strategies, such as the ethnographically
documented tenure systems (Thoms, 2004), seasonal closures (Tiro, 2016), and a fishing
theology (Sioui, 1999), may have also been sufficient to maintain the productivity of local
Atlantic salmon and lake trout stocks.

620 **6.** Conclusion

Here, we reported on a DNA-based sex identification method for archaeological Atlantic 621 622 salmonid and char remains that is adapted from a method developed for ancient Pacific salmonid remains. This method assigns sex identities to samples through two PCR assays that screen for 623 the presence of the Y-linked *sdY* gene and IPCs consisting of D-loop or *Clock1b* fragments. 624 Reflecting this method's efficiency and sensitivity, we were able to assign sex identities to 51 of 625 the 61 analyzed Atlantic salmon and lake trout remains from the Antrex site. By sequencing the 626 627 D-loop fragment co-amplified as IPC and additional cytochrome b fragment, this method also allowed for species identifications to be assigned to 60 of the remains. Although only applied to 628 remains from a single site in Ontario, this DNA-based sex identification method likely has 629 630 applicability to Atlantic salmonid and char assemblages from sites across their global range. Moreover, the high proportion of salmonid remains assigned sex identities in this study and that 631 of Royle et al. (2018) highlights the potential for PCR-based sex identification methods for other 632 fish taxa represented in zooarchaeological assemblages. Similar PCR-based sex identification 633 methods can potentially be developed for the remains of other fish taxa, such as Atlantic cod 634 (Gadus morhua) (Kirubakaran et al., 2019), and sablefish (Anoplopoma fimbria) (Rondeau et al., 635 2013), whose putative master sex-determining genes have also been identified. 636

637 The sex identification data generated in this study suggests Antrex's Middle Ontario Iroquoian inhabitants did not manage Atlantic salmon and lake trout fisheries through male-638 selective fishing. As Ontario Iroquoian fishing strategies geographically varied due to differing 639 640 local environmental conditions (Hawkins et al., 2019), this lack of male-selective fishing may not have been universal among Middle Ontario Iroquoians. Likewise, mirroring temporal 641 changes in other aspects of Ontario Iroquoian fishing strategies (Hawkins et al., 2019), the sex-642 selectivity of fisheries may have also temporally varied in response to changing cultural and 643 environmental conditions. Documenting such potential geographic and temporal variation in the 644 sex-selectivity of Ontario Iroquoian fisheries will require the analysis of remains from sites from 645 other regions and time periods. Conducting such studies will provide insights into the factors that 646 influenced the sex-selectivity of Ontario Iroquoian Atlantic salmon and lake trout fisheries. 647

648 Acknowledgements

We wish to acknowledge that the faunal remains analyzed in this study are from a site 649 650 located in the ancestral and traditional territories of multiple First Nations, including the Haudenosaunee, Mississauga, Tionontati, and Wendat, and recognize the land is also the current 651 home of many other Indigenous peoples. This research was supported in part by Social Sciences 652 653 and Humanities Research Council of Canada (SSHRC) grants awarded to Guiry (no. 430-2017-01120) and Yang, SSHRC post-doctoral fellowships awarded to Guiry, and scholarships 654 awarded by Simon Fraser University to Royle, respectively. The Department of Anthropology, 655 University of Toronto Mississauga, provided access to the remains analyzed in this study, for 656 which we are grateful. The authors would like to thank Dr. Christina Cheung, Peter Locher, and 657 Shannon Wood for technical assistance. We thank Joe Hepburn for his assistance in drafting 658

- Figure 1. We also thank Ian Boyce and Dr. Jonathan Driver for their observant comments on
- 660 earlier drafts of this paper.

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