**Supplement Appendix 1.** Interview topic guide.

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| Topic | Example questions |
| Current situation regarding  child’s sleep (care) | * Description of average 24h day/night at home. * Possible challenges you/your family encounter(s) during the night, or subsequent day, related to your child’s sleep? * How do you/your family deal with them? * How does this affect you/your family? * Description of current care for sleep in child’s healthcare. * Do you discuss sleep with your healthcare professional? * Who takes initiatives? * Satisfied? |
| Perceptions of child’s sleep and care for sleep | * Do you believe your child sleeps well? Are you satisfied with his/her sleeping? * Explain, why, what not? * What do you find important aspects of your child’s sleep? * Why? Do you monitor those aspects? How? * Do you worry or have concerns about (elements of) your child’s sleep, or in the challenges you face caring for your child’s sleep? * In what way? Examples. * Does your child’s sleep affect you/your family? * In what way? Examples. * Sleep problems? What kinds of issues do you encounter?  How do you deal with them? * Consequences for child, family functioning/wellbeing? * What would help you/your family in providing better sleep care for your child? * Home/social environment * Healthcare setting * What expectations do you have, or what would you need from your clinician or healthcare center regarding care for sleep of your child? * Are those needs met? * What is missing, what would help you? * How can care for sleep be optimised? |