**Supplement Appendix 1.** Interview topic guide.

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| Topic | Example questions  |
| Current situation regarding child’s sleep (care) | * Description of average 24h day/night at home.
* Possible challenges you/your family encounter(s) during the night, or subsequent day, related to your child’s sleep?
* How do you/your family deal with them?
* How does this affect you/your family?
* Description of current care for sleep in child’s healthcare.
* Do you discuss sleep with your healthcare professional?
* Who takes initiatives?
* Satisfied?
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| Perceptions of child’s sleep and care for sleep | * Do you believe your child sleeps well? Are you satisfied with his/her sleeping?
* Explain, why, what not?
* What do you find important aspects of your child’s sleep?
* Why? Do you monitor those aspects? How?
* Do you worry or have concerns about (elements of) your child’s sleep, or in the challenges you face caring for your child’s sleep?
* In what way? Examples.
* Does your child’s sleep affect you/your family?
* In what way? Examples.
* Sleep problems? What kinds of issues do you encounter? How do you deal with them?
* Consequences for child, family functioning/wellbeing?
* What would help you/your family in providing better sleep care for your child?
* Home/social environment
* Healthcare setting
* What expectations do you have, or what would you need from your clinician or healthcare center regarding care for sleep of your child?
* Are those needs met?
* What is missing, what would help you?
* How can care for sleep be optimised?
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