**S1 Appendix. PRIMES sociodemographic questionnaire (translated version)**

|  |  |  |  |
| --- | --- | --- | --- |
| 1. **Gender**:
 | * Male
* Female
* Not binary/third gender
 | 1. **Age:**
 | |\_\_|\_\_| years |
| 1. **Nationality:**
 | * Italian
* Not Italian: \_\_\_\_\_\_\_\_\_\_\_\_
 | 1. **Are you studying far from home?**
 | * No
* Yes, but I am from the same region of my University
* Yes, I am from a different region than my University one.

Specify which region: \_\_\_\_\_\_\_\_\_\_\_\_\_* Yes, I am from another country

Specify which country: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

1. **At present, who do you live with?**
* Alone
* With parents
* With relatives
* With partner
* With housemates
* In a dormitory
1. **How do you think the cohesion of your family is?**
* Very poor
* Poor
* Good
* Excellent
* Excessive
1. **Relationship status:**
* Single
* Involved
1. **At present, who do you feel sexually attracted to?**
* Only men
* Mainly men
* Both men and women in the same way
* Mainly women
* Only women
* Neither men nor women
1. **Do you have first/second degree relatives with diagnosed psychiatric illnesses?**
* No
* Yes. How many? |\_\_|\_\_|

With what disease? (*you can select* *more than one answer*)

* Schizophrenia spectrum and other psychotic disorders
* Bipolar disorders
* Depressive disorders
* Anxiety disorders
* Obsessive-compulsive disorders
* Feeding and eating disorders
* Substance-related and addictive disorders
* Personality disorders
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
1. **Were there suicides and/or suicide attempts in your family (including only first/second degree relatives)?**
* No
* Yes. How many? |\_\_|\_\_|
1. **Do you suffer from a chronic disease?**
* No
* Yes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
1. **How would you rate your family's financial situation with respect to your needs?**
* Insufficient
* Poor
* Adequate
* Excellent
1. **Do you have a job?**
* No
* Yes, by necessity and I can almost/fully provide for myself
* Yes, by necessity but I can’t provide for myself
* Yes, but not by necessity
1. **Do you exercise?**
* Yes, more than 90 min per week
* Yes, less than 90 min per week
* Yes, occasionally, less than once a week
* No
1. **Do you have a personal passion/hobby in your spare time?**
* Yes
* No
1. **Do you think that medical school prevents you from..?**(*you can select* *more than one answer*)
* I don’t think that Medical School prevents me from doing anything
* Exercising as I wish
* Having hobbies as I wish
* Seeing friends as I wish
* Sleeping properly (quantitatively and/or qualitatively)
* Resting and relaxing as I wish
1. **Did you choose medical school mainly for..?** (*you can select* *more than one answer*)
* High gain opportunities
* Employment opportunities and social status
* Personal/family experience of disease
* Influence by an acquaintance/relative who is a medical doctor
* Helping people who suffer
* Interest in human relations
* Intellectual curiosity
* Imposition by parents/relatives
1. **At present, how do you judge the choice made?**
* Positively
* Negatively
* I don’t know
1. **Year of course that you are attending: \_\_\_\_\_\_ (*If you are at 1st year, go to question n. 23*)**
2. **In which range do you place the arithmetic average of grades of the exams you took?**
* 18-20.99
* 21-23.99
* 24-26.99
* 27-28.99
* ≥29
1. **Are your satisfied with your grade average?**
* Yes
* No, but it’s not a problem. Grade average is not my priority
* No, I want to work harder to improve
* No, but I am already working hard and I don’t think my grade average reflects my diligence
1. **Are you in time with the exams?**
* Yes
* No, but it’s not a problem
* No and it’s a problem
1. **Is there a psychological counselling in your university?**
* Yes
* No
* I don’t know
1. **Would you use it in case of need?**
* Yes
* No
* I don’t know
1. **How would you define the climate between your classmates?**

*(Choose only one answer that you think best suits you)*

* Friendly and relaxed
* Competitive and stimulating
* Competitive and hostile
* I don’t have an opinion yet
1. **Have you built friendships with a circle of classmates that are satisfying for you?**
* Yes
* Not yet, but I wish I will
* No, I don’t feel the need
* No, I don’t think that the friendships that I built are satisfying
1. **Do you have any worries about the future?** (*you can select* *more than one answer*)
* No, I think that the future is stimulating
* No, I am not thinking about my future at the moment
* Yes, I am worried about not measuring up to the profession
* Yes, I am worried about the choice of the specialty
* Yes, I am worried about the limited number of places for specialty/job
1. **Have you ever taken stimulants to improve your academic performance (exams, internships)?**
* No
* Yes. Which? (exclude coffee/energizing drinks) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
1. **Have you ever taken psychiatric medications during you university career?**
* No
* Yes. Complete the following table by writing the name of the medication(s) in the space with dots and placing a cross on the box indicating the respective frequency of use:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Name of medication: | Rarely | Monthly | Weekly | Daily |
| ………………….. |  |  |  |  |
| ………………….. |  |  |  |  |
| ………………….. |  |  |  |  |
| ………………….. |  |  |  |  |

1. **Are you seeing a psychologist/psychiatrist?**
* Yes
* No