**S1 Appendix. PRIMES sociodemographic questionnaire (translated version)**

|  |  |  |  |
| --- | --- | --- | --- |
| 1. **Gender**: | * Male * Female * Not binary/third gender | 1. **Age:** | |\_\_|\_\_| years |
| 1. **Nationality:** | * Italian * Not Italian: \_\_\_\_\_\_\_\_\_\_\_\_ | 1. **Are you studying far from home?** | * No * Yes, but I am from the same region of my University * Yes, I am from a different region than my University one.   Specify which region: \_\_\_\_\_\_\_\_\_\_\_\_\_   * Yes, I am from another country   Specify which country: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

1. **At present, who do you live with?**

* Alone
* With parents
* With relatives
* With partner
* With housemates
* In a dormitory

1. **How do you think the cohesion of your family is?**

* Very poor
* Poor
* Good
* Excellent
* Excessive

1. **Relationship status:**

* Single
* Involved

1. **At present, who do you feel sexually attracted to?**

* Only men
* Mainly men
* Both men and women in the same way
* Mainly women
* Only women
* Neither men nor women

1. **Do you have first/second degree relatives with diagnosed psychiatric illnesses?**

* No
* Yes. How many? |\_\_|\_\_|

With what disease? (*you can select* *more than one answer*)

* Schizophrenia spectrum and other psychotic disorders
* Bipolar disorders
* Depressive disorders
* Anxiety disorders
* Obsessive-compulsive disorders
* Feeding and eating disorders
* Substance-related and addictive disorders
* Personality disorders
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Were there suicides and/or suicide attempts in your family (including only first/second degree relatives)?**

* No
* Yes. How many? |\_\_|\_\_|

1. **Do you suffer from a chronic disease?**

* No
* Yes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **How would you rate your family's financial situation with respect to your needs?**

* Insufficient
* Poor
* Adequate
* Excellent

1. **Do you have a job?**

* No
* Yes, by necessity and I can almost/fully provide for myself
* Yes, by necessity but I can’t provide for myself
* Yes, but not by necessity

1. **Do you exercise?**

* Yes, more than 90 min per week
* Yes, less than 90 min per week
* Yes, occasionally, less than once a week
* No

1. **Do you have a personal passion/hobby in your spare time?**

* Yes
* No

1. **Do you think that medical school prevents you from..?**(*you can select* *more than one answer*)

* I don’t think that Medical School prevents me from doing anything
* Exercising as I wish
* Having hobbies as I wish
* Seeing friends as I wish
* Sleeping properly (quantitatively and/or qualitatively)
* Resting and relaxing as I wish

1. **Did you choose medical school mainly for..?** (*you can select* *more than one answer*)

* High gain opportunities
* Employment opportunities and social status
* Personal/family experience of disease
* Influence by an acquaintance/relative who is a medical doctor
* Helping people who suffer
* Interest in human relations
* Intellectual curiosity
* Imposition by parents/relatives

1. **At present, how do you judge the choice made?**

* Positively
* Negatively
* I don’t know

1. **Year of course that you are attending: \_\_\_\_\_\_ (*If you are at 1st year, go to question n. 23*)**
2. **In which range do you place the arithmetic average of grades of the exams you took?**

* 18-20.99
* 21-23.99
* 24-26.99
* 27-28.99
* ≥29

1. **Are your satisfied with your grade average?**

* Yes
* No, but it’s not a problem. Grade average is not my priority
* No, I want to work harder to improve
* No, but I am already working hard and I don’t think my grade average reflects my diligence

1. **Are you in time with the exams?**

* Yes
* No, but it’s not a problem
* No and it’s a problem

1. **Is there a psychological counselling in your university?**

* Yes
* No
* I don’t know

1. **Would you use it in case of need?**

* Yes
* No
* I don’t know

1. **How would you define the climate between your classmates?**

*(Choose only one answer that you think best suits you)*

* Friendly and relaxed
* Competitive and stimulating
* Competitive and hostile
* I don’t have an opinion yet

1. **Have you built friendships with a circle of classmates that are satisfying for you?**

* Yes
* Not yet, but I wish I will
* No, I don’t feel the need
* No, I don’t think that the friendships that I built are satisfying

1. **Do you have any worries about the future?** (*you can select* *more than one answer*)

* No, I think that the future is stimulating
* No, I am not thinking about my future at the moment
* Yes, I am worried about not measuring up to the profession
* Yes, I am worried about the choice of the specialty
* Yes, I am worried about the limited number of places for specialty/job

1. **Have you ever taken stimulants to improve your academic performance (exams, internships)?**

* No
* Yes. Which? (exclude coffee/energizing drinks) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Have you ever taken psychiatric medications during you university career?**

* No
* Yes. Complete the following table by writing the name of the medication(s) in the space with dots and placing a cross on the box indicating the respective frequency of use:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Name of medication: | Rarely | Monthly | Weekly | Daily |
| ………………….. |  |  |  |  |
| ………………….. |  |  |  |  |
| ………………….. |  |  |  |  |
| ………………….. |  |  |  |  |

1. **Are you seeing a psychologist/psychiatrist?**

* Yes
* No