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Psychosocial aspects of TB patients after hospital discharge

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(P011)

Introduction

In Romania, TB was used as a factor to enlist the sympathies of the news reader. This led to the loss of vision of illness as a community disease. Today, TB is categorized a mute spectator.

Objectives

The focus on this case study, is an attempt to render visibility of TB patients psychosocial perceptions. The relevance of the present study lies in viewing human beings as manipulative, who are capable of producing and transmitting back-home a complex history.

Materials, Methods

Data collection was strictly through interviews. The quality of interviews is based on the human thought, perception and analysis. Retrospective survey, between 01.12.16-13.04.17, random TB adult males and females, after discharge from Pulmonology Clinic, Mures County Hospital, Romania. No standard-printed questionnaire was used. Extra care has been taken to be natural-friendly, not to provide opinions and to avoid body-language gestures that could be interpreted to be as disapproval or approval.

(P011)

Results: Only 28 subjects agreed the interview. Most important and frequent type of perceptions are listed in the table below:

Table 1

Type of perceptions	Nr / %
Devolved a deviant behaviour because of social judgment	24/85.71%
Fear of dying	20/71.42%
Fear for remission	10/35.71%
They hope will be cured of TB	24/85.71%
Fear for spreading TB to loved ones	23/82.14%
Fear that they are unable to take care of themselves	6/21.42%
Dont know that TB treatment is for free	5/17.85%
Treatment schedule under DOTS feels constraining	17/60.71%
Think cities as precipitators of the disease	12/42.85%
Fear for losing their jobs	13/46.42%
Think TB is stress-related	10/35.71%

- **Conclusions**
- TB patients need regular counseling made by a clinical psychologist.
- Its the first step to take course of action into the multi-behavioural approach as an integral part of TB successful treatment.
- A study which does not locate the patient in his comfort zone, would never reveal the actual TB situation.
- The complex link between the culture, health-related beliefs, needs to be well-understood and placed into a national TB campaign, so TB will become a wider acceptability.