## Scientific journeys: Should I STAY or Should I GO





Do you have to be physically present?



Is it further than 400 km or 4h by public transports?



Is it out of Europe?



OK then, take the damn plane! Do not worry, you can still do something good out of it!



Why not staying with your colleagues then? They are nice people with great expertise!

Stay in LLN and discuss your research with people in your life group, cluster... Colleagues from other Institutes are sometimes also very useful.



Then consider attending remotely, using web teleconference technology. Conference from your couch!

Did you know that the University offers different teleconferencing solutions? Would any of the participants in your field have links with the university that would allow a meeting elsewhere? Can you download the podcasts of the event, or watch the tweet live?



Great! Practice your car pooling skills, or take the public transports (including train). They are great!

For this distance, public transport and carpooling are generally more advantageous than flying. Indeed, it takes on average 2 hours longer than the flight time to catch the plane (access to and from the airport, check-in, waiting time...). You would be surprised to see how little time and money is saved by taking a flight.



Did you consider the **train**? Comfy, fast and a great place to work. What else can you ask for?

For many destinations in Europe, the train remains an alternative to consider. There are online resources (see "Useful links") that can help you calculate the duration of your trip by train, bus or plane. Consider any price differences and check with other colleagues who have already made a similar trip: they could be of good advice. Some night trains, for example, save one night in a hotel.



Remember to offset your carbon footprint, and maximize your time on site.

Could you combine this trip with other professional activities on site? Could you spend some time in another institution to

## **USEFUL LINKS**

www.seat61.com

**Train** 

www.b-europe.com www.belgiantrain.be www.thetrainline.com www.loco2.com

**Bus:** 

https://be.eurolines.eu https://fr.flixbus.be

**CarPooling** www.fr.blablacar.be maximize the benefit of this trip?







