

Appendix 1. Frequency and percentage of importance of psoriasis information from different sources.

Sources	Total N	Have NOT received information from this source	HAVE received information	Scoring of HAVE received information:	
		N (%)	N (%)	Very or fairly Important N (%)	Neither important nor unimportant / Unimportant / Not important at all N (%)
General Practitioner	815	249 (30.6%)	566 (69.4%)	241 (42.6%)	325 (57.4%)
Dermatologist (Outpatient clinics/ dermatological wards)	813	207 (25.1%)	606 (74.5%)	440 (72.6%)	166 (27.4%)
Dermatologist (Private practice)	812	490 (60.3%)	322 (39.7%)	166 (51.6%)	156 (48.4%)
Nurse	810	410 (50.6%)	400 (49.4%)	239 (59.8%)	161 (40.3%)
Physiotherapist	812	555 (68.3%)	257 (31.7%)	89 (34.6%)	168 (65.4%)
Other health care personnel	811	551 (67.9%)	260 (32.1%)	81 (31.2%)	179 (68.8%)
Fellow patients	811	145 (17.9%)	666 (82.1%)	536 (80.5%)	130 (19.5 %)
Relatives and friends	809	313 (38.7%)	496 (61.3%)	194 (39.1%)	302 (60.9%)
CHT	814	16 (2.0%)	798 (98%)	784 (98.4%)	85 (1.8%)
Coping or self-management course related to psoriasis	812	410 (50.5%)	402 (49.5%)	317 (78.9%)	85 (21.1%)
Internet	813	172 (21.2%)	641 (78.8%)	396 (61.8)	245 (38.2%)
Articles on psoriasis	813	178 (21.9%)	635 (78.1 %)	389 (61.3%)	246 (38.7%)
Brochures on psoriasis	813	174 (21.4%)	639 (78.6%)	346 (54.1%)	293 (45.9%)
The Norwegian psoriasis organizations` magazine	814	323 (39.7%)	491 (60.3 %)	307 (62.5%)	184 (37.5%)
Other sources	810	579 (71.5%)	231 (28.5%)	34 (14.7%)	197 (85.3%)

Climate Helio Therapy (CHT). N differs among individual analyses because of missing values.