

Supplementary Material 1. Discussion schedule.

Part 1

- What is/means fall prevention?
- What do you think of fall prevention?
- What do your physicians, physio- and occupational therapists think of fall prevention? How is the situation in Hamburg/Germany?

Part 2

- Did you ever hear of fall prevention programs? What does such a program consist of?
- If you participated in a fall prevention program, what did it consist of? What did you like? Why? What did you dislike? Why?
- If we plan to develop a fall prevention program, what should we consider? Or if you could design your perfect fall prevention program, how would it look like? Please, think of content and organizational details.
- Please also answer: Mixed groups or MS groups? 1-on-1 therapy or group therapy? Personal or online? Layman/laywoman or health care professional as an instructor?