

GERD HRQL

Scale: No symptoms = **0**; Symptoms noticeable, but not bothersome = **1**; Symptoms noticeable and bothersome, but not every day = **2**; Symptoms bothersome every day = **3**; Symptoms affect daily activities = **4**; Symptoms are incapacitating, unable to do daily activities = **5**

Questions:

- ___ (0 1 2 3 4 5) 1. How bad is your heartburn?
- ___ (0 1 2 3 4 5) 2. Heartburn when lying down?
- ___ (0 1 2 3 4 5) 3. Heartburn when standing up?
- ___ (0 1 2 3 4 5) 4. Heartburn after meals?
- ___ (0 1 2 3 4 5) 5. Does heartburn change your diet?
- ___ (0 1 2 3 4 5) 6. Does heartburn wake you from sleep?
- ___ (0 1 2 3 4 5) 7. Do you have difficulty swallowing?
- ___ (0 1 2 3 4 5) 8. Do you have pain with swallowing?
- ___ (0 1 2 3 4 5) 9. Do you have bloating or gassy feelings?
- ___ (0 1 2 3 4 5) 10. If you take medication, does this affect your daily life?
- ___ How satisfied are you with your present condition? Satisfied ___ Neutral ___ Dissatisfied ___

****Scoring:** Individual item scores are added to derive total score. Scores may range from 0 (asymptomatic) to 50 (worse possible score). As esophagitis grade increases, GERD-HRQL score increases.

Velanovich V Dis Esophagus. 2007; 20(2): 130-4.