

Table S1. Mean daily food intake $\pm$ SEM in control and shift-work rats. BL: base line; W4: fourth week of subjective work (for control) or shift-work protocol (SW); RD1-7: recovery day 1-7.

	FOOD INTAKE (g)			
	CONTROL		SW	
	Light phase	Dark phase	Light phase	Dark phase
BL	3.23 $\pm$ 0.12	16.53 $\pm$ 0.43	3.06 $\pm$ 0.16	16.79 $\pm$ 0.49
W4	5.83 $\pm$ 0.37	21.06 $\pm$ 0.55	14.52 $\pm$ 0.97	9.95 $\pm$ 0.56
RD1	5.66 $\pm$ 0.42	20.90 $\pm$ 0.60	14.05 $\pm$ 1.64	10.96 $\pm$ 0.70
RD2	5.74 $\pm$ 0.96	20.88 $\pm$ 0.76	13.22 $\pm$ 1.90	12.25 $\pm$ 0.98
RD3	6.12 $\pm$ 0.44	21.64 $\pm$ 0.65	11.20 $\pm$ 1.10	14.78 $\pm$ 1.78
RD4	6.23 $\pm$ 1.10	21.85 $\pm$ 1.34	11.37 $\pm$ 0.78	15.20 $\pm$ 2.05
RD5	6.46 $\pm$ 0.47	22.32 $\pm$ 1.76	9.94 $\pm$ 0.92	17.54 $\pm$ 1.79
RD6	5.99 $\pm$ 0.88	21.96 $\pm$ 0.85	6.89 $\pm$ 1.23	18.80 $\pm$ 1.76
RD7	6.14 $\pm$ 0.60	22.09 $\pm$ 0.79	6.75 $\pm$ 1.80	20.35 $\pm$ 2.10