**Questionnaire**

Study title:

A cross-sectional study investigating vitamin D status, parathyroid hormone and (epi)genetic determinants in pregnant women and their newborns

Teilnehmerin

\_ Nr:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Einwilligungserklärung unterschrieben am \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Zuständiger Arzt / zuständige Ärztin \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Geprüft von \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| Date of birth: | I\_\_I\_\_I / I\_\_I\_\_I / I\_\_I\_\_I  D M Y | Study number: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Country of origin:In which country: was your mother born? was your father born? | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Nationality: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| What is your highest educational degree? | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | What is your husband’s / partner’s highest educational degree? | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_[ ]  Not applicable  |
| Have you ever smoked? | 1) [ ]  Yes2) [ ]  No | Do you smoke now? | 1) [ ]  Yes2) [ ]  No |
| *Show the participant the scale and ask:*Which face best describes your skin color?Answer of the interviewer: \_\_\_\_ (please indicate the participant’s skin type here)*(If the participant cannot decide between 2 options, the following additional questions can be asked:* |
| *Imagine a nice day in early summer at 12:00 noon.* *What happens if your skin is untanned and you then lie out in the sun for 45-60 minutes?**Mark an answer. If you are uncertain, simply choose one option:**I) [ ]  painful sunburn 24 hours later, no tan 1 week later**II) [ ]  painful sunburn 24 hours later, slight tan 1 week later**III) [ ]  some sunburn 24 hours later, moderate tan 1 week later**IV) [ ]  no sunburn 24 hours later and tanned 1 week later**V) [ ]  My underlying skin color is brown/black, no sunburn, tanned 1 week later* |
| On average, how many days a week are you usually outdoors between 10 a.m. and 4 p.m.?In summer 1) I\_\_I days < 1 hr2) I\_\_I days 1-2 hr3) I\_\_I days >2 hr | On average, how many days a week are you usually outdoors between 10 a.m. and 4 p.m.?In winter1) I\_\_I days < 1 hr2) I\_\_I days 1-2 hr3) I\_\_I days >2 hr |
| On average, how many days a week were you outdoors **six months ago** between 10 a.m. and 4 p.m.?1) I\_\_I days < 1 hr2) I\_\_I days 1-2 hr3) I\_\_I days >2 hr |
| In the summer, how often have you protected yourself from the sun (e.g. sunscreen, long-sleeved t-shirt or pants, long skirt)?1) [ ]  never2) [ ]  sometimes3) [ ]  always |
| On average, how many times per week do you eat these types of fish: ***Salmon, herring, mackerel, sardines, tuna***? | \_\_\_\_ times per week |
| Do you take vitamin supplements?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Yes/No | Brand name  | Daily | Weekly | Occasionally |
| Vitamin D |  |  |  |  |  |
| Iron |  |  |  |  |  |
| Folate |  |  |  |  |  |
| Multivitamin  |  |  |  |  |  |

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