Table S1. Total Count and Percentage of "I do not know" Answers by Children and their Parents.

	Breakfast		Morning Snack		Lunch		Afternoon Snack		Dinner		After Dinner	
	C	P	C	P	C	P	C	P	C	P	C	P
All foods	0 (0%)	1 (0.4%)	0 (0%)	9 (4.3%)	1 (0.3%)	9 (4.3%)	0 (0%)	6 (2.3%)	1 (0.3%)	2 (0.8%)	0 (0%)	2 (0.8%)
Water	0 (0%)	1 (0.4%)	0 (0%)	8 (3.0%)	1 (0.4%)	8 (3.0%)	0 (0%)	6 (2.2%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Vegetables	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	9 (3.3%)	0 (0%)	6 (2.2%)	1 (0.4%)	2 (0.7%)	0 (0%)	2 (0.7%)
Fruits	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	9 (3.3%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Starchy foods	0 (0%)	1 (0.4%)	0 (0%)	9 (3.3%)	1 (0.4%)	9 (3.3%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Whole grain	0 (0%)	1 (0.4%)	0 (0%)	9 (3.3%)	1 (0.4%)	9 (3.4%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Dairy products	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	9 (3.3%)	0 (0%)	6 (2.2%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Proteins (meat, fish, eggs)	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	9 (3.3%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Legumes, tofu, quorn	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	9 (3.4%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Sweets and junk food	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	8 (3.0%)	0 (0%)	6 (2.2%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Fat meat and fast food	0 (0%)	1 (0.4%)	0 (0%)	9 (3.4%)	1 (0.4%)	8 (3.0%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
Soft drinks	0 (0%)	1 (0.4%)	0 (0%)	9 (3.3%)	1 (0.4%)	8 (3.0%)	0 (0%)	6 (2.3%)	0 (0%)	2 (0.7%)	0 (0%)	2 (0.7%)
DAY 2												
All foods	1 (0.3%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	14 (5.3%)	0 (0%)	11 (4.2%)	0 (0%)	2 (0.8%)	0 (0%)	1 (0.4%)
Water	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	13 (4.8%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Vegetables	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	14 (5.2%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Fruits	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	14 (5.3%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.8%)	0 (0%)	1 (0.4%)
Starchy foods	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	13 (4.8%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Whole grain	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	13 (4.9%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.8%)	0 (0%)	1 (0.4%)
Dairy products	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	14 (5.3%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.8%)	0 (0%)	1 (0.4%)
Proteins (meat, fish, eggs)	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	14 (5.2%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Legumes, tofu, quorn	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	14 (5.2%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Sweets and junk food	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	13 (4.9%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Fat meat and fast food	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	13 (4.9%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)
Soft drinks	1 (0.4%)	1 (0.4%)	0 (0%)	6 (2.2%)	0 (0%)	13 (4.9%)	0 (0%)	11 (4.1%)	0 (0%)	2 (0.7%)	0 (0%)	1 (0.4%)

[a] C = Children; P = Parents