

# INSIGNEG Institute for *in silico* Medicine

## In silico Clinical Trials: a vision of the future

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### In silico: Who are the End Users?



DIGITAL PATIENT Subject-specific predictions for decisionsupport, diagnosis, treatment-planning, stratification FOR THE DOCTOR



Virtual patient cohorts for 3R, surrogate outcomes, augmented clinical trials FOR THE INDUSTRY



Step by step All 42 weeks beautifully illustrated



Follow every beautiful detail about your baby's growth Most recommended App by midwives and paediatricians

**PERSONAL HEALTH FORECASTING** Subject-specific predictive models for mobile and digital health and wellness FOR THE PATIENT - CITIZEN

# **De-risking medical products**

#### **Medical Products**

- Pharmaceuticals
- Medical Devices
- Biologicals
- Combinatory

#### Requirements

- Cost-effectiveness
- Risk-effectiveness
- Safety

Efficacy

Effectiveness

### Testing safety and efficacy



IN VITRO PRE-CLINICAL TESTS





#### IN VIVO PRE-CLINICAL TESTS



IN VIVO CLINICAL TRIALS

#### The role of in silico



Reduce





**Refine** Reduce suffering improve accuracy



Replace

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### 3R: in vitro tests









### **3R: animal tests**









### **3R: clinical trials**



### Will we ever replace?



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#### Back to the future: custom-made



3 weeks



3 days



### The Digital Twin



# (Very) coarse summary

- Bench tests: go for refinement
  - In silico models can let you explore a broad range of operational conditions
- Animal tests: go for replacement
  - Short term we need to play nice, but in silico models are most of the time way better than animal models
- Clinical trials: go for reduction
  - Replacement is not on the horizon yet, refinement most of the time provide massive reduction
- Look for replacement opportunities
  - In some cases the currently accepted method is predicting poorly the performance in the general population





# Thank You!



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