

On the LEEDR (Low Effort Energy Demand Reduction) project, we – a multidisciplinary team of designers, engineers, and social scientists at Loughborough University, UK - explored energy demand reduction opportunities in family homes and, in the process, gained a deep understanding of how energy use, everyday activities and digital technologies become entangled in the making and experience of home. HOTHOUSE expanded this research to include hot water use in the home.

From this research we developed a series of Home Life Insight Cards, created with the aim of helping businesses to drive development through insight into the intricacy of everyday life.

These cards lend themselves to a variety of activities and contexts: as **discussion** tools; as **catalysts** for future innovation; to **test** ideas and assumptions; or to help **identify** new research directions.

Mitchell, Val; Wilson, Garrath; Leder Mackley, Kerstin; Pink, Sarah; Buswell, Richard; Bhamra, Tracy. (2017) Home Life Insight Cards.

Download for free here: tinyurl.com/homelifeinsightcards





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HOME LIFE INSIGHT CARDS