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Materials and methods

Antioxidant enzymatic activity in young seeds

One immature (45 days after planting) pod from each plant/replicate was collected and one S2 seed was isolated from each pod. The seeds from each replicate were mixed and two subsamples of ~1 g were ground in liquid nitrogen and extracted with 10 mL of 0.1 M phosphate buffer (pH 7.8) using a mortar and pestle. The homogenate was centrifuged at $16\,000 \times g$ at 4 °C for 15 min (Sorvall Legend X1R, Thermo Scientific, Waltham, MA).¹ The supernatant was distributed into five Eppendorf tubes, frozen in liquid nitrogen, and stored at -80 °C until analysis.

The enzyme analyses were performed by measuring absorbance in a quartz cuvette using a UV/Vis Spectrometer (single-beam mode, Perkin-Elmer Lambda 14, Uberlingen, Germany).

The APX (EC 1.11.1.11) activity was determined according to Bailly et al. (2001)¹ and Nakano and Asada (1981)² by the decrease in the absorbance of H₂O₂ at 290 nm during a 2 min interval.

The reaction mix contained 50 µL of sample, 285 µL of 0.5 mM ascorbic acid, and 665 µL of 0.4 mM H₂O₂. The CAT (EC 1.11.1.6) activity was determined as reported by Bailly (1996).³ Sixty

seven µL of extract were mixed with 933 µL of 3.125 mM H₂O₂ in 50 mM phosphate buffer (pH 7.0). Changes in absorbance were recorded at 240 nm during a 3 min interval. The APX and

CAT activities were expressed as nmol H₂O₂ decomposed (g fresh seed)⁻¹ min⁻¹. The SOD (EC 1.15.1.1)³⁻⁷ assay contained 450 µL of 500 µM nitroblue tetrazolium (NBT), 500 µL of 78 mM

L-methionine, 200 µL of 1.5 mM EDTA, 300 µL of 0.02 mM riboflavin, 1500 µL of 100 mM potassium phosphate buffer (pH 7.8) and 50 µL of enzyme extract. The SOD activity was

estimated by measuring inhibition of the photochemical reduction of NBT by the enzyme extract. The reaction mixture was placed in a glass test tube and illuminated with a fluorescent

light bulb in a closed box during 15 min, and then absorbance (A_1) was measured at 560 nm. Non-illuminated tubes with the reaction mix without seed served as blanks, and absorbance after illumination was recorded (A_0). One unit of SOD is defined as the enzymatic activity that causes 50% inhibition of the assay reaction; the % inhibition of NBT reduction by SOD was calculated by $\frac{A_0 - A_1}{A_0}$.

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