## Supporting information

## Competing pathways in the photochemistry of $\mathrm{Ru}(\mathrm{H})_{2}(\mathrm{CO})\left(\mathrm{PPh}_{3}\right)_{3}$

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Figure S1. Top: ${ }^{1} \mathrm{H}$ NMR spectrum of 1 in $\mathrm{C}_{6} \mathrm{D}_{6}$. Bottom: ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum of $\mathbf{1}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$.


Figure S2. Pulse sequences used in the laser pump-NMR probe experiments. (a) In the single-shot experiments, a single laser pulse ( 5 ns ) is followed by a delay ( $\tau$ ) for evolution of the chemical system before observation is achieved through the application of a rf pulse. (b)

The multiple laser pulse experiments apply a train of laser pulses, separated by an additional delay of 100 ms between each of the n pulses

## $\mathrm{T}_{1 \text { (min) }}$ relaxation

$T_{1(\text { min })}$ was measured by conducting inversion recovery experiments on the dihydrogen resonances over a range of temperatures. At $\mathrm{T}_{1 \text { (min) }}$, $\mathrm{d}_{\mathrm{HH}}$ can be calculated from the value of $\mathrm{T}_{1 \text { (min) }}$, where $v$ is the spectrometer frequency in MHz and $\mathrm{T}_{1}$ is in s (equation 1). ${ }^{1-3}$

$$
\mathrm{d} н \mathrm{H}(\AA)=5.815 \sqrt[6]{T_{1 \min } / v}
$$

Equation 1

The relaxation rate of the dihydrogen ligand is affected by all other NMR active nuclei close by. If the system has a dihydrogen ligand that is not exchanging rapidly with any hydride ligands, the bond length can be corrected for the other NMR active species present. ${ }^{1}$ If the hydride and dihydrogen ligands are undergoing fast exchange, the observed relaxation rate is a weighted average of the relaxation rates at the different environments. ${ }^{2,3} \mathrm{~A}$ further complication occurs if the $\mathrm{H}_{2}$ unit can rotate internally during the molecular tumbling period. In this case the spinning correction cannot distinguish between the rotation of the dihydrogen ligand and the molecular tumbling ${ }^{4}$ and equation 2 should be used.
$\mathrm{d} н(\AA)=5.815 \sqrt[6]{\frac{1}{4}} \sqrt[6]{\frac{T_{\text {min }}}{v}}=4.611 \sqrt[6]{\frac{T_{\text {min }}}{v}}$
Equation 2

We corrected for the relaxation of the hydride ligands by assuming that their relaxation time was the same as that for the hydride ligands of $\mathbf{1}$, which we measured as 0.39 s at 400 MHz for the resonance at $\delta-8.19$. The measured relaxation time for 2 was $0.035 \pm 0.002 \mathrm{~s}$. The relaxation rates $\mathrm{R}_{\text {hydride }}$ for $\mathbf{1}$ and $\mathrm{R}_{\text {obs }}$ for $\mathbf{2}$ are 2.56 and $28.6 \mathrm{~s}^{-1}$, respectively. The observed relaxation rate is given by:

$$
\mathrm{R}_{\mathrm{obs}}=0.5\left(\mathrm{R}_{\text {hydride }}+\mathrm{R}_{\mathrm{H} 2}\right)
$$

yielding a value of $R_{\text {H2 }}$ of $54.6 \mathrm{~s}^{-1}$ and a corrected value $T_{1 \text { (corr) }}$ of 0.018 s . If eq 1 applies, $d_{H H}$ is calculated as $1.1 \AA$, while if eq 2 applies, $d_{H H}$ is estimated as $0.87 \AA$.


Figure S3: ${ }^{1} \mathrm{H}\left\{{ }^{31} \mathrm{P}\right\}$ EXSY experiments of a solution of $\mathbf{1}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$ under $\mathrm{H}_{2}$ pressure. All the spectra have been recorded at a mixing time of 300 ms . a) Exciting the signal at $\delta-6.47$ at $298 \mathrm{~K} ;$ b) Exciting the signal at $\delta-8.30$ at $298 \mathrm{~K} ;$ c) Exciting the signal of dissolved $\mathrm{H}_{2}$ at $\delta$ 4.46 at 298 K ; d) Exciting the signal at $\delta-6.47$ at 333 K ; e) Exciting the signal at $\delta-8.30$ at 333 K ; f) Exciting the signal at $\delta 4.46$ at $333 \mathrm{~K} ;$ g) Exciting the signal at $\delta-6.47$ at 333 K in the presence of 20 eq of $\mathrm{PPh}_{3}$; h) Exciting the signal at $\delta-8.30$ at 333 K in the presence of 20 eq of $\mathrm{PPh}_{3}$; i) Exciting the signal at $\delta 4.46$ at 333 K in the presence of 20 eq of $\mathrm{PPh}_{3}$. The experiments showed intramolecular exchange between the hydrides but no intermolecular exchange with free $\mathrm{H}_{2}$.


Figure S4: ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$ EXSY experiments of a solution of $\mathbf{1}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$ under $\mathrm{H}_{2}$ pressure in the presence of 20 equivalents of $\mathrm{PPh}_{3}$ at 333 K with a mixing time of 300 ms , exciting the free $\mathrm{PPh}_{3}$ at $\delta-5.6$. No exchange observed with the $\mathrm{PPh}_{3}$ groups of complex 1


Figure S5. Hydride region of the ${ }^{1} \mathrm{H}$ spectrum of $\mathbf{1}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$ after in-situ photolysis under 4 bar of $\mathrm{H}_{2}$ at 298 K . a) Starting spectrum at $\mathrm{t}=0$ showing resonances for 1 . b) Spectrum of the same solution after 32 laser shots and 1 NMR scan displaying peaks for 1, and a new broad resonance for $\mathbf{2}$. Complex $\mathbf{2}$ is very unstable at room temperature (it becomes undetectable under the same conditions but with 2 NMR scans) and decays extremely fast.


Figure S6. Hydride region of the ${ }^{1} \mathrm{H}$ spectrum of $\mathbf{1}$ after broadband photolysis in neat $\mathrm{C}_{5} \mathrm{H}_{5} \mathrm{~N}$. The main product is complex $4-\mathbf{C N}$; asterisks indicate byproducts due to prolonged irradiation.
b)


Figure S7. a) Hydride region of the ${ }^{1} \mathrm{H}$ spectrum of 1 after broadband photolysis in neat $\mathrm{C}_{5} \mathrm{H}_{5} \mathrm{~N}$. The main product is complex 4-CN; b) the same solution after pumping off the pyridine and dissolution of the crude in $\mathrm{C}_{6} \mathrm{D}_{6}$; the product has reverted almost quantitatively to starting material 1.


Figure S8. Above: ${ }^{1} \mathrm{H}$ spectrum of a solution of 1 in $\mathrm{C}_{6} \mathrm{D}_{6}$ in the presence of excess pyridine under $p-\mathrm{H}_{2}$ pressure after 16 laser shots showing hyperpolarisation being transferred to the ortho aromatic protons of 4-PP. Below: ${ }^{31} \mathrm{P}$ spectrum of the same solution displaying hyperpolarization transferred to phosphorus for complex 4-PP. The spectrum was acquired after 4 laser shots and is 1 NMR scan.


Figure S9. ${ }^{1} \mathrm{H}-{ }^{1} \mathrm{H} 2 \mathrm{D}-\mathrm{COSY}$ NMR spectrum of the hydride region of a $\mathrm{C}_{6} \mathrm{D}_{6}$ solution of $\mathbf{1}$ with 10 folds excess pyridine under $p-\mathrm{H}_{2}$ pressure. Each increment was acquired after 4 laser shots in order to build up enough concentration for the detection of the minor species. This 2D-COSY spectrum was acquired using a using a $\pi / 4-\mathrm{t}_{1}-\pi / 4-\mathrm{t}_{2}$ pulse sequence. Circles of the same colour identify hydrides belonging to the same compound. Green circles: 1; blue: 4-CN; red: 4-CP; purple: 4-NP. Orange: product not identified.



Figure S10. ${ }^{1} \mathrm{H}-{ }^{15} \mathrm{~N}$ 2D-HMQC NMR spectrum of the hydride region of a $\mathrm{C}_{6} \mathrm{D}_{6}$ solution of 1 with 10 folds excess ${ }^{15} \mathrm{~N}$-pyridine under $p-\mathrm{H}_{2}$ pressure. Each increment was acquired after 8 laser shots in order to build up enough concentration for the detection of the minor species. The bottom spectrum was scaled x 4 in order to see the cross peak for the minor isomer 4NP.

AsPh ${ }_{3}$ experiments with multiple laser shots. Exposure of a $\mathrm{C}_{6} \mathrm{D}_{6}$ solution of $\mathbf{1}$ in the presence of excess $\mathrm{AsPh}_{3}$ and $p-\mathrm{H}_{2}$ to multiple laser shots (up to 16) led to the appearance of new species formed as minor products. The analogous complexes to 4-NP and 4-CP were observed (3-NAs and 3-CAs) but no peaks for the analogous symmetric species of 4PP were detected at room temperature. In order to see if the photochemistry of $\mathbf{1}$ in the presence of excess $\mathrm{AsPh}_{3}$ parallels the product distribution in the presence of excess pyridine, an optically dilute solution of 1 and excess $\mathrm{AsPh}_{3}\left(10\right.$ fold) in toluene- $d_{8}$ was put under a $p-\mathrm{H}_{2}$ atmosphere and irradiated at low 220 K . Exposure of the solution to 8 laser shots led to detection of hyperpolarised signal for 1 and $3-\mathbf{C N}$; however, when the sample was irradiated for a longer time ( 30 s ), a broad peak corresponding to $\mathbf{2}$ was observed. The amount of $\mathbf{2}$ increased with increased photolysis while the resonances for the hydride peaks of 3-CN increased a very little amount. These observations suggest that at this temperature there is a preference for reaction with $\mathrm{H}_{2}$ over $\mathrm{AsPh}_{3}$ after $\mathrm{PPh}_{3}$ loss; this is probably a consequence of decreased solubility of $\mathrm{AsPh}_{3}$ at low T . Upon raising the temperature to 240 K the broad resonance for 2 disappeared and a large increase in intensity for the resonances of 3-CN was observed indicating displacement of the dihydrogen ligand followed
by $\mathrm{AsPh}_{3}$ coordination to yield 3-CN. If the photochemistry was restarted with a single laser shot, hyperpolarised peaks for 1, 3-CN, 3-NAs and 3-CAs were now observed; those species appeared to have built up and to be thermally stable at this temperature (See SI ). No resonances for the analogous complex of 4-PP were observed in these experiments. This observation may be attributed to the $\mathrm{H}_{2}$ competing with $\mathrm{AsPh}_{3}$ in occupying the vacant site on the metal centre at low T and fast equilibration to form $\mathbf{4}$ at higher temperature when $\mathrm{AsPh}_{3}$ coordination becomes the major process. Nevertheless, the similarity in product distribution between reactions with pyridine and $\mathrm{AsPh}_{3}$ suggest that the two reactions follow the same photochemical reactivity.


Figure S11. Bottom: Hydride region of the hyperpolarised ${ }^{1} \mathrm{H}$ spectrum of a $\mathrm{C}_{6} \mathrm{D}_{6}$ solution of 1 under $p-\mathrm{H}_{2}$ in the presence of excess $\mathrm{AsPh}_{3}$. The solution was exposed to 8 laser shots. Top: Hydride region of the ${ }^{1} \mathrm{H}\left\{{ }^{31} \mathrm{P}\right\}$ spectrum acquired in the same conditions. The solution was exposed to 4 laser shots.

## TRIGONAL TWIST



4-PP






4-NP


4-CN

Berry pseudorotation of square pyramid viewed down axis of pair of eq ligands

net result: rotation by $120^{\circ}$ and exchange of one axial with one equatorial ligand


Figure S12. Schemes for possible mechanisms of isomerization. Top: trigonal twist; bottom: Berry pseudorotation.


Figure S13. FTIR spectrum of 1 in toluene at 220 K


Figure S14. TRIR difference spectra obtained in the range (a) 1-20 ns and (b) $45 \mathrm{~ns}-28 \mu \mathrm{~s}$ after 355 nm laser flash of a solution of $\mathbf{1}$ in benzene- $d_{6}$ with added pyridine (ca. $10^{-2} \mathrm{M}$ ).


Figure S15. FTIR spectrum of $\mathbf{1}\left(1940 \mathrm{~cm}^{-1}\right)$ and a mixture of $\mathbf{1}$ and $\mathbf{4 - C N}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$ solution formed by laser photolysis ( 355 nm ) of a solution of 1 with excess pyridine- $\mathrm{d}_{5}$. The product spectrum is presented as a difference with respect to the initial spectrum with peak at 1921 $\mathrm{cm}^{-1}$.
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=86.30^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{C}_{\text {eq }}=87.99^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-$ Ru- $\mathrm{P}_{\text {eq }}=92.24^{\circ}$
$\angle \mathrm{P}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=93.46^{\circ}$
$\angle \mathrm{P}_{\mathrm{ax}}-R u-\mathrm{P}_{\mathrm{ax}}=147.90^{\circ}$
$R\left(R u-H_{\text {eq }}\right)=1.63 / 1.70 \AA$
$R\left(R u-C_{e q}\right)=1.91 \AA$
$R\left(R u-P_{\text {eq }}\right)=2.47 \AA$
$R\left(R u-P_{a x}\right)=2.37 / 2.40 \AA$

$$
v(C O)=1927 \mathrm{~cm}^{-1}
$$



$$
v(C O)=1973 \mathrm{~cm}^{-1}
$$

$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=86.20^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{C}_{\text {eq }}=87.23 / 173.43^{\circ}$
$\angle \mathrm{Pax}_{\mathrm{ax}}-\mathrm{Ru}-\mathrm{P}_{\mathrm{ax}}=162.90^{\circ}$
$R\left(R u-H_{\text {eq }}\right)=1.57 / 1.71 \AA$
$R\left(R u-C_{e q}\right)=1.92 \AA$
$R\left(R u-P_{a x}\right)=2.35 / 2.35 \AA$

## $\mathrm{Ru}(\mathrm{CO})\left(\mathrm{PPh}_{3}\right)_{3}$

$\angle \mathrm{C}-\mathrm{Ru}-\mathrm{P}$ (trans) $=24.06^{\circ}$
$\angle \mathrm{P}-\mathrm{Ru}-\mathrm{P}$ (trans) $=151.04^{\circ}$
$\angle P-R u-P($ cis $)=105.10 / 95.66^{\circ}$
$R(R u-C)=1.86 \AA$
$R(R u-P)(P$ trans $C)=2.41 \AA$
$R(R u-P)(P$ trans $P)=2.36 / 2.38 \AA$


$$
v(C O)=1903 \mathrm{~cm}^{-1}
$$



2
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=83.31^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{C}_{\text {eq }}=89.67^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{P}_{\text {eq }}=92.24^{\circ}$
$\angle \mathrm{H}\left(\mathrm{H}_{2}\right)_{\text {eq }}-$ Ru- $\mathrm{H}_{\text {eq }}=85.41 / 92.45^{\circ}$
$\angle \mathrm{P}_{\mathrm{ax}}-R u-\mathrm{P}_{\mathrm{ax}}=161.59^{\circ}$
$R\left(R u-H_{\text {eq }}\right)=1.61 / 1.70 \AA$
$R\left(R u-C_{\text {eq }}\right)=1.93 \AA$
$R\left(R u-H_{2}\right)=1.93 \AA$
$R\left(R u-P_{a x}\right)=2.37 / 2.37 \AA$
$R(H-H)=0.81 \AA$

## 4-CN

$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=86.25^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-$ Ru- $\mathrm{C}_{\text {eq }}=89.85^{\circ}$
$\angle \mathrm{C}_{\text {eq }}-\mathrm{Ru}-\mathrm{N}_{\text {eq }}=98.36^{\circ}$
$\angle \mathrm{N}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=85.56^{\circ}$
$\angle \mathrm{Pax}_{\mathrm{ax}}-R u-\mathrm{P}_{\mathrm{ax}}=165.74^{\circ}$
$R\left(R u-H_{\text {eq }}\right)=1.62 / 1.71 \AA$
$R\left(R u-C_{e q}\right)=1.91 \AA$
$R\left(R u-N_{e q}\right)=2.30 \AA$
$R\left(R u-P_{a x}\right)=2.35 / 2.37 \AA$


$$
v(C O)=1974 \mathrm{~cm}^{-1}
$$




## 4-PP

$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{H}_{\text {eq }}=78.73^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-\mathrm{Ru}-\mathrm{P}_{\text {eq }}=87.53 / 90.41^{\circ}$
$\angle \mathrm{P}_{\text {eq }}-$ Ru $-\mathrm{P}_{\text {eq }}=103.33^{\circ}$
$\angle N_{a x}-R u-C_{a x}=165.81^{\circ}$
$R\left(R u-H_{\text {eq }}\right)=1.63 / 1.64 \AA$
$R\left(R u-P_{\text {eq }}\right)=2.47 / 2.48 \AA$
$R\left(R u-C_{a x}\right)=1.85 \AA$
$R\left(R u-N_{a x}\right)=2.25 \AA$

## 4-HH

$\angle \mathrm{C}_{\text {eq }}-$ Ru $-\mathrm{H}_{\text {eq }}=93.25 / 94.86^{\circ}$
$\angle \mathrm{H}_{\text {eq }}-$ Ru- $\mathrm{N}_{\text {eq }}=85.97 / 86.18^{\circ}$
$\angle \mathrm{P}_{\mathrm{ax}}-R u-\mathrm{P}_{\mathrm{ax}}=179.09^{\circ}$
$R\left(R u-H_{\text {eq }}\right)=1.72 / 1.73 \AA$
$R\left(R u-C_{e q}\right)=1.84 \AA$
$R\left(R u-N_{e q}\right)=2.25 \AA$
$R\left(R u-P_{a x}\right)=2.38 / 2.40 \AA$

$$
v(C O)=1955 \mathrm{~cm}^{-1}
$$



$$
\mathrm{v}(\mathrm{CO})=1941 \mathrm{~cm}^{-1}
$$



Figure S16. DFT Calculated structures with M06/LACVP(d) functional with principal bond lengths, angles, and CO-stretching frequencies. Note: Coordinated hydrogen atoms are taken to define the equatorial plane.

Table 1. Calculated and observed $v(\mathrm{CO})$ values for pyridine complexes
$\mathrm{Ru}(\mathrm{H})_{2}(\mathrm{CO})\left(\mathrm{PPh}_{3}\right)_{2}($ pyridine $)$

| Complex | $v(\mathrm{CO})$ exptl in <br> $\mathrm{C}_{6} \mathrm{D}_{6}$ | $v(\mathrm{CO})$ calcd by <br> Timney method $^{\mathrm{a}}$ | $v(\mathrm{CO})$ calcd by <br> $\mathrm{DFT}^{\mathrm{b}}$ |
| :--- | :--- | :--- | :--- |
| 4-CN | 1921 | 1941 | 1946 |
| 4-PP | 1911 | 1898 | 1955 |
| 4-NP |  | 1930 |  |
| 4-CP | 1941 |  |  |

For pyridine, the ligand effect constants for cis and trans positions are both negative but with much larger values for trans. The Timney calculations ${ }^{5}$ predict shifts of -5 and $-49 \mathrm{~cm}^{-1}$ with respect to 1 whereas the DFT calculations predict shifts of +19 and $+28 \mathrm{~cm}^{-1}$, respectively. The experiment shows a peak shifted by $-27 \mathrm{~cm}^{-1}$ but with shoulders to high and low frequency. We note that the DFT calculations show that 4-PP is considerably distorted from an octahedron and that the Timney method assumes an octahedral geometry.

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