From: hermanussen.aschauhof@t-online.de
To: Ines Varela-Silva
Cc: Barry Bogin
Subject: Re: Book project
Date: 07 November 2010 18:47:46

Dear Ines, this is a very important topic, and I am glad you will write about it. Make it very practical - people must be aware of this topic/problem, and you should give some very practical advice and comments for researchers. Recently I read an article dealing with this subject, but the authors were completely unable to distinguish between the double burden at the population level (there are malnourished persons and obese persons in the same ethnic/regional group), the double burden at the family level (there are malnourished persons and obese persons sitting at the same kitchen table), and the double burden at the individual level (there are children who are both stunted and obese). Particularly observations in the latter are the most important ones because we do not yet understand how a child can be so malnourished that it does not grow, but on the other hand can be so appetite-deregulated that it nevertheless becomes obese.

You see, I am very interested in this topic - it really is of major importance, and particularly as most people overlook the phenomenon of double burden at the family, and at the individual level, the topic needs a chapter in our book.

I am very much looking forward to your article. Keep it short: 1 printed page, and think about the illustrations (for the opposite page). In case, you feel that 1 printed page is too short - you may make two related articles on two printed pages (and then also 2 illustrated opposite pages).

Cordially yours

MH

-----Original Message-----
> Date: Thu, 04 Nov 2010 16:08:20 +0100
> Subject: Book project
> From: Ines Varela-Silva <M.I.O.Varela-Silva@lboro.ac.uk>
> To: "hermanussen.aschauhof@t-online.de"
> <hermanussen.aschauhof@t-online.de>

>

Dear Michael. I just edited the book's page and added a topic that I would like to write about. The topic is "The nutritional dual burden of malnutrition and overweight/obesity in developing countries". I hope you agree with this. If you do I will keep writing, if you don't then we talk about it. Many thanks

All the best

Inês