

## Supplementary Material 1

Table 1. Search Methods (25/01/2017)	
Item	
Search terms	<p>((“flavonoid*” OR “anthocyani*” OR “berry” OR “berries” OR “chokeberry*” OR “aronia” OR “melanocarpa aubergine*” OR “brinjal*” OR “eggplant*” OR “solanum melongena*” OR “Guinea squash” OR “Solanum insanum” OR “black currant*” OR “Ribes nigrum” OR “blueberr*” OR “Vaccinium corymbosum” OR “Vaccinium cyanococcus” OR “blood orange*” OR “cherry” OR “cherries” OR “Cerasus vulgaris” OR “Prunus cerasus” OR “Prunus avium” OR “grape*” OR “rhubarb” OR “rheum rhabarbarum” OR “strawberr*” OR “fragaria vesca” OR “Fragaria ananassa” OR “blackberr*” OR “raspberr*” OR “rubus glaucus” OR “Rubus fruticosus” OR “plum” OR “plums” OR “red cabbage*” OR “purple cabbage*” OR “Brassica oleracea var capitata f rubra” OR “red wine” OR “cranberr*” OR “vaccinium macrocarpon*” OR “elderberr*” OR “sambucus Canadensis” OR “bilberr*” OR “vaccinium myrtillus” OR “whortleberr*” OR “pomegranate*” OR “Punica granatum”))</p> <p>AND</p> <p>("heart disease*" OR "chd" OR "cardiovascular diseases" OR "cvd" OR "myocardial infarction" OR "ischemic heart disease" OR "stroke" OR "death" OR "mortalit*" OR "surviv*")</p> <p>AND</p> <p>("prospective" OR "cohort" OR “nested case-control” OR “observational” OR “longitudinal”))</p>
SCOPUS	
TITLE-ABS-KEY	584
MEDLINE (ProQuest)	
	966
Cochrane	
TITLE-ABS-KEY	67
CINAHL (EBSCO)	
	72
EndNote	<i>Total 1689</i>
	<i>Duplicates Removed 1428</i>

## Screened reference lists:

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- Wightman, J. D. & Heuberger, R. A. (2015). Effect of grape and other berries on cardiovascular health. *Journal of the science of food and agriculture*, 95, 1584-1597.