

General Movements Assessment video instructions

1 Corrected age and consent

- The General Movement Assessment should always be done based on corrected age
- Discuss the assessment with the parents of the child, provide the parents with printed information about the production of the video, and obtain parents' written consent
- Video cannot be produced without parental/guardian consent.

STANDARDISED MOTOR



Methodology for video recording

2 Position

- Position the video camera securely above the child, preferably using a tripod
- Position the child in a supine position, with the infant orientated vertically
- Start with a shot of the child's information sheet: including the date, child's name and date of birth, UR number, corrected age, and gestational age at birth. Capture this information each time a video is created
- Ensure the baby's face is in view to note whether they are crying or awake
- Ensure there are no toys or other distractions in the immediate environment
- In the event of a strong head preference, reposition the head to midline position during the assessment period
- If postural instability, video in and out of nested position for comparison.

When recording in a Neonatal Intensive Care Unit (NICU)/Special Care Nursery (SCN) setting:

- remove blankets and clear bed area as much as possible to expose hands and feet (arms and legs if possible)
- ensure developmentally supportive care in place
- limit handling and disturbing the child unnecessarily
- the child should only wear a nappy if possible

When in an outpatient clinic setting, use a white sheet as background to ensure no other objects are captured in the video.