99.2% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

98.1% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

97.4% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

90.9% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

89.3% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

85.9% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

84.8% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

82.5% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

81.8% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime

65.8% Melatonin Suppression
Salivary Melatonin pg/mL
Hours Relative to Bedtime