1-Inclusion/exclusion criteria: applied uniformly?
12/13 (92%)
2-Recruitment strategy: same across individuals/study groups?
11/13 (85%)
3-Selection of comparison group adequate?
6/6 (100%)
5-Outcome assessor blinded to exposure?
9/13 (69%)
2 (15%)
6-Valid and reliable measures implemented?
12/13 (92%)
7-Length of follow-up: same across individuals/study groups?
3 (43%)
4/7 (57%)
8-Loss to follow-up: assessment of impact?
4/9 (44%)
4 (44%)
9-Important primary outcomes reported?
8/13 (62%)
3 (23%)
11-Results: believable?
13/13 (100%)
12-Attempt to balance to allocation between groups or match groups?
5/6 (83%)
13-Important confounding variables taken into account in design and/or analysis?
4 (31%)
7/13 (54%)
Low risk of bias
Unclear risk of bias
High risk of bias