

Supplemental file 1: Screenshots of the DIALOG+ intervention

- 1) Screenshot of the initial structured assessment used in DIALOG+ as displayed on the tablet computer.

The screenshot shows the 'Assessment' screen of the DIALOG+ intervention. At the top, there are tabs for 'Action Items' and 'E-mail'. The main heading is 'How satisfied are you with your mental health?'. Below this is a horizontal slider scale from 1 to 7. The labels for the scale are: 1 (totally dissatisfied), 2 (very dissatisfied), 3 (fairly dissatisfied), 4 (in the middle), 5 (fairly satisfied), 6 (very satisfied), and 7 (totally satisfied). The slider is currently positioned at 4. Below the scale is a question: 'Do you need more help in this area?' with 'Yes' and 'No' buttons. Below this are ten categories of life domains, each with a corresponding horizontal line for a rating: Physical health, Job situation, Accommodation, Leisure activities, Partner / family, Friendships, Personal safety, Medication, Practical help, and Meetings. At the bottom, there are five buttons: 'Review', 'Select', 'Discuss', 'Action Items', and 'Finish Session'.

- 2) Screenshot of the 4-step approach as displayed on the tablet computer.

The screenshot shows the '4-step approach' for the 'Job situation' category. At the top, there is a horizontal slider scale from 1 to 7. Below this is a list of four steps, each with a title, a description, and an information icon (i):

- Step 1: Understanding
 - Why this rating and not a lower one?
 - What is working?
- Step 2: Looking forward
 - Best case senario?
 - Smallest improvement?
- Step 3: Considering options
 - What can the patient do?
 - What can the clinician do?
 - What can others do?
- Step 4: Agreeing on actions (+)

Below the steps are three horizontal lines for notes. At the bottom, there are three buttons: '<', 'OK', and '>'. On the right side, there is a vertical list of categories with checkboxes and a 'Finish Session' button at the bottom.