

Appendix 3: Table 2. Methodological Quality of Included Studies as compared to Öst (2008)

	Mean	Sd	Mean
	current	current	study
	study	study	Öst
1 Clarity of sample description	1,71	0,51	1,23
2 Severity/ chronicity of the disorder	1,41	0,67	1,31
3 Representativeness of the sample	1,68	0,57	1,08
4 Reliability of the diagnosis	0,66	0,79	0,15
5 Specificity of outcome measures	1,90	0,30	1,77
6 Reliability and validity of outcome measures	1,90	0,37	1,54
7 Use of blind evaluators	0,54	0,74	0,31
8 Assessor training	0,39	0,70	0,31
9 Assignment to treatment	1,07	0,26	0,85
10 Design	0,95	0,84	1,23
11 Power analysis	0,27	0,45	0,00
12 Assessment points	1,07	0,61	0,92
13 Manualized, replicable, specific treatment programs	1,44	0,63	1,54
14 Number of therapists	0,90	0,74	0,23
15 Therapist training/ experience	1,20	0,71	0,69
16 Checks for treatment adherence	0,76	0,80	0,15
17 Checks for therapist competence	0,78	0,76	0,00
18 Control of concomitant treatments	0,49	0,75	0,23
19 Handling of attrition	1,39	0,70	0,85

20	Statistical analyses and presentation of results	1,88	0,33	1,69
21	Clinical significance	0,66	0,82	0,69
22	Equality of therapy hours	0,83	1,00	1,55
TOTAL		23,88	4,96	18,32