

Online suppl. Table 2 *Within-Group Comparisons, Treatment Effect Sizes, and Confidence Intervals*

	CBTI			CBTG			AP		
	<i>t</i> (df) ^a	Effect size ^b	CI 95%	<i>t</i> (df) ^a	Effect size ^b	CI 95%	<i>t</i> (df) ^a	Effect size ^b	CI 95%
SPAI-C									
Pre–Post ¹	8.47 (20)***	2.96	2.08–3.83	–.19 (18)	–.10	–.72–.52	2.37 (14)*	.50	–.21–1.20
Pre–FU ²	4.04 (11)**	2.19	1.31–3.08	2.45 (14)*	.38	–.29–1.06			
Pre–FU ITT ³	6.93 (20)**	2.41	1.62–3.20	2.32 (19)*	.41	–.21–1.04			
STABS									
Pre–Post ¹	8.12 (20)***	1.92	1.19–2.66	1.36 (18)	.25	–.37–.87	3.61 (13)**	.85	.13–1.58
Pre–FU ²	3.64 (11)**	1.60	.80–2.41	.47 (13)	.05	–.62–.72			
Pre–FU ITT ³	6.24 (20)**	1.62	.92–2.31	.70 (18)	.20	–.42–.82			
SCARED-SAD-sub									
Pre–Post ¹	4.74 (20)***	1.33	.66–2.00	.63 (18)	.13	–.49–.75	.13 (14)	.05	–.64–.74
Pre–FU ²	3.21 (11)**	1.04	.29–1.79	–.37 (14)	–.16	–.83–.51			
Pre–FU ITT ³	3.69 (20)**	1.00	.36–1.64	.09 (19)	.01	–.61–.63			

Interference								
Pre-FU ²	4.98 (10)***	2.49	1.56–2.46	3.87 (14)**	1.01	.30–1.72		
SCARED Total								
Pre-Post ¹	3.59 (16)**	1.21	.55–1.86	–.81 (18)	–.17	–.79–.45	.11 (14)	.02
Pre-FU ²	2.07 (9)	1.02	.27–1.78	–.13 (14)	.01	–.66–.68		
CDI								
Pre-Post ¹	5.01 (20)***	1.49	.80–2.17	1.05 (17)	.17	–.45 –.79	2.93 (14)*	.89
Pre-FU ²	3.46 (11)**	1.41	.62–2.20	1.41 (18)	.39	–.29–1.07		
Peds-QOL								
Pre-Post ¹	4.32 (20)***	1.16	.51–1.82	–.60 (18)	–.10	–.72–.52	2.18 (13)*	.28
Pre-FU ²	2.05 (10)	1.05	.30–1.80	–.70 (13)	–.14	–.80–.52		

¹ Comparison between pre-treatment and post-treatment. ² Comparison between pre-treatment and follow-up. ³ Comparison between pre-

treatment and intention to treat follow-up. ^a *t* value, degrees of freedom. ^b Hedges-corrected Cohen's *d*. * $p < .05$. ** $p < .01$. *** $p < .001$.