Supplementary Figure S1

**Hidden impacts of JIA in education, employment or training.**

**ENVIRONMENT**

Building

* Stairs
* Distances

Furniture and equipment

* Desks
* Chairs
* Sinks
* Tills

Clothing

* Footwear
* Fastenings

Climate

* Cold

**HIDDEN IMPACTS**

Pain

Stiffness

Fatigue

EXACERBATES

RESTRICTS OR PROHIBITS

EXACERBATES

**ACTIVITIES**

Positioning

* Standing
* Sitting

Travelling (during work and commuting)

* Walking
* Driving
* Using public transport

Recording

* Typing
* Writing

Lifting / carrying

* Heavy objects
* Awkward objects (e.g. plates and trays)

Using tools

* Dexterity (e.g. using scissors)
* Grip strength (e.g. opening lids)

**SCHEDULE**

Long hours

Long commute

Repetitive tasks

Repetitive positioning

Few breaks