**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-2-5 |
| --- | --- |
| **Respondent Group Number** | 5 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 8-11-22 |
| **Interview start time** | 12:58 |
| **Interview end time** | 14:07 |
| **Interview location** | Mathambo |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 36 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*No, I am a member of a Care group and have not joined any group before.*

**2\_What is the purpose of these groups?**

*The purpose of the group is to teach breastfeeding mothers how to breast feed, The importance of breastfeeding.*

**3\_What made you decide to join the groups?**

*To learn about taking care of our children and it helps us as mothers, hygiene of us and of our children.*

**a.** **Probe - Can you please highlight some of the activities you do as a Care Group?**

**b.** **Probe - What benefits do or did you get from the group?**

*The group is of great help as I did not know about the benefits of exclusive breastfeeding. What I got is that, when the child is six months, he/she will be able to eat without being forced. All these I did not know about, as we used to give the baby a porridge at before the required time and the baby will only be given plain porridge without any nutrients and thereby being exposed to diseases like kwashiorkor.*

**c.** **Probe - How often do you meet as a Care Group?**

*We meet twice a week for now.*

**d.** **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Others are failing to come since this thing does not have any material benefits so their husbands can allow them to come.*

*The group is assisting in teaching us hygiene and in keeping our homes clean and we are implementing what we are taught, and I can confirm that we are changing.*

**e.** **Probe - How have you solved these challenges?**

*We visit a friend to tell her what she missed.*

**f.** **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Its close so it can be three times a week.*

**g.** **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*I do not have any challenges.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*Learning*.

1. **Probe - How would you describe a high-quality care group?**

*Is the one that learns and practise what they have learnt. Change must be recognised.*

* 1. **Probe - Who is in the group?**

*Pregnant women, mothers, caregivers for under-fives.*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*We do not have any male, grandmothers who are caregivers for under-fives are there, young mothers are also there.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Grand mothers assist us when there is a conflict in talking. They can tell that is not the way to talk and just because the one who is correcting you is an older figure then you will listen especially to the young mothers.*

* 1. **Probe - Who leads the group, and how?**

*The lead mother is leading, she tells us what we are going to learn about.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*Everyone has to actively participate since we are the ones who are being assisted in getting education.*

* 1. **Probe - Practicality of discussions to apply at home.**

*We discuss that we need to apply it at home as a group and the lead mother will make follow up****.***

* 1. **Probe - Interactive activities.**

*For now, we are only learning.*

* 1. **Probe - Social support from members.**

*When a member opens, we give social support on advises. If a member has a challenge at home, we assist by fetching water for them, washing their plates, cooking for them, and giving them water to bath depending on the support she needs.*

* 1. **Probe - Recognition by community leaders or structures.**

The community leaders are experiencing a huge change in our homes.

* 1. **Probe - Other**

*None*

1. **Probe - Examples of each they mention as good from past experience?**

**28\_What (if anything) made your experience in a group not so good?**

*I used to stay in a dirt place, but it has changed, I am comfortable to be in a clean environment. We are also taught in how to relate with those we stay with. I used to wait until my baby cries before I breastfeed but now I know I have to breastfeed frequently.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*Yes, they should stay in a clean environment.*

*- Other women envy us and wish to join but their husbands cannot allow them to join.*

1. **Probe - What can be done better?**
2. **Probe - How can groups be led or facilitated differently?**

*If women could unite in doing one thing, the groups will not fail*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*We wish to have a garden for vegetables and maize meal, so we appeal for the support with the lessons and pesticides. We are going to share the profits after selling at GMB and other places. We also wish to buy groceries using the money.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*Lessons for agriculture.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*I might be interested but can lack time since the role is demanding and my husband will not allow me.*

**32\_Is there anything else anyone would like to add?**

*No*