**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-3-2 |
| --- | --- |
| **Respondent Group Number** | 2 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Nembe |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 39 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I am a member of the care group and a health club.*

**2\_What is the purpose of these groups?**

*The purpose of the care group is to teach us about breastfeeding and proper baby handling techniques. The healthcare group is to teach on cleanliness and how girls handle themselves when they are menstruating as well as the diseases that are acquired from the environment.*

**3\_What made you decide to join the groups?**

*I joined the group so that I gain knowledge since we share knowledge as mothers to develop our families.*

**a.** **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We will be sharing information with pregnant and lactating women on topics which include early breastfeeding.*

**b.** **Probe - What benefits do or did you get from the group?**

*We benefit from the cleanliness that comes with the use of the toilets, potracks, rubbish pits and tippy taps. We also benefit from the nutrition garden. We also gain knowledge that is of paramount importance in raising our children.*

**c.** **Probe - How often do you meet as a Care Group?**

*We often meet twice a month.*

**d.** **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Other members are not willing to participate in meetings and even to engage in child growth monitoring.*

*Members now know how to breastfeed and handle the child properly. They also understand exclusive breast feeding and that solid nutritious food starts only at six months. The caregroup was also successful in the construction of toilets, potracks, tippy taps and rubbish pits.*

**e.** **Probe - How have you solved these challenges?**

*I don’t know how we can solve the problem of those who are not willing to participate as promoters and lead mothers have failed. I suggest the help of medical practitioners or the Amalima officers in ensuring that mothers participate in growth monitoring and in care groups.*

**f.** **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Lead mother and promoters do home visits discussing about childcare.*

**g.** **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no challenges joining the group*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*In our group we had caregroup competitions where we won plates and pots.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*It is to teach and help members ensure proper childcare.*

**6\_How were you invited to be a group member?**

*I volunteered to be part of the group.*

**7\_Did the group differ from other groups you have joined? How so? (*Probe for:* positive/advantages or challenges/disadvantages).**

*I think this group is similar to other groups in terms of childcare, cleaning and construction which similar to the health club.*

***Membership:***

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of mothers of different ages with young mothers taking the greatest part.*

1. **(Probe: Differences from you in age, children, or situation?)**
2. **Probe - Did you know them before joining the group?**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will welcome visitors, make introductions and then state the agenda of the meeting.*

1. **Probe - Who scheduled meetings?**

*The promoter is the one who schedules meetings.*

1. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at the promoters home where will go to the school where we will carry out the meeting with the leadmother and te group members.*

1. **Probe - How long did it last?**

*Two hours.*

1. **Probe - Who talked?**

*Everyone will be talking.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The leadmother will be leading the discussions.*

1. **Probe - What did group members do during this time?**

*They ask what we do not understand and we respond to the questions.*

1. **Probe - Who planned the agenda/activities/information?**

*The agenda is mainly planned by the leadmother.*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process.*

1. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

*Lessons are similar to that of the old care group.*

***Facilitation:***

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (*Probe for:* facilitation, type of activity)**

*My best session is on childcare where we talk about breastfeeding, love and attachments. A baby my must receive love from both parents.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*I felt supported by the facilitator and other members when we discussed the MUAC weighing and oedema measurements and later practiced and the facilitator acknowledged that we did it the right way.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*We shared a lot when we talked about a cooking demonstration with different care groups. We shared about nutritious food such as porridge with beans, matemba and macimbi. We also discussed about how to cook sadza and okra or dried vegetables. Also fruits which are tamba, orange and xakuxaku.*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*It was a discussion about the importance of mother's health during pregnancy during up until child birth and beyond to prevent kwashiokor. We were advised that intelligence relate to proper nutrition.*

***Focus:***

**14\_ What did you learn from the Care Group?**

*In the care group I have learnt that there should be love and harmony in the family for children to grow well.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You would observe my clean and happy children who know how to greet visitors*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*No. I have completed all changes suggested in my home.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me a lot in building me toilet and I am now a proud mother.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*There is collective decision making in the group.*

**16\_Please take me through your greatest memory in your past care group.**

*It was when we discussed about childcare, nutritious food.*

***Social support:***

**17\_ As care group members how do you support each other?**

*Yes. There is membership support.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relationships improved as we now love and assist each other.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes I encouraged a member to understand the importance of initial breast feeding just after giving birth. I was also helped by another member to maintain hygiene in my home and I now understand that the toilet is the first thing to be cleaned before I can do something else.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*The conversation that was memorable to me is that of feeding the baby with locally available resources such as ‘amagwadi’.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes I meet with other members outside the meetings.*

***Community integration:***

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet in the afternoon to discuss about childcare.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know the about the group and that it supports cleanliness in the community.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership members form the leadership about their activities.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*Love*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should prioritize Love as it is key in everything.*

*-Love*

*-Understanding*

*-Encouragement*

*-Friendship*

*-Learning*

*-Benefits*

*-Practice*

*-family proud*

*-fun*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group is united, time conscious, listening and understanding to each other and helping each other*

1. **Probe - How would you describe a high-quality care group?**

**i.** **Probe - Who is in the group?**

*Lead mothers, promoter and members*

**ii.** **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*Yes there is one male and 3 grandmothers and the rest are young mothers.*

**iii.** **Probe - If yes, what has been their contribution towards your group’s activities?**

*Fathers share how to raise a child, grandmothers are advisors and as members unite they become successful.*

**iv.** **Probe - Who leads the group, and how?**

*The care group is led by the by the lead mother.*

**v.** **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate in the meeting through learning, asking and answering questions. They are also the source of the solutions to their problems.*

**vi.** **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised especially on childcare and cleanliness.*

**vii.** **Probe - Interactive activities.**

*These include discussions, role plays, singing.*

**viii.** **Probe - Social support from members.**

*Yes we support each other as we share what we learn from home visits.*

**ix.** **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

**x.** **Probe - Other**

*No other.*

1. **Probe - Examples of each they mention as good from past experience?**

*I have learnt it is good to care of children and maintain hygiene.*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about care group is that it raises awareness on hygiene and childcare.*

**28\_What (if anything) made your experience in a group not so good?**

*No bad experience*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I recommend to capitalise on cleanliness to maintain proper growth.*

**a.** **Probe - What can be done better?**

*We need improve on working together, love and unity to ensure success of the care group.*

**b.** **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far hence there is no change needed.*

**c.** **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I wish these organisations can build a clinic and drill a borehole for us.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*I don’t have an idea.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*I want to be a lead mother because I have a passion of helping other mothers where they lack.*

**32\_Is there anything else anyone would like to add?**

*No Additions.*