**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 1-GM-2-4 |
| --- | --- |
| **Respondent Group Number** | 4 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | 10:45 |
| **Interview end time** | 11:10 |
| **Interview location** | Kariangwe |
| **Interview language** |  |
| **Interview condition notes** |  |
| **Enumerator ID** |  |
| **Fully anonymized** |  |
| **Resident community** | v |
| **Gender** | Female |
| **Age** | 37 |

**Section 2: Group Experience.**

**1\_Are you a member of any groups now (Care group of VSLA or others)? Have you been a member of any group in the in the past.**

*Yes. No this is my first time being in the group.*

**2\_What is the purpose of these groups?**

*The purpose of this group is to promote hygiene among breastfeeding women as they are taught how to hold the breast, how to hold the baby, how to change nappies and also how to feed the baby.*

**3\_What made you decide to join the group?**

*I joined the group so that I can be capacitated with information about breastfeeding. I saw this as an opportunity to be equipped with information about hygiene and health.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*Am not sure about the activities that are conducted because we only met once where we discussed about breastfeeding and how to take care of the baby.*

1. **Probe - What benefits do or did you get from the group?**

*The benefit we have noticed are access to information. We have now adequate access to information about health because of these care groups because women have limited access to information in the ward.*

1. **Probe - How often do you meet as a Care Group?**

*We meet once a month because the Lead mother alluded that we are supposed to meet once a month.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*There are no challenges that have been faced for now.*

*On the success, we have noted an increase in access to health and hygiene information. The group has created an opportunity where women can teach each other about health.*

1. **Probe - How have solved these Challenges?**

*No.*

1. **Probe - How often do you get home visits from your peer group members/ Lead Mothers?**

*The lead mother visited me once when she was monitoring how I was breastfeeding and also to assess whether I had any challenges.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain**.

*No, I do not have a problem, for now, I am enjoying every moment that I have spent in the group. For now I cannot complain about it.*

**Section 4: What constitutes care group quality.**

**26\_What characteristics of a care group make it of high quality for you?**

*The group should be embedded in unity among the members. Where there is no unity there is nothing that could be ever achieved. The group should have a clear goal and purpose that is known to everyone so that whenever we meet we will be knowing what we intend to achieve and every member will be bound to adhere to them.*

*Also, a high-quality group should have their own projects that make them to be meeting frequently. They should have diverse programs other than meeting to just come and sit and be taught on similar things. There is a need to come maybe one day you have cooking practice, maybe making soap or lotion etc that can push people to attend the meetings.*

1. **Probe - Who is the group?**

*The time I attended the meeting there were only women.*

1. **Probe - Are there any males, grandmothers in your group?**

*No, we do not have.*

1. **Probe - If yes what has been their contribution towards group’s activities?**

*No.*

1. **Probe - Who leads the group and how?**

*The lead mother is the one who leads the group. She is the one who always facilitates the meeting and also mobilizes us.*

1. **Probe - Who participates in a meetings? How are solution s identified?**

*The meeting which I attended the participation was low because it the first the lead mothers was introducing the sessions and why we are meeting.*

*No problem has been identified so far.*

1. **Probe - Practicability of discussions to apply at home?**

*Yes, I think these are easy to implement as it was highlighted that we should only breastfeed well and keep hygienic behaviour so I think this is practical.*

1. **Probe - Interactive Activities.**

*As alluded to above that during the meetings we are all given time to participate and make a contribution this means that our activities are interactive in nature.*

1. **Probe - Social Support from members.**

*For now, I can lie there is nothing I have seen from other members.*

1. **Probe - Recognition by community leaders or structures?**

*No idea*

**Section 5: Recommendations.**

**29\_Do you have any recommendation for programs that support groups for women in your community?**

*We recommend that Amalima Loko help us with other programs or activities so that we can have diversity in our activities.*

*Also, there is a need to have support from the Amalima Loko staff.*

*To conduct meetings more frequently to help people remember what they learnt.*

**30\_Do you feel there are any other topics or groups who could benefit from participating in a Care Group in your Community?**

*No idea.*

**Section 6: Conclusion and Remaining Thoughts.**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or Why not?**

*No. Just that I am shy to stand in front of people.*

**32\_Is there anything else you would like to add?**

*No.*