**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-2-4 |
| --- | --- |
| **Respondent Group Number** | 4 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 08-11-22 |
| **Interview start time** | 14:50 |
| **Interview end time** | 15:40 |
| **Interview location** | Mathambo |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 34 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*I am a member of the Care group and I am part of VSLA group*

**2\_What is the purpose of these groups?**

*To teach each other about how to solve issues, how to clean our kitchens as well as making wooden rakes (ingalane) as well as garbage pits.*

**3\_What made you decide to join the groups?**

*To help myself develop as an individual and move away from poverty.*

**a.** **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We get into groups and plan how to build toilets in the community and we also form groups for savings so that we are able to buy cement to build toilets.*

**b.** **Probe - What benefits do or did you get from the group?**

*We have gained knowledge on hygiene and we hope to build toilets.*

**c.** **Probe - How often do you meet as a Care Group?**

*We meet twice a week on Mondays and Fridays.*

**d.** **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Some women who are not getting porridge do not want to join because they do not get porridge however we have progressed as a group because we share a lot of information as group members.*

**e.** **Probe - How have you solved these challenges?**

*We constantly encourage them to join our group.*

**f.** **Probe - How often do you get home visits from your peer group members/Lead Mother?**

***T****he lead mother visits us thrice in a week to do random checks but we do not meet as group members outside of our meetings.*

**g.** **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*I have not seen anyone having challenges in joining the group and we all participate as a group when discussing topics.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

**5\_What, in your opinion, was the main goal of the Care Group?**

*To do something to promote our growth as women.*

**6\_How were you invited to be a group member?**

*We started the group as church members and then we asked other women to join us.*

**7\_Did the group differ from other groups you have joined? How so? (*Probe for:* positive/advantages or challenges/disadvantages).**

*It is similar in that it teaches us new things that we did not know before.*

***Membership:***

**8\_In the last Care Group you were a part of, who were other members?**

*It was made up of women only with a few youth and dominated by middle aged women.*

1. **Probe: Differences from you in age, children, or situation?**
2. **Probe - Did you know them before joining the group?**

*I knew some but not all of them.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We discuss about how we develop ourselves then we contribute the money that one wants to contribute, but we start with $5 an individual.*

1. **Probe - Who scheduled meetings?**

*Our leader organises our meetings.*

1. **Probe - Where would I have arrived? Who would have been there?**

*We meet at our Leader’s home with other group members.*

1. **Probe - How long did it last?**

*It lasts up to 3 hours*

1. **Probe - Who talked?**

*We all partake in the meeting as we share ideas and state what to do if there are things that need to be done.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The discussions are led by our leader and all of us as group members invite visitors to our meetings.*

***W****e discuss and come up with new ideas on how to develop ourselves.*

**f.** **Probe - What did group members do during this time?**

**g.** **Probe - Who planned the agenda/activities/information?**

**h.** **Probe - Were actions planned between meetings?**

**i.** **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

***Facilitation:***

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (*Probe for:* facilitation, type of activity)**

***I*** *enjoyed a topic on Health because now we can encourage each other on visiting the clinic if there is someone who is not feeling well.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*No*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*No*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*I recall when I got married when I shared that I did not have any pots to cook but after joining the VSLA group I was able to buy my pots.*

***Focus:***

**14\_ What did you learn from the Care Group?**

*We are now able to take care of our children, we have learnt about exclusive breastfeeding as well as about health and abuse.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*Yes my kitchen is very clean now and we I also have a garbage pit in my home.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*Besides the toilets that i am in the process of building nothing else.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*No, we did not discuss that.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

***W****e do discussions in the group through the leader who chairs the meeting.*

**16\_Please take me through your greatest memory in your past care group.**

*I enjoy the teachings we always have as we discuss about money and what to buy after getting the money.*

***Social support:***

**17\_ As care group members how do you support each other?**

***Y****es we do support each other.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes it has changed a lot since we spend some time together we understand each other better and also share ideas.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes I have given support to other group members for example we once contributed some money to someone who had a burnt hut.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*Yes I remember when we spoke about buying kitchen utensils because it is a good initiative among us women since every woman wants a kitchen with enough utensils.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*No we don’t spend time outside of the meetings*

***Community integration:***

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we still meet and talk because the group is still functional.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes other community members know about our group but they hardly join our meeting and do not want to learn.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes community leaders are aware of our group since we communicate about meetings through the village head and we do our meetings at the from the village head’s home.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes community leaders need to work with us and support us so that there is development in the community.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*I don’t know any that I can add beside knowledge and Sharing ideas.*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*Learning should be prioritised hence learning-practise-friendship-benefits-family proud-fun.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

***I****t is a group which prioritises development,where there is change and in ours change can be seen in the things we do.*

**a.** **Probe - How would you describe a high-quality care group?**

**i.** **Probe - Who is in the group?**

*Youth mothers,grandmothers as well as old women.*

**ii.** **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*There are no males, then we have one grandmother and youth mothers make the majority of the group.*

**iii.** **Probe - If yes, what has been their contribution towards your group’s activities?**

*They have not contributed much from the group apart from attending the meetings and learning.*

**iv.** **Probe - Who leads the group, and how?**

*Lead Mother is the leader of the group and she leads us through teaches us, encouraging us to follow the teachings as well as sharing topics with us****.***

**v.** **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*The promoter, Lead mother and the group members take part in the discussions for solutions. Our leaders that is the promoter and the lead mother tell us how we should work together.*

**vi.** **Probe - Practicality of discussions to apply at home.**

*We partake in discussions and what we have discussed as a group we apply it at home,for example we have built the wooden rack (ingalane) and also dug the garbage pits.*

**vii.** **Probe - Interactive activities.**

*We all partake in interactive activities as partake in drama and songs and those help us understand better.*

**viii.** **Probe - Social support from members.**

*As a group to support another peer group member, we contribute R5 per individual and contribute a gallon of mealie meal to someone with a problem especially if they lost a relative.*

**ix.** **Probe - Recognition by community leaders or structures.**

*They recognise the group especially the village head because he mobilises people for our meetings for**us.*

**x.** **Probe - Other**

*No other.*

**b.** **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*I think the teachings about hygiene that we have received are a good thing.*

**28\_What (if anything) made your experience in a group not so good?**

*No bad experiences.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I would like them to help us with materials and build toilets for us.*

**a.** **Probe - What can be done better?**

*Teach us more about hygiene and saving money so that we improve our lives.*

**b.** **Probe - How can groups be led or facilitated differently?** *Besides teaching us more about where we lack knowledge there is none.*

**c.** **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I wish they could build toilets for us.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*Health Hazards at home.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes, I think it is interesting to be a lead mother since you learn a lot.*

**32\_Is there anything else anyone would like to add?**

*We would like other members or visitors from other areas to meet and share with us anytime in our meetings.*