**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-3-6 |
| --- | --- |
| **Respondent Group Number** | 6 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Nembe |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 30 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I was a member of the care group.*

**2\_What is the purpose of these groups?**

*The purpose of the care group is to encourage on taking care of children and women economic empowerment*

**3\_What made you decide to join the groups?**

*I joined the group because it is every woman’s right to partake in care groups.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We will be sharing information about taking childcare, cooking nutritious food and engaging in netball tournaments where we won balls.*

1. **Probe - What benefits do or did you get from the group?**

*We gain knowledge to take care of the family and about cleanliness through the use of potracks and the like. We also win kitchen stuff from shows and tournaments.*

1. **Probe - How often do you meet as a Care Group?**

*We oftenly meet every 2 weeks.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*No challenges*

*We have succeeded in improving childcare and food security*

1. **Probe - How have you solved these challenges?**

*There are no challenges hence there are no solutions.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Leadmother and promoter do home visits oftenly though I cannot give the exact number of the frequency of home visits.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no challenges joining and participating in the group.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*I can't remember*

**5\_What, in your opinion, was the main goal of the Care Group?**

*It is to teach and help members ensure selfcare and community development.*

**6\_How were you invited to be a group member?**

*I volunteered to because I had a baby so I needed to gain knowledge .*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*No I did not see any difference.*

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of middle aged women and 1 elderly woman.*

1. **Probe - Did you know them before joining the group?**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will be discussing about proper childcare and how to be economically empowered as women.*

1. **Probe - Who scheduled meetings?**

*The leadmother is the one who schedules meetings.*

1. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at the meeting point near shops.*

1. **Probe - How long did it last?**

*1 hour*

1. **Probe - Who talked?**

*It will be a discussion for us mothers.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The lead mother will be leading the discussions.*

1. **Probe - What did group members do during this time?**

*They participate meaningfully in the meeting.*

1. **Probe - Who planned the agenda/activities/information?**

*We discuss as women.*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process.*

1. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

*The care group is similar to other groups as it is about childcare and selfcare*

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

*My best session is the one on feeding children as it is key in their growth.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*It is when we learnt about breastfeeding children.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*No*

**13\_Recall a time the group discussed a challenge you also experienced, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*No. I don’t remember*

**14\_ What did you learn from the Care Group?**

*In the care group I have learnt how to join clubs and to take care of oneself. I have joined the Bantwana Zimbabwe club where we contribute money to achieve our desired goals.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You will see plates which I got as a result of the care group*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*None*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me a lot in maintaining cleanliness in my home.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*There is participatory decision making in the group.*

**16\_Please take me through your greatest memory in your past care group.**

*I can't remember*

**17\_ As care group members how do you support each other?**

*Yes. There is membership support.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relationships improved as for the best*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes I supported and was supported by others mainly through discussions.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*The conversation that was memorable to me is that on children’s food stuffs*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes I meet with other members outside the meetings.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet in the afternoon to discuss about childcare.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know the about the group.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*None*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should priotize Learning above everything else.*

*-Friendship*

*-Benefits*

*-Fun*

*-Family Proud*

*-Practice*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group is peaceful and discusses calmly.*

1. **Probe - How would you describe a high-quality care group?**
   1. **Probe - Who is in the group?**

*Middle aged women, 2 young women and 8 elderly women.*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*In our care group there are elderly women and young mother members.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Elderly women bring advice, respect and knowledge. Young women on the other hand learn from elderly women and practice what they learnt.*

* 1. **Probe - Who leads the group, and how?**

*The care group is led by the by the lead mother and the promoter.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate collectively in the meeting and identify solution to their problems.*

* 1. **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised especially on childcare and cleanliness.*

* 1. **Probe - Interactive activities.**

*We used to do discussions, role plays and singing*

* 1. **Probe - Social support from members.**

*Yes we support each other as we share what we learn from home visits.*

* 1. **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

* 1. **Probe - Other**

*No other.*

1. **Probe - Examples of each they mention as good from past experience?**

*Good past experience is when we received feeding rations from the Amalima programme.*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about care group when we had tournaments and won money, balls and whistles.*

**28\_What (if anything) made your experience in a group not so good?**

*No bad experience*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*No recommendations*

1. **Probe - What can be done better?**

*No idea*

1. **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far hence there is no change needed.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I wish these organisations can support us with food.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*No other topics*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes. I want to be a lead mother because I wish to be at the forefront of community development.*

**32\_Is there anything else anyone would like to add?**

*No Additions.*