**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-LM-3-2 |
| --- | --- |
| **Respondent Group Number** | 2 |
| **Care Group Role** | Lead Mother |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Jiba Jiba |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | (missing) |

**Section 2: Care group experience**

**50\_What Care Groups have you joined? (Probe for: when, how long, roles in each)**

*I have only joined this care group, and it has only been 3 months now. I am a lead mother in this group.*

**51\_Consider the most recent group, what good things did you experience? What challenges did you experience?**

*As a lead mother, grandmothers take their time to understand especially with the issues around raising a child, they have their myths in raising a child. Young mothers face challenges in raising their children if they stay with grandmothers who say they have an experience in raising children. In such cases, as a lead mother will have to pay them a visit to talk to the grandmother.*

**52\_How did your experience change over time, or between care groups?**

*When I visit the grandmothers and explain to them about the changes from the time they were raising their children and the change in growing children now they understand and start looking at the issue in a different view.*

1. **Probe - What was different? Please explain. (Probe for: positive /advantages or challenges/ disadvantages).**

**Section 3: Care group leadership**

**53\_Tell me about being a Lead Mother…?**

*When I am a lead mother, I am expected to be the role model for the group and that makes me work hard to achieve the group’s goal.*

1. **Probe - What are good things about being a Lead Mother?**

*A lead mother teaches the group members about the topics on the manual and helps the group understands the subjects. She comes with the ideas that helps the group to grow, for example, I came with the idea that we should start saving for our children so that we will be able to buy them goats that will help them when they grow by paying their school fees and other needs.*

1. **Probe - What can be difficult about being a Lead Mother?**

*Being a lead mother is difficult because it keeps me busy. I have my own home duties and when a group member has a challenge, they would come in my place to ask my hand for intervention.*

*Yes, they are hard as it my first-time experience and working with people who needs me to pause my home duties and attend to them. (those who have challenges to make their in-laws understand about exclusive breastfeeding)*

1. **Probe - What have you gained by being a Lead Mother?**

*I was one person who didn’t care about hygiene but now I am very clean as I am supposed to be the role model. My friends complimented me for being clean and having changed.*

**54\_What would help Lead Mothers to carry out their roles?**

**55\_What does a Lead Mother do for the Care Group? *(Probe*: group formation, for each meeting, between meetings, linking with communities?)**

*I visit the care givers who are old for under fives and teach them on child hygiene then assist them washing for them so that they might appreciate the importance of the lesson.*

1. **Probe - Are some of the roles expected of Lead Mothers harder to do than others, in your experience? Why or why not? Does this vary every week or month?**

**56\_What do others in the community think or say about Lead Mothers? (*Probe:* special attention or role? Respect? pressure?)**

*People used to undermine us when this thing started, now it has changed the way they look into this initiative as they can note improvements in us concerning hygiene matters. If you fail to visit those who need visits people start blaming you saying why did you agree to be a lead mother when you are now failing to perform all your duties.*

**57\_How many households/mothers do you have under your stewardship?**

*I have 12 households, 15 members, and others might come from the same household. I have five ladies that can be classified as older.*

**58\_Has your group faced any conflicts? If yes, which ones? How have you dealt with them?**

*There are no conflicts yet in our group.*

**59\_What are the most common challenges faced by mothers/households under your stewardship?**

*Young mothers have a challenge of their husbands who would not agree to let them attend sessions as they will be saying it’s a waste of time since there no benefits materially. Also, these mothers come late as they will be demotivated and mocked by their husbands at home.*

**60\_What tips would you have for another lead mother?**

**Forming the Current/Most Recent Care Group**

**61\_Consider your current Care group, or most recent. What do people call it? (Probe, if there is a name other than Care group: who decided on the name?)**

*The group’s name is called ‘Syaphambili’. I decided the name for the group.*

**62\_What is the purpose of the group?**

*Teaching each other about child’s wellbeing, and hygiene for all caregivers for children of 0-59 months.*

**63\_(Lead Mothers only) Who are/were members?**

*We are all Christians from different denominations, old women are from 61-70 years and moderate mothers are at their 40s then young mothers from 16-20 years. Our differences differ from they way we have materials. Those who are old might be having children who are abroad and they will be sending them food and money. Those who are young are still staying at their parent’s homes.*

**64\_Can you describe the members? (Probe: livelihoods, ages, religion. How are you similar or different from the members? How are they similar and different from each other?)**

**65\_Can you walk me through your process for deciding is part of the group? (Probe: where they live, age of child, age of mother, number of children, language, married/unmarried, etc)**

*I volunteered to be the lead mother, then from our village head we were two of us, then we had a list of homes that have under fives then we shared respecting geographical distance and irrespective of age, language and marital status. Then I visited all the homes that I was given then I registered them using registration form from Amalima Loko, and we scheduled for the first meeting and the rest happened on its own. We then introduced each other by birth names. We are all mixed we didn’t choose from a group.*

**67\_Are there other decisions lead mothers make?**

**68\_Before joining the group, did you and the members know each other? (Probe for: interactions/friendly? How did you meet the members? How did they get to know each other?)**

*We knew each other as we are from the same village head and in a rural setup people know each other even if they are not from the same village head.*

*At first, the group was excited since they saw me registering them, when they saw that there are no material benefits, they started dragging behind and when action was done by others who didn’t drag back, they became active again.*

**69\_What do you expect each group member to do?**

*They participate in discussions actively. They like role plays a lot and they participate better in role plays than discussions.*

1. **Probe - Did every member do this? (Probe: Did every member attend regularly? Did every member engage in discussion by speaking up in meetings?)**

**70\_Tell me the story of what I would experience if I visited [insert care group that was mentioned]: what would happen from the time I arrived until the time I leave.**

*You would understand that the group is united. We will greet each other then the secretary will read the minutes of our last session then we start introducing the new topic for the day. I chose an assistant for myself.*

1. **Probe - Where will I arrive? Who will be there?**

*You would arrive at my place then I will take you to the meeting place. We meet at one of our group members and it is a central place for everyone.*

1. **Probe - How long will it last?**

*It takes an hour and the secretary is the time keeper.*

1. **Probe - Is there interaction among the group? Does the group engage in interactive activities (games, activities, etc)?**

*We do play games, we do role plays and it has increased our interactions.*

1. **Probe - What do group members do during this time?**

**Section 4: What constitutes care group “quality”**

**85\_Close your eyes. Envision a care group which is high quality or very successful. How would you describe this group? What makes it high quality or successful?**

*A group of mothers coming together for a goal of teaching mothers and care givers for 0-59 months children.*

**86\_For each below, ask their opinions. Does this make sense for Care groups? Why or why not? How could it be achieved?**

1. **Probe - groups where members actively share and problem-solve together for each topic**

*The one that has a lead mother who is able to work with people. When I volunteered, I chose an assistant and the members chose secretary and treasurer for our small projects. The lead mother does every decisions as the group Is hers.*

1. **Probe - where the group is supports and encourages each other**

*We do share problems because others share their problems of their in-law’s myths on breastfeeding and then we discuss how to handle the situation or I visit the family.*

1. **Probe - where members follow each session by doing the behaviors at home with their families**

*We encourage each other especially on the topics learnt during discussion so that we will be able to implement what we have learnt. Again, we offer each other social support, when I was not feeling well, the group came to my place to help me, they cleaned my place, fetched water for me and a lot they assisted me with.**This shows that people would have learnt understood the topic.*

1. **Probe - where the group is recognized by the community.**

*It makes sense especially the way the community undermined the starting of this care group.*

**5 Whys: Root of Challenges and Successes of Care Groups**

**Now we would like to learn more about the challenges and successes of care groups, from your perspective. We will start the discussion and then ask “why” five times, to make sure we have the deepest understanding of the root of the challenges and successes. [Give example]**

*The success of a care group is based on the attendance of the care group. The punctuality of the care groups, respect of each other.*

*A care group that has punctual members and respect each other will not fail as they will be able to stand against any waves coming their way and the results will be good.*

**87\_Think about your experience leading care groups: What is the key to a care groups’ success?**

*The biggest challenge was when the group members were not attending the sessions when they were demotivated that this thing doesn’t have any material benefit.*

*Attendance of the group members is the backbone of the group’s success.*

*They realised that there was no material benefit.*

*For the success of the group.*

*This thing might not be having any benefits of course but the good part is that, we are benefiting a lot in matters of health.*

**a.** **Probe - Why is that the key to success?**

**b.** **Probe - Why is that important?**

**c.** **Probe - Why… why… why…**

**88\_Sometimes care groups have challenges. What is the biggest challenge or frustration you have seen occur in a Care Group? Can you tell me about a time when your care group experience was frustrating or challenging? What did you do? How did the group react?**

**a.** **Probe - Why is that a challenge?**

**b.** **Probe - Why did the challenge or frustration come up?**

**c.** **Probe - Why is that important?**

**d.** **Probe - Why… why… why…**

**Section 5: Recommendations**

**89\_If a newly formed group asked for your advice, what would you say?**

*I would advise them that the success of the group lies with the lead mother, so they should have a lead mother who has all the qualities of a lead mother, patient, kind, very active to attend to the people’s problems.*

1. **Probe - What would you say to the Lead Mother(s)?**

*Working with people needs your heart,*

**90\_What additional support would help Lead Mothers? Other Care Groups?**

*As we deal with books, we need bags to carry those books, we need t-shirts and sunhats.*

**Section 6: Conclusion and remaining thoughts**

**48\_Is there anything else you would like to add?**

*No*

**49\_Would you like to learn the results of this research? If so, how?**

Y*es, whatsapp.*