**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-LM-3-1 |
| --- | --- |
| **Respondent Group Number** | 1 |
| **Care Group Role** | Lead Mother |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | 10:03 |
| **Interview end time** | 11:16 |
| **Interview location** | Jiba Jiba |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | (missing) |
| **Age** | 33 |

**Section 2: Care group experience**

**50\_What Care Groups have you joined? (Probe for: when, how long, roles in each)**

*Its been three months since I have been the Lead mother of this group. I have not been in any group before.*

**51\_Consider the most recent group, what good things did you experience? What challenges did you experience?**

*People have learnt about cleanliness so that they do not get diseases.They have also built toilets, and since we have started the care group there are a few children that have suffered from diarrhoea. There have been no challenges so far however mothers in law of some group members complain because they would want their daughters in-law to do household chores and not attend the care group meetings.*

**52\_How did your experience change over time, or between care groups?**

Many women have been dirty and unhygienic but now they are clean and have built toilets since the inception of the care groups. *‘…siyafundiswa ngokuthi,abantu bahlanzeke…abantwana abasagulaguli isihudo lani lani lani lani…’*

*(We are taught that people should be clean,children no longer suffer from diarrhoea as well as many other diseases.)*

Less diseases have been experienced or transmitted since people started learning about hygiene and how to take care of the children.

1. **Probe - What was different? Please explain. (Probe for: positive /advantages or challenges/ disadvantages).**

**Section 3: Care group leadership**

**53\_Tell me about being a Lead Mother…?**

*I have developed since I started being a lead mother.I am now hygienic,gained more knowledge to teach other people. “Ukuba ngu Lead Mother kungitshintshile, kungiguqulile,bengingelalwazi kodwa sengilolwazi lokuthi ngfundise abanye…” (Being a lead mother changed and transformed me, I had no knowledge but I now have knowledge to teach other people)*

1. **Probe - What are good things about being a Lead Mother?**
2. **Probe - What can be difficult about being a Lead Mother?**

*Some people do not come to meetings so I do follow ups on those and visit in their homes to deliver the sessions. On the other hand in-laws do not understand what we do in the care groups then they do not allow their daughter in law to join in the meetings because they want their daughter in law to do some household chores.*

1. **Probe - What have you gained by being a Lead Mother?**

*I have gained a lot because I had no toilet but have since built the toilet, I have adopted cleaning my home and I now that my child has to eat clean food all the time.*

*As a lead mother I plan what to do and teach each session, I do follow ups on those who absent themselves.*

**54\_What would help Lead Mothers to carry out their roles?**

**55\_What does a Lead Mother do for the Care Group? *(Probe*: group formation, for each meeting, between meetings, linking with communities?)**

1. **Probe - Are some of the roles expected of Lead Mothers harder to do than others, in your experience? Why or why not? Does this vary every week or month?**

*Yes it is hard especially combining women in one meeting, some of them do not attend some meetings then I have to leave my duties and do follow ups, so that I deliver the sessions at their homes, however it differs because sometimes they come almost all of them and they do not become absent on all meetings, it depends on how busy the caregivers in their homes.*

**56\_What do others in the community think or say about Lead Mothers? (*Probe:* special attention or role? Respect? pressure?)**

*They realise what we are doing since the behaviour of the group members has changed.However we have had no new members joining us.Community members realise my role and they respect me as the Lead Mother.However there is no pressure since we meet for 30 minutes or an hour but some people come late and want to knock off early to do their household chores.Sometimes I have to leave my duties and do follow ups with other group members so that my register is in order.*

*We have conversations with group members and come up with ideas and I also teach them about breastfeeding and how many times they have to breastfeed their children.*

**57\_How many households/mothers do you have under your stewardship?**

*I have 10 household members that I lead.*

**58\_Has your group faced any conflicts? If yes, which ones? How have you dealt with them?**

*I have faced no conflicts since the group is made up of mature people and I speak calmly with them to hear their views.*

**59\_What are the most common challenges faced by mothers/households under your stewardship?**

*When I do follow ups mothers in law do not seem to understand what the purpose of the group is however I explain to them what we do and they understand and that makes me execute my duties well because now almost the whole household would understand our purpose and follow what we teach them.*

**60\_What tips would you have for another lead mother?**

**Forming the Current/Most Recent Care Group**

**61\_Consider your current Care group, or most recent. What do people call it? (Probe, if there is a name other than Care group: who decided on the name?)**

*The group is called Thandanani and we decided the name of the group as group members.*

**62\_What is the purpose of the group?**

*To help each other develop and be hygienic in our homes.We have also started a savings club,we started with $5 contribution and now we pay 1 dollar monthly per individual and we have done that 3 times.We want to buy pots with the money from the club.*

**63\_(Lead Mothers only) Who are/were members?**

*The women who have children who are under 5 and pregnant women.The savings clubs started from the Care group.*

**64\_Can you describe the members? (Probe: livelihoods, ages, religion. How are you similar or different from the members? How are they similar and different from each other?)**

*They are women with children who are under five and thy range from 33 years to 56 years.The group members are all older than me.Some are fast learners and some are slow learners and I have realised that old people understand faster than the new generation and they are not destructed by phones during the session compared to young mothers. There are S.D.A members, Catholics and some who do not go to church among the group.*

**65\_Can you walk me through your process for deciding is part of the group? (Probe: where they live, age of child, age of mother, number of children, language, married/unmarried, etc)**

*The members of the group have to be caregivers to the children who are under the age of five, whether someone is married or not married they can join the group.The members should be from within the same village as me (Lead Mother).*

**67\_Are there other decisions lead mothers make?**

**68\_Before joining the group, did you and the members know each other? (Probe for: interactions/friendly? How did you meet the members? How did they get to know each other?)**

*Yes we knew each other since we all come from the same village and the interactions were friendly even though now they interact more compared to what they did when the group started.*

**69\_What do you expect each group member to do?**

*Yes they all actively participate in the group, however I am the one who chooses the topics to be covered from the books that we use for the session, they share their experiences , they share how they were forced to do inclusive breast feeding especially by their mothers in law but now they know bout exclusive breastfeeding.*

1. **Probe - Did every member do this? (Probe: Did every member attend regularly? Did every member engage in discussion by speaking up in meetings?)**

**70\_Tell me the story of what I would experience if I visited [insert care group that was mentioned]: what would happen from the time I arrived until the time I leave.**

*We would welcome you well,we pray, welcome each other, share the topic to be covered, interact and ask questions and explain where they do not understand, we can go over the topic again if there is someone who does not understand.*

1. **Probe - Where will I arrive? Who will be there?**

*We attend the meetings as group members and sometimes the promoter joins us and we have no specific meeting place since we do our meetings at any member’s home to assess the applicability of the lessons.*

1. **Probe - How long will it last?**

*Our meetings range from 30 minutes to an hour.*

1. **Probe - Is there interaction among the group? Does the group engage in interactive activities (games, activities, etc)?**

*Yes we interact as a group but we have not done any interactive activities yet like song,drama among others.*

1. **Probe - What do group members do during this time?**

**Section 4: What constitutes care group “quality”**

**85\_Close your eyes. Envision a care group which is high quality or very successful. How would you describe this group? What makes it high quality or successful?**

*It is a group which has a savings group as part of it, a group which does competitions with other groups, a group which is bringing positive change in the community.*

**86\_For each below, ask their opinions. Does this make sense for Care groups? Why or why not? How could it be achieved?**

1. **Probe - groups where members actively share and problem-solve together for each topic**

*It makes sense because solving problems together would allow us to relate and know how to handle that particular problem if faced by it and it is achievable. We interact as group members and come up with solutions.*

1. **Probe - where the group is supports and encourages each other;**

*Yes we share problems with each other and support each other whenever there is someone who needs help, for example we take a sick person to hospital and clean for each other.*

1. **Probe - where members follow each session by doing the behaviors at home with their families,**

*Yes it makes sense and can be achieved if we conscientize in-laws about the help of the care group.As a Lead Mother you have to introduce the topic with the in-law and explain the kind of our work so that they allow their daughter in law to join the sessions. And participate in whatever we doing****.***

1. **Probe - where the group is recognized by the community.**

**5 Whys: Root of Challenges and Successes of Care Groups**

**Now we would like to learn more about the challenges and successes of care groups, from your perspective. We will start the discussion and then ask “why” five times, to make sure we have the deepest understanding of the root of the challenges and successes. [Give example]**

**87\_Think about your experience leading care groups: What is the key to a care groups’ success?**

*Yes we make sure the group is known to the community and now they know the existence of the group since as Lead mothers we were chosen by community members.Moreover some community come to us to get information about building toilets since in our group there are women who know how to build toilets with mud instead of cement.*

* 1. **Probe - Why is that the key to success?**

*Working together is key to success.*

* 1. **Probe - Why is that important?**

*Working together is important so that we teach each other, and interact with each other,and if we work together we will lure other nonmembers to join us.*

*Working together brings success,development and unity.*

*Development is key in our area.*

* 1. **Probe - Why… why… why…**

**88\_Sometimes care groups have challenges. What is the biggest challenge or frustration you have seen occur in a Care Group? Can you tell me about a time when your care group experience was frustrating or challenging? What did you do? How did the group react?**

*I failed or had challenges with a certain topic and I asked the promoter and she helped me deliver a certain topic.It was about whether an HIV positive person can breastfed a child and she advised me that it is safe to breastfeed a child ,It helped me because I was able to explain to the person who had asked.*

1. **Probe - Why is that a challenge?**

*It was challenging not knowing the response before engaging the Promoter.*

*It helped because I gained clarity on a topic which I also had no knowledge on as a Lead Mother.*

*When I get clarity on topics I don’t understand, it helps me improve and teach in a more advanced way.*

1. **Probe - Why did the challenge or frustration come up?**
2. **Probe - Why is that important?**
3. **Probe - Why… why… why?**

**Section 5: Recommendations**

**89\_If a newly formed group asked for your advice, what would you say?**

*We would advise them to focus on learning and changing their behavior*

* 1. **Probe - What would you say to the Lead Mother(s)?**

*I would advise them to treat people well and behave well in front of them so that they respect her and make sure to lead by example.The Lead Mother should also be clean and respect other people.*

*I would help her teach some topics which she does not understand.*

**90\_What additional support would help Lead Mothers? Other Care Groups?**

*We would like help with pens and books so that caregivers take notes during the sessions and even my books as a Lead Mother.*

**Section 5: Conclusion**

**91\_Is there anything else you would like to add?**

*Yes it would help us improve where we doing the sessions wrong.*