**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-3-3 |
| --- | --- |
| **Respondent Group Number** | 3 |
| **Care Group Role** | Neighbor mother |
| **Consent to participate** | (missing) |
| **Interview date** | 9/11/22 |
| **Interview start time** | 11:43 |
| **Interview end time** | 12:47 |
| **Interview location** | Jiba Jiba |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 17 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*I am a member of the Care group and I am part of VSLA group that was formed in the Care group.*

**2\_What is the purpose of these groups?**

*To teach each other about exclusive breastfeeding, that a child should breastfeed up to 2 years.*

**3\_What made you decide to join the groups?**

*I joined because I wanted to learn about breastfeeding and how long I should breastfeed my child.*

* 1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*As a care group we do drama, the lead mother asks questions about what you heard and which one you are going to be able to**do.*

* 1. **Probe - What benefits do or did you get from the group?**

*I have learnt that I should not feed a child with no other food except for breast milk until the child is above 6 months.*

* 1. **Probe - How often do you meet as a Care Group?**

*We meet twice a week, on Tuesdays and Thursdays.*

* 1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Some people don’t take serious our lessons hence they will be destructing what we will be doing. Some youth mothers do not take part in drama because when given a role that they do not want they would laugh uncontrollable, destructing the lessons. Some group members who had joined have since left the group.*

*We have started a Savings club from the Care group, we lend people some money and they return it with a 100% gain, we want to buy cement so that we build toilets.*

* 1. **Probe - How have you solved these challenges?**

*The Lead Mother warns the young mothers not to behave that way so that they do not destruct the learning session and we also do follow ups for those who have left the group and we replace those who are not coming back.*

* 1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*As group members we visit each other once a week , then the lead mother visits us twice in a week to assess us.*

* 1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no challenges faced when someone wants to join the group and we all participate in the conversation and the learning process in the group.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

**5\_What, in your opinion, was the main goal of the Care Group?**

**6\_How were you invited to be a group member?**

**7\_Did the group differ from other groups you have joined? How so? (*Probe for:* positive/advantages or challenges/disadvantages).**

**8\_In the last Care Group you were a part of, who were other members?**

1. (Probe: Differences from you in age, children, or situation?)
2. **Probe - Did you know them before joining the group?**

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We start the discussion about development then we contribute our money that is R10 per individual,then those who want to borrow would do so. Then we talk about other issues around building toilets then we dismiss.*

1. **Probe - Who scheduled meetings?**

*The leader of the VSLA club.*

1. **Probe - Where would I have arrived? Who would have been there?**

*The meeting takes place from the village head’s homestead.*

1. **Probe - How long did it last?**

*2 hours*

1. **Probe - Who talked?**

*Everyone speaks and says out their views concerning the group money*.

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The Leader of the group.*

1. **Probe - What did group members do during this time?**

*Group members discuss the agenda of the meeting and they contribute their money.*

1. **Probe - Who planned the agenda/activities/information?**

*The leader of the group as well as the Lead mother.*

1. **Probe - Were actions planned between meetings?**
2. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (*Probe for:* facilitation, type of activity)**

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

No

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*Yes when we spoke about saving and planning on how to use the money.*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*I learnt how to clean, and how to breastfeed and also the importance of going tho the clinic for checkups.*

***Focus:***

**14\_ What did you learn from the Care Group?**

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*It is now clean in my home compared to how it was before and we have also dug the garbage pits,we have a toilets and we have a five litre container to wash our hands after using the toilet (usgubhugiya)*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*No because we already have garbage bins, toilet as well as a wooden rack (ingalane)*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

**16\_Please take me through your greatest memory in your past care group.**

**17\_ As care group members how do you support each other?**

*We can use the money from the savings to help anyone with a problem from the group.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relations have changed for the better since now interact more than we did before.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes I have supported someone by telling them about the savings money and advised them to borrow from the savings club so that they are able to go to the hospital.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*I taught my friend how to breastfeed her child whilst she is seated because she was doing it wrong compared to what we have been taught in the care group.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes we meet because we are neighbors.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

**23\_Was the group recognized by community leaders? Please explain.**

*Yes the village head and the councillor are aware of the Care group because they are the first point of call when we are faced with any situation.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes because such groups help in the development of the community.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*Helping each other.*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*Benefits-practise-friendship-family proud-fun-learning*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*It is a group which is focussed on development, a group with toilets in their homes as well as a group that promotes community cohesion.*

* 1. **Probe - How would you describe a high-quality care group?**
     1. **Probe - Who is in the group?**

P*regnant and lactating women as well as caregivers of Under five children.It ranges from 16 years to more than 60 years.*

* + 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*There are no males in the group,there is a grandmother as well as young mothers.*

* + 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Youth mothers talk about cleanliness and drama in the drama, whilst grandmothers sing,and teach us about how they did things way back compared to how things are done now****.***

* + 1. **Probe - Who leads the group, and how?**

*The Lead mother is the leader of the group and she does that through teaching us about hygiene and breastfeeding as well as doing follow ups and home visits.*

* + 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*We all take part in the lessons and we participate freely and when there are issues the Lead mother talks to the person in private and sometimes we take part in the discussion.*

* + 1. **Probe - Practicality of discussions to apply at home.**

*We apply what we learn through washing our hands regularly, being clean all the time,we was our children as well as giving them proper food.*

* + 1. **Probe - Interactive activities.**

*When we do dramas we also tell stories to the family members and other people outside our homes so that they learn how things should be done.*

* + 1. **Probe - Social support from members.**

*We lend money to the group member as a form of support if they have any problem and they need money as well as fetching water, cleaning their homes and giving them food depending on the situation they are faced with.*

* + 1. **Probe - Recognition by community leaders or structures.**

*Yes they recognise us because they are the ones who are helping us in building toilets now for example the village head is the one who helps us when it comes to positioning the toilet in a homestead. They also come to our meetings and join in the discussions*.

* + 1. **Probe - Other**
  1. **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*I have gained knowledge about how to take care of the children and have learnt that I should not give a child water up until they are more than six months old.*

**28\_What (if anything) made your experience in a group not so good?**

*None*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I do not know*

* 1. **Probe - What can be done better?**

*None*

* 1. **Probe - How can groups be led or facilitated differently?**

*I have no idea.*

* 1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I think if they can help us in building toilets It would go a long way.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes, I would want to be a Lead Mother and be seen by other people.*

**32\_Is there anything else anyone would like to add?**

*None*