**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-1-4 |
| --- | --- |
| **Respondent Group Number** | 4 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 14-11-22 |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Mlagisa |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 28 |

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes i am part of the Care Group,and also part of the Conservation farming group as well as the poultry group.*

**2\_What is the purpose of these groups?**

*-to ensure food self-sufficiency*

*-Improved livelihoods*

*-Income generation to buy kitchen stuff*

**3\_What made you decide to join the groups?**

*I wanted to be economically empowered and to experience the power that comes with numbers.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We help each other in maintaining our kitchens such as making kitchen cupboards as well as ukusinda lokubhada.We also assist each other to carry out farming activities.*

1. **Probe - What benefits do or did you get from the group?**

*I have access to cheap labour which I couldn’t previously get freely as I had to hire for example in farming activities. I still hope to gain more knowledge as i am still a new care group member.*

1. **Probe - How often do you meet as a Care Group?**

*Three times a week.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*We havent met any hardships as yet but i have realised that working together is better that being one.*

1. **Probe - How have you solved these challenges?**

*No challenges encountered.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Lead Mother visits once a month to assess the cleanliness in our homes.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*No challenges in joining anyone who is pregnant, lactated or has under children under 5 years of age is free to join.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*It is the Care group that is made up of pregnant and lactating mothers as well as caregivers of under fives.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*The main purpose of the care group is to provide knowledge on hygiene and cleanliness to the community as we collectively work together to achieve the same.*

**6\_How were you invited to be a group member?**

*I was invited by the promoter.*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*I don’t have an idea whether the care group is different from other group what I know is that it focuses on hygiene and has improved teachings.*

**Membership**

**8\_In the last Care Group you were a part of, who were other members?**

*Married Women, pregnant women and care givers of under 5 children.*

1. **Probe - Did you know them before joining the group?**

*Yes I knew them be since we are in the same village.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*You would find us working together carrying activities such as weeding and building potracks*

1. **Probe - Who scheduled meetings?**

*Meetings are scheduled by the lead mother.*

1. **Probe - Where would I have arrived? Who would have been there?**

*At the leadmother’s home where you would find care givers*

1. **Probe - How long did it last?**

*Almost 1 hour.*

1. **Probe - Who talked?**

*There was meaningful partipation by all members in terms of discussions, asking and answering questions.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*Discussions were led by the lead mother.*

1. **Probe - What did group members do during this time?**

*Group members listened and participated actively throughout the meeting.*

1. **Probe - Who planned the agenda/activities/information?**

*The agenda is mainly planned by the promoter and the lead mother.*

1. Probe - **Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process.*

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

*My favourite session was on cooking nutritious food for example vegetable with eggs. This taught me how to prepare nutritious meals for my grandchild.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*No I’m just a new member*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*I have never shared anything in the group but I’m still learning from other women I believe I will be able to share in future. I’ve however enjoyed when other members shared about cooking kapenta, vegetables, eggs and mopane worms.*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*No*

**14\_ What did you learn from the Care Group?**

*I learnt that it is possible to cook nutritious food using locally available resources.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You will observe the cleanliness in my home as I now have a rubbish pit. Also you will see the potrack that is in the process of construction.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*The potrack is still in construction, I am working on it so it will be copleted soon.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me to maintain smartness in my home and through the care group I also have improved access to income.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*The promoter and the leadmother are involved in decision making.*

**16\_Please take me through your greatest memory in your past care group.**

*My greatest memory is that of cooking demonstration where we were taught on cooking eggs as they are an integral part in our diet.*

**Social support**

**17\_ As care group members how do you support each other?**

*Yes. There is social and financial support amongst members.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes it improved for the better as there i now unity amongst members compared to before and members are now able to support and encourage each other.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we give support to each other a lot.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*I can’t remember.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*No. I only interact with members in the group because when we meet outside it will seem like we are gossiping.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet and discuss childcare as well as social support issues.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know but I don’t know what they are saying about our care group.*

**23\_Was the group recognized by community leaders? Please explain.**

*Not sure.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain.**

*Not sure.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*Helping each other*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should priotize helping each other.*

*-Learning*

*-benefits*

*-fun*

*-friendship*

*-family proud*

*-practice*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*The one with united members who are able to work together peacefully and help each other in everything.*

1. **Probe - How would you describe a high-quality care group?**

*A high quality care group is the one with tangible evidence of the knowledge they got from the care groups such as toilets, potracks, improved health and child care among other things.*

1. **Probe - Who is in the group?**

*Women with children who are under 5 years,lactating women as well as pregnant women.*

1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*Mothers with 4 children and below as well as grandmothers*

1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Grandmother teaches us how to take care of kids for example that children should not eat cold food and how to hold the breast when breastfeeding. All members push together to achieve the common goal of improved health care.*

1. **Probe - Who leads the group, and how?**

*The group is led by the lead mother who arranges meetings, teaches us and helps in child growth monitoring.*

1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participates in meetings and solutions are identified in a participatory manner.*

1. **Probe - Practicality of discussions to apply at home.**

*It is very practical since women practise it at home,for example many have built wooden racks for their plates and have now adopted hygienic practises.*

1. **Probe - Interactive activities.**

*We engage in discussions and songs which teach us various issues relating to life.*

1. **Probe - Social support from members.**

*Yes. Members support each other.*

1. **Probe - Recognition by community leaders or structures.**

*The care group reports to and is recognized by community leadership.*

*10.Other non group members also know about the group and are expressing interest to join the group..*

1. **Probe - Examples of each they mention as good from past experience?**

*Acquiring knowledge on childcare and hygiene is my good past experience.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*Poultry projects can play a greater role in supporting care groups in my community.*

1. **Probe - What can be done better?**
2. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**