**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-3-3 |
| --- | --- |
| **Respondent Group Number** | 3 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Nembe |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 26 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I am a member of the care group and a conservation farming group.*

**2\_What is the purpose of these groups?**

*The purpose of the care group is to promote unity and social support to ensure community development.*

**3\_What made you decide to join the groups?**

*I joined the group so that I unite with others than to work as a loner.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We will be sharing information about taking childcare, cooking nutritious food and engaging in netball tournaments where we won balls.*

1. **Probe - What benefits do or did you get from the group?**

*We gain knowledge to take care of the family and about cleanliness through the use of potracks and the like.*

1. **Probe - How often do you meet as a Care Group?**

*We oftenly meet every week on Wednesday.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*The greatest challenge is that of late coming and arguing, “kulokudonselana”*

*The care group has succeeded in maintaining clean households. We have managed to mold bricks and we are working towards building toilets for those who haven’t got toilets. We have also observed improved child care as there are no longer issues of stunted growth amongst children.*

1. **Probe - How have you solved these challenges?**

*We have set the meeting time to 12pm instead 8am as we have initially planned. We hope the time will be flexible to suite everyone needs.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Leadmother and promoter do home visits almost twice a month.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no challenges joining and participating in the group.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*In our group we have developed childcare activities , cleanliness and nutritious food.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*It is to teach and help members ensure community development.*

**6\_How were you invited to be a group member?**

*I volunteered to because I had a baby so I needed to gain knowledge .*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*I think this group is different from the conservation farming group because the care group promote health care but the conservation farming group promotes farming.*

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up young mothers, girls under the 18 years of age and elderly women.*

1. **Probe - Did you know them before joining the group**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will welcome you, wash your hands, serve you food then we discuss about our care group. And you must feel free to observe how we take care of our households. We will also discuss about smartness, cooking nutritious food and feeding the baby.*

1. **Probe - Who scheduled meetings?**

*The leadmother is the one who schedules meetings*

1. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at the lead mother’s house who will in turn mobilize us to meet you.*

1. **Probe - How long did it last?**

*1-2 hours.*

1. **Probe - Who talked?**

*Everyone will be talking.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The leadmother will be leading the discussions.*

1. **Probe - What did group members do during this time?**

*They participate meaningfully in the meeting.*

1. **Probe - Who planned the agenda/activities/information?**

*The agenda is mainly planned by the leadmother.*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process.*

*The care group is different from the conservation farming group.*

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

*My best session is on childcare where we talk about breastfeeding. I learnt about the good posture of holding the baby. In addition, I learnt that the baby must be allowed to hold the baby on his own not to be assisted.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*they helped me to take care of my child by teaching me how to cook porridge and to feed the baby as frequent as possible as much as the baby wants.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*We shared a lot when we talked about the washing of hands before handling the child or start cooking and washing. We were also taught that we must wash hands after changing the nappy or using the toilet.*

**13\_Recall a time the group discussed a challenge you also experienced, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*I had a challenge of access to food the care group helped me to grow fruits, vegetables and grains to feed the baby.*

**14\_ What did you learn from the Care Group?**

*cleanliness to be safe from diseases.In the care group I have learnt how to take care of the baby and how to maintain*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You would observe the smartness in my home, the way I take care of my children, my welcoming skill and the behaviour of my children.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*None*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me a lot in maintaining cleanliness in my home.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*There is participatory decision making for example in the way we decided to build toilets for each other.*

**16\_Please take me through your greatest memory in your past care group.**

*It was when we discussed about practicing safe defecation even if we do not have toilets we can did and cover our feces that to leave dirt in the open.*

**17\_ As care group members how do you support each other?**

*Yes. There is membership support.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relationships improved as we help each other even when one is not feeling well.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we helped a member who was not feeling well by assisting take care of the children and the fields.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*The conversation that was memorable to me is that of maintaining cleanliness as it prevents us from getting diseases.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes I meet with other members outside the meetings.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet in the afternoon to discuss about childcare.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know the about the group.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership and we use the community meetings to mobilize for our care group meetings.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*United*

*Understanding*

*Success*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should prioritize Love as it is key in everything.*

*-Practice*

*-Unity*

*-Understanding*

*-Benefits*

*-Friendship*

*-Fun*

*-Family proud.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group has well behaved members who are welcoming to visitors, peaceful, smartness, respect of all.*

1. **Probe - How would you describe a high-quality care group?**
   1. **Probe - Who is in the group?**

*Elderly women and mothers who are 18+ years*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*Elderly women and mothers who are 18+ years*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Elderly women bring advice, respect and knowledge. Young women on the other hand learn from elderly women and practice what they learnt.*

* 1. **Probe - Who leads the group, and how?**

*The care group is led by the by the leadmother and the promoter.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate collectively in the meeting and identify solution to their problems.*

* 1. **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised especially on childcare and cleanliness.*

* 1. **Probe - Interactive activities.**

*We used to do discussions, role plays, singing, cooking demonstrations but we no longer do these activities because we now have the knowledge. We can revive interactive active activities if we are joined by new members.*

* 1. **Probe - Social support from members.**

*Yes we support each other as we share what we learn from home visits.*

* 1. **Probe - Recognition by community leaders or structures.**

Yes there is recognition by community leaders.

* 1. **Probe - Other**

We need to be assisted with identification regalia such as t-shirts and caps which will reveal who we are.

1. **Probe - Examples of each they mention as good from past experience?**

*I have learnt it is good to care of children and maintain hygiene..*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about care group when we had tournaments and won money, balls and whistles.*

**28\_What (if anything) made your experience in a group not so good?**

*No bad experience*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I recommend the sponsorship of more interactive activities such as sports dramma and singing.*

1. **Probe - What can be done better?**

*We need to meet in a place with toilets, bins and tippy taps..*

1. **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far hence there is no change needed.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I wish these organizations can support us with food, the borehole, sponsorship with balls and kits as well prices for those who act and sing well.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*Males should also be involved in care groups and they must not place an age limit on those who want to join the group.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*No I dont wan’t to be a lead mother because sometimes you have to travel but there is no money for transport. It is also difficult to teach because some people have judgemental attitudes.*

**32\_Is there anything else anyone would like to add?**

*No Additions.*