**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-2-3 |
| --- | --- |
| **Respondent Group Number** | 3 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Mvuldana |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | (missing) |
| **Age** | (missing) |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I am a member of the care group and VSLA.*

**2\_What is the purpose of these groups?**

*-To provide knowledge about HIV/AIDS issues, prevention, behavior change and childcare.*

**3\_What made you decide to join the groups?**

*I joined the group so that I will change my behavior in relation to HIV/AIDS related issues especially on learning how to live with people living with HIV/AIDS. I also joined because I want to experience financial stability.*

1. **Probe - Can you please highlight some of the activities you do as a Care *Group?***

*We discuss about behavior change issues, prevention against HIV/AIDS childcare, immunization, feeding children and personal health and hygiene. We also construct health enhancing structures such as toilets, tippy taps, potracks and rubbish pits.*

1. **Probe - What benefits do or did you get from the group?**

*We benefit from the cleanliness that comes with the use of the toilets, potracks, rubbish pits and tippy taps. We also benefit from the nutrition garden.*

1. **Probe - How often do you meet as a Care Group?**

*We meet once a week .*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*We have experienced challenges in raising the income for the R10 weekly contributions that are needed to develop the group.*

*Our care group has been successful in creating toilets, rubbish pits, potracks and tippy taps.*

1. **Probe - How have you solved these challenges?**

*We have been patient to each other until they raise the money understanding that it might be a predicament for anyone to fail to raise the money at some point.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*The lead mother visits us twice a month while peer group members do home visits when they are constructing structures for members.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*I don’t think there is a challenge in joining and participating in the group though for fundraising purposes we have agreed to a joining fee of R100 which assists in buying cement for building toilets so that all members even new ones have access to toilets.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*The care group is made up of mothers who want to gain more knowledge and use it to improve their own lives that of their families and their families.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*It is to teach and help members benefit from collective engagement.*

**6\_How were you invited to be a group member?**

*I was coerced to join the care group. They told me that it was a financial club because they knew that I love money clubs, only to find out that it was a care group.*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*I think this group is different from other groups because there is transparency in everything.*

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of mothers who have 1 to 5 children , grandmothers, 1 male.*

1. **Probe - Did you know them before joining the group?**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will be discussing and learning about hygiene in our kitchens for example washing hands before handling water and the correct way of keeping drinking water. Water should be in a closed bucket always with a clean jug placed upside down. The jug is only used to fetch water from the bucket but each individual must use his/her own cup to drink.*

1. **Probe - Who scheduled meetings?**

*The chairperson schedules the meetings.*

1. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at edibheni with the promoter, lead mother and group members.*

1. **Probe - How long did it last?**

*Two hours.*

1. **Probe - Who talked?**

*The promoter and the chairperson.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*Discussions were led by the promoter and the promoter invites guests.*

1. **Probe - What did group members do during this time?**

*Group members will be discussing, singing, dancing and doing role plays.*

1. **Probe - Who planned the agenda/activities/information?**

*The agenda is mainly planned by the chairperson.*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process and it is similar to other groups.*

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

My favourite session is the one i was taught to be independent as a woman through the song, ‘*Vukuzenzele mama, ungahlali zandla’*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*I felt supported by the facilitator and other members when I shared about the washing of hands after using the toilets.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*We shared a lot whn we talked about worms in the stomach. Signs and symptoms. For school children it will be evidenced by sleeping at school, hunger at all times. We also discussed that worms can be acquired in cold food and unwashed fruits. If there are such symptoms the child must be taken to the clinic.*

**13\_Recall a time the group discussed a challenge you also experienced, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*It was a great challenge for me to build a toilet but after joining the care group we decided to build toilets for each other with the monies we raised from our contributions.*

**14\_ What did you learn from the Care Group?**

*The care group has given me deep knowledge about childcare, hygiene and has taught me on how to take care of HIV/AIDs positive people.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You would observe the cleanliness that is in my kitchen as well as my healthy children. All structures that were emphasised by the care group such as the potrack, toilet, rubbish pit as well as a clean yard.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*We discussed about buying kitchen stuff as women but I still lack in that because I had been focused on building my toilet but now that I have the toilet then I intend to but my kitchen stuff before the end of the year.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me a lot in building me toilet and digging the rubbish pit.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*All members are involved in decision making.*

**16\_Please take me through your greatest memory in your past care group.**

*It was when the promoter used visual methods of illustrating different water sources as well as the worms in the child’s stomach.*

**17\_ As care group members how do you support each other?**

*Yes. Membership support is viewed by the way we agree to each other’s ideas.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relationships improved for the good and we are now united and support each other on everything.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we give support to and encourage each other through climate smart agricultural practices.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*It was when we discussed about childcare and selfcare.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes I meet with other members outside the meeting to bridge the knowledge gap especially when it comes to making tippy taps.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet on Thursday at 2pm every week to contribute monies and plan what to do with the money.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know and the about the group and are willing to join seeing the development that comes with being in the group.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

None

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should priotize learning because knowledge is power if we have knowledge then we shall have everything else.*

*-Learning*

*-benefits*

*-family proud*

*-friendship*

*-fun*

*-practice*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group is united, on one accord, organised, respectful and successful.*

1. **Probe - How would you describe a high-quality care group?**

The group consists of mother who have 1 to 5 children, 1 male and a grandmother.

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*Yes there is one male and grandmother.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Males provide labor and ideas in our group’s activities. Grandmother’s give good advice on childcare as they have experienced most things that young mothers go through. The rest of the women in the group bring many ideas because they are mostly involved in household activities and in a better position to know what they lack and need.*

* 1. **Probe - Who leads the group, and how?**

*The care group is led by the by the chairperson.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate in the meeting through learning, asking and answering questions. They are also the source of the solutions to their problems.*

* 1. **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised at home especially on the construction of health supporting structures such as potracks, tippy taps, toilets and rubbish pits.*

* 1. **Probe - Interactive activities.**

*These include discussions, singing and drama.*

* 1. **Probe - Social support from members..**

*Yes we support each other as members.*

* 1. **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

* 1. **Probe - Other**

*No other.*

1. **Probe - Examples of each they mention as good from past experience?**

*What I realize as good is the ability of the care group to develop homes through the construction of toilet, potracks, and rubbish pits.*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about care group is that it raises awareness on hygiene and enhances change of behavior.*

**28\_What (if anything) made your experience in a group not so good?**

*None*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I recommend that programs that support women must provide financial support and income generation projects.*

1. **Probe - What can be done better?**

*Care improve on unity because when people are united they can achieve anything for unity is power.*

1. **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far I do not think there is any change needed.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I wish these organisations can provide financial support for us.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*Yes. The care groups must include topics on farming.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

I want to be a lead mother because I will gain a lot of knowledge more than I have now.

**32\_Is there anything else anyone would like to add?**

*No*