**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-1-6 |
| --- | --- |
| **Respondent Group Number** | 6 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 11/14/2022 |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Mlagsi |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 41 |

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I am a member of the care group..*

**2\_What is the purpose of these groups?**

*To ensure improved personal hygiene, childcare and enhancing proper nutrition.*

**3\_What made you decide to join the groups?**

*I wanted to learn how to take care of myself and how to raise my children.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We teach and learn from each other on how to raise our families and take care of the household. We also get cooking lessons and do cooking demonstrations for example ithanga and umsosobiyana juice.*

1. **Probe - What benefits do or did you get from the group?**

*We gain knowledge on how to raise our families and take care of the household.*

1. **Probe - How often do you meet as a Care Group?**

*We meet once a month.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*I don’t have an idea about the challenges and successes because I am a new member as I am a pregnant woman.*

1. **Probe - How have you solved these challenges?**

*I am yet to learn how challenges are solved as I continue to be a member of the group.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*The lead mother visits us once a month.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no issues when one wants to join and participate in the group.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*It is the Care group that is made up of pregnant and lactating mothers as well as caregivers of under fives.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*The main purpose of the care group is to provide knowledge on health and childcare related issues to ensure a healthy community.*

**6\_How were you invited to be a group member?**

*I was invited by the leadmother and promoter.*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*I don’t have an idea whether the care group is different from other groups I have never joined other groups biut the care group.*

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of mature women who have 2 to 4 children.*

1. **Probe - Did you know them before joining the group?**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*You would see us discussing about taking care of ourselves, our children and how to create a healthy environment in our households through the construction of toilets, potracks, rubbish pits and tippy taps.*

1. **Probe - Who scheduled meetings?**

*Meetings are scheduled by the promoter and the lead mother.*

1. **Probe - Where would I have arrived? Who would have been there?**

*At the promoter’s home where you would find the promoter members and the lead mother.*

1. **Probe - How long did it last?**

*Two hours.*

1. **Probe - Who talked?**

*There was meaningful participation by all members in terms of discussions, asking and answering questions*.

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*Discussions were led by the promoter and the lead mother.*

1. **Probe - What did group members do during this time?**

*Group members listened and participated actively throughout the meeting.*

1. *Probe - Who planned the agenda/activities/information?*

*The agenda is mainly planned by the promoter and the lead mother.*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process.*

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

*My favourite session was on maintaining a health environment in the home through the building of toilets, potracks, tippy taps and cleanliness in the kitchen.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*I felt supported by the facilitator and other members of the group during a session about child care when we discussed about breastfeeding.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*I have never shared anything in the group but I’m still learning from other women I believe I will be able to share in knowledge.*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*No*

**14\_ What did you learn from the Care Group?**

*I learnt that it is important to take care of oneself and to maintain cleanliness in the home.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*I did not have a toilet before I joined the care group but now I can proudly say that I own a toilet. This was as a result of the discussions in the group and the contributions that we made to support each other have toilets.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*During the session we planned on building our own creche so that we have a meeting place and a place for our cooking demonstrations. However we have not completed it because of financial constraonts.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me to work towards building a toilet so I couldn’t have done it alone but i appreciate the support from my group members.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*The promoter is the one who is key in decision making.*

**16\_Please take me through your greatest memory in your past care group.**

*I don’t have any memory yet as I am a new member in the group.*

**Social support**

**17\_ As care group members how do you support each other?**

*Yes. There is social support amongst members.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes it improved for the better as there i now unity amongst members compared to before.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we give support to each other a lot especially to young mothers who do not know how to raise their children.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*I can’t remember.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yet we meet and discuss and discusss child and healthcare related issues.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

Yes they know but they are not willing because they say the group is for those who contribute from the Amalima feeding scheme.

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area. However some are not willing though some are starting to support care groups.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*None*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should priotize learning because knowledge is power if we have knowledge then we shall have everything else.*

*-Learning*

*-friendship*

*-fun*

*-benefits*

*-family proud*

*-practice*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*It is a group that aims to develop people through teaching them how to take care of themselves, their families and the environment they live in.*

1. **Probe - Who is in the group?**

*The group consists of mature women who have 2 to 4 children.*

1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*There are no males/ grandmothers or young mother members but there are mature women with 2 to 4 children.*

1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Each individual has a role to paly in the development and success of the group. Mature women share the knowledge with each other to build up a healthy community.*

1. **Probe - Who leads the group, and how?**

*The care group is led by the leadmother.*

1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members have the right to participate in the meetings, engage in discussions and provide solutions to problems.*

1. **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised at home especially on the construction of health supporting structures such as potracks, tippy taps, toilets and rubbish pits.*

1. **Probe - Interactive activities.**

*In addition to discussions we also sing and do role plays to cement the knowledge we get from the care group.*

1. **Probe - Social support from members.**

*Yes we support each other as members.*

1. **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

1. **Probe - Other**

*No other.*

1. **Probe - Examples of each they mention as good from past experience?**

*What I realise as good is the ability of the care group to promote health and hygiene through the construction of toilet, potracks, and rubbish pits.*

**27\_What (if anything) makes your experience in a group of other women like *yourself good? (Probe for: what does good mean?)***

*The good thing about care group is that it raises awarenes on hygiene and enhances change of behavior.*

**28\_What (if anything) made your experience in a group not so good?**

*None*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I recommend that programs that support women must support the care groups through the building of creches.*

1. **Probe - What can be done better?**

*I don’t have an idea*

1. **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far I do not think there is any change needed.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*We want them to give us financial support or introducing income generating projects.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*No*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*No I am not able to be a lead mother because I am not able to talk in public.*

**32\_Is there anything else anyone would like to add?**

*No*