**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-2-1 |
| --- | --- |
| **Respondent Group Number** | 1 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 08-11-22 |
| **Interview start time** | 10:46 |
| **Interview end time** | 11:47 |
| **Interview location** | Mathambo |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 31 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*I am a member of the Care group only and I have never joined any other group.*

**2\_What is the purpose of these groups?**

*To learn about taking care of the children and keep our homes clean.*

**3\_What made you decide to join the groups?**

*To develop myself and gain more knowledge.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We learn about new things.We also teach each other about cleaning our yards as well as our kitchens.*

1. **Probe - What benefits do or did you get from the group?**

*We gain knowledge about things that we had no knowledge or less knowledge on and we also get to meet and talk as women.*

1. **Probe - How often do you meet as a Care Group?**

*We meet twice a week on Wednesdays and Fridays.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Some group members especially the elderly do not want to join the group, and they only want porridge but we do follow ups on them and encourage them to come back to the group,but on the good side some of the women who did not want to breastfeed their children now do because they now know the benefits of breastfeeding their children. Through learning about hygiene hose who did not bathe their children now do.*

1. **Probe - How have you solved these challenges?**

*We do follow ups on those who absent themselves and we encourage them to come and attend lessons.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*As peer group members we can visit each other daily and the Lead mother can visit up to eight times in a month.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no issues when one wants to join the group and everyone participates freely without any problem. When participating we speak through the Lead Mother who give us the opportunity to speak.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

I joined the weaving group and we produce baskets and weave lunchboxes.

**5\_What, in your opinion, was the main goal of the Care Group?**

*The main goal is to develop women and equip them with skills.*

**6\_How were you invited to be a group member?**

*I was invited by the Manager of Women Centre from Lupane.*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*I have not joined any other groups so I can not say any differences.*

**8\_In the last Care Group you were a part of, who were other members?**

*Ladies and female youth but there were no males (Some were old and some were youth)*

1. **Probe - Did you know them before joining the group?**

*Yes I knew them because they are neighbors.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*You would see us weaving our baskets, we sing and dance as well as chatting as group members and then knock off at four from two.*

1. **Probe - Who scheduled meetings?**

*The Representative and the Finance personnel go to Lupane and give us feed backs about meetings.*

1. **Probe - Where would I have arrived? Who would have been there?**

*We meet at Shashe ,members and non members come to the meetings.*

1. **Probe - How long did it last?**

*Two hours.*

1. **Probe - Who talked?**

*We all talk and take part in singing and dancing and we have fun.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The Chairperson organizes the meetings and we have not had any visitors yet.*

1. **Probe - What did group members do during this time?**

*They do weaving and singing.*

1. **Probe - Who planned the agenda/activities/information?**

*Organizers supervises the meetings.*

1. **Probe - Were actions planned between meetings?**

*What we do comes from the Main Office (Women centre).I have not joined other groups before. The Chairperson addresses us and we start the session.*

1. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

*When we talked about the development of our homes. I enjoyed the most when we talked about our finances, then we spoke about buying each other beds after getting our money from selling our money of which we managed to accomplish after getting ,money from selling our baskets.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*Have never experienced that.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*We spoke and expressed our gratitude for the group and the development it has brought us in our community.*

**13\_Recall a time the group discussed a challenge you also experienced, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*We spoke about the challenges when it comes to our finances, which come late after our baskets have been sold in Lupane.I also took part in the discussion.*

**14\_ What did you learn from the Care Group?**

*I learnt that children should be clean and we also need to build toilets.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*Yes I have built a wooden rack (ingalane),garbage pit and have improved in terms of cleanliness in my kitchen.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*Yes, I wish to build a toilet but have not done so yet.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

No

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*The lead Mother decides when we are going to meet then we discuss as a group.*

**16\_Please take me through your greatest memory in your past care group.**

*I was once able to pay fees for my children using the money I got from selling the baskets. On the memorable day we sang ,cited poems and celebrated our success.*

**17\_ As care group members how do you support each other?**

*We ask for help and help any individual who is need of help.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*We are now in harmony compared to before, spending more time together has allowed us to bond.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we support each other and they even advised me to dig a garbage pit to manage the dirt that was in my home.*

*‘Bangikhuthaza ukuthi ngidobhe amalala ayegcwele umuzi ukuthi ngiwadobhe ngiwaphosele egodini lezibi, bangikhuthaza lokuthi ngilungise iguma ukuthi noma omunye owe Amalima Loko ethutsha egumeni lami athole kukhanya’*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes we met each other since most of them are neighbours.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we still meet because the project is still ongoing ,we talk about about what we do in a Care Group and we teach each other about breastfeeding to enhance the health of the child.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*They know about the group but they don’t want to join and they say it is useless because they don’t have under five children and they are not going to benefit because they are not going to get porridge.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes they teach us especially the councillor since they allow us to operate in our villages.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in that area and they have attended our meetings before.*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*Learning and practise should be prioritized.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*It is a group of women who listen to the Lead mother and always maintain a clean environment, and also a group with people who respect each other.*

1. **Probe - How would you describe a high-quality care group?**
   1. **Probe - Who is in the group?**

*Pregnant women,caregivers of under 5 years,and lactating women .*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

No, males are present in the group,we have two grandmothers and young mothers.

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Grandmother teaches and emphasizes on cleanliness and also teaches us how to cook some foods which are nutritious.*

*Young mothers go to meetings where it is far for older women to attend and they give us feedback for example if we are to meet in a different village which a bit far for some of us to walk.*

* 1. **Probe - Who leads the group, and how?**

*Lead Mother is our leader and she also teaches and encourages us to do what she has taught us, she also does follow ups on those members who are sometimes absent.The village head also come for meetings when they are invited.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*The Lead mother,group members,and some community members take part in the Care Group meetings. What the lead mother cannot solve, we discuss and find solutions in the group.*

* 1. **Probe - Practicality of discussions to apply at home.**

*Yes it is practical because we now wash our children and practice hygienic practises as much as we can and what the Lead Mother encourages us to do we apply at home.For example we have built (ingalane) and we have also dug garbage pits.*

* 1. **Probe - Interactive activities.**

*Yes we do interact with other people and we invite other people to witness us as we do drama.*

* 1. **Probe - Social support from members.**

*We support each other as we go as a group to the person with the problem,we sweep,fetch water and even give money to help solve the problem.*

* 1. **Probe - Recognition by community leaders or structures.**

*Yes, they recognise what we are doing as they sometimes attend our meetings and because we are more developmental now hence as women we are developing our area and village.*

* 1. **Probe - Other**

*No other.*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about care groups is that we have become developmental now and now we have become more clean and more informed.*

**28\_What (if anything) made your experience in a group not so good?**

*There is none*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

1. **Probe - What can be done better?**

*We want visibility for example Tshirts,some people can be lured into joining the group when they see us wearing Amalima Loko Tshirts.**We want poultry projects as well as pigs and goats so that we develop the area and make our own money as women.*

1. **Probe - How can groups be led or facilitated differently?**

*We have not seen any need for change in the way things are done.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*We want them to help us in building toilets that are written Amalima so that they see the Amalima Loko presence in the village and join us in what we are doing.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*None*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes i want to learn more about health and maybe I can also encourage other women to join us.*

**32\_Is there anything else anyone would like to add?**

*None*