**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-3-4 |
| --- | --- |
| **Respondent Group Number** | 4 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 9/11/2022 |
| **Interview start time** | 12:56 |
| **Interview end time** | 14:10 |
| **Interview location** | Jiba Jiba |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 62 |

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I am part of the Care group as well as a VSLA group called Vusanani group.*

**2\_What is the purpose of these groups?**

*To help each other as women in developing our kitchens.To help each other as women to develop and have our own money.*

**3\_What made you decide to join the groups?**

*I decided to join the group so that I develop,practise cleanliness, help each other in maintaining my kitchen, build toilet and wooden racks,as well buying livestock if we get profits.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We talk, teach each other about children and how to feed babies,should give children food time to time.*

1. **Probe - What benefits do or did you get from the group?**

*What we learn is the major benefit since we have now built wooden racks and also learnt how to wash our hands properly as well as do tip taps as well as garbage pits.*

1. **Probe - How often do you meet as a Care Group**

*We meet thrice in a month.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Some of the women dropout of the group as they don’t see the value of the teachings. Some people do not want to join the group. However I have learnt from other people that I did not before and can now ask for a help.I have also learnt how to care for children.*

1. **Probe - How have you solved these challenges?**

*We do not totally exclude them since we share with them what happens in the group.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*We visit each other once a week as peer group members.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*Those who want to join the group openly do so and anyone can participate and share as a group what we know and the Lead Mother guides us where we are wrong.Some group members have left the group because they do not see the importance of joining a Care Group.*

**Section 3**

**4\_Now I would like to learn from you about the Care Group.**

*It is a group where women meet and share ideas about how to develop each other.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*We all have a goal of building toilets.*

**6\_How were you invited to be a group member?**

*We discussed as women and went door to door asking other women to join us.*

**7\_Did the group differ from other groups you have joined? How so?**

*The group is not different from other groups since they all have a goal of developing people’s lives.*

**Membership**

**8\_In the last Care Group you were a part of, who were other members?**

*It was made of women and the majority of them are my relatives.*

1. **Probe -Did you know them before joining the group?**

*Yes I knew them since the majority are my relatives. Their ages range from 30 years to 60 years.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*Normally,You will see us dancing to the radio,requesting for songs and you will see us selling food but so far we are doing meetings only, we still trying to raise money so that we do our party and get money,so if you visited you would witness us having a meeting,discussing how to raise money to do a party and we gain profits****.***

1. **Probe - Who scheduled meetings?**

*The Chairperson.*

1. **Probe - Where would I have arrived? Who would have been there?**

*We interchange venues for the meetings,hence we meet in any group member’s home.*

1. **Probe - How long did it last?**
2. **Probe - Who talked?**
3. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The Chairperson and we only have guests during the party,our meetings are only attended by group members.*

1. **Probe - What did group members do during this time?**

*We speak by order as we discuss about the finances of the group.You raise your hand if you want to speak.*

1. **Probe - Who planned the agenda/activities/information?**

*We are governed by the previous minutes and raise arising matters.*

1. **Probe - Were actions planned between meetings?**

*The minutes are the ones which guide our agenda.*

1. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

*It was when we learned about taking care of children, it gave information that was detailed as I learnt how to take car of my grandchildren.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*I usually discuss my problems with my brother’s wife and I usually feel relieved after talking to her and even go back home in a happy mood even if I had left my home angry.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*No*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*No I don’t remember any since talk about money and do not share any experiences.*

**14\_ What did you learn from the Care Group?**

*I have learnt how to care for a child,how to breastfeed the child as well as how to maintain cleanliness in my home.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*Yes you would see change in my home because I have dug a garbage pit and my kitchen is clean.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*Yes I have not yet built a toilet in my home and that is why we are doing kitchen parties because we want to help each other build toilets. I have not yet built a wooden rack (ingalane) yet.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*No we have not yet discussed about challenges we meet when making changes in our homes.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*We share ideas as we do sessions , but the lead mother comes up with topics of discussion, and when we do drama and we also discuss how to go about*

*Roles for example when we are doing drama.*

**16\_Please take me through your greatest memory in your past care group.**

*Both groups are ongoing but I enjoyed the session where we learnt about breastfeeding and the differences between mothers who know how to breastfeed and those who do not.*

**Social support**

**17\_ As care group members how do you support each other?**

*Yes we collect items to support the person with a problem.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes because we now relate better than we did before since some of them are first time partakers in groups. “Sokungcono ngoba bebengaphumi emakhaya…’’*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we support each other and also borrow them books so that they understand the lessons and we also encourage them when they are feeling low.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*Yes I will never forget the lesson we had about breastfeeding, it was informative.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*We are still meeting as a group so we visit each other.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*The group is three months old so we still meet and discuss about the finances of the group and talk about building toilets.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*They know that we learn about hygiene and how to look after children, they always comment on good and bad things and some of them highlight that they will not join a group where they will not benefit anything.*

**23\_Was the group recognized by community leaders? Please explain.**

Yes they recognise what we are doing but they have not visited yet since the group is new and the village heads’ wives are also part of the care group.

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*I do not know how they can help us but they know about it, even if the councillor is far but I know they are aware of the groups.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*I do not know except for cleanliness.*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*Learning should be prioritised.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*It is characterised by good behaviour, fairness, it is made up of women who are organised and work as a team.*

1. **Probe - How would you describe a high-quality care group?**

*It is a group with women who are well organised who work together without any squabbles and allow the purpose of the group to unfold, listen to each other as well as have unity and work together.*

1. **Probe - Who is in the group?**

*We have three grandmothers,young mothers and middle aged women.*

1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*We do not have a male figure in our group but there are three grandmothers and young mothers.*

1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*As grandmothers we encourage young mothers to continue with breastfeeding, how to handle the child when breastfeeding and we also encourage them to continue with the group and not dropout since some young mothers drop out.*

*Young mothers learn and participate in the group and also take part in the drama.*

1. **Probe - Who leads the group, and how?**

*The Lead mother shows us what to do as a group,teaches us and does followups in our groups****.***

1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*Everyone participates in the discussion and there are no hardships encountered when someone wants to join the group and we also do follow ups to those who stop coming to the group and the Lead Mother also visits those who miss some lessons and delivers the session at their home.*

1. **Probe - Practicality of discussions to apply at home.**

*Yes I know how to feed my grandchildren now and I know which types of food they are supposed to eat.*

1. **Probe - Interactive activities.**

*We do drama and songs that help us to remember what we would have learnt.*

1. **Probe - Social support from members.**

*We have not done any social support yet.*

1. **Probe - Recognition by community leaders or structures.**

*They have not helped us yet as our group members except for in the time when they were choosing lead mothers for us.*

1. **Probe - Other**
2. **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*I have changed for the positive in terms of cleanliness and have also built a wooden granary (ingalane) which I did not have before.*

**28\_What (if anything) made your experience in a group not so good?**

*There is none except that people do not want to join the group especially if they are not going to benefit anything.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*If we could be helped with money to hoard so that we get profit and put it in our Savings pocket or if they help us with items to resale so that we can buy tangible items.*

1. **Probe - What can be done better?**

*They should support us and monitor unruly people for example in our kitchen parties the drunk youth cause noise and start insulting people and disturbing the progress of the party.*

1. **Probe - How can groups be led or facilitated differently?**

*I do not know.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*We would want to be helped with gardening lessons or farming so that we start small gardens and be able to sell produce for our benefit.Village heads should reinforce order in the area.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*We have only learnt a few topics so far ,if we could learn more about hygiene we would benefit.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*No I am now old I cannot be able to be a Lead Mother as it requires an old and active person.*

**32\_Is there anything else anyone would like to add?**

*We want a fence in our gardens and market our produce to get money.*