**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-2-5 |
| --- | --- |
| **Respondent Group Number** | 5 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Mvudlana |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 39 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

Yes I am a member of the care group and VSLA Sizimisele and I’m also an Irrigation member.

**2\_What is the purpose of these groups?**

*The purpose of the care group is to improve health and childcare while irrigation improves nutrition and the VSLA is to provide financial security.*

**3\_What made you decide to join the groups?**

*I joined the group so that I will join hands and work together with other people because many hands are better than one.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We discuss about behavior change issues, prevention against HIV/AIDS childcare, immunization, breast feeding children and personal health and hygiene. We also construct cleanliness enhancing structures such as toilets, tippy taps, potracks and rubbish pits.*

1. **Probe - What benefits do or did you get from the group?**

*We benefit from the cleanliness that comes with the use of the toilets, potracks, rubbish pits and tippy taps. We also benefit from the nutrition garden. We also gain knowledge that is of paramounnt importance in raising our children.*

1. **Probe - How often do you meet as a Care Group?**

We oftenly meet thrice weekly but since it is the farming season we are going to meet only on Wednesday.

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*Other religions (amapostol) forbid mothers to mingle with other people when they are having infants.*

*Members are willing to learn, understand fast and they love to interact.*

1. **Probe - How have you solved these challenges?**

*The challenge of those who don't want to partake in health care activities requires the intervention of the leaders, the Amalima team as well as healthcare practitioners.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*We don’t do home visits but we invite the leadmother or the promoter to wherever we will be working, especially in the garden.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no challenges joining the group*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*Our care group is made up of people who want to develop themselves and their communities.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*It is to teach and help members ensure proper childcare.*

**6\_How were you invited to be a group member?**

*We were told during the Amalima ration distribution.*

**7\_Did the group differ from other groups you have joined? How so? (Probe for: positive/advantages or challenges/disadvantages).**

*I think this group is similar to other groups as most of them are all about development.*

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of young mothers, grandmothers and hardworking people who are willing to learn.*

1. **Probe - Did you know them before joining the group?**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will be discussing and learning about hygiene, childcare and development in general.*

1. **Probe - Who scheduled meetings?**

*Leadmother assisted by the promoter.*

1. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at the promoters home where you would find group members and the leadmother.*

1. **Probe - How long did it last?**

*Two hours.*

1. **Probe - Who talked?**

*Everyone will be talking.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The leadmother will be leading the discussions.*

1. **Probe - What did group members do during this time?**

*Group members will be discussing, singing, dancing and doing role plays.*

1. **Probe - Who planned the agenda/activities/information?**

*The agenda is mainly planned by the chairperson.*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process and it is similar to other groups.*

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (Probe for: facilitation, type of activity)**

*I love the breastfeeding topic because it ensures proper child growth as breastfeeding is nutritious, cheap, free and protective from diseases.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*I felt supported by the facilitator and other members when I shared the idea that young mothers should be given the the ball and the kit so that they refresh*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (Probe for: facilitation style, activity type)**

*We shared a lot when we talked about a cooking demonstration with different care groups. We were asked questions and those who won were given prices of which I’m one of them.*

**13\_Recall a time the group discussed a challenge you also experienced, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*It was a discussion about exclusive breastfeeding where we all understood and we now adhere to it.*

**14\_ What did you learn from the Care Group?**

*In the care group I have learnt that it is important to follow healthcare procedures such as breastfeeding and hygiene.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You would observe all structures that were emphasized by the care group such as the potrack, toilet, rubbish pit as well as a clean yard. I also managed to buy my plates as a result of the care group.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*What we haven’t completed yet is conservation farming but it will soon be completed as it the farming season.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me a lot in building me toilet and digging the rubbish pit among other things.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*All members are involved in decision making.*

**16\_Please take me through your greatest memory in your past care group.**

*It was when there was the netball for all breastfeeding mothers where we competed and won. Villages included Lupinde, Mvundlana and Ntulani.*

**17\_ As care group members how do you support each other?**

*Yes. There is membership support.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relationships improved for the good and we are now united and in like before.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes I gave support to and encourage others to practice climate smart agricultural practices and we all had a great harvest.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*Breastfeeding discussion is so memorable to me.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes I meet with other members outside the meetings.*

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet every Wednesday to study the manual written ‘Ukondliwa kwabantwans.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know and the about the group and are willing to join seeing the development that comes with being in the group.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership and community leaders participate when they find us in a meeting.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*Unity*

*Encouragement*

*Well wishing*

*working together*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should prioritize learning because knowledge is power if we have knowledge then we shall have everything else.*

*-Unity*

*-Encouragement*

*-Well wishing*

*Working together*

*family proud*

*Benefits*

*-Learning*

*-family proud*

*-friendship*

*-fun*

*-practice*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group is united, organized, hardworking and successful.*

1. **Probe - How would you describe a high-quality care group?**
   1. **Probe - Who is in the group?**

*The group consists of women who are 17-60 years*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*Yes there is one male and grandmother.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*The bring unity, lessons and help accept each other’s opinions*

* 1. **Probe - Who leads the group, and how?**

*The care group is led by the leadmother.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate in the meeting through learning, asking and answering questions. They are also the source of the solutions to their problems.*

* 1. **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised at home especially on the construction of health supporting structures such as potracks, tippy taps, toilets and rubbish pits.*

* 1. **Probe - Interactive activities.**

*These include discussions, role plays, dancing, jokes, singing and drama.*

* 1. **Probe - Social support from members.**

*Yes we support each other as members for example cooking porridge for members when they are not feeling well.*

* 1. **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

* 1. **Probe - Other**

*No other.*

1. **Probe - Examples of each they mention as good from past experience?**

*I have learnt that people can be supported out of gain.*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about care group is that it raises awareness on hygiene and childcare.*

**28\_What (if anything) made your experience in a group not so good?**

*Some mother inlaws do not allow their daughters in law to go to the care groups because they assume they might me promiscuous if they go there.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I recommend that programs that support enable them to be self employed and earn a living. Also, Family planning must also be integrated into the care groups by Health care workers so that they benefit young mothers. It is important that they also assist willing young mothers with formal education.*

1. **Probe - What can be done better?**

*There must be stipulated day for all care groups to be educated by the Amalima team. Healthcare and Amalima officers to occasionally visit care groups. Leaders should also be able to provide the group members with the place to carry out their activities.*

1. **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far I do not think there is any change needed.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*I wish these organizations can provide financial support for us.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*Yes. Males and grandmothers can also benefit from being part of the caregroup.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*I want to be a lead mother because I will gain a lot of knowledge on healthcare, childcare and cleanliness.*

**32\_Is there anything else anyone would like to add?**

*No*