**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-2-1 |
| --- | --- |
| **Respondent Group Number** | 1 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Mvudlana |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 33 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I am a member of the care group, VSLA and Health Club.*

**2\_What is the purpose of these groups?**

*The purpose of the group is for members to support each other with income cleanliness and childcare.*

**3\_What made you decide to join the groups?**

*I wanted to capitalise on the power that comes with numbers as ‘two are better than one.’*

**a.** **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We teach each other about childcare, immunisation, feeding children and personal health and hygiene.*

**b.** **Probe - What benefits do or did you get from the group?**

*We gain knowledge on how to raise healthy families and maintain cleanliness in our homes.*

**c.** **Probe - How often do you meet as a Care Group?**

*We meet once a month.*

**d. Probe - As a Care group what are some of the challenges/successes you have experienced?**

*We have experienced challenges when it comes to labour demanding activities such as fetching poles for constructing potracks.*

*Our care group has been successful in imparting childcare knowledge as we now cook porridge for children in the morning instead of feeding them cold pap as we used to.*

**e.** **Probe - How have you solved these challenges?**

*We haven’t managed to solve the labour challenge but I believe it can be solved if the males can also be allowed into the care group to complement our efforts in maintaining personal hygiene.*

**f.** **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*The lead mother visits us once a month while peer group members do home visits when one has made significant change as a result of the care group so that others are motivated to transform their homes as well.*

**g.** **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no issues when one wants to join and participate in the group as group members invite others to the group.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*It is the Care group that is made up of young mothers of under fives.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*The main purpose of the care group is to reduce diseases and illnesses that relate to a dirty home and those are related to improper care of children.*

**6\_How were you invited to be a group member?**

*I was invited by the lead mother.*

**7\_Did the group differ from other groups you have joined? How so? (*Probe for:* positive/advantages or challenges/disadvantages).**

*The care group is different from VSL groups which focus on generating income while it is similar to the health club which also intends to promote healthcare.*

***Membership:***

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of young mothers and mature women who have 1 to 3 children.*

1. **(Probe: Differences from you in age, children, or situation?)**
2. **Probe - Did you know them before joining the group?**

*Yes I knew them before.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will be discussing and learning about health issues or helping each other to construct cupboards, potracks, tippy taps or rubbish pits.*

*Members are involved in the scheduling of meetings but if its urgent then the lead mother will schedule the meetings.*

1. **Probe - Who scheduled meetings?**
2. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at the community hall with the lead mother, promoter, kraal head and members of the care group.*

1. **Probe - How long did it last?**

*Not more than two hours.*

1. **Probe - Who talked?**

*There was meaningful participation by all members in terms of discussions, asking and answering questions.*

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*Discussions were led by the lead mother but the promoter invites guests.*

1. **Probe - What did group members do during this time?**

*Group members will be learning, asking and answering questions.*

1. **Probe - Who planned the agenda/activities/information?**

*The agenda is mainly planned by the promoter and the lead mother*

1. **Probe - Were actions planned between meetings?**

*Yes actions were planned and everyone was part of the planning process and it is similar to other groups.*

1. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

***Facilitation:***

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (*Probe for:* facilitation, type of activity)**

*My favourite session was the one that covered cleanliness in the kitchen especially looking at the construction of the potracks and the kitchen cupboard. The session on childcare was also my favourite.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*I felt supported by the facilitator and other members when we were discussing about conservation farming*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*I and other members of the care group spoke and shared a lot when we discussed about potrack designs with other care groups.*

**13\_Recall a time the group discussed a challenge you also experienced, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*I did not have the cupboard let alone know how to construct one but I learnt from the leadmother in the care group now I have a beautiful cupboard than has and my plates are now kept well.*

***Focus:***

**14\_ What did you learn from the Care Group?**

*I learnt that it is imperative to feed children properly, ensure proper immunisation and maintain cleanliness.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*The most significant change that happened as a result of the group sessions is behavior change when it comes to issues relating to health and hygiene. The way of drinking water has changed as each person now has his or her own cup for drinking water. We also wash hands after using the toilet using the tippy tap. The toilet itself is a result of the care group and so is the rubbish pit, pot racks and clean yards.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*There are no incomplete activities because ours is an old group of more that 3 years so we have done a lot of things.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me to practice good personal hygiene especially with the way of handling drinking water.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*All members are involved in decision making.*

**16\_Please take me through your greatest memory in your past care group.**

*It was when an 18 year old woman who is less privileged was invited to join the group. We helped transform her home so that the environment was hygienic and conducive for the children and the family at large.*

***Social support:***

**17\_ As care group members how do you support each other?**

*Yes. We supported the less privileged young woman as stated above.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes relationships improved for the better for example we don’t just greet each other when we meet nowadays but we greet make meaningful conversations. We also encourage and help each other in everything.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we give support to each other.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*It was when i was assisted with a pot rack and now I have a clean kitchen.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes*

***Community integration:***

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*Yes we meet once a month and discuss childcare and hygiene related issues.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know and the support the group’s effort to spearhead community development.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership as the promoter introduced the group to the leaders.*

**a.** **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*None*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should prioritize learning because knowledge is power if we have knowledge then we shall have everything else.*

*-Learning*

*-practice*

*-benefits*

*-friendship*

*-fun*

*-family proud*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group is united, on one accord evidenced by charity, willingness to work and producing great results which include improved childcare, consistent immunisation, pits, pot racks and tippy taps.*

1. **Probe - How would you describe a high-quality care group?**

**i.** **Probe - Who is in the group?**

*The group consists of young mothers of children who are under 5 years of age.*

**ii.** **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*There are no males and mothers but there are young mothers with children under 5 years of age.*

**iii.** **Probe - If yes, what has been their contribution towards your group’s activities?**

*Young mothers share the knowledge on how to take care of the child first before they can engage in anything else for the day. They also share information on how to maintain consistent immunisations.*

**iv.** **Probe - Who leads the group, and how?**

*The care group is led by the lead mother who teaches and invites members to the meeting.*

**v.** **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate in the meeting through learning, asking and answering questions. They are also the source of the solutions to their problems.*

**vi.** **Probe - Practicality of discussions to apply at home.**

*Yes the discussions are practicalised at home especially on the construction of health supporting structures such as pot racks, tippy taps, toilets and rubbish pits.*

**vii.** **Probe - Interactive activities.**

*These include learning and practicals in helping members at home.*

**viii.** **Probe - Social support from members.**

*Yes we support each other as members.*

**ix.** **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

**x.** **Probe - Other**

**b.** **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*What I realise as good is the ability of the care group to promote health and hygiene through the construction of toilet, pot racks, and rubbish pits.*

*The good thing about care group is that it raises awareness on hygiene and enhances change of behavior.*

**28\_What (if anything) made your experience in a group not so good?**

*None*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*I recommend that programs that support women must provide more lessons and encourage women on child care.*

**a.** **Probe - What can be done better?**

*Care groups need to be holistic in nature and include various spheres of people’s lives such as including support in agricultural activities. I also that the care group needs to be supported with a nutrition garden so that they enhance child nutrition and empower women economically. The garden will also require a borehole for irrigation purposes. Another income generating project that can be useful to the care group is a poultry project.*

**b.** **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far I do not think there is any change needed.*

**c.** **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*Amalima Loko can support the care groups with a nutrition garden together with a water source such as a garden. Leaders must encourage community members to create more care groups to increase the coverage of the care groups.*

*Yes. The care groups must include topics on farming (poultry, livestock and crop). Fathers must also be involved so that they benefit and positively contribute to the success of the care group and the development of the community.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*I want to be a lead mother because I will gain a lot of knowledge more than others if I become one.*

**32\_Is there anything else anyone would like to add?**

*No*