**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 1-GM-2-7 |
| --- | --- |
| **Respondent Group Number** | 7 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | 11:33 |
| **Interview end time** | 11:45 |
| **Interview location** | Kariangwe |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 24 |

**Section 2: Group Experience.**

**1\_Are you a member of any groups now (Care group of VSLA or others)? Have you been a member of any group in the in the past.**

*Yes. No, I have never joined.*

**2\_What is the purpose of these groups?**

*The group seeks to promote good health behaviours among breastfeeding women so that they can take care of their babies. This managed to emphasise how to breastfeed, hold to hold the baby, how to notice that the baby is hungry, how to change nappies and also how to cook for them.*

**3\_What made you decide to join the group?**

*After I heard the brief explanation from the lead mother of what was to be taught during the sessions I never hesitated to join it. I also joined so that I can have access to information considering that I am a young mother I do not much information about breastfeeding and how to take care of my child. So joining this group was deemed fit and good for me.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We are engaging in our regular meetings which are done twice a month and helps us to share our experiences as mothers and also to educate each other about hygiene during our breastfeeding moments as a mother. The group is also engaged in agricultural activities as we are having our nutritional garden. We are also into VISALs where we raise money for ourselves as a community.*

1. **Probe - What benefits do or did you get from the group?**

*The benefit of attending this group session has to obtain information about the health and hygiene of the child. The groups have been helping each other with all the challenges that I might be facing as a group member. The group has been so beneficial in the sense that we have managed to get money from the gardens.*

1. **Probe - How often do you meet as a Care Group?**

*For our group, we meet 3 times a month.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*There challenge we are facing includes no IEC materials for us to be studying after the sessions considering that we are not able to capture every information said during the sessions. There is no shade where we meet which makes the sun to be scotch us. The other challenge faced was the shortage of water to intensify our nutritional gardens. The success, is not yet clear because the project has just started.*

1. **Probe - How have solved these Challenges?**

*No challenges have been solved as we do not have resources to address them.*

1. **Probe - How often do you get home visits from your peer group members/ Lead Mothers?**

*She visited me twice.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain**.

*I do not have any problem in participating in this group this is because most of the women in the group are of my age so it becomes easy to participate.*

**Section 4: What constitutes care group quality.**

**26\_What characteristics of a care group make it of high quality for you?**

*People should be faithful to each other in order to have a high-quality group. Unity and togetherness are some of the characteristics of a high-quality group.*

1. **Probe - Who is the group?**

*Women only.*

1. **Probe - Are there any males, grandmothers in your group?**

*No, we do not have.*

1. **Probe - If yes what has been their contribution towards group’s activities?**

*No.*

1. **Probe - Who leads the group and how?**

*I think the VHW is the one who leads the group discussions, because she is the one who always gives us information about the health of our children.*

1. **Probe - Who participates in a meetings? How are solution s identified?**

*We are allowed to participate and to comment airing our views and participate without any challenges. .*

*Am not sure about this because we have never solved any problem.*

1. **Probe - Practicability of discussions to apply at home?**

*Hmmm most of the things we learn are practical with only the issue of toilets, and washing hands as some of us have limited access to water, and we have no soap to wash our hands.*

1. **Probe - Interactive Activities.**

*For the sessions, I attended the sessions were interactive in which we all have the liberty to participate.*

1. **Probe - Social Support from members.**

*The group members have been supportive as they have helped me in painting my houses.*

1. **Probe - Recognition by community leaders or structures?**

*No idea*

**Section 5: Recommendations.**

**29\_Do you have any recommendation for programs that support groups for women in your community?**

*Build a shade for us to make it easy for us to meet regularly. In the shade, there should be a toilet again that will help to promote hygiene. Also, there is a need to procure bicycles for us care, group members, because some of us are coming from far away places.*

**30\_Do you feel there are any other topics or groups who could benefit from participating in a Care Group in your Community?**

*Hygiene should be taught and also there is a need to help in business management topics.*

**Section 6: Conclusion and Remaining Thoughts.**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or Why not?**

*Hmmmmm yes, I can manage to do that because I have managed to understand the topics and I am able to lead people.*

**32\_Is there anything else you would like to add?**

*No.*