**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-1-2 |
| --- | --- |
| **Respondent Group Number** | 2 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 07-11-22 |
| **Interview start time** | 12:11 |
| **Interview end time** | 12: 52 |
| **Interview location** | Daluka |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 29 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes i am part pf the Care Group, and also part of Dreams as a girl child where they teach us how to behave as a girl child, but i have never been in any group.*

**2\_What is the purpose of these groups?**

*To educate each other on how to take care of children as women and to teach each other about cleanliness and how one should maintain cleanliness in their homes, also that as a woman you must stay in a clean space.*

**3\_What made you decide to join the groups?**

*I learn new things that i did not know about before and learn how to take care of the children. As we discuss as we women many ideas are brought about.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We learn about health and how to clean our kitchens and (ukusinda) neatly and keep our plates clean and in order.*

1. **Probe - What benefits do or did you get from the group?**

*It helps to engage with other women get knowledge that i did not have before from other women especially concerning hygiene in my home as well as my children.*

1. **Probe - How often do you meet as a Care Group?**

*Once a week on Wednesdays.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*We have not met any hardships yet but i have learnt a lot from other women such as keeping my home clean.*

1. **Probe - How have you solved these challenges?**

*No challenges experienced.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Lead Mother visits once a week to assess the cleanliness in our homes and other rooms in the home and we meet on Wednesdays as a Care Group. Neighbors visit each other more often.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*Anyone who wants to join the group can join the group especially the ones with children who are under 5 years. Pregnant and lactating women are also part of the group.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

1. **Probe - How would you describe a high-quality care group?**

*The lessons we give to each other are visible meaning there is tangible evidence and people can notice what we are doing. Our households show what we have learnt since there has been a significant change compared to the way it was before and people who are nearby notice the change. What we have learnt is visible and the change is seen because we have applied the knowledge, we got from the Care Group.*

* 1. **Probe - Who is in the group?**

*Women with children who are under 5 years, lactating women as well as pregnant women.*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*Youth mothers dominate in the group we have one grandmother and no males.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*The Lead Mother teach us and youth mothers state how they take care of the children, maybe state how you used to take care of your child and the Lead Mother would correct if you are wrong. If a youth mother has knowledge of healthcare, then they share, it becomes a conversation not a teaching session. The Grandmother teaches us how to take care of kids for example especially young children since her grandson is older that our children, she explains to us that children should not eat cold food and shows us how to hold the breast when breastfeeding.*

* 1. **Probe - Who leads the group, and how?**

*Lead mother leads the group. She arranges meetings, teaches us as well as doing visits on group members' homes.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*Group members, promoters and lead mother through discussions reach a consensus when there issues since we are the one who take part in the meetings.*

* 1. **Probe - Practicality of discussions to apply at home.**

*It is very practical since women practice it at home, for example many have built wooden racks for their plates and have now adopted hygienic practices.It is very practical since women practice it at home, for example many have built wooden racks for their plates and have now adopted hygienic practices.*

* 1. **Probe - Interactive activities.**

*Everyone takes parts and state what they know which helps in the growth of the group.*

* 1. **Probe - Social support from members.**

*We visit them, help with household chores like fetching water for them if they are not feeling well. ‘Siyamhambela, kanye noma kabili sgifike simcedise nxa kuyikuthi kanelisi ukukha amanzi sifike simkhele.’*

* 1. **Probe - Recognition by community leaders or structures.**

*Village heads sometimes visit us during our group meetings when we meet at the Lead Mother’s homestead.*

*Other non-group members who are community members visit us so that they see what we are doing.*

* 1. **Probe - Other**

1. **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

**(Question: Examples of each they mention as good from past experiences?)**

*I have learnt how to care for my child and improve cleanliness in my home. The way I care for my child has changed since I started attending lessons.* **28\_What (if anything) made your experience in a group not so good?**

*I have not encountered bad experiences yet.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

If they could start chicken projects for us and vegetable gardens so that we sell the produce and maybe buy plates and start VSLA projects. Moreover, create a safe space for us because now we conduct meetings from a member's home, we wish we could meet from a different space.

1. **Probe - How can groups be led or facilitated differently?**

*I don’t see any way they can change from the way it is, the Promoter leads us when the lead mother is not there*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*We want a project that is going to sustain us, for example chicken keeping and do VSLAS and buy pots*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*We want to teach each other to cook or bake.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes, because I would teach other young mothers how to cake of their children, I want other people to learn from me*

**32\_Is there anything else anyone would like to add?**

I learnt that a children should breastfeed within 30 minutes to an hour and learnt that the first milk after birth(umthubi) is very important in the growth of the child.I learnt that a child has a way of showing you through the sounds that they are enjoying breastfeeding. Moreover there is a way that you are supposed to hold a child when they are breastfeeding.

*“ Awufanelanga unike umntwana omncane ongaphansi kwe 6 months okunye ukudla ngaphandle kochago lukamama.”* (You are not supposed to give the child who is under six months other foods except for breast milk.)