**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-LM-1-1 |
| --- | --- |
| **Respondent Group Number** | 1 |
| **Care Group Role** | Lead Mother |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | 12:30 |
| **Interview end time** | 13:56 |
| **Interview location** | Daluka |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 33 |

**Section 2: Care group experience**

**50\_What Care Groups have you joined? (Probe for: when, how long, roles in each)**

*I am in Amalima Loko Care group. I joined four months ago. My role as a lead mother is to teach mothers about how important a baby is. I teach them about the food that they should give to babies from birth to 6 months. They don’t eat any other food except breast milk. No porridge, no water. I also teach them about hygiene as well.*

**51\_Consider the most recent group, what good things did you experience? What challenges did you experience?**

*Care groups create relationships between mothers through interactions. At first most mothers were shy but as we interacted they became more confident. We visit each other at times. On challenges, mothers with children who are above 5 are reluctant to join because they think they are not benefiting anything from the group. Another challenge is distance. I walk door to door to encourage them. I would wish to be provided with a bicycle for easy movement.*

**52\_How did your experience change over time, or between care groups?**

*I have seen a lot of change. Now mothers attend meetings. They even attest to that. Others are now confident to speak in front of other people. At first they were reluctant to attend meetings but now they actively attend.*

1. **Probe - What was different? Please explain. (Probe for: positive /advantages or challenges/ disadvantages).**

*There was a time when I had Amalima Loko visitors so I was assigned to teach them to how handle visitors. At first they were reluctant, 2 days remaining they came in large numbers to participate.*

**Section 3: Care group leadership**

**53\_Tell me about being a Lead Mother…?**

1. **Probe - What are good things about being a Lead Mother?**

*Other women understand me, my instruction. It feels important as I stand in front of other women. I wish I could go further and do other activities that will develop us*

1. **Probe - What can be difficult about being a Lead Mother?**

*What I experienced at the start when mothers seemed not to be interested in meetings it was difficult to lead them. The distance is not much at times I won’t be having airtime to call them so I go door* *to door.*

1. **Probe - What have you gained by being a Lead Mother?**

*I learnt how to deal with people. The different characters of people.*

**54\_What would help Lead Mothers to carry out their roles?**

**55\_What does a Lead Mother do for the Care Group? *(Probe*: group formation, for each meeting, between meetings, linking with communities?)**

*On group formations, I mobilise group members, and give them lessons on how to handle a baby. Feeding them. Look for people from your house to 10 houses. I incorporated others. In meetings, I inform them about the day’s lesson. I read for them from the guide. I also ask questions. I them Mark the register and then inform them about next meetings*

*I first read about their purpose about a child and then ask questions and they respond. On linking with community, when I was given this role, I went to the village head and told him our roles as lead mothers, if I see that they now understand, we engage in other activities like money rounds. If we identify one of members who is needy we give her the money so that she can buy soap maybe. It is a proposed idea not yet implemented*

*Many approached me, asking If they allowed to join even if they do not have children above 5 years of age*

1. **Probe - Are some of the roles expected of Lead Mothers harder to do than others, in your experience? Why or why not? Does this vary every week or month?**

*Nothing at the moment besides teaching.*

**56\_What do others in the community think or say about Lead Mothers? (*Probe:* special attention or role? Respect? pressure?)**

*They are grateful because it brings development to the community. In terms of respect, I would say I have never seen any sign of disrespect because I was their Home Base care so they were excited to see me again.*

**57\_How many households/mothers do you have under your stewardship?**

*13*

**58\_Has your group faced any conflicts? If yes, which ones? How have you dealt with them?**

*No there has never been arguments.*

*They learn from me. I am a peaceful person*

**59\_What are the most common challenges faced by mothers/households under your stewardship?**

*Men with extra marital affairs. Also it becomes difficult for women to attend meetings***.**

**60\_What tips would you have for another lead mother?**

**Forming the Current/Most Recent Care Group**

**61\_Consider your current Care group, or most recent. What do people call it? (Probe, if there is a name other than Care group: who decided on the name?)**

*Name of group is Usane Lwami. I as the lead mother brought about this name considering that the main purpose of this group is about children. Other group members agreed with name.*

**62\_What is the purpose of the group?**

*Its development and help each other and handle our children well*

**63\_(Lead Mothers only) Who are/were members?**

*Members are mostly Young mothers and grandmothers.*

**64\_Can you describe the members? (Probe: livelihoods, ages, religion. How are you similar or different from the members? How are they similar and different from each other?)**

*They have husbands, Others are farmers, some have small stalls. Age range the oldest birth year is 1966. Middle age 32, Youngest is 14 years. Most of them go to church. On similarities, on differences, I am the one who teaches and they listen. Group members can bring their opinion or topics to be shared. on promoters they teach lead mothers so that they go and teach other members.*

**65\_Can you walk me through your process for deciding is part of the group? (Probe: where they live, age of child, age of mother, number of children, language, married/unmarried, etc)**

*I selected neighbours with children under five years of age.3 years’ others, the youngest is 2 months. language is IsiNdebele. Most of the group members are married.*

**67\_Are there other decisions lead mothers make?**

**68\_Before joining the group, did you and the members know each other? (Probe for: interactions/friendly? How did you meet the members? How did they get to know each other?)**

*No we know each other as neighbours.*

**69\_What do you expect each group member to do?**

1. **Probe - Did every member do this? (Probe: Did every member attend regularly? Did every member engage in discussion by speaking up in meetings?)**

*All participate. There is one who is shy because mother in law is in the group. But others participate. They sometimes bring topics to discuss as a group.*

**70\_Tell me the story of what I would experience if I visited [insert care group that was mentioned]: what would happen from the time I arrived until the time I leave.**

1. **Probe - Where will I arrive? Who will be there?**

*Lead mother will be there. Other members might be there a swell.*

1. **Probe - How long will it last?**

*I hour 30 mins*

1. **Probe - Is there interaction among the group? Does the group engage in interactive activities (games, activities, etc)?**

*No activities/games yet.*

1. **Probe - What do group members do during this time?**

*Having project that we do like chicken rearing or goats. If we assist school children with needs, it can be books. To be successful, we should be united and ask others to help us with security in our fowl runs e.g a fence*

**Section 4: What constitutes care group “quality”**

**85\_Close your eyes. Envision a care group which is high quality or very successful. How would you describe this group? What makes it high quality or successful?**

*Discuss together and find out the root cause and encourage her. We must sit down and discuss as a group***.**

**86\_For each below, ask their opinions. Does this make sense for Care groups? Why or why not? How could it be achieved?**

1. **Probe - groups where members actively share and problem-solve together for each topic**

*Yes, we are supposed to do that but since the group is new we haven’t implemented.*

1. **Probe - where the group is supports and encourages each other;**
2. **Probe - where members follow each session by doing the behaviors at home with their families,**

*The mothers I teach practise these lessons at home****.***

*It becomes difficult to monitor some topics. but we will just be on the lookout***.**

1. **Probe - where the group is recognized by the community.**

*This can be done through participation in other community activities*

**5 Whys: Root of Challenges and Successes of Care Groups**

**Now we would like to learn more about the challenges and successes of care groups, from your perspective. We will start the discussion and then ask “why” five times, to make sure we have the deepest understanding of the root of the challenges and successes. [Give example]**

**87\_Think about your experience leading care groups: What is the key to a care groups’ success?**

*We should be doing projects, expand your projects eg if you were rearing 100 chicken, move to 200.*

*The projects will help us generate income****,***

1. **Probe - Why is that the key to success?**
2. **Probe - Why is that important?**
3. **Probe - Why… why… why…**

**88\_Sometimes care groups have challenges. What is the biggest challenge or frustration you have seen occur in a Care Group? Can you tell me about a time when your care group experience was frustrating or challenging? What did you do? How did the group react?**

*They don’t all attend meetings. The outstanding group in terms of coming late is the young mothers.*

1. **Probe - Why is that a challenge?**

*This is because of the duties they have at home. The good thing is that they cooperate when there is a task to be done.*

1. **Probe - Why did the challenge or frustration come up?**
2. **Probe - Why is that important?**
3. **Probe - Why… why… why…**

**Section 5: Recommendations**

**89\_If a newly formed group asked for your advice, what would you say?**

*I would advise them to have good interactions and respect for each other****.***

1. **Probe - What would you say to the Lead Mother(s)?**

*To be humble at all times when dealing with people and show them love. Teach them the right things always.*

**90\_What additional support would help Lead Mothers? Other Care Groups?**

*I will assist them if there is something that they are failing to do by themselves, they can ask and I help them. I can help them in their nutrition groups. I would advise them to grow other nutritious crops so that they will be able to feed their children***Section 6: Conclusion and remaining thoughts**

**48\_Is there anything else you would like to add?**

*I thank Amalima Loko for this role. I have learnt how to deal with people, my love has grown.*

**49\_Would you like to learn the results of this research? If so, how?**

*Yes, using the same channel as the one you used now or phone call*