**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-1-1 |
| --- | --- |
| **Respondent Group Number** | 1 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 07/11/22 |
| **Interview start time** | 11:18 |
| **Interview end time** | 12:08 |
| **Interview location** | Daluka |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 31 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*I am member of a Care group only and not any group currently.*

**2\_What is the purpose of these groups?**

*Being part of a group helps me in that it teaches me how to care for my family and i have learnt a lot and corrected my mistakes and now know a lot about cleanliness. It helps in that my children cannot lack a pencil since have learnt about ways to make money.*

**3\_What made you decide to join the groups?**

*Lead mother convinced us and i have orphans in my home whom have taken care of since his birth. Lessons allow me to take care of the children and my family.Lessons teach me how to take care of the orphans and children who are below5 years.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We are taught how to be clean, your kitchen as well your home for good health. I have learnt from Sizimele chicken project so i sell eggs from chickens and amathendele which i keep and sell to sustain my family.*

1. **Probe - What benefits do or did you get from the group?**

*They teach us that the kitchen and everyone should be clean and we adhering to it. The teachings are great for me and my children and family for sustainability and I am grateful for the teachings and knowledge that I get from the group.*

1. **Probe - How often do you meet as a Care Group?**

*Once a week on Wednesdays*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*No hardships experienced in the group but we have learnt how to take care of the kids especially the under fours and we learnt about healthcare and we enjoy the lessons.*

*I got lessons which allowed me to care for a child since two months when he lost his mother, even in hospital they applauded me for caring for the child, now he is almost four years old.*

1. **Probe - How have you solved these challenges?**

*No hardships experienced in the group but we have rules and regulations that govern us and they also respect me as an elder and I take care of them as an elder person. I also reprimand them even their dresscode should be presentable.*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Lead mother visits us often and i also visit other group members often and assess how they are and the hygiene in their homes.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*It is easy to join the group, and we explain to each other and non-members how we work in the group. Everyone is free to participate and have views about topics being discussed in the group and we encourage other group members to join us to learn.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*It is shown through one change their way of life and the way they care for their children compared to what they did before. I thank you for the knowledge that I have gained.*

1. **Probe - How would you describe a high-quality care group?**

*The change in the knowledge and way of life and the kind of food being given to children has changed for the better as it includes body building food and the change in way of life that was done through the knowledge for example when women have learnt to clean their homes and know how to cook for their children good food.*

* 1. **Probe - Who is in the group?**

*Caregivers, lactating mothers and mothers of children who are under 4years.*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*I am the only grandmother and there are many young members in the group but there is no male.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*As a grandmother i visit the young mothers and teach them on how to take care of the children and they ask how to handle the children when they are breastfeeding, and I teach them.*

*Young mothers specialize on learning from the group, and they teach us how to be clean as we teach them how to care for children.*

* 1. **Probe - Who leads the group, and how?**

*The Lead Mother leads the group. She teaches us a lot especially when she comes back from workshops, she gives feedback about things she learnt.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*Group members and non-group members attend meetings.*

*We reprimand someone calmly without having to insult or directly telling off a member.*

* 1. **Probe - Practicality of discussions to apply at home.**

*Yes discussions apply a lot in our homes as we apply what we learnt for example about cleanliness and how to take care of the family .*

* 1. **Probe - Interactive activities.**

*We talk, everyone participates and states their views in any given topic and we correct each other where one is wrong.*

* 1. **Probe - Social support from members.**

*We get help from the Promoter, she visits us and adds on to what we do not know, and we teach each other even cooking methods and food that is nutritional.*

* 1. **Probe - Recognition by community leaders or structures.**

*Village heads support us and they partake in some meetings and accept the group in the area.*

* 1. **Probe - Other**

*None*

1. **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*We have learnt about cleanliness and people have changed for the better and allows for one to live healthily in their homes and their families.*

*It brings harmony and good healthcare, good constitutes something about good things*

**28\_What (if anything) made your experience in a group not so good?**

*There were no bad things experienced.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*They should start projects like VSLA projects for us so that it helps us pay school fees for our children, cover other expenses for the members and even do chicken projects for us to get money.*

1. **Probe - What can be done better?**
2. **Probe - How can groups be led or facilitated differently?**
3. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**
4. *Build a grinding mill for women to help them in the community and other self-sustenance projects.*
5. *Policies must govern us in our groups.*
6. *Village heads help emphasize policies given to the group.*
7. *Healthcare workers should teach us how to take care of things we have and how to take care of our families.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*They should show us how to do gardening and chicken projects to sustain ourselves as I love farming. I also keep chickens and I sell and get money to help me in my home and I can eat any food I want because I get my own money from my projects at home.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*No. It is hard to be a lead Mother, it needs a youth person to facilitate but I help the lead mothers in their teaching.*

**32\_Is there anything else anyone would like to add?**

*I want to thank you for the lessons, continue doing your work well.*