**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 2-GM-1-7 |
| --- | --- |
| **Respondent Group Number** | 7 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | 07-11-22 |
| **Interview start time** | 15:27 |
| **Interview end time** | 16:00 |
| **Interview location** | Daluka |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 27 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*I am a member of the Care group only and I have never joined any other group.*

**2\_What is the purpose of these groups?**

*The group is there so that women are taught about caring for the children and giving them healthy food to maintain and nurture healthy bodies, as well cleanliness.*

**3\_What made you decide to join the groups?**

*I wanted to gain more knowledge about caring for the children.*

1. **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We teach each other, do sketches, sing about the importance of healthcare of a child since birth and anything that is related to the teachings that we have received before.*

1. **Probe - What benefits do or did you get from the group?**

*I gained knowledge about things that I didn’t know, the importance of breastfeeding soon after birth,how to handle the child when breastfeeding and exclusive breastfeeding.*

*‘Umntwana nxa esanda ukubelethwa kumele amunye lokuqakatheka kokuthi umntwana umbeke esifubeni nxa emunya…lokuthi umntwana ungamniki amanzi nxa engakakwanisi inyanga eziyisithuba lokuthi umntwana umnike iporidge lomsoco…’’*

1. **Probe - How often do you meet as a Care Group?**

*Once a week on Wednesdays.*

1. **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*We have not encountered any hardships yet but I can note that we teach each other and understand what we are learning.*

1. **Probe - How have you solved these challenges?**

*No Challenges*

1. **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*The lead Mother visits us twice a week whilst as peer group members we visit each other once a week.*

1. **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no hardships when you want to join the group and everyone participates and one is allowed to emphasize a point they understand better.*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?***It is a group that is progressing, that teaches other non members about what they are doing. It is a group with knowledge and teaches other people about what they learn in their group meetings so that they use it in their day to day lives.*

1. **Probe - How would you describe a high-quality care group?**
   1. **Probe - Who is in the group?**

*Young mothers and other women who have under Five children.*

* 1. **Probe - In your Care groups do you have any male/grandmother/young mothers members?**

*We have no males but we have on two grandmothers including the promoter and young mothers.*

* 1. **Probe - If yes, what has been their contribution towards your group’s activities?**

*Since elders have more knowledge the grandmother teaches us about caring for the kids as well as ourselves as mothers and hygiene is emphasized by the grandmother.*

*Young mothers participate by acting and singing in relation to the topics being learnt.*

* 1. **Probe - Who leads the group, and how?**

*Lead mother leads the group by making follow ups if one has been absent and also teaches us about new things.The promoter organizes the meetings for us.*

* 1. **Probe - Participation: Who participates in a meeting? How are solutions identified?**

*Young mothers,lead mother, the promoter and the group members. For solutions we discuss as a group issues that arise till we reach a solution.*

* 1. **Probe - Practicality of discussions to apply at home.**

*We share what we learn in a care group with our family members as well as practicing what we learn.*

* 1. **Probe - Interactive activities.**

Everyone in the group takes part in sketches and help us as young mothers by teaching us and we also share with other people who are non members.

* 1. **Probe - Social support from members.**

*We visit each other and share knowledge and we also give money to the group member with a problem or offer any kind of support****.***

* 1. **Probe - Recognition by community leaders or structures.**

*They are happy with the development because after they getting knowledge there is positive change in the area.*

Other non group members who are community members visit us.

* 1. **Probe - Other**

1. **Probe - Examples of each they mention as good from past experience?**

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*In our area when someone had less milk when breastfeeding they would practice inclusive breastfeeding but now they have learnt about exclusive breastfeeding*

**28\_What (if anything) made your experience in a group not so good?**

*No bad experiences yet.*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*Help us and encourage us as we encourage other group members so that there is development in the area.*

1. **Probe - What can be done better?**

*They can help us with boreholes so that we get clean safe water.*

1. **Probe - How can groups be led or facilitated differently?**

*None besides listen to each other and always remember what we have been taught.*

1. **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*Encourage us to share knowledge for development*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*Topics to do with prevention of HIV and Aids.*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes because being a lead mother makes it easy to me because I will not forget what I am supposed to do to develop myself and I would stay informed .*

**32\_Is there anything else anyone would like to add?**

*None*