**3.2.B.1 Baseline interview transcript**

| **Respondent ID** | 3-GM-3-7 |
| --- | --- |
| **Respondent Group Number** | 7 |
| **Care Group Role** | Member |
| **Consent to participate** | (missing) |
| **Interview date** | (missing) |
| **Interview start time** | (missing) |
| **Interview end time** | (missing) |
| **Interview location** | Nembe |
| **Interview language** | (missing) |
| **Interview condition notes** | (missing) |
| **Enumerator ID** | (missing) |
| **Fully anonymized** | (missing) |
| **Resident community** | (missing) |
| **Gender** | Female |
| **Age** | 20 |

**Section 2: Group experience**

**1\_Are you a member of any groups now (Care Group or VSLA or others)? Have you been a member of any group in the past?**

*Yes I was a member of the care group and the Dreams group.*

**2\_What is the purpose of these groups?**

*The purpose of the care group is to encourage on taking care of children and maintaining healthy lifestyles.*

**3\_What made you decide to join the groups?**

*I joined the group because I wanted to gain knowledge on various issues of life.*

**a.** **Probe - Can you please highlight some of the activities you do as a Care Group?**

*We will be sharing information about health, lessons on cooking nutritious food as well as cooking demonstrations and engaging in netball tournaments, games and choir.*

**b.** **Probe - What benefits do or did you get from the group?**

*Care Groups are the greatest source of knowledge. I didn’t know that I was supposed to add other ingredients to make the porridge nutritious but now I understand and this has a great impact on my children especially my family.*

**c.** **Probe - How often do you meet as a Care Group?**

*We used to meet once every week but now it has been long since we last met because I have been away for sometime.*

**d.** **Probe - As a Care group what are some of the challenges/successes you have experienced?**

*We do not have proper shelter for conducting our meetings hence we are likely to be disturbed by extreme weather. We also need to have a brand for identification purposes so that other people can be attracted to the group.*

**e.** **Probe - How have you solved these challenges?**

*We have succeeded in sharing knowledge around issues that affect us as caregivers of under 5s. We now have access to labour in various labour demanding activities. We have also capitalized on working together and became successful in building various structures including cupboards.*

*We are working towards raising income to build our toilet after we have completed on building our individual toilets. We however plead for assistance from various organizations including the council to assist us get accommodation as a care group.*

**f.** **Probe - How often do you get home visits from your peer group members/Lead Mother?**

*Lead mother does home visits mostly twice a month.*

**g.** **Probe - Do you have any challenges with joining and participating in the groups? Please explain.**

*There are no challenges joining and participating in the group.*

**Section 3: Past care group experience (Amalima area only)**

**4\_Now I would like to learn from you about the Care Group.**

*The care group plays a vital role in the contributions for the building of toilets. It also contributes to maintaining cleanliness as promoters also do home visits advising us not to keep dirt in the house.*

**5\_What, in your opinion, was the main goal of the Care Group?**

*It is to reduce the number of people who fall sick as a result of a dirty environment.*

*I was invited by the lead mother.*

**6\_How were you invited to be a group member?**

*I was invited by the lead mother.*

**7\_Did the group differ from other groups you have joined? How so? (*Probe for:* positive/advantages or challenges/disadvantages).**

*The care group differs from the Dreams project because it discusses health issues while the Dreams project dwells mostly on family planning.*

***Membership:***

**8\_In the last Care Group you were a part of, who were other members?**

*It is made up of middle aged women, young mothers and grand mothers.*

**a.** **(Probe: Differences from you in age, children, or situation?)**

**b.** **Probe - Did you know them before joining the group?**

*Yes I knew them because there are community members.*

**9\_Tell me the story of what I would experience if I had visited the group: what would happen from the time I arrived until the time I leave?**

*We will be discussing about Healthcare issues such as cleanliness, smartness, childcare and playing games.*

1. **Probe - Who scheduled meetings?**

*The promoter and the lead mother are the ones who schedule meetings.*

1. **Probe - Where would I have arrived? Who would have been there?**

*You would have arrived at the promoter’s home and you will find members waiting for you.*

1. **Probe - How long did it last?**

*2 hours*

1. **Probe - Who talked?**

1. **Probe - Who led discussions/activities, who invited special guests, etc.)?**

*The lead mother will be leading the discussions.*

1. **Probe - What did group members do during this time?**

*Everyone has a right to talk in the meeting. They participate meaningfully in the meeting. The lead mother plans the agenda. Yes actions were planned and the lead mother plans what we will do or talk about.*

1. **Probe - Who planned the agenda/activities/information?**

1. **Probe - Were actions planned between meetings?**

1. **Probe - Is this how others’ past care group experiences went? What was similar? What was different?**

*The care group is similar to other groups.*

***Facilitation:***

**10\_What was your favorite session or topic covered in the last Care Group you were in? Why? (*Probe for:* facilitation, type of activity)**

*I love the topic about childcare.*

**11\_Do you remember a session when you felt well supported by the facilitator or other members of the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*It is when we learnt about breastfeeding children.*

**12\_Do you remember a session when you spoke or shared a lot? And everyone else in the group? Please tell me about it. (*Probe for:* facilitation style, activity type)**

*My best session is when we talked about the food that we had to cook for children and I suggested ‘ilambazi elinoniswe ngamazambane.’**I shared a lot when we talked about ‘ilambazi elinoniswe ngamacimbi.’*

**13\_Recall a time the group discussed a challenge you also experience, and a good solution was raised. Can you share this discussion? (Probe for: Who shared? How did you participate?)**

*No. I don’t remember*

***Focus:***

**14\_ What did you learn from the Care Group?**

*In the care group I have learnt a lot about smartness.*

1. **Probe - If we accompanied you to your home and spent a day with your family, what change would you show us that has happened as a result of group sessions?**

*You will find me cooking nutritious porridge.*

1. **Probe - Were there suggestions and changes in your home discussed with the group that you could not complete? Why not? What were they?**

*Yes. I haven’t completed toilets because I have been away from home.*

1. **Probe - Did the group discuss dealing with challenges to making suggested changes in your home? Did the group discuss solutions to the challenges? Please describe.**

*Yes. The group helped me a lot in maintaining cleanliness in my home.*

**15\_How did the care group go about making decisions as a group (e.g. topics for discussion, activities, delegation of tasks, etc.)?**

*There is participatory decision making in the group.*

*I remember the lesson that encouraged us to keep our yards clean and I quote; “Akumelanga sigcine uthuvi ekhaya"*

**16\_Please take me through your greatest memory in your past care group.**

***Social support:***

**17\_ As care group members how do you support each other?**

*Yes. There is membership support.*

**18\_Did relationships between members change over time? How did they change? (Probe: support? encouragement?)**

*Yes the care group improves relationships amongst members as it builds trust and it enhances social support systems where they can get help when they are in need.*

**19\_Did you give any support or encouragement to other members, or did others do for you? Please share examples.**

*Yes we have supported each other dig rubbish pits.*

1. **Probe - Can you describe one conversation or support that was particularly memorable or meaningful to you?**

*I can’t remember.*

**20\_While the Care Group met, did you spend time with other group members outside of meetings?**

*Yes we meet each other at home.*

***Community integration:***

**21\_ Do you still meet or talk with the other group members? Has the group continued after Amalima? When? What do you discuss? (Probes: challenges in your community or households? Tips for child care?)**

*No we no longer meet with other members because some have migrated while others live far away.*

**22\_What did other members of the community, who were not members of your care group, know about the care group? What did they think or say about it?**

*Yes they know about the group.*

**23\_Was the group recognized by community leaders? Please explain.**

*Yes, the care group is recognized by community leadership.*

1. **Probe - Could the community leaders or communities integrate or recognize such groups to support community efforts? Please explain**

*Yes they should support such groups because they help the community in providing information that brings development in the area.*

**24\_Ask if the group can think of any other key, distinct elements of care groups they would like to add?**

*None*

**25\_In order to have a successful care group what order should these cards be in? What should be prioritized?**

*We should priotize Learning above everything else.*

*-Benefits*

*-Family Proud*

*-Friendship*

*-Fun*

*-Practice*

**Section 4: What constitutes care group “quality”**

**26\_What characteristics of a care group make it of high quality for you?**

*A high quality care group is evidenced by smartness.*

1. **Probe - How would you describe a high-quality care group?**

**i.** **Probe - Who is in the group?**

*Young mothers, elderly women and Middle aged women. In our care group there are elderly women and young mother members.*

**ii. Probe - In your Care groups do you have any male/grandmother/young mothers members?**

**iii. Probe - If yes, what has been their contribution towards your group’s activities?**

*I don’t have an idea*

**iv.** **Probe - Who leads the group, and how?**

*The care group is led by the by the lead mother.*

**v. Probe - Participation: Who participates in a meeting? How are solutions identified?**

*All members participate collectively in the meeting and identify solution to their problems.*

**vi. Probe - Practicality of discussions to apply at home.**

Y*es the discussions are practical if they are affordable*

**vii. Probe - Interactive activities.**

*We used to do discussions, games, cooking demonstrations, choirs.*

**viii. Probe - Social support from members.**

*Yes we support each other.*

**ix.**  **Probe - Recognition by community leaders or structures.**

*Yes there is recognition by community leaders.*

**x.**  **Probe - Other**

**b.** **Probe - Examples of each they mention as good from past experience?**

*Good past experience is the presence of the rubbish pits for care group member*

**27\_What (if anything) makes your experience in a group of other women like yourself good? (Probe for: what does good mean?)**

*The good thing about the Care group is about maintaining cleanliness.*

**28\_What (if anything) made your experience in a group not so good?**

*No bad experience*

**Section 5: Recommendations**

**29\_Do you have any recommendations for programs that support groups for women in your community?**

*They need to help us with shelter for meetings and providing identification regalia so that we must be visible when we conduct our activities. We also need toilet and hand washing facilities for hygiene in the meeting place. Community leadership must help us financially or otherwise for transport purposes so that we mingle with others.*

**a.** **Probe - What can be done better?**

*No idea*

**b.** **Probe - How can groups be led or facilitated differently?**

*The leadership of the group is good so far hence there is no change needed.*

**c.** **Probe - How can Amalima Loko, health care workers, or community leaders support Care Groups better?**

*They need to help us with shelter for meetings and providing identification regalia so that we must be visible when we conduct our activities. We also need toilet and hand washing facilities for hygiene in the meeting place. Community leadership must help us financially or otherwise for transport purposes so that we mingle with others.*

**30\_Do you feel there are other topics or groups who could benefit from participating in a Care Group in your community?**

*No other topics*

**Section 6: Conclusion and remaining thoughts**

**31\_Would you ever consider becoming a Lead Mother for a Care Group? Why or why not?**

*Yes. I want to be a lead so that I cascade to others the knowledge that I have learnt from the Care group.*

**32\_Is there anything else anyone would like to add?**

*No Additions.*