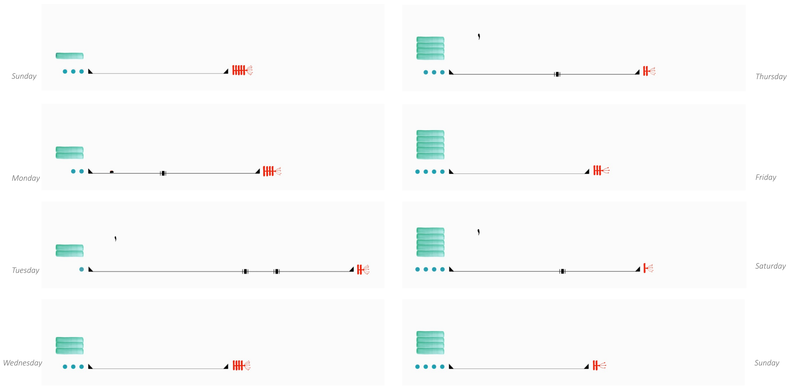
MY WEATHER LANDSCAPE : JIU JITSU ROLLS

A certain level of scepticism towards available weather forecast display due to the false claim and innate power to 'simplify complexity' in today's pictograms and big numbers in climate informatics.

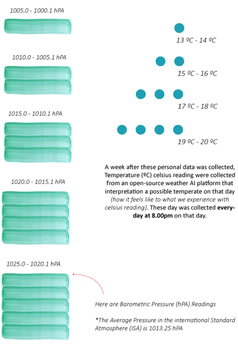
The project is an opportunity to reveal these untameable complex hidden stories of how our experiences in living practicalities are imbalanced due to weather changes. This pool of unstructured and highly qualitative data of how we engage with digital platforms, social activities and travelling time has a certain interconnected relationship of how we make emotional-choices reacting to the evolution of our space and how we can understand its possible future uses.

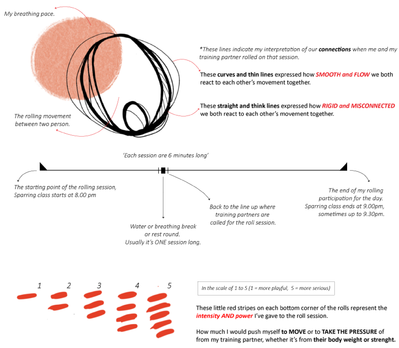
This work aims to map and reveal a possible landscape through these personal data and capture the inspiration, themes, and ideas that guided the curatorial process. This discovery process will be translated into a hand-drawn visualisation that explores the explicit and implicit features of the items, both individually and as part of a bigger ecosystem.

Below are personal data that was collected each evening throughout the week of 8th November to 15th November 2020.



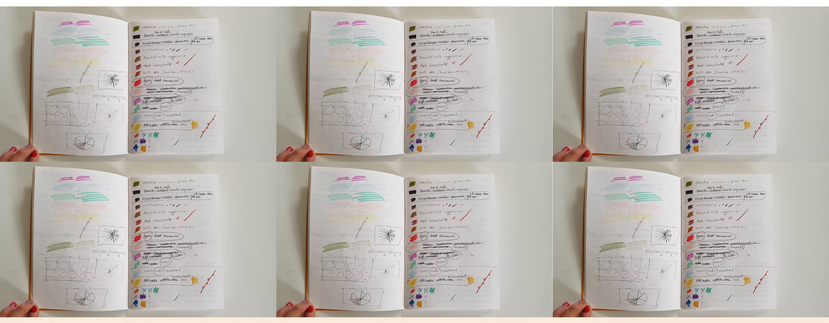
HOW TO READ

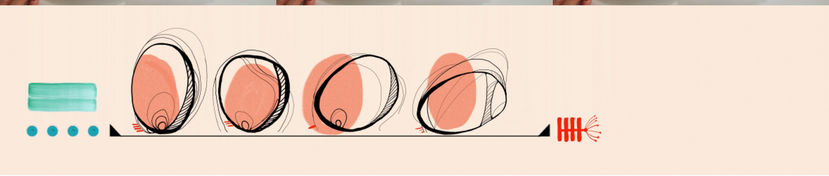




DOES BAROMETRIC PRESSURE AFFECT US PHYSICALLY AND EMOTIONALLY?

This project explore the disruption of open source weather forecast display towards the concepts of identity and mediation in our living practices.
The discourse are built around three main landscapes: a discussion of our relationship with digital platform as open source and it's accessibility, minimal and systematic data collection through observation of the self and the space, and associating data with the behaviours and habits through gestural and morphemic movement.





BAD WEATHER

My grandma used to say 'My knuckles and bad knees are the weather report. I can feel the storm coming tomorrow'.

Often accurate or rather convincing, in some ways, I am curious on how weather 'feels like' and will it hugely affect our ability to performance in our daily objectives.
In a predictable and readable weather patterns, air pressure often drops before a 'bad weather' - bad weather often refers to high humidity and strong wind, possible rain or storm. I've learnt that when the air pressure drops human tissues tempt to expand, and for a damage or rather weak tissue this can put pressure on joints and cause pain.

JIU JITSU 'Floor Grappling System'

Five years ago when I was introduce to the Jiu Jitsu (floor grappling system martial art), I expected to feel out of place assuming it's terrifying and physically demanding. I was eager to learn how to make my training less painful and more enjoyable. Little did I know, Jiujitsu is not just a physical sport, it's also a strategy game, mental conditioning and a lifestyle. The practice has changed my perception of my own capabilities and see opportunities very differently.

I train five times a week, with each session take up to 2 hours minimum. The first 15 mins are warm up mobility exercises, and accompany with 45 minutes technical drills (learning the basic techniques and understand concepts with training partners). The last hour are catered for sparring session (free-form combat with training partners). During sparring session, a call for lining up are formed according to ranking. The purpose of the line up is for higher belts to call for training partners. A timer will be set for a 6 minute round loop throughout the hour. We often have goals on how many rounds we can do for that night, and that's where we count our ROLLS for the night. Each rolls are with a different training partner - different size, weight, intensity, strength and counter style. This is were I enjoyed the nuances of body conditions, mental state and pressure in the environment changing.