

Drawing Number	Participant Number	
13	10	
Performed referenced action	Heard (Researcher / Participant dialogue)	Seen (Researcher observations)
01	<p>R: Ok, what time do you normal get up?</p> <p>P: It's usually about 07:30 / 07:45.</p>	<ul style="list-style-type: none"> Books located on the bedside table along with the TV remote.
02	<p>R: From there, what is your daily routine?</p> <p>P: I'm usually downstairs at 07:50.</p> <p>R: And then breakfast or miss it?</p> <p>P: Yeah, I do not really have breakfast; I'd make myself a cup of tea.</p> <p>R: OK, is that like a time thing or just because you do not like it?</p> <p>P: I'm not really a breakfast person, I am at the weekend but more in the week, if I'm out and about I do not really have breakfast unless I get up really, really, early.</p> <p>R: Yeah.</p> <p>P: Usually, it is just a cuppa tea, and I might have a breakfast bar.</p> <p>R: Would you eat that on the go?</p> <p>P: Yeah.</p>	<ul style="list-style-type: none"> Tea bags and sugar containers near the kettle. Participant reached for a mug with her initials on it.
03	<p>P: Oh, I have not let the dogs out. I'd let the dogs out as I'm making a drink.</p>	
04	<p>R: What time do you get dressed?</p> <p>P: I usually take my cuppa tea up with me, so about 08:15.</p> <p>R: And are your clothes laid out ready to go?</p> <p>P: Yes.</p> <p>R: So, is that the night before or in the morning?</p> <p>P: Morning more than the night before.</p> <p>R: Do you have a certain set of clothes that you use?</p> <p>P: Yeah, I usually have the clothes that I wear for work separate from what I wear otherwise.</p> <p>R: Are you bothered about what you wear in the morning for work? So, is it like a decision you have to make, so if you have not got 'that' top then I cannot wear 'those' trousers?</p> <p>P: No, I'm not that bad, no, not really.</p> <p>R: Do you lay your clothes out before you come down to get a tea?</p> <p>P: No, I usually get them out of the wardrobe as I go back up.</p>	<ul style="list-style-type: none"> Clothes hung on coat hangers. Visible divide in wardrobe separating clothes. Mirror and make-up are on sideboard in bedroom.

	<p>R: So, from this point, you are dressed?</p> <p>P: Yeah, then I do my makeup, hair and then make the bed.</p>	
05	<p>R: OK so you downstairs, what do you do then.</p> <p>P: I come back down and make sure everything is locked up and turned off, then the dogs get a chew, and then off I go.</p>	<ul style="list-style-type: none"> Participant shows gestures of checking that the door is locked by pulling on the handle.
06	<p>P: I come back down and make sure everything is locked up and turned off, then the dogs get a chew, and then off I go.</p>	<ul style="list-style-type: none"> Participant shows gestures of checking that the door is locked by pulling on the handle.
07	<p>P: I come back down and make sure everything is locked up and turned off, then the dogs get a chew and then off I go.</p>	<ul style="list-style-type: none"> Participant shows gestures of checking that the door is locked by pulling on the handle.
08	<p>R: What time do you leave?</p> <p>P: I leave about 09:15.</p>	
09	<p>R: So you go to work, what time do you come home?</p> <p>P: About 14:45 to 15:00.</p>	
10	<p>R: So from that point on, you come through the door with your bags and then what happens?</p> <p>P: I put my bags down, let the dogs out for a wee, I would grab a coffee and then usually take the dogs for a walk around the block.</p>	<ul style="list-style-type: none"> Participant places her handbag on the first step of the stairs.
11	<p>P: I put my bags down, let the dogs out for a wee, I would grab a coffee and then usually take the dogs for a walk around the block.</p>	
12	<p>P: I put my bags down, let the dogs out for a wee, I would grab a coffee and then usually take the dogs for a walk around the block.</p>	<ul style="list-style-type: none"> Reaches for the same initial mug she used earlier. Gets dog lead and bags out of a drawer near the Kitchen sink.
13	<p>P: I put my bags down, let the dogs out for a wee, I would grab a coffee and then usually take the dogs for a walk around the block.</p>	
14	<p>R: OK, how long are you generally out for?</p> <p>P: About 40 to 45 minutes.</p> <p>R: So about 16:00?</p> <p>P: Yeah.</p>	
15	<p>R: So, the dogs are sorted, and you are back in at 16:00, then what?</p> <p>P: I usually put the washing on if I need to do the washing, Hoover through and clean up.</p> <p>R: Right.</p> <p>P: I'd probably have a bit of a chill by sitting and watching TV or go on my iPad, then I would start making some food at about 17:30.</p>	<ul style="list-style-type: none"> iPad located down the arm of the chair.

16	<p>R: OK, so when cooking is this something that is pre-set, or do you look in the cupboards and decide?</p> <p>P: Yeah, I look to see what food I have in the cupboard or the fridge and make something from that.</p> <p>R: And then after dinner?</p> <p>P: I wash up and tidy up.</p>	<ul style="list-style-type: none"> • Participant keeps vacuum cleaner in the Storeroom and cleaning products under the sink. • Participant scans cupboards and creates meal from scratch. • Noted to be no visible cookbooks in the Kitchen.
17	<p>R: Do you eat in the Kitchen or come into the Living Room?</p> <p>P: I usually eat in the Living Room if I'm on my own, yeah.</p>	
18	<p>P: Then at about 18:30 I'd go for a shower and if I am not going anywhere then my pyjamas will go on and then it will be a bit of a lounge night.</p> <p>R: OK.</p> <p>P: Sometimes I would go to my sisters or my brothers.</p> <p>R: OK, so is the evening your time to relax then?</p> <p>P: Yes.</p> <p>R: And mainly do you relax in the Living Room?</p>	<ul style="list-style-type: none"> • Participant gestures to reach for hot towel from the towel radiator in Bathroom.
19	<p>P: Yes, then I probably go up to bed at 21:30 then the TV will go on in the Bedroom and I do read, I do like my books to read for an hour or so.</p> <p>R: What time would you go to sleep?</p> <p>P: It is usually about 22:30 to 23:00.</p>	