

Table 1. The baseline demographic and clinical characteristics of the study participants

Parameter	n (%)
Age, years, mean (SD)	65 (8.63)
Supplemental oxygen use, n (%)	4 (7.69)
Smoking status	
Never, n (%)	18 (34.62)
Current, n (%)	4 (7.69)
Former, n (%)	30 (57.69)
FVC % predicted, mean (SD)	82.02 (17.65)
TLco, % predicted, mean (SD)	60.25 (18.47)
6MWT, m, mean (SD)	487.81 (93.69)
GAP index (%)	
I	34 (65.39)
II	17 (32.69)
III	1 (1.92)

n, number; FVC, forced vital capacity; TL_{CO}, lung transfer factor for carbon monoxide; 6MWT, 6-minute walk test; GAP, GAP index for idiopathic pulmonary fibrosis

Table 2. Comorbidities recorded at the baseline

Comorbid condition	n (%)
Respiratory disorders other than IPF	9 (17.31)
Chronic obstructive pulmonary disease	1 (1.92)
Respiratory insufficiency	8 (15.38)

Others	9 (17.31)
Gastrointestinal disorders	5 (9.62)
Gastro-oesophageal reflux disease	10 (19.2)
Metabolism disorders	19 (36.54)
Diabetes mellitus	10 (19.23)
Hypercholesterolaemia	9 (17.31)
Vascular disorders	36 (69.23)
Hypertension	24 (46.15)
Cardiac disorders	19 (36.54)
Osteoarthritis	18 (34.62)
Infections developed during the course of the study	2 (3.85)
Chronic sinusitis	2 (3.85)
Nervous system disorders	3 (5.77)
Psychiatric disorders	2 (3.85)
Depression	10 (19.2)