**Table 1. The body weight monitor in last 7 days**

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| **Group** | **Initial weight (g)** | **Final weight (g)** | **Increase (g)** |
| Control group | 255.83±12.01 | 263.83±11.20 | 8.00±5.40 |
| AZC group | 236.83±9.33 | 241.17±7.91 | 4.33±2.80 |
| ZBDHD-H | 239.33±7.12 | 246.67±9.79 | 7.33±3.44 |
| ZBDHD-M | 233.17±12.46 | 242.00±16.19 | 8.83±5.60 |
| ZBDHD-L | 228.17±8.52 | 235.00±8.88 | 6.83±3.66 |

Note: The data are expressed as mean ± SD (n = 6).