

Supplementary Figure S1: Device guide.

GLUCOSE MONITORING

(VERSION 6 - OCTOBER 2020)

Insurance coverage for devices may vary.



| PRODUCT | STEPS TO USE | UPKEEP | VISIBILITY | ALERTS | LINK TO PHONE? | CAREGIVER SHARING? | COMPATIBLE WITH PUMP? | BASAL ADJUSTMENTS? | DATA VIEWING? | DATA AVAILABLE? |
|---|---|--|-----------------------------|--------|--|---------------------------------------|---------------------------------------|--|---|--|
| METER | <ul style="list-style-type: none"> Prepare meter Poke finger Check reading | Carry supplies at all times | Pull out supplies | ✗ | ✗ Some meters have mobile apps that link via Bluetooth | ✗ | ✗ | ✗ | Plug into PC to upload data | Individual BG checks show whether BG is high, low, or in range |
| CGM Abbott FreeStyle Libre 2 | <ul style="list-style-type: none"> Wave reader or compatible phone over sensor Check reading ** | <ul style="list-style-type: none"> Change sensor every 14 days Charge reader | Sensor attached to body | ✓ | Optional, customizable for highs and lows Reader available for iOS and some Android devices | ✓ Via Libre LinkUp app | ✗ | ✗ | Scan sensor every 8 hours, plug into PC to upload data to LibreView | Measure glucose once per minute, shows current glucose, trend arrows, and graph of past data |
| CGM Medtronic Guardian Connect System | <ul style="list-style-type: none"> Check iOS device for glucose level ** Calibrate with meter 2x per day | <ul style="list-style-type: none"> Change sensor every 6-7 days Charge transmitter | Sensor attached to body | ✓ | Customizable for highs and lows (not severe lows) Real-time view for iOS devices | ✓ Via CareLink Connect app for iOS | ✗ | ✗ | Mobile app uploads data to CareLink web app every night | Shows current glucose, trend arrows, and graph of past data |
| CGM Medtronic Guardian Sensor 3 | <ul style="list-style-type: none"> Check connected 670G pump for glucose level ** Calibrate with meter 2x per day | <ul style="list-style-type: none"> Change sensor every 6-7 days Charge transmitter | Sensor attached to body | ✓ | Customizable for highs and lows (not severe lows) | ✗ | ✓ Medtronic 630G Medtronic 670G | ✓ Connects to Medtronic 670G for auto-dosing and 630G for low glucose suspend | Plug into PC to upload data to CareLink | Shows current glucose, trend arrows, and graph of past data |
| CGM Dexcom G6 | <ul style="list-style-type: none"> Check phone or receiver for glucose level ** | <ul style="list-style-type: none"> Change sensor every 10 days Charge receiver Change transmitter every 90 days | Sensor attached to body | ✓ | Customizable for highs and lows (not severe lows) Real-time view for iOS and Android | ✓ Via Follow app | ✓ Tandem t:slim X2 | ✓ Connects to Tandem t:slim X2; Control IQ for auto-dosing and Basal IQ for low glucose suspend | Mobile phone view, data transmits to Dexcom Clarity; plug receiver into PC to upload data | Shows current glucose, trend arrows, and graph of past data |

** Must use a blood glucose meter to verify low blood glucose or when symptoms do not match CGM reading