**Supplementary file 1: Questionnaire on COVID-19 associated Anger, Anxiety and Depression amongst Low-Income Earners in Uganda**

1. Sex

* Male{ }
* Female{ }

2. Age\_\_\_\_\_\_\_\_\_\_

3. Educational status

* Primary level{ }
* Secondary level{ }
* Tertiary level{ }
* No formal education{ }

4. Marital status

* Single{ }
* Married{ }
* Separated{ }
* widowed{ }

**ASSESSMENT OF MENTAL HEALTH CARE AWARENESS**

5. Do you know what mental health care is?

* Yes{ }
* No{ }

6. Do you know any facility in Uganda where mental health care is provided?

* Yes{ }
* No{ }

7. Is there a place in your locality where mental health care is provided?

* Yes{ }
* No{ }

8. Do you have a pre-existing mental health challenge?

* Yes{ }
* No{ }
* Not sure{ }

9. Which of the following mental health challenges applies to you?

* Anxiety{ }
* Depression{ }
* Paranoia{ }
* Anger issues{ }
* Others{ }
* Not available{ }

10. How do you handle your mental health challenge? (tick one or more)

* Use of medication{ }
* Drinking alcohol or smoking{ }
* Watching movies{ }
* Singing or dancing{ }
* Binge eating{ }
* others{ }
* None of the above{ }

**ASSESSMENT OF ANXIETY USING MODIFIED GAD**

11. Have you heard of any mental health challenge related to Covid-19 before?

* Yes{ }
* No{ }
* Maybe{ }

12. How has the Covid-19 updates and stories globally affect you? (tick one or more)

* Makes me feel nervous or anxious{ }
* Makes me worried{ }
* Makes me restless or sleepless{ }
* Makes me easily annoyed or irritable when some discusses it{ }
* Makes me afraid I may become infected{ }
* Indifferent { }

13. Since Covid-19 was confirmed in Uganda, how much have you adhered to Ministry of Health specified safety

* obsessively{ }
* moderately{ }
* slightly{ }
* not sure{ }

14. How do you feel if you unconsciously fail to observe or adhere to the ministry of health specified safety guidelines? (tick one or more)

* Makes me feel nervous or anxious{ }
* Makes me worried{ }
* Makes me restless or sleepless{ }
* Makes me easily annoyed or irritable when some discusses it{ }
* Makes me afraid I may become infected{ }
* Indifferent { }

15. Has the lockdown affected your source of income?

* Yes{ }
* No{ }
* Prefer not to say{ }

16. If the lockdown has affected your source of income, how does that make you feel? (Tick one or more)

* Makes me feel nervous or anxious{ }
* Makes me worried{ }
* Makes me restless or sleepless{ }
* Makes me afraid that I may lose my job
* Indifferent { }

**ASSESSMENT OF ANGER USING MODIFIED STAXI-2**

17. How does the lockdown make you feel? (tick one or more)

* I feel Angry{ }
* I feel furious{ }
* I feel like hitting or kicking something
* I feel irritated{ }
* I feel annoyed{ }
* I feel mad{ }
* I feel like breaking things{ }
* Indifferent { }

18. If you are a parent with young children, how does this lockdown with little ones make you feel? (tick one or more)

* I feel Angry{ }
* I feel furious{ }
* I feel like hitting or kicking something
* I feel irritated{ }
* I feel annoyed{ }
* I feel mad{ }
* I feel like breaking things{ }
* Not applicable{ }

19. Has the lockdown made the young children staying with you to spoil or break any household items and how does that make you feel? (tick one or more)

* I feel Angry{ }
* I feel furious{ }
* I feel like hitting or kicking something
* I feel irritated{ }
* I feel annoyed{ }
* I feel mad{ }
* I feel like breaking things{ }
* Not applicable{ }

20. Have you been spending more on feeding during the lockdown?

* Yes{ }
* No{ }
* Not sure{ }

21. If yes, how does that make you feel? (tick one or more)

* I feel Angry{ }
* I feel furious{ }
* I feel like hitting or kicking something
* I feel irritated{ }
* I feel annoyed{ }
* I feel mad{ }
* I feel like breaking things{ }

22. Are you worried about your finances or foodstuffs finishing during the lockdown?

* Yes{ }
* No{ }
* Not sure{ }

23. If yes, how does that make you feel? (tick one or more)

* I feel Angry{ }
* I feel furious{ }
* I feel like hitting or kicking something
* I feel irritated{ }
* I feel annoyed{ }
* I feel mad{ }
* I feel like breaking things{ }
* Indifferent { }

**ASSESSMENT OF DEPRESSION USING MODIFIED BDI**

24. How do you feel about your sleeping pattern since the lockdown began?

* I do not feel sad about it{ }
* I feel sad about it{ }
* I am sad all the time and can’t snap out of it{ }
* I am so sad and unhappy about it
* Indifferent { }

25. Has this lockdown affected your weight?

* I haven’t lost much weight if any{ }
* I have lost more than 2.5kg{ }
* I have lost more than 5kg{ }
* I have lost more than 7.5kg{ }
* Not sure{ }

26. If you have gained more weight, how does that make you feel?

* I do not feel sad{ }
* I feel Sad{ }
* I feel unhappy{ }
* I feel annoyed{ }
* Indifferent { }

27. How has the lockdown affected your zeal towards socializing?

* I have not lost interest in socializing with people{ }
* I am less interested in socializing with people than I used to be{ }
* I have lost most of my interest in socializing with other people{ }
* I have lost all my interest in socializing with other people{ }
* Did not affect if{ }

28. What has been your coping mechanism to maintain your mental health during the lockdown? (Tick one or more)

* Watching movies{ }
* Reading { }
* Engaging in meditation{ }
* Personal development in form of learning new skills{ }
* Eating more than I used to{ }
* Others{ }

29. How satisfied are you with what you earn monthly from your work or business?

* I do not feel like a failure{ }
* I feel like I have failed myself{ }
* I wished I could get a better job or pay{ }
* I feel I am a complete failure as a person
* Indifferent { }

30. If covid-19 doesn’t have a cure or vaccine, how do you feel about the future?

* I am not particularly discouraged about the future{ }
* I feel discouraged about the future{ }
* I feel I have nothing to look forward to
* I feel the future is hopeless and that things cannot change { }