

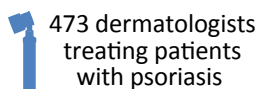
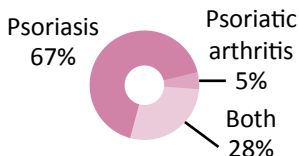
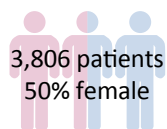
Evolution of Patient Perceptions of Psoriatic Disease: Results from the Understanding Psoriatic Disease Leveraging Insights for Treatment (UPLIFT) Survey

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Several new treatments for psoriasis and psoriatic arthritis have recently become available. How do patients and dermatologists perceive disease and treatment today?

The UPLIFT survey

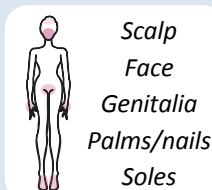
The Understanding Psoriatic Disease Leveraging Insights for Treatment (**UPLIFT**) patient and dermatologist surveys asked about their respective experiences with psoriasis and/or psoriatic arthritis and current treatment options



Patient-reported experience

QUALITY OF LIFE (QOL)

Patients with at least one affected **special area** reported **lower QoL**, especially when the face was affected



DISEASE CHARACTERISTICS

78% had **≤3 palms** of skin involved **YET** **~60%** reported **moderate or severe** disease

~50% of those with **≤3 palms** and **≥1 affected special area** were using **topical** treatment only or **no treatment**

42% had notable **joint discomfort**

Living with vs. treating disease

PATIENTS

What factors define disease severity?



1. Type of symptoms
2. Disease duration
3. Lesion location

DERMATOLOGISTS



1. Quality of life
2. Amount of skin involvement
3. Type of symptoms

What's the most important treatment goal?



Reduce **itching**

Improve **quality of life**

What is the most important attribute of ideal therapy?

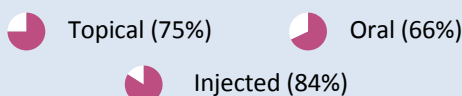
Symptom improvement ★

★ **Long-term efficacy**

Current treatment options

Patients find most options **burdensome**

Doctors think **≥50%** of patients are **satisfied**



Are better therapies for psoriasis needed?

Yes (84%)

Yes (≥73%)

The UPLIFT survey reveals opportunities for enhancing patient–dermatologist relationships and addressing the persistent unmet needs of patients living with psoriatic disease.