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Structural vibration absorption in multilayered sandwich structures using negative stiffness nonlinear oscillators

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Abstract

We hereby report on the incorporation of negative stiffness oscillators realized through Euler buckled beams within vibrating multilayered sandwich structures. Such devices have been extensively investigated as single degree of freedom isolation mechanisms when mechanical grounding is available. It is worth exploring the influences of implementing such mechanisms within continuous multilayered vibrating structures given their interesting nonlinear vibration isolation characteristics. A numerical investigation is presented in this work with the computed performance being compared against the one of linear oscillators of equal mass and damping properties. Despite the fact that the negative stiffness nonlinear (NSN) oscillators were not properly optimized for the specific application due to the implied computational cost, they exhibited superior performance to their linear counterparts in a broadband sense. Considering the dependence of the linear resonators' performance to manufacturing precision and narrowband excitation, the NSN concept is an excellent candidate for attenuating structural vibration across a wide spectrum.

Keywords: Nonlinear resonators, Vibration absorption, Mechanical metamaterials, Negative stiffness, Multilayered sandwich structure

1. Introduction

Installing oscillators in vibrating structures is an effective method to improve their vibration absorption capacity. The popular vibrational metamaterials are essentially structures

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34 consisting of host components and periodically/nonperiodically attached oscillators. For
35 instance, Liu et al. [1] first fabricated crystals with periodically distributed oscillators made
36 of hard cores and soft rubber coatings. Zhang et al. [2], Huang et al. [3], Langfeldt et al. [4],
37 Chen et al. [5] and Peng and Pai [6] developed metamaterial beams, plates and sandwich
38 structures with membrane or mass spring oscillators. Meng et al. [7–10] studied metama-
39 terial beams with spatially varying cantilever-mass oscillators. Barnhart et al. [11], Peng et
40 al. [12], Pai et al. [13], Xiao et al. [14] investigated metamaterials with multiple resonators
41 with the purpose of broadening vibration absorption band. Xiao et al. [15] created metama-
42 terial rods with coaxial rubber rings and metal rings oscillators. Li et al. [16] investigated
43 the vibration suppression performances of metamaterial structures constituted of double
44 sides stepped oscillators deposited on plates. Most of the existing metamaterials contain
45 linear oscillators. The vibration energy can be greatly absorbed by the resonance of linear
46 oscillators, the stop bands of metamaterials hence occur at the vicinity of the resonance
47 frequencies of the linear oscillators. Broadband vibration absorption is hard to achieve by
48 metamaterials with linear oscillators. Besides, the resonant frequencies of linear oscillators
49 are proportional to their stiffness and reversely proportional to their mass. The mass of
50 oscillators is generally restricted in applications to avoid adding extra burden to vibrating
51 structures, the stiffness of oscillator therefore needs to be minimized to realize low frequency
52 vibration absorption.

53 Negative stiffness mechanisms (NSMs) are structures that can exhibit a reversal of usual
54 displacement to force ratio in some region. NSMs have been realized by different configura-
55 tions. For instance, Carrella et al. [17, 18], Kovacic et al. [19], Tang and Brennan [20], Liu et
56 al. [21] and Hao and Cao [22] proposed NSMs created with two oblique or horizontal springs
57 connected at one end. These NSMs were connected with vertical springs to form the so called
58 quasi-zero-stiffness structures. Yao et al. [23], Zhou et al. [24] and Wang et al. [25] developed
59 vibration isolation platforms with cam-roller-spring mechanisms. Zhang and Zhao. [26], Sun
60 and Jing [27], and Sun et al. [28] investigated nonlinear vibration isolation obtained by scis-
61 sor like structures. Wu et al. [29], Dai et al. [30] and Bian and Jing [31] developed nonlinear
62 vibration isolation systems with bio-inspired structures. Rigid bars were also used for the
63 construction of NSMs. Platus [32], Yang et al. [33] and Wang et al. [34] studied the dynamic
64 and power flow behaviors [21] of NSMs consisting of rigid bars hinged at the center with
65 the other ends moving freely in horizontal guideway. Zhang et al. [35] and Le and Ahn [36]
66 designed vibration isolation systems with rigid bar NSMs for high precision instruments and
67 vehicle seat applications. Besides, bistable structures such as buckled beams were widely
68 applied in the NSMs. Fulcher et al. [37], Kashdan et al. [38], Haberman [39] investigated
69 the load-deformation response of buckled beams which displayed negative stiffness behav-
70 iors in the transition between two stable states. Virgin and Davis [40], and Lee et al. [41]
71 used the buckled struts to design negative stiffness spring component for vibration isolation
72 systems. Wooderd and Houserman [42] configured negative stiffness suspension system with
73 two compressed beams. Liu et al. [43] and Huang et al. [44, 45] developed negative stiffness
74 connectors formed by two compressed Euler beams hinged at both ends. Apart from the
75 mechanical structures, magnetic and electromagnets were also adopted to construct NSMs.
76 Xu et al. [46], Zheng et al. [47], and Wu et al. [48] proposed negative stiffness springs by

77 virtue of the repulsive forces between a pair of fixed and freely sliding magnets, coaxial ring
78 magnets and cuboidal magnets respectively. Robertson et al. [49] and Carrella et al. [50] and
79 Dong et al. [51] investigated NSMs composed of a center floating magnet and two magnets
80 at different sides which exerted attraction forces on the center magnet. These NSMs were
81 combined with mechanical springs to form high-static–low-dynamic stiffness isolator. Tun-
82 able [52] electromagnet NSMs could be realized by replacing some magnet components with
83 electromagnets. Zhou and Liu [53, 54] constructed an electromagnet NSM in which a center
84 permanent magnet was placed between a pair of electromagnets. Pu et al. [55] proposed
85 negative stiffness springs with coils and coaxial magnets. The stiffness of these NSMs was
86 tuned by controlling the current.

87 The NSMs have found wide applications in vibration isolation systems. A popular appli-
88 cation is the nonlinear energy sink, which is a local attachment with nonlinear typically cubic
89 and negative stiffness that could effectively absorb vibration within a broader spectrum of
90 frequency compared with linear attachments [56–59]. The NSMs were mostly implemented in
91 vibration isolation systems that were connected to mechanical grounding, only a few studies
92 were conducted regarding continuous vibrating structures with NSMs. Zhou et al. [60–62],
93 Casalotti et al. [63] and Wang et al. [64, 65] proposed metamaterial beams, rods and plates
94 that achieved low frequency band by using NSMs. Kani et al. [66] investigated the energy
95 transfer from a simple supported continuous beam to the nonlinear energy sink. The semi-
96 nial work presented in [64] is the first one to exhibit the advantages of incorporating NSMs
97 within 2D continuous vibrating structures. The authors focused on extracting the band
98 structure of the structural unit cell using a plane-wave expansion method and considering
99 the linearized stiffness of the oscillators. We hereby expand the above analysis to NSMs
100 comprising Euler buckled beams and also through employing finite element modelling to
101 capture the full effects of nonlinearity on the structural response.

102 Multilayered sandwich structures are widely employed within the transport and energy
103 industries thanks to their high stiffness over mass performance indices. Despite their ad-
104 vantages, the low mass and high stiffness of such structures implies high vibrational and
105 acoustic transmissibility with low frequency vibration absorption being an important open
106 technological issue. Inspired by the designing ideas of metamaterial structures and NSMs, we
107 analyzed the structural responses of negative stiffness nonlinear (NSN) oscillators consisting
108 of hinged buckled Euler beam NSMs and oscillating mass incorporated in a vibrating unit,
109 and implemented for the first time the NSN oscillators in the cores of multilayered sandwich
110 structures to improve their structural vibration absorption performance. The multilayered
111 sandwich structures with NSN oscillators were modeled through a 3D finite element (FE)
112 approach which can accurately estimate the structural responses in wide frequency ranges
113 as well as in time domain. In addition, we compared the frequency responses between sand-
114 wich structures with NSN oscillators and linear resonators of the same mass while tuned for
115 different frequency bands to give out a further insight of the influences of the NSN oscillators.

116 This paper is structured as follows: Section 2 presents the employed NSN oscillators,
117 analyzes the structural responses of a vibrating unit with the NSN oscillator, and searches
118 for designs that are able to perform interwell vibration. Section 3 investigates the vibration
119 absorption performances of multilayered sandwich structures that incorporate the above-

120 mentioned NSN oscillators. Design optimization and necessary future developments of NSN
 121 structures are pointed out in Section 4. Concluding remarks are finally drawn in Section 5.

122 2. Analysis of the considered negative stiffness nonlinear oscillator

123 The NSN oscillator design is shown in Fig. 1(a). It should be noted that the function
 124 of the oscillator is rather different compared to previous work [43, 67] which were aiming at
 125 vibration isolation for a single degree of freedom system and for which a positive stiffness
 126 was also required to support the weight of the oscillating mass.

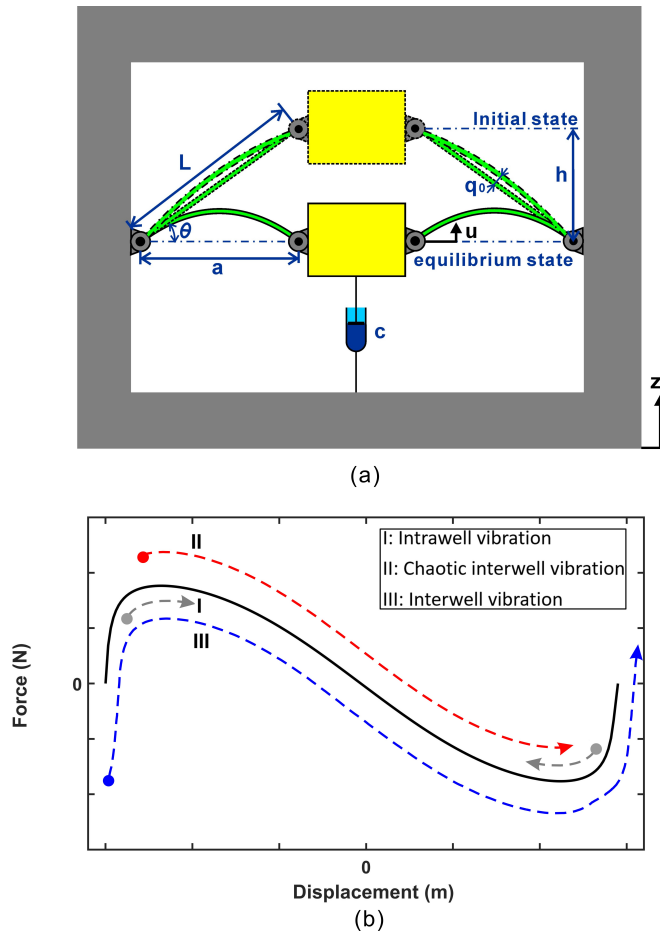


Figure 1: (a) The employed NSN oscillator depicted enclosed within the master structure (not to scale). The upper stable, as well as the snap-through (unstable equilibrium) states are shown along with the considered design variables of the oscillator, (b) The three expected vibration modes of the oscillator: I. Intrawell stable oscillation, II. Chaotic interwell oscillation and III. High amplitude interwell oscillation.

127 In this work the NSN comprises a small mass m_{osc} which is destined to oscillate with
 128 a significant amplitude to maximize the absorbed vibrational energy. The kernel idea to
 129 explore in this work is employing an unstable spring which will push m_{osc} away from its
 130 equilibrium position to maximize vibration amplitude. There are typically three oscillation

131 modes for the NSN oscillator, i.e. intrawell vibration which is the low amplitude oscillation
 132 that cannot cross the equilibrium state, chaotic interwell vibration which has medium
 133 amplitude that is able to cross the equilibrium state and interwell vibration with largest
 134 oscillation amplitude as shown in Fig. 1(b).

135 The considered values for m_{osc} will be relatively low (5-10%) compared to the master
 136 structure thus the inertial forces applied on m_{osc} due to acceleration are expected to be much
 137 larger than weight. This is in contrast to previous works [18, 41, 43, 45, 67, 68] where a large
 138 mass is supported by a positive stiffness spring and the vibration of which is to be abated
 139 in order to minimize transmissibility. Such transmissibility isolation devices incorporating
 140 Euler buckled beams have been employed for increasing driver seat comfort, as well as
 141 satellite vibration isolation bases. In this work the authors adopt this design concept and
 142 aimed at adapting its design variables to transform it into a vibration absorption oscillator.
 143 Fig. 2 illustrates this major difference in the two designs (vibration isolation and vibration
 144 absorption), stressing the fact that optimal operation range for transmissibility isolation is
 145 focused around the equilibrium point of the Euler beams, while in this work the authors are
 146 attempting full interwell vibration for m_{osc} in order to maximize the amount of absorbed
 energy.

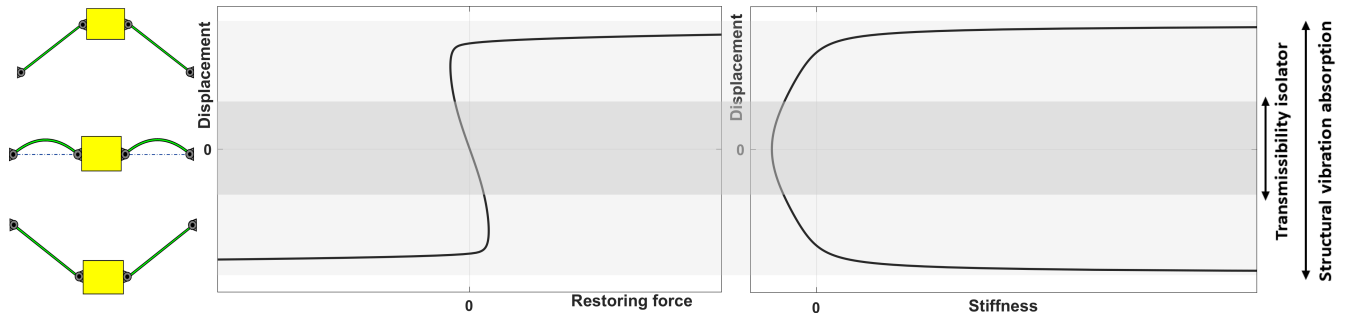


Figure 2: Representative force-displacement and stiffness-displacement curves are presented next to the corresponding positions of the oscillating mass. The targeted operating zones are also presented, highlighting the difference between operation of a single degree of freedom transmissibility isolator connected to a heavy mass [43] (dark grey) and the structural vibration absorption configuration (light grey) proposed in this work.

147
 148 Another major difference between this work and previous ones is that the NSN oscillators
 149 are hereby not designed for improved functionality close to zero frequency but for activation
 150 close to structural resonances around which vibration amplitude becomes maximum. The
 151 optimal design is therefore not necessarily the one providing zero stiffness for m_{osc} but the one
 152 that maximizes energy absorption close to resonances thanks to sufficient inertial restoring
 153 force which allows for m_{osc} to perform interwell vibration. This is typically attained at
 154 frequencies higher than 0, as well as high structural vibration amplitudes.

155 *2.1. Derivation of the frequency response curve expression for the proposed NSN oscillator*
 156 *under a master structure displacement excitation*

157 The perpendicular normalized force transmitted from the axially loaded slender beam to
 158 the oscillating mass can be provided by the solution of the Euler beam expression [40, 69]

$$\frac{F}{P_e} = \left[1 - \frac{\pi q_0}{L} \left(\left(\frac{\pi q_0}{L} \right)^2 + 4 \left(1 - \sqrt{\left(\frac{u}{L} \right)^2 + (\cos \theta)^2} \right) \right)^{-1/2} \right] \times \left[\sqrt{\left(\frac{u}{L} \right)^2 + (\cos \theta)^2} - \frac{12 + \left(\frac{\pi q_0}{L} \right)^2}{4} \right] \left[\frac{u}{L \sqrt{\left(\frac{u}{L} \right)^2 + (\cos \theta)^2}} \right] \quad (1)$$

160 with q_0 being the initial imperfection of the beam, L its initial length before buckling,

$$P_e = EI \frac{\pi^2}{L^2} \quad (2)$$

161 E being the Young's modulus of the beam material and I the second moment of area for
 162 the beam's cross-section. It is worth noting that when the two endpoints of the beam lay
 163 on a horizontal line ($u=0$) it is implied that the vertical restoring force the two beams are
 164 providing is zero with the corresponding restoring stiffness also being minimum at that state
 165 of unstable equilibrium (see also Fig. 2). The vertical restoring force is symmetric about
 166 that point.

167 A Taylor Series expansion of the restoring force determined by Eq.(1) can be formulated
 168 around the unstable equilibrium point ($u=0$), as

$$\frac{F}{P_e} = -k'_1 \left(\frac{u}{L} \right) + k'_3 \left(\frac{u}{L} \right)^3, \quad (3)$$

169 which can be reduced to the following system of equations

$$F = - \left(\frac{k'_1 P_e}{L} \right) u + \left(\frac{k'_3 P_e}{L^3} \right) u^3 = -k_1 u + k_3 u^3, \quad (4)$$

170 with

$$k'_1 = \left(\frac{a-b}{2a\gamma} \right) \left(\frac{b^2}{2} - 2\gamma + 6 \right) \quad (5a)$$

$$k'_3 = \frac{a-b}{2a\gamma^2} + \left(\frac{a-b}{4\gamma^3 a} + \frac{b}{2\gamma^2 a^3} \right) \left(\frac{b^2}{2} - 2\gamma + 6 \right) \quad (5b)$$

$$a = \sqrt{\left(\frac{\pi q_0}{L} \right)^2 - 4 \cos \theta + 4} \quad (5c)$$

$$b = \frac{\pi q_0}{L} \quad (5d)$$

$$\gamma = \frac{a}{L} = \cos \theta \quad (5e)$$

172 Following Figs.1 and 2, the mass may be balanced at $u = +u_0$ or $u = -u_0$, which is
 173 determined by the characteristics of the Euler beam and the ones of the oscillating mass

$$-k_1 u_0 + k_3 u_0^3 = mg \quad (6)$$

174 where $u = +u_0$ can be solved by Cardano method. The balanced position as well as the num-
 175 ber of solutions are determined by whether $\Delta = \left(-\frac{mgL^3}{2k'_3 P_e}\right)^2 + \left(-\frac{k'_1 L^2}{3k'_3}\right)^3 =$
 176 $\left(\frac{mg}{2P_e} + \frac{k'_1}{3} \sqrt{\frac{k'_1}{3k'_3}}\right) \left(\frac{mg}{2P_e} - \frac{k'_1}{3} \sqrt{\frac{k'_1}{3k'_3}}\right)$ is larger, equal to or smaller than zero.

177 The equation of motion for the single degree of freedom system is therefore expressed as

$$m \frac{d^2 y}{dt^2} + c \frac{dy}{dt} - k_1 (y+u_0) + k_3 (y+u_0)^3 = mZ_0\omega^2 \cos \omega t + mg, \quad (7)$$

178 with $y = u - z$ being the relative displacement and Z_0 the vibration amplitude of the master
 179 structure. Then according to Eq. (6) and (7), the equation of motion becomes

$$m \frac{d^2 y}{dt^2} + c \frac{dy}{dt} + (-k_1 + 3k_3 u_0^2) y + 3k_3 u_0 y^2 + k_3 y^3 = mZ_0\omega^2 \cos \omega t, \quad (8)$$

180 OR

$$\frac{d^2 y}{dt^2} + \frac{c}{m} \frac{dy}{dt} + \frac{(-k_1 + 3k_3 u_0^2)}{m} y + \frac{3k_3 u_0}{m} y^2 + \frac{k_3}{m} y^3 = Z_0\omega^2 \cos \omega t. \quad (9)$$

181 The above equation is written in a general way as

$$\ddot{y} + 2\beta\dot{y} + \alpha_1 y + \alpha_2 y^2 + \alpha_3 y^3 = Z_0\omega^2 \cos \omega t \quad (10)$$

where

$$\beta = \frac{c}{m} \quad (11a)$$

$$\alpha_1 = \frac{-k_1 + 3k_3 u_0^2}{m} \quad (11b)$$

$$\alpha_2 = \frac{3k_3 u_0}{m} \quad (11c)$$

$$\alpha_3 = \frac{k_3}{m} \quad (11d)$$

The harmonic balance method [70] is employed to get the steady solution for the re-
 sponse of the system. The steady-state solution to Eq. (10) is assumed to be $y(t) =$
 $A_0 + A_1 \cos(\omega t + \varphi)$ and by setting the coefficients of the same harmonics to be equal
 and ignoring the higher harmonics leads to

$$b_1 A_0 + b_3 A_0^3 + \frac{3}{2} b_3 A_0 A_1^2 = b_0 \quad (12a)$$

$$-\omega^2 A_1 + b_1 A_1 + 3b_3 A_0^2 A_1 + \frac{3}{4} b_3 A_1^3 = Z_0\omega^2 \cos \varphi \quad (12b)$$

$$-2\beta\omega A_1 = Z_0\omega^2 \sin \varphi \quad (12c)$$

where

$$b_0 = \frac{\alpha_1 \alpha_2}{3\alpha_3} - \frac{2\alpha_2^3}{27\alpha_3^2} \quad (13a)$$

$$b_1 = \alpha_1 - \frac{\alpha_2^2}{3\alpha_3} \quad (13b)$$

$$b_3 = \alpha_3. \quad (13c)$$

182 Then combining Eqs.(12) to give the implicit equation for the amplitude of the constant
183 term A_0 we get

$$\begin{aligned} & 25b_3^3 A_0^9 + (35b_1 b_3^2 - 20\omega^2 b_3^2) A_0^7 - 15b_0 b_3^2 A_0^6 + (11b_1^2 b_3 + 4\omega^4 b_3 + 16\zeta^2 \omega^2 b_3 - 24b_1 b_3 \omega^2) A_0^5 \\ & + (2b_0 b_1 b_3 + 16\omega^2 b_0 b_3) A_0^4 + (b_1^3 - 4b_1^2 \omega^2 + 4\omega^4 b_1 + 16\beta^2 \omega^2 b_1 - 9b_0^2 b_3 + 6b_3 Z_0^2 \omega^4) A_0^3 \\ & + (b_0 b_1^2 - 4\omega^4 b_0 - 16\beta^2 \omega^2 b_0) A_0^2 + (4b_0^2 \omega^2 - b_0^2 b_1) A_0 - b_0^3 = 0. \end{aligned} \quad (14)$$

According to Eq.(14), A_0 can be obtained for a given value of b_0 , b_1 , b_3 , Z_0 and β . Then the harmonic term A_1 is obtained by Eq.(12a). The variation of the bias term A_0 as a function of frequency ω is solved by employing Eqs.(12).

$$\frac{8\beta^2 (b_0 - b_1 A_0 - b_3 A_0^3)}{3b_3 A_0} \omega^2 + A_1 \left(-\omega^2 + \frac{b_1}{2} + \frac{5}{2} b_3 A_0^2 + \frac{b_0}{2A_0} \right)^2 = Z_0^2 \omega^4 \quad (15a)$$

$$A_1 = \frac{2(b_0 - b_1 A_0 - b_3 A_0^3)}{3b_3 A_0}. \quad (15b)$$

184 The frequency response curves (FRCs) of A_1 are solved by Eq.(12a) after A_0 is obtained as
185 a function of frequency ω . The locus of the peak amplitudes of the bias term A_{0p} is obtained
186 by the fact that it happens at $\phi = \pi/2$, thus

$$\omega_0^2 = \frac{b_1}{2} + \frac{5}{2} b_3 A_0^2 + \frac{b_0}{2A_0}. \quad (16)$$

187 The peak response of the bias term, named as A_{0p} , is determined through

$$\begin{aligned} & (80\beta^2 b_3^2 + 75Z_0^2 b_3^3) A_{0p}^6 + (96\beta^2 b_1 b_3 + 30Z_0^2 b_1 b_3^2) A_{0p}^4 - (64\beta^2 b_0 b_3 - 30Z_0^2 b_0 b_3^2) A_{0p}^3 \\ & + (16\beta^2 b_1^2 + 3Z_0^2 b_1^2 b_3) A_{0p}^2 + 6Z_0^2 b_0 b_1 b_3 A_{0p} - 16\beta^2 b_0^2 + 3Z_0^2 b_0^2 b_3 = 0. \end{aligned} \quad (17)$$

188 After solving Eq.(17) for A_{0p} , the value is substituted in Eq.(16) to obtain the peak
189 frequency, and then the peak response of the harmonic term A_{1p} is obtained by Eq.(12).

190 According to Descartes's rules of signs [71], the number of positive roots of the real
191 algebraic equation, i.e. Eq.(14), is either equal to the number of sign changes in the sequence
192 of the coefficients of the polynomial, or less than that number by a positive even integer.
193 By considering this theorem, the system of Eq.(14) can have a maximum number of one,
194 three or five steady-state values. It should be pointed out that, although the number of
195 sign changes in the sequence of the coefficients of the polynomial is only three for counting
196 the 'positive' and 'negative' signs, the actual number of sign changes is dependent on the
197 outcome of the coefficients, which are functions of b_0 , b_1 , b_3 , Z_0 and β . The multivaluedness
198 implies the occurrence of a multiple jump phenomenon.

199 *2.2. Stability of the approximate harmonic balance solution*

200 In the case where there are several stationary values, it is necessary to analyze the
 201 stability of the approximate harmonic balance solution due to the fact that not all of them
 202 will correspond to stable motion. To perform this stability analysis, a small perturbation
 203 $\chi(\tau)$ is introduced to the assumed solution

$$y^*(t) = A_0 + A_1 \cos(\omega t + \varphi) + \chi(\tau). \quad (18)$$

204 Substituting Eq.(18) in Eq.(10), we obtain the corresponding linearized variational ex-
 205 pression

$$\frac{d^2\chi}{d\tau^2} + 2\beta\frac{d\chi}{d\tau} + b_1\chi + 3b_3(A_0 + A_1 \cos(\omega t + \varphi))^2\chi = 0. \quad (19)$$

206 Using the substitution $\chi(\tau) = e^{-v\tau}\eta(\tau)$, Eq.(10) is transformed into Hill's equation
 207 written as

$$\frac{d^2\eta}{d\tau^2} + \left(\left(-\beta^2 + b_1 + 3b_3A_0^2 + \frac{3}{2}b_3A_1^2 \right) + 2 \left[3b_3A_0A_1 \cos(\omega t + \varphi) + \frac{3}{4}b_3A_1^2 \cos(2(\omega t + \varphi)) \right] \right) \eta = 0. \quad (20)$$

208 Taking $\sigma_0 = -\beta^2 + b_1 + 3b_3A_0^2 + \frac{3}{2}b_3A_1^2$, $\sigma_1 = 3b_3A_0A_1$, $\sigma_2 = \frac{3}{4}b_3A_1^2$, and following the
 209 procedures available in the literature [72] and based on the Floquet theory, the stability
 210 condition follows as

$$\sigma_0\sigma_2^2 - 2\sigma_1^2\sigma_2 + 2\sigma_1^2(\sigma_0 - \Omega^2) - \sigma_0(\sigma_0 - \Omega^2)^2 > 0. \quad (21)$$

211 When three steady states occur in the system for a single frequency two of them are stable
 212 and one unstable. Moreover, where five steady states occur then three of them are stable
 213 and two unstable.

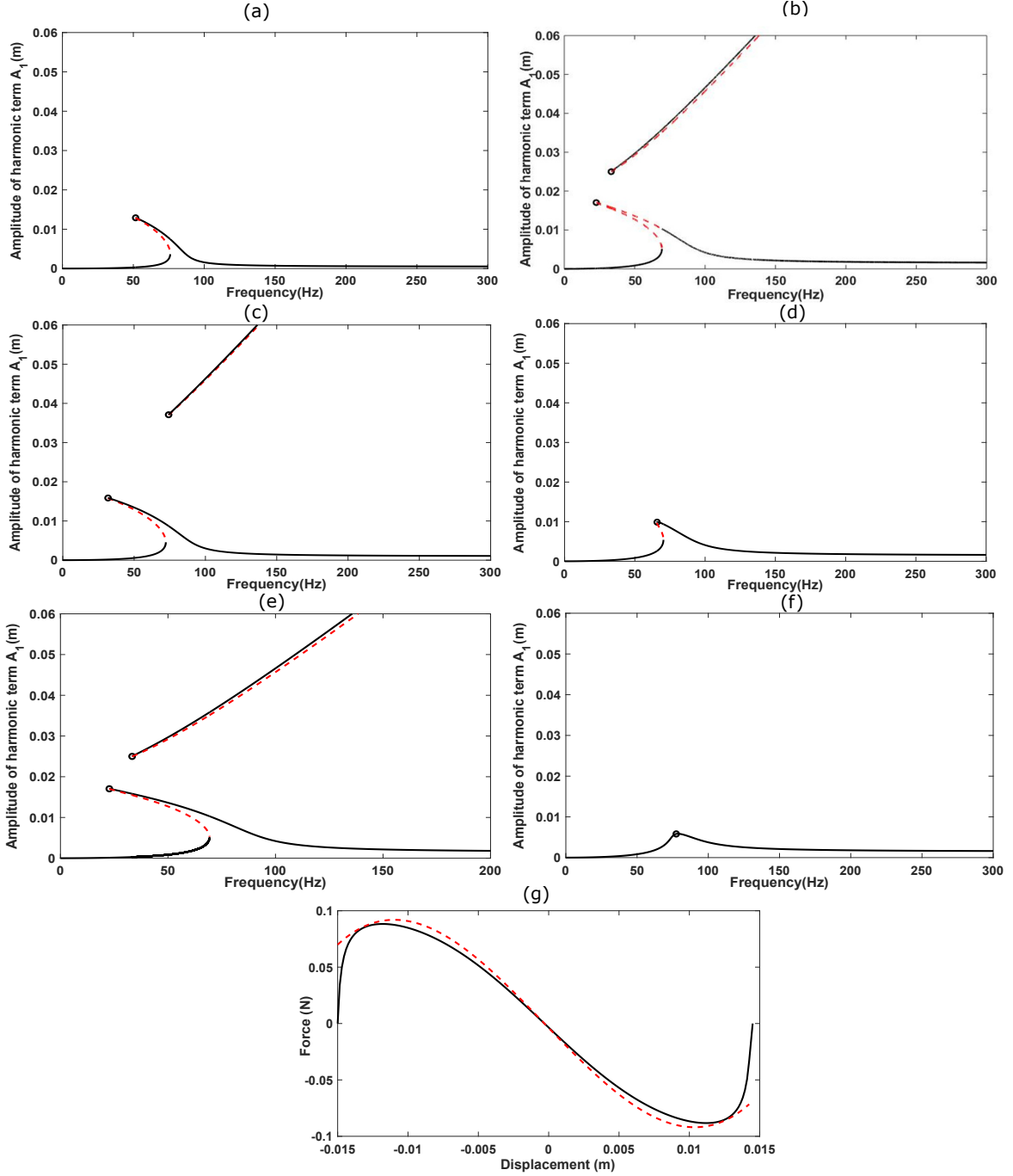


Figure 3: Frequency response curves for the considered NSN oscillator having $m_{osc}=0.004$ kg, $h=0.015$ m, $q_0=0.001$, $L=0.021$ m, $EI=4\times 10^{-6}$ GPam⁴. In the left column subfigures (a), (c) and (e) present results for increasing vibration amplitude of the master structure from $Z_0=1$ mm then $Z_0=5$ mm and eventually $Z_0=10$ mm for a constant damping coefficient $c=0.01$ kg/sec. In the right column subfigures (b), (d) and (f) present results for increasing vibration amplitude of the master structure from $Z_0=1$ mm then $Z_0=5$ mm and eventually $Z_0=10$ mm for a constant damping coefficient $c=0.05$ kg/sec. Unstable part of the frequency response curves in (---) and red line style and colour. Subfigure (g) presents a comparison between the approximated force-displacement relation implemented in Eq.(9) (---) against the complete analytical expression of the restoring force in Eq.(1) (-) for the design presented in the above subfigures.

214 Fig. 3 depicts the frequency response curves for a variety of designs of the single degree
 215 of freedom NSN oscillator. For the nonlinear system under investigation it is known that the
 216 excitation amplitude and damping are primary candidates to affect its response [73] and are
 217 therefore hereby investigated. Results are presented for three levels of master structure's
 218 excitation, as well as for two level of damping values for the viscous element connected
 219 to m_{osc} . In Fig. 3 the dotted parts represent the unstable regions. When there are three
 220 steady states occurring in the system for a single frequency, two of them are stable and one
 221 unstable. The results are in good agreement with intuitionally expected behaviour (interwell
 222 oscillation branch moving to lower frequencies with increase of basis oscillation amplitude
 223 and with decrease of damping), as well as with the explicit transient calculations exhibited
 224 in Sec.2.2.

225 It is observed that an increase of the damping coefficient c results in decrease of the
 226 oscillation amplitude for m_{osc} . Simultaneously, the frequency at which m_{osc} enters interwell
 227 vibration increases which is disadvantageous for absorbing energy at low frequency spec-
 228 tra. The designer should therefore balance the decreased oscillation amplitude against the
 229 benefits of increasing c before determining the optimal level of damping for the oscillator.
 230 When Z_0 varies with c remaining constant, it is also observed that increasing the vibration
 231 amplitude of the master structure results in an increased oscillation amplitude for m_{osc} . The
 232 activation frequency for interwell vibration also shows to decrease with an increase of Z_0
 233 which suggests that large vibration amplitudes should be beneficial for harvesting energy out
 234 of the master structure. An issue however later identified (see Sec.3.4) is that as the master
 235 structure obtains large quantities of vibrating energy, the portion of the energy damped by
 236 the interwell oscillation actually reduces with simultaneous reduction of the effective global
 237 dissipation factors.

238 In the same Fig. 3 a comparison is presented between the approximated buckled beam
 239 restoring force implemented in Eq.(9) against the complete analytical expression of the force
 240 in Eq.(1). It is shown that the Taylor expansion provides an overall good approximation,
 241 however due to the large oscillation amplitudes of m_{osc} deviations are to be expected between
 242 the solution of Eq.(9) and the explicit transient solution taking the full Eq.(1) into account.
 243 The above presented analytical tool can therefore be employed as an efficient preliminary
 244 design optimization tool for providing satisfactory approximations on the amplitude of os-
 245 cillation and the interwell activation frequencies of specific designs. Such efficient tools are
 246 essential for performing fast searches on the design space given that seven design variables
 247 are to be considered for the oscillator.

248 *2.3. Analysis of the NSN oscillator through an explicit time integration scheme*

249 It is reminded that interwell vibration is desired for the NSN oscillator. Unfortunately,
 250 while a Taylor expansion is generally adequate for capturing the response of the system
 251 close to its unstable equilibrium position [43], its predictions for an intensely fluctuating
 252 force (such as the one presented in Fig. 2) can deviate away from $u = 0$ with a consequent
 253 impact on the accuracy of the approximated expressions derived in Sec.2.1. As a subsequent
 254 step, the fundamental force-displacement equation for an Euler buckled beam in Eq. (1)
 255 describing the oscillator in Fig. 1 is explicitly solved through a time integration scheme in

256 order to investigate the transient behaviour of the system. A basis excitation is imposed
 257 and the displacement of the mass is computed in the time domain.

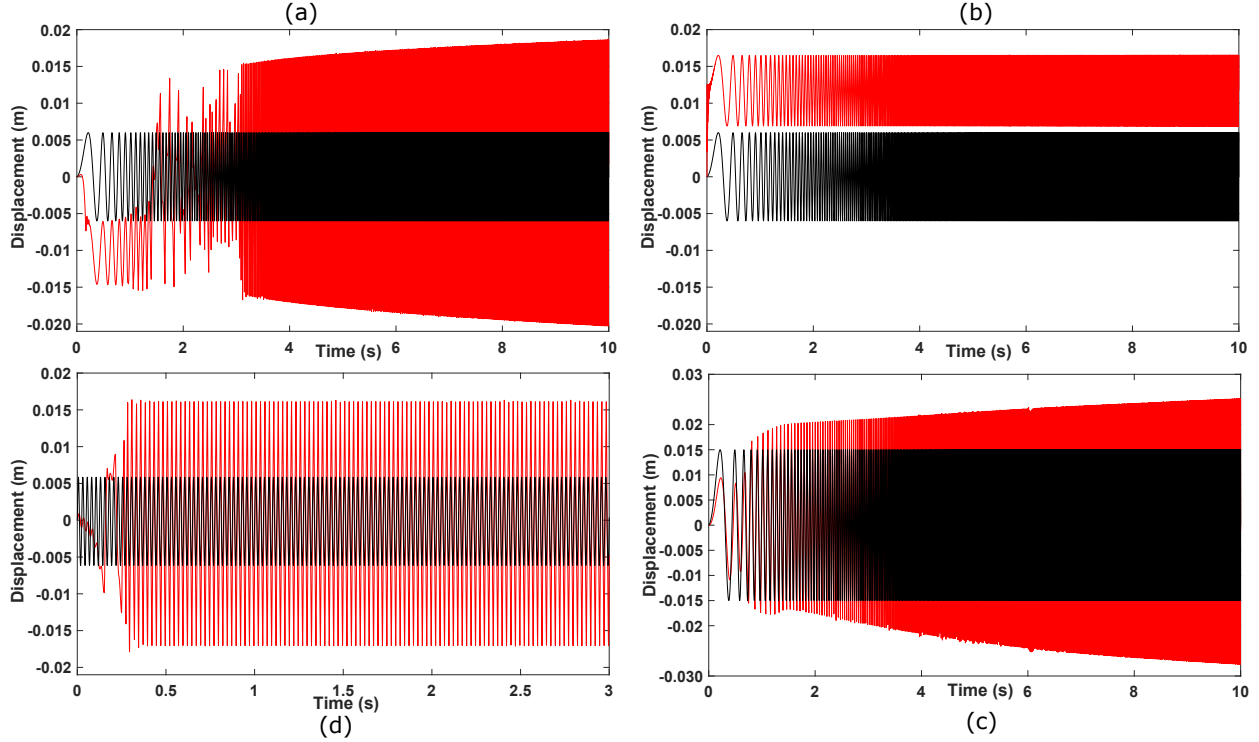


Figure 4: Response of the oscillating mass (shown in red) for an input base excitation (shown in black). All results are computed with a resolution of 0.0001sec to ensure adequate discretization in the time domain. Clockwise from upper left: (a) Response of a NSN oscillator tuned to operate after 30Hz to a linear chirp base excitation having $Z_0=0.006\text{m}$ scanning a frequency range of $f_{min}=0.1\text{Hz}$ to $f_{max}=100\text{Hz}$ in 10 seconds. (b) Response of a mistuned oscillator having excessive beam stiffness not allowing for interwell motion. The excitation is a linear chirp having $Z_0=0.006\text{m}$ scanning a frequency range of $f_{min}=0.1\text{Hz}$ to $f_{max}=100\text{Hz}$ in 10 seconds. (c) Response of an oscillator tuned to operate after 30Hz to a linear chirp base excitation having $Z_0=0.015\text{m}$ scanning a frequency range of $f_{min}=0.1\text{Hz}$ to $f_{max}=100\text{Hz}$ in 10 seconds. (d) Typical steady-state response of an oscillator tuned to operate after 30Hz to a sinusoidal base excitation having $Z_0=0.006\text{m}$ and a constant frequency of 40Hz.

258 The principal goal of this subsection is to investigate the designs that are able to perform
 259 interwell oscillation. As observed in Fig. 3, the increase of the master structure vibration
 260 amplitude, as well as the decrease of damping are expected to facilitate interwell oscillation.
 261 It is however hereby stressed that the goal of vibration absorption devices is dissipating the
 262 largest *portion* of energy, that is achieving a maximum dissipated energy ratio defined as

$$\eta = \frac{E_{diss}}{E_{struc}} \quad (22)$$

263 with E_{diss} the amount of energy dissipated by the mechanism and E_{struc} the vibrational
 264 energy of the master structure. Given that the increase of c could simultaneously facilitate
 265 the increase of E_{diss} and impede interwell vibration of m_{osc} it is evident that a proper design

266 optimization of the NSN oscillator design would be required to achieve optimal absorption
 267 performance. Another point to consider is that the maximum oscillation amplitude for m_{osc}
 268 is constrained by the design of the master structure with typical composite sandwiches hav-
 269 ing thicknesses of the order of a few centimeters. The maximum value of E_{diss} is therefore
 270 following a similar constraint. While an important Z_0 is desired to activate interwell oscil-
 271 lation for m_{osc} , a very large value for Z_0 would increase E_{struc} and therefore result in a low
 272 η for the NSN absorption design. For very high Z_0 values of the master structure vibration,
 273 vibroimpact effects may take place (between m_{osc} and structural facesheets) necessitating
 274 dedicated analysis techniques [74–76] and further complicating response predictions.

275 Results from the explicit time integration scheme are exhibited in Fig. 4 for a variety
 276 of designs. The ode45 MATLAB function is employed which is based on a fourth-order
 277 accurate explicit Runge-Kutta method. The choice of time step was made such that at
 278 least 100 points are calculated per cycle. It is observed in Fig. 4(a) that the system can
 279 be designed to perform interwell oscillation for a broadband frequency range. Results are
 280 shown for design variables: $m_{osc}=0.004\text{kg}$, $c=0.05\text{kg/sec}$, $h=0.015\text{m}$, $q_0=0.001$, $L=0.021\text{m}$,
 281 $EI=4\times 10^{-6}\text{GPam}^4$. As expected, an increase of vibration amplitude increases the interwell
 282 vibration spectrum. It was found particularly challenging to come up with a design that
 283 induces interwell vibration close to zero frequency due to the need for a substantial iner-
 284 tial force to overcome the snap-through threshold. The frequency scan from $f_{min}=0.1\text{Hz}$ to
 285 $f_{max}=100\text{Hz}$ showed that interwell vibration above about 30Hz can be attained in a straight-
 286 forward manner given the aforementioned dimension constraints. For the same design, the
 287 steady state response to a monotonic sinusoidal excitation of 40Hz is provided for the sake
 288 of completeness in Fig. 4(d). It is observed that the motion of m_{osc} quickly converges to a
 289 steady-state response of the same frequency as the one of the master structure within a few
 290 cycles.

291 2.4. Performance of a mistuned mechanism

292 In Fig. 4(b) results for a mistuned design are presented having $m_{osc}=0.004\text{kg}$, $c=0.05\text{kg/sec}$,
 293 $h=0.015\text{m}$, $q_0=0.001$, $L=0.021\text{m}$, $EI=4\times 10^{-3}\text{GPam}^4$. By 'mistuning' we imply any design
 294 conditions that impede interwell oscillations of m_{osc} . Mistuning can result either from ex-
 295 cessive damping or excessive stiffness of the employed beam structures which will not allow
 296 m_{osc} to perform full interwell oscillation. The result clearly shows m_{osc} moving from the
 297 initial unstable equilibrium state to one of the extreme positions and performing intrawell
 298 vibration around that position for the entire scanned spectrum. Such a mode of vibration
 299 implied reduced energy absorption.

300 In Fig. 4(c) it is observed that increasing the oscillation amplitude close to the design
 301 value h implies interwell vibration for the oscillating mass starting at a very low frequency
 302 range (in this case at less than 5Hz). Results are shown for $m_{osc}=0.004\text{kg}$, $c=0.05\text{kg/sec}$,
 303 $h=0.015\text{m}$, $q_0=0.001$, $L=0.021\text{m}$, $EI=4\times 10^{-6}\text{GPam}^4$ and a structural vibrating amplitude
 304 of $Z_0=15\text{mm}$. The increase of the vibrating amplitude of the oscillating mass y_0 however
 305 is not proportional to the increase of Z_0 . This fact implies reduced normalised energy
 306 absorption η which suggests that such a design would be considered to be underperforming.
 307 It is therefore clear that the thickness of the sandwich and therefore the available maximum

308 vibration amplitude for m_{osc} has major impact on the overall performance of the absorption
 309 system. This is nothing surprising, also being an important limitation for linear oscillator
 310 designs. The impact of vibration amplitude on the damping performance of the employed
 311 oscillators is investigated further in Sec.3.4.

312 3. Implementation of NSN oscillators within a vibrating multilayered sandwich 313 structure

314 In this section the NSN oscillators will be numerically implemented within a vibrating
 315 sandwich master structure to evaluate their performance as an energy absorption system
 316 focusing around the two first structural resonances.

317 The sandwich structure is made up by a periodic unit cell. A total of 8×8 repetitions
 318 of the unit cell in the x and y directions form the full sandwich panel. The unit cell has
 319 dimensions $L_x=0.09\text{m}$, $L_y=0.06\text{m}$, while $h_c=0.035\text{m}$ is the core thickness and $h_f=0.001\text{m}$
 320 is the thickness of each facesheet. As shown in Fig.5 a void is implemented within each unit cell
 321 equal to one third of the corresponding dimensions in the x and y directions within which
 322 the NSN oscillator is implemented. The material characteristics for the master structure are
 323 $E_f=70\text{GPa}$ for the facesheets, $E_c=0.07\text{GPa}$ for the core material, $\nu_f=0.1$ for the facesheets,
 324 $\nu_c=0.3$ for the core, $\rho_f=3000\text{kg/m}^3$ for the facesheets, $\rho_c=50\text{kg/m}^3$ for the core, while both
 325 the core and the facesheet materials have a structural damping loss factor equal to 1%.
 326 The implemented NSN oscillators have $m_{osc}=0.004\text{kg}$, $c=0.05\text{kg/sec}$, $h=0.015\text{m}$, $q_0=0.001$,
 327 $L=0.021\text{m}$ and $EI=4 \times 10^{-6}\text{GPam}^4$. This NSN design was selected after an extensive para-
 328 metric study thanks to its capacity to start performing interwell vibration at a frequency
 329 below the first structural resonance (below 35Hz).

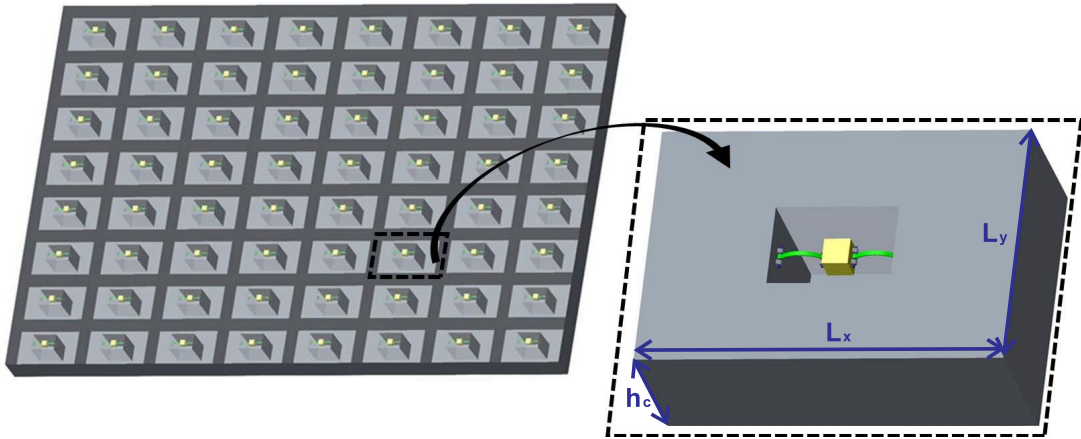


Figure 5: Caption of the sandwich structure and its unit cell incorporating the negative stiffness oscillator. Upper facesheet of the sandwich panel is omitted for clarity.

330 The sandwich structure is modelled through solid, linear brick finite elements (FEs)
 331 with nonlinear spring-mass dampers being implemented to simulate the behaviour of the
 332 NSN oscillators within each unit cell. The coincident nodes of the nonlinear spring mass

333 elements are merged to the ones of the master structure. The structural response is computed
 334 through an explicit time domain solution employing the ANSYS FE platform. A chirp
 335 displacement function scanning a frequency range between $f_{min}=0.1\text{Hz}$ to $f_{max}=100\text{Hz}$ with
 336 a force amplitude equal to 150N is injected at position $x=0.18\text{m}$, $y=0.12\text{m}$ of the sandwich
 337 structure. The four corners of the panel are clamped to have zero displacement boundary
 338 conditions.

339 3.1. Dynamic response of the master sandwich structure

340 Two approaches are employed to extract the response of the nonlinear system. To provide
 341 results in an efficient manner, the FRF of the structure is initially determined through an
 342 H_1 estimate by Welch's method applied on the chirp signal results. Moreover, the steady-
 343 state response is computed under a signal containing 10 cycles of a chirp function from
 344 $f_{min}=0.1\text{Hz}$ to the targeted frequency, followed by 90 cycles of monotonic sinusoidal excita-
 345 tion. The initial chirp was implemented in order to avoid impact effects in the beginning
 346 of the simulation. The steady-state response function is evaluated by applying a spectral
 347 density estimation on the last 30 cycles of the computed response. Results under both ex-
 348 citation types are presented in Fig. 6. The outcome of the Welch's method is in excellent
 349 agreement with the steady-state sinusoidal excitations which are considered more reliable
 350 as an index and will be employed in the remainder of the work. Results obtained through
 351 the Welch's method show intense fluctuations towards the end of the analysed spectrum,
 352 suggesting that the excited harmonics start having important effect on the obtained chirp
 353 signal after about 80Hz. Computational effort for this 29,558 degree of freedom FE problem
 354 were rather intensive with about 330 minutes required for each sinusoidal steady-state result
 355 (\diamond) and 1390 minutes required for the evaluation of the chirp output on a standard 2.2GHz
 356 processor having 8GB of RAM memory.

357 The equivalent linear systems having the same multilayered sandwich structure, as well
 358 as the same m_{osc} are subsequently considered as references. It is well known that such
 359 mechanical metastructures with linear oscillators [77, 78] have excellent vibration absorption
 360 properties around targeted, narrow frequency spectra, widely known as stopbands. The same
 361 transient linear chirp signal and the same Welch's approach were employed to obtained the
 362 frequency response functions of the linear structures. Three scenarios are considered as
 363 follows: i) the linear resonators being tuned at a frequency of 170Hz (higher than the first
 364 two structural resonances and outside the displayed range of interest), ii) tuned on the 1st
 365 structural resonance and iii) tuned on the 2nd structural resonance. In Fig. 7(a) results are
 366 exhibited for the system comprising linear oscillators tuned at a frequency above the two
 367 first modes. It is observed that the sandwich structure with NSN oscillators has smaller
 368 fluctuations in the FRF curve than that with linear oscillators. The NSN system hence
 369 outperforms its linear counterpart in a broadband sense with differences of over an order
 370 of magnitude being observed with regard to induced displacement amplitudes close to the
 371 excitation point.

372 To add more interest to the comparison, results are exhibited in Figs. 7(b),(c) for the
 373 linear oscillators being tuned on the 1st and 2nd structural resonances respectively. The
 374 internally oscillating mass has been kept constant in all cases in order to render the designs

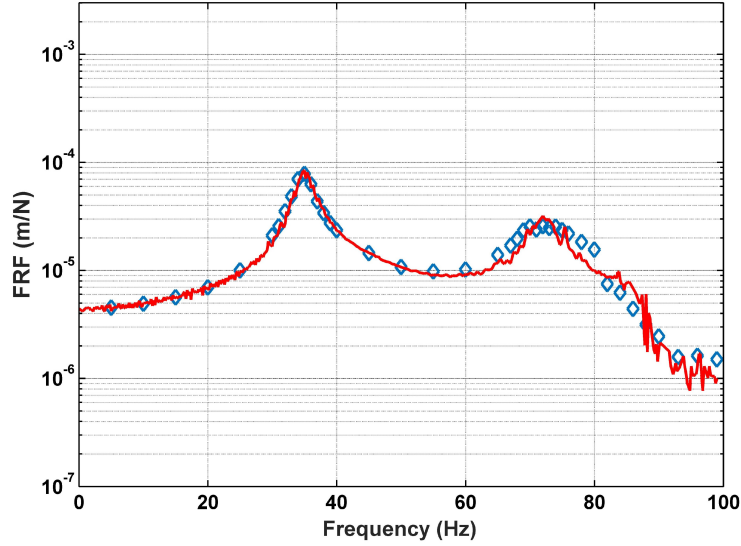


Figure 6: Structural response at $x=0.54\text{m}$, $y=0.12\text{m}$. Red lines exhibit results for a linear chirp excitation scanning a range between $f_{min}=0.1\text{Hz}$ to $f_{max}=100\text{Hz}$. Steady-state response to monotonic sinusoidal excitations are also presented in \diamond .

375 comparable to each other. The stiffness of the spring has been altered for the linear tuned
 376 mass dampers in order to target the desired resonance frequency of the panel. As expected,
 377 the locally resonant linear sandwich structures are exhibiting stopbands at the correspond-
 378 ing tuning frequencies. Structural response turns much lower within these narrow ranges,
 379 implying that for monotonic excitations a linear oscillator design would be most appropri-
 380 ate. Due to the well known emerging side resonances [79, 80] however the performance of
 381 the linear design is highly compromised with the maximum response in the region exceeding
 382 the one for the NSN design. It is widely known that 'erasing' these side resonances high
 383 damping values for the linear oscillators (typically a damping ratio over 20%) or special
 384 active treatments need to be implemented. This need further compromises the practicality
 385 of the linear design.

386 On the other hand, the NSN design presents an improved performance in a broadband
 387 sense. A single periodic oscillator type with a low amount of damping induces reduction
 388 of structural vibration by more than an order of magnitude, both around the 1st and 2nd
 389 structural resonances. The response is also lower than the side resonances induced by the
 390 stopbands of the linear design.

391 3.2. Dynamic response of the internal mechanism

392 To provide further insight into the response of the system comprising NSN oscillators,
 393 steady-state responses of the system under a sinusoidal monotonic excitation are provided
 394 in Fig. 8. Two cases, below and above 30Hz are distinguished with the NSN oscillators
 395 performing intrawell ($f=10\text{Hz}$) and interwell ($f=35\text{Hz}$) oscillation respectively. Going back
 396 to the frequency response functions of the system in Fig. 7 it is now clearly observed that
 397 interwell oscillation increases the apparent structural damping in comparison to the equiv-

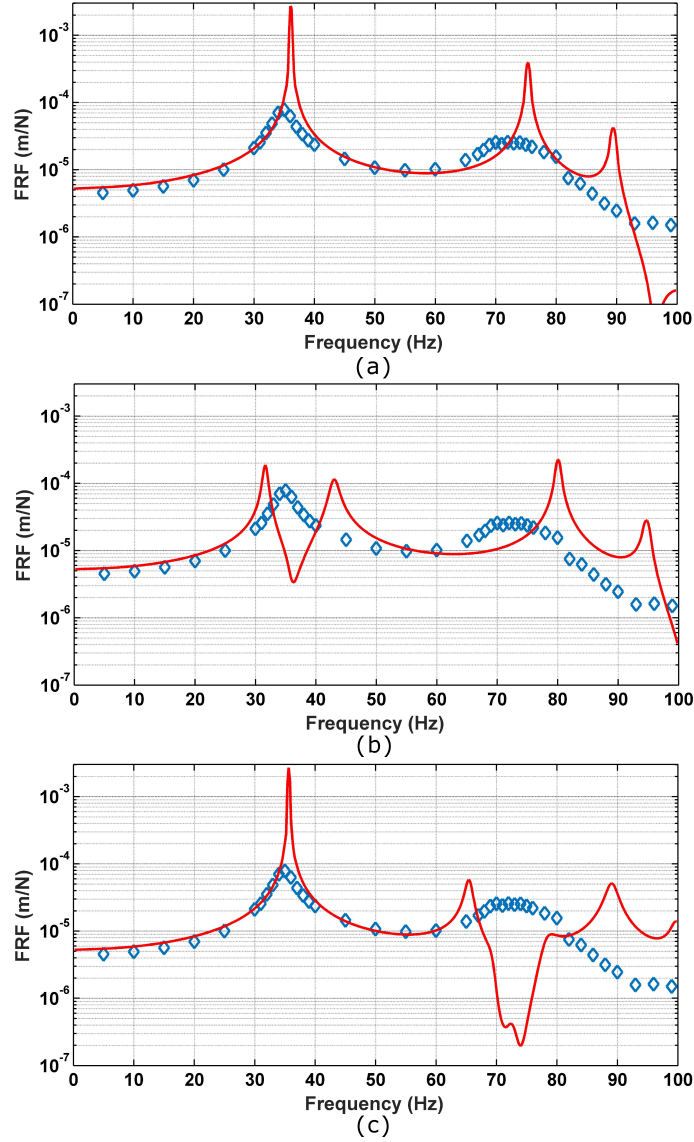


Figure 7: Structural response at $x=0.54\text{m}$, $y=0.12\text{m}$. (a) Comparison between the NSN design \diamond and the linear design with oscillators tuned higher than 100Hz. (b) Comparison between the NSN design \diamond and the linear design with linear oscillators tuned at the first structural resonance. (c) Comparison between the NSN design \diamond and the linear design with oscillators tuned at the second structural resonance.

398 alent linear system and has beneficial desired effects conjectured in the beginning of this
 399 manuscript.

400 It should be stressed that the time resolution in Fig. 8 is equal to 20 instants per cycle,
 401 therefore the intense dynamics observed during the interwell oscillation of m_{osc} are by no
 402 means related to noise. Further increasing the time resolution would provide a slightly
 403 smoother time domain response, without altering the impact of the NSN mechanisms on
 404 global structural damping.

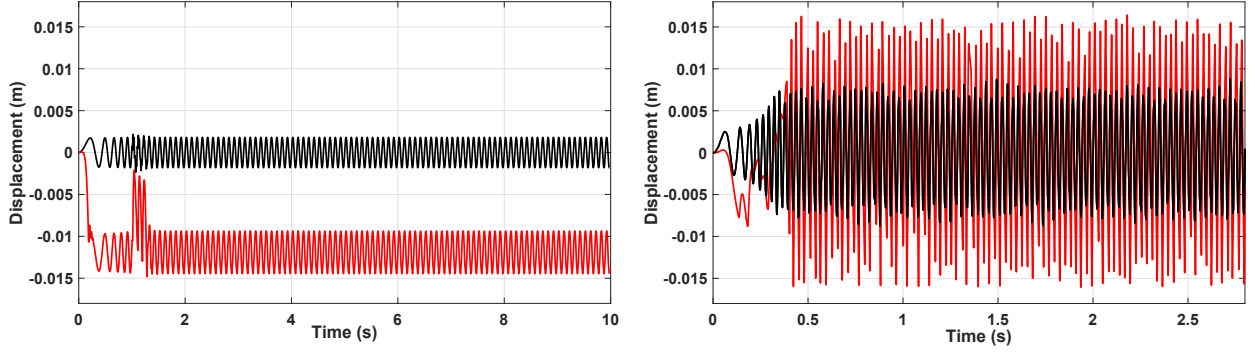


Figure 8: Typical waveforms obtained through an explicit transient FE solution. Response at $x = 0.54\text{m}$, $y = 0.12\text{m}$. The NSN design has $m_{res}=0.004\text{kg}$, $c=0.05\text{kg/sec}$, $h=0.015\text{m}$, $q_0=0.001$, $L=0.021\text{m}$, $EI=4\times 10^{-6}\text{GPam}^4$. Red curves represent the displacement of the oscillating mass, while black curves represent the master structure response at the same position. Left: Response for 10 cycles of a chirp function from $f_{min}=0.1\text{Hz}$ to $f_{target}=10\text{Hz}$, followed by 90 cycles of monotonic sinusoidal excitation at f_{target} . It is observed that the oscillator is still operating at intrawell motion. Right: Response for 10 cycles of a chirp function from $f_{min}=0.1\text{Hz}$ to $f_{target}=35\text{Hz}$, followed by 90 cycles of monotonic sinusoidal excitation at f_{target} . The interwell motion of the NSN oscillator has been activated at that frequency.

405 *3.3. Parametric study on the performance of the structural system with respect to the mech-*
 406 *anism's damping coefficient*

407 It is important to investigate the performance of the implemented oscillators vis-à-vis
 408 the level of added viscous damping c . For the master structure's components, it is reminded
 409 that both the core and the facesheet materials have a structural damping loss factor equal
 410 to 1%. As discussed in Sec.2, increase of damping is expected to reduce the amplitude
 411 of the oscillation of m_{osc} , while on the other hand it would facilitate the absorption of
 412 additional energy by the oscillators. In Fig. 9 a parametric study is exhibited, investigating
 413 the structural response level at the first natural frequency of the master structure. Response
 414 at $x = 0.54\text{m}$, $y = 0.12\text{m}$ of the master structure is depicted with other nodal coordinates
 415 of the structure presenting a very similar behaviour. The same forcing input as above is
 416 employed.

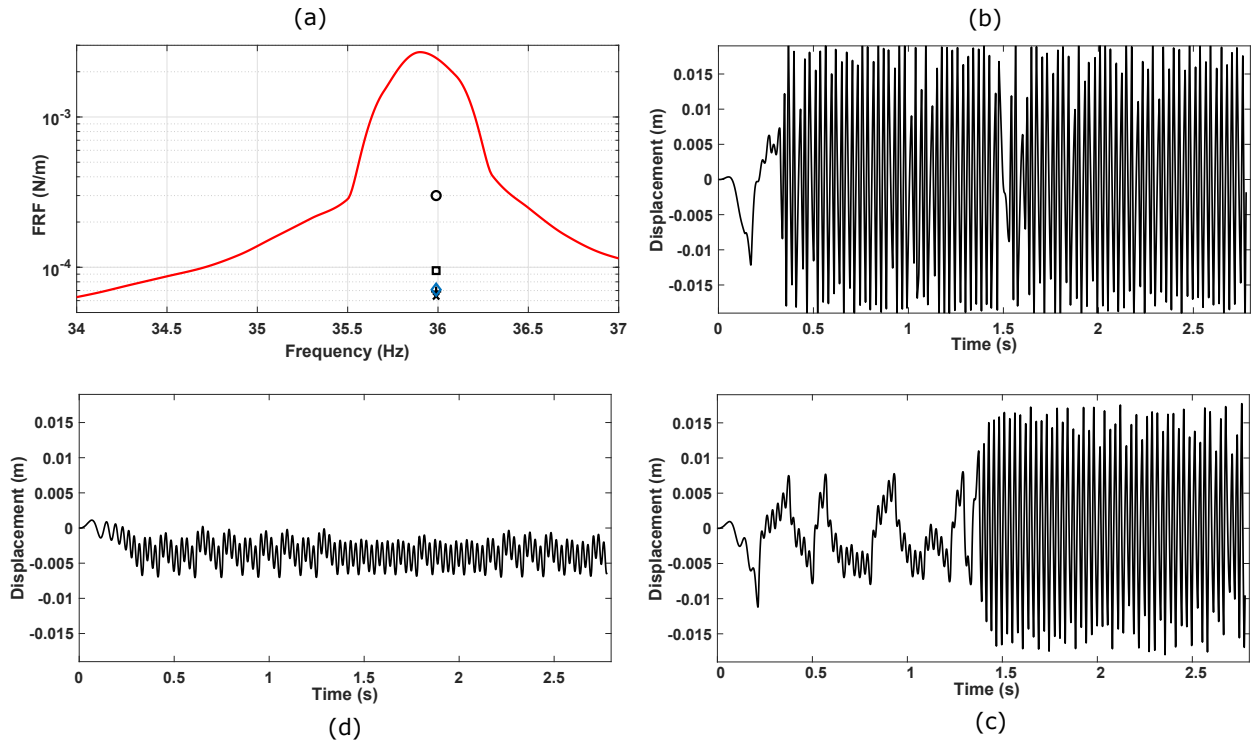


Figure 9: Parametric study of the structural response at the first natural frequency of the sandwich panel with respect to the oscillators damping coefficient c . The oscillator has $m_{res}=0.004$ kg, $h=0.015$ m, $q_0=0.001$, $L=0.021$ m, $EI=4\times 10^{-6}$ GPam⁴: (a) The response in the frequency domain shown at 36Hz for $c=0.005$ kg/sec (□), $c=0.01$ kg/sec (x), $c=0.025$ kg/sec (+), $c=0.05$ kg/sec (◇) and $c=0.15$ kg/sec (o). (b) Typical transient waveform for m_{osc} when $c=0.005$ kg/sec, (c) Typical transient waveform for m_{osc} when $c=0.05$ kg/sec, (d) Typical transient waveform for m_{osc} when $c=0.15$ kg/sec.

417 Having a look at the waveform signatures for m_{osc} , it can be observed that for a very
 418 low viscous damping value, the oscillator enters interwell vibration after a few cycles and
 419 oscillates at a high amplitude within the cavity. Despite the high amount of energy stored
 420 in m_{osc} , as seen in Fig. 9(a) the overall performance of the design is not optimal since a
 421 minimum amount of that energy is damped by the viscous element. Increasing damping
 422 at the area of $c=0.01$ - 0.05 kg/sec seems to optimise the structural performance. Moreover,
 423 observing the waveform in Fig. 9(d) it can be concluded that a very high value of damping
 424 will impede interwell vibration. Still, it can be observed that the performance of the panel
 425 for $c=0.15$ kg/sec is much ameliorated compared to the reference design, concluding that
 426 even for a non-optimal damping value (lower or higher than the optimal range) the NSN
 427 oscillators can absorb a large amount of structural vibration close to resonances.

428 3.4. Parametric study on the performance of the structural system with respect to the am- 429 plitude of vibration

430 The dynamics of the NSN is expected to display three different types of behaviours with
 431 increasing basis oscillation amplitude. In the low amplitude range intrawell oscillations are
 432 expected as observed in Figs. 4b and 8a. In the medium amplitude range, interwell chaotic

433 oscillations are expected, while for very large amplitudes the negative stiffness and the two
 434 wells do not have a substantial effect on the global dynamics anymore as observed in Fig.
 435 4c.

436 In order to further understand the performance of the implemented set of oscillators
 437 the response is investigated vis-à-vis the structural vibration level. For this purpose and
 438 excitation amplitude is imposed at $x = 0.18\text{m}$, $y = 0.12\text{m}$ in order to evaluate the induced
 439 additional damping. The frequency response at the first resonance of the master struc-
 440 ture, as well as typical oscillatory waveforms are presented in Fig. 10. The oscillator has
 441 $m_{res}=0.004\text{kg}$, $h=0.015\text{m}$, $c=0.05\text{kg/sec}$, $q_0=0.001$, $L=0.021\text{m}$, $EI=4\times 10^{-6}\text{GPam}^4$ for all
 442 cases. As discussed in Sec.2.3, increase of vibration amplitude is expected to push m_{osc} into
 443 interwell vibration facilitating energy absorption. On the other hand, there is a maximum
 444 amount of energy that can be damped by the mechanism, therefore when structural energy
 445 increases the dissipated energy ratio η is inevitably expected to decrease.

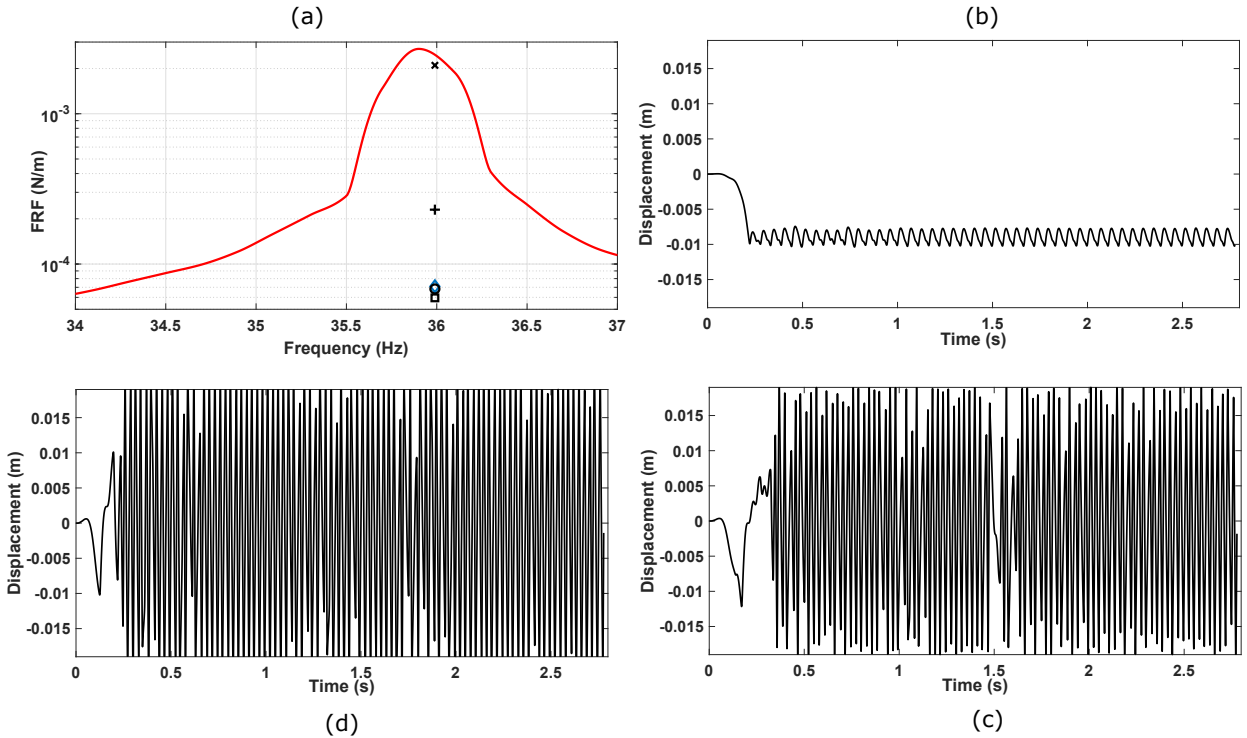


Figure 10: Parametric study of the structural response at the first natural frequency of the sandwich panel with respect to structural vibration amplitude A_{exc} imposed at $x = 0.18\text{m}$, $y = 0.12\text{m}$: (a) The response in the frequency domain shown at 36Hz for $A_{exc}=0.3\text{mm}$ (x), $A_{exc}=3\text{mm}$ (\square), $A_{exc}=5\text{mm}$ (o), $A_{exc}=7\text{mm}$ (\diamond), $A_{exc}=15\text{mm}$ (+). (b) Typical transient waveform for m_{osc} when $A_{exc}=0.3\text{mm}$, (c) Typical transient waveform for m_{osc} when $A_{exc}=5\text{mm}$, (d) Typical transient waveform for m_{osc} when $A_{exc}=15\text{mm}$.

446 The response of the panel shown in Fig. 10(a) demonstrates some important trends
 447 related to the excitation amplitude. Unsurprisingly, a very low excitation amplitude (see
 448 Fig. 10(b)) impedes m_{osc} from entering an interwell vibration mode therefore resulting in
 449 poor damping performance. On the other hand, imposing a very high excitation amplitude

450 close to the thickness of the panel (see Fig. 10(d)) helps m_{osc} to go into interwell vibration
451 with a large amplitude, however simultaneously reduced the portion of structural energy
452 damped by the oscillators and results once again in non-optimal performance. Excitation
453 amplitudes in the range $A_{exc}=3-7\text{mm}$ seem to be most beneficial for maximising the effects
454 of the NSN oscillators.

455 It can be concluded that in Fig. 10 the three expected ranges of oscillations are observed
456 accompanied with the corresponding anticipated impact on the dissipation level. In the low
457 amplitude range the response is generally similar to Fig. 10(b) with oscillators mainly moving
458 in an intrawell mode. Minimum impact on the global response levels of the structure should
459 be expected in that range. In the medium amplitude range, interwell chaotic oscillations are
460 expected with the time domain signatures resembling Fig. 10(c). This is the range where
461 maximum impact on the dissipated energy ratio should be expected since the dissipated
462 energy is closer to the vibrational energy of the master structure. For very large basis
463 amplitudes, signatures resemble Fig. 10(d). The oscillation amplitude for m_{osc} increases
464 slightly, however its impact on the dissipated energy ratio diminishes given the increase of
465 the vibrational energy stored in the master structure.

466 It should be noted that the above observations also provide insight on why the beneficial
467 effects of the oscillators only become apparent close to the master structure's resonances
468 (see Fig. 7). It is close to these resonances that a concentrated forcing or amplitude can
469 induce high levels of vibration over the entire surface of the panel. This high level of
470 vibration activates a maximum number of oscillators (obviously oscillators laying close to
471 vibration nodes with no motion are still not activated). In contrast to what happens close
472 to resonances, away from them a concentrated forcing or amplitude cannot efficiently spread
473 over the entire surface of the structure, implying a minimum amount of resonators being
474 activated.

475 3.5. Discussion on the broadband beneficial effects and on the dissipated energy ratio

476 In order to further investigate the advantages and limitations of the NSN oscillators
477 additional computations are hereby performed. The first seven out-of-plane (all of flexural
478 nature) global resonances of the panel are taking place at 36Hz, 75Hz, 90Hz, 142Hz, 145Hz,
479 192Hz and 206Hz. The broadband nature of the beneficial effects is initially explored,
480 expanding the frequency range of the calculations. The results are presented in Fig. 11 for the
481 oscillator design used throughout this manuscript ($m_{res}=0.004\text{kg}$, $h=0.015\text{m}$, $c=0.05\text{kg/sec}$,
482 $q_0=0.001$, $L=0.021\text{m}$, $EI=4\times 10^{-6}\text{GPam}^4$) and for $A_{exc}=3\text{mm}$ at $x = 0.18\text{m}$, $y = 0.12\text{m}$.
483 Steady-state sinusoidal excitations are imposed and the response is measured at frequencies
484 close to structural resonances.

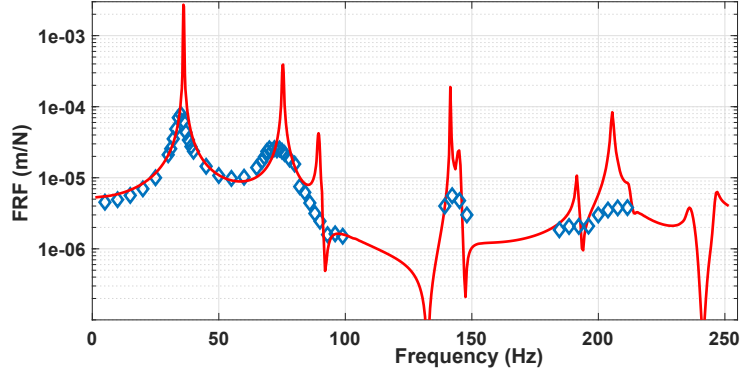


Figure 11: Structural response at $x=0.54\text{m}$, $y=0.12\text{m}$. Comparison between the NSN design \diamond and the linear design with oscillators tuned higher than 300Hz.

485 It is demonstrated that the first six flexural resonances are successfully dissipated all the
 486 way up to 250Hz. At this point it should be stressed that inducing this type of broadband
 487 dissipation with linear resonators would demand at least six different designs of resonators
 488 implemented within the panel. Spatial optimisation of the distribution of these resonators
 489 would by itself be a complex problem to solve. Moreover, having only one sixth of the
 490 resonators tuned at a specific frequency would weaken the damping effect of the linear design
 491 and results would look very different than the ones presented in Fig. 7 for a periodic structure.
 492 On the downside, it should be noted that having high vibration amplitudes ($A_{exc}=3\text{mm}$
 493 imposed for Fig. 7) above the first one or two natural frequencies is not always the case
 494 in mechanical applications. Having a much lower vibration amplitude as demonstrated in
 495 Fig. 10 can result in low power absorption by the NSN design.

496 The dissipated energy ratio η is computed and presented in Fig. 12. It is reminded that
 497 this is defined as $\eta = E_{diss}/E_{struc}$ with the E_{struc} being computed as twice the sum of kinetic
 498 energies over the nodes of the master structure and E_{diss} being the energy absorbed by the
 499 viscous element during one cycle. The presented values are averaged over ten cycles.

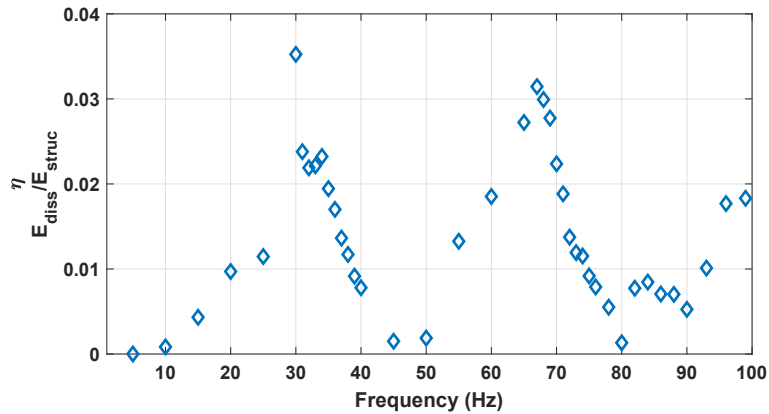


Figure 12: The dissipated energy ratio calculated from 5Hz to 100 Hz for the design presented in Fig. 7.

500 It is evident that η increases close to structural resonances. Indeed, close to resonances

501 the flexural mode shapes of the panel are activated and a concentrated forcing or amplitude
502 can induce high levels of vibration over the entire surface of the panel, thus activating
503 a maximum number of oscillators and inducing high levels of effective damping as also
504 demonstrated in Fig. 7.

505 **4. Critical outlook on design optimization, manufacturing aspects and necessary** 506 **future developments**

507 The NSN design has exhibited promising capabilities for providing tunable and broad-
508 band vibration isolation. A sophisticated design optimization exercise is the natural next
509 step to explore the full potential of the proposed approach. The optimization should include
510 the effects on NSN performance by varying the key design parameters, such as NSN mass,
511 dimensions and material properties. It is important to establish a thorough understanding
512 as to why the NSN is acting as an energy absorbing mechanism in a rather broadband sense
513 by exploring the vibration modes near resonance between the primary system and the NSN.
514 Key questions to answer are (i) How does the energy input affect the NSN activation in the
515 above vibration modes and (ii) How does the NSN damping influences its ability to absorb
516 vibration energy. Stability characterisation of the system equilibria and basins of attraction
517 would be useful tools to map the expected behaviour of the system. Considering that NSN
518 oscillators are classically employed as a tool for absorbing vibration energy at very low am-
519 plitudes and frequencies, the proposed work attempts to shift this standard regard towards
520 negative stiffness systems and expand their application towards higher frequency ranges and
521 distributed vibrating structural ensembles. The optimum number and distribution strategy
522 of the NSNs on the primary structure should be investigated, as well as the maximum NSN
523 vibration amplitude permissible by the geometric constraints as additional design criteria.
524 Experimental validation is also the major focus of the following work, given it is hard to
525 fabricate such structures by traditional conventional manufacturing methods, additive man-
526 ufacturing technologies, which are widely used for the metamaterial and sandwich structure
527 fabrication [7, 81–83], are planned to manufacture the sandwich structures and nonlinear
528 mechanisms.

529 **5. Concluding remarks**

530 This paper investigated the vibration absorption performance of continuous multilay-
531 ered structures incorporating NSN oscillators. The NSN oscillators were composed of a
532 small damped mass supported by two buckled beams which were hinged at the ends. The
533 dynamic responses of a single NSN oscillator mounted in a vibrating unit were first analyzed
534 by an analytical model to explore designs that are able to perform interwell oscillation. The
535 NSN oscillators were subsequently implemented in a vibrating multilayered sandwich struc-
536 ture for energy absorption. The structural responses of composite sandwich structures were
537 estimated by FE methods with NSN oscillators simulated by nonlinear spring-mass dampers.
538 An equivalent linear system consisting of the same master structure and linear oscillators
539 was also simulated for comparison. It was found that the sandwich structures with NSN

540 oscillators exhibited broader vibration absorption. When the excitation is of broadband na-
541 ture and of high amplitude then the suggested NSN oscillators outperform their equivalent
542 linear counterparts. As a contrast, structures with linear resonators have strong vibration
543 suppression within narrow tuned stopbands. If the excitation frequency is narrow and deter-
544 ministically defined then a linear resonant structure would outperform the presented system
545 comprising NSN oscillators. This paper provides a numerical proof of concept for structures
546 incorporating NSN oscillators, which show great potential to construct tunable broadband
547 vibration absorption configurations. Optimization, experimental validation and durability
548 and reliability assessments are the major next steps for the proposed NSN design.

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