

1 **Supplementary file**
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78 **Table S1.** Average surface-size ($D_{3,2}$) (and population percentage) of each peak of the particle size distribution of W/O/W emulsions*

W/O/W Ratio		$D_{3,2}$ (μm)		
		3 g Tween 80/100 g water	5 g Tween 80/100 g water	8 g Tween 80/100 g water
30/70	Peak 1	0.18 ± 0.07 ^{aA} (5.9%)	0.16 ± 0.05 ^{aA} (2.7%)	0.18 ± 0.05 ^{aA} (1.6%)
		0.15 ± 0.05 ^{aA} (6.4%)	0.12 ± 0.06 ^{aA} (0.8%)	0.21 ± 0.06 ^{aA} (1.8%)
30/70	Peak 2	1.02 ± 0.47 ^{aA} (41.9%)	0.74 ± 0.15 ^{aA} (30.2%)	1.12 ± 0.43 ^{aA} (32.8%)
		0.78 ± 0.21 ^{aA} (54.2%)	0.62 ± 0.09 ^{aA} (11.0%)	1.39 ± 0.55 ^{aA} (30.7%)
30/70	Peak 3	5.19 ± 0.77 ^{aA} (52.2%)	5.25 ± 0.73 ^{aA} (67.1%)	5.30 ± 0.70 ^{aA} (65.6%)
		5.24 ± 0.73 ^{aA} (43.6%)	4.20 ± 0.91 ^{aA} (88.2%)	4.97 ± 0.90 ^{aA} (67.5%)

9 *Different lowercase letters in the same column and different uppercase letters on the same line indicate significant differences between averages according to Tukey test (p <
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Table S2. Span value of each peak of the particle size distribution of W/O/W emulsions*

W/O/W Ratio		Span value		
		3 g Tween 80/100 g water	5 g Tween 80/100 g water	8 g Tween 80/100 g water
30/70	Peak 1	1.04 ± 0.12 ^{aA}	0.86 ± 0.07 ^{aA}	0.89 ± 0.03 ^{aA}
		0.95 ± 0.06 ^{aA}	0.88 ± 0.06 ^{aA}	0.90 ± 0.13 ^{aA}
30/70	Peak 2	1.13 ± 0.19 ^{aA}	0.81 ± 0.00 ^{aB}	0.91 ± 0.00 ^{bAB}
		1.42 ± 0.15 ^{aA}	1.03 ± 0.17 ^{aA}	1.49 ± 0.25 ^{aA}
30/70	Peak 3	0.52 ± 0.7 ^{aA}	0.29 ± 0.00 ^{bB}	0.29 ± 0.00 ^{bB}
		0.50 ± 0.09 ^{aA}	0.46 ± 0.07 ^{aA}	0.48 ± 0.00 ^{aA}

24 *Different lowercase letters in the same column and different uppercase letters on the same line indicate significant differences between averages according to Tukey test ($p <$
25 0.05).

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