

20 **Abstract**

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22 Pyrolysis-gas chromatography mass spectrometry (py-GC/MS) allows the characterisation of
23 complex macromolecular organic matter. In lakes and wetlands this can potentially be used to assess
24 the preservation/diagenesis and provenance of sediment organic matter. It can complement
25 palaeoenvironmental investigations utilising 'bulk' sediment variables such as total organic carbon
26 (TOC) and TOC/total nitrogen ratios. We applied py-GC/MS analyses to a ~32,000-year sediment
27 record from the southern Cape coastline of South Africa. We used the results to evaluate the sources
28 and extent of degradation of organic matter in this semi-arid environment.

29 Marked down-core changes in the relative abundance of multiple pyrolysis products were
30 observed. Correspondence analysis revealed that the major driver of this down-core variability in
31 OM composition was selective preservation/degradation. Samples comprising highly degraded OM
32 are primarily confined to the lower half of the core, older than ~12,000 years, and are characterised
33 by suites of low-molecular-weight aromatic pyrolysis products. Samples rich in organic matter, e.g.
34 surface sediments, are characterised by products derived from fresh emergent or terrestrial
35 vegetation, which include lignin monomers, plant-derived fatty acids and long-chain *n*-alkanes.
36 Pyrolysates from the late glacial-early Holocene period, approximately mid-way down the core are
37 characterised by distinct suites of long-chain *n*-alkene/*n*-alkane doublets, which may reflect the
38 selective preservation of recalcitrant aliphatic macromolecules and/or enhanced inputs of the algal
39 macromolecule algaenan/polymerised algal lipids. Increased TOC, lower $\delta^{13}\text{C}$ and increased
40 abundance of more labile lignin and fatty acid products at the same depths suggest this period was
41 associated with increased lake primary productivity and enhanced inputs of terrestrial OM. TOC is
42 the only 'bulk' parameter correlated with the correspondence analysis axes extracted from the py-
43 GC/MS data. Distinct fluctuations in TOC/total nitrogen ratio are not explained by variation in
44 organo-nitrogen pyrolysis products. Notwithstanding, the study suggests that py-GC/MS has
45 potential to complement palaeolimnological investigations, particularly in regions such as southern
46 Africa, where other paleoenvironmental proxy variables in sediments may be lacking or equivocal.

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48 **Introduction**

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50 Biomarkers preserved in sediments can provide important insights into the origins and fate of
51 sedimentary organic matter (OM). It has long been recognised that different types of biomarkers or
52 classes of organic compounds are subject to more rapid degradation than others. Various
53 recalcitrant biomarkers or polymeric macromolecules, which may be preferentially preserved over
54 time, have been identified within long-term sediment archives (de Leeuw et al. 2006). Given that
55 specific sources of such molecules can sometimes be identified (Kögel-Knabner 2002), such
56 biomarkers can contribute to multi-proxy palaeoenvironmental studies. Pyrolysis-gas
57 chromatography mass spectrometry (py-GC/MS) is a common means by which such macromolecular
58 OM is characterised. With this method, the OM of a sample is thermally degraded to GC-amenable
59 fragments, generating potentially complex, multifaceted datasets (van Smeerdijk and Boon 1987;
60 Saiz-Jimenez and de Leeuw 1987). Data interpretation is not as straightforward as conventional lipid
61 biomarker analyses, as the original macromolecular components must be inferred from the resulting
62 pyrolysis products. Extractable lipids, however, which are more commonly studied, usually comprise
63 a small proportion of the total OM within soils and sediments, whereas py-GC/MS considers a much
64 larger fraction of the sample OM, potentially allowing identification of a range of environmentally-
65 sensitive variables. For example, the technique has been used to characterise the occurrence and
66 type of lignin (Fuhrmann et al. 2003; Vancampenhout et al. 2008), or fire events/black carbon
67 presence (Kaal et al. 2009).

68 With some exceptions (Bourdon et al. 2000; Fuhrmann et al. 2003, 2004; Vancampenhout et
69 al. 2008), py-GC/MS is used relatively infrequently in multi-disciplinary Quaternary
70 palaeoenvironmental reconstructions, despite having potential to assist the interpretation of bulk
71 organic matter variables (e.g. total organic carbon [TOC], total nitrogen [TN], and $\delta^{13}\text{C}_{\text{TOC}}$) in long lake
72 sediment sequences. To apply this technique routinely as a palaeoenvironmental tool requires a
73 thorough understanding of the mechanisms governing organic matter preservation and degradation
74 as recorded by py-GC/MS.

75 Schellekens et al. (2009) recently analysed samples in a 13,000-year peat bog sequence from
76 Tierro Del Fuego and identified key pyrolysis signatures indicative of vegetation change, as well as
77 both aerobic and anaerobic degradation processes. These included the relative significance of lignin
78 monomers (vegetation change) and the abundance and composition of polysaccharide pyrolysis
79 products (degradation). Similarly, Zang and Hatcher (2002) observed systematic down-core changes
80 in pyrolysate composition through a 9,000-year lake sediment sequence from Bermuda. They
81 observed the progressive and selective enrichment of aliphatic pyrolysis products (long-chain carbon

82 molecules, such as *n*-alkanes and *n*-alkenes) relative to protein and carbohydrate-derived products.
83 A variety of studies have also considered py-GC/MS data obtained from soils (van Bergen et al.,
84 1997; Nierop 1998; Buurman et al. 2005, 2007) and palaeosols (Lui and Huang 2008;
85 Vancampenhout et al. 2008). Using this approach, Vancampenhout et al. (2008) inferred
86 mechanisms of OM degradation and palaeo-vegetation composition through a sequence of loess
87 palaeosols spanning the period 130-70 ka.

88 Overall, these studies suggest that there is a suite of commonly detected and
89 environmentally sensitive pyrolysis products indicative of plant, algal and microbial contributions to
90 the organic matter pool. Various organic matter fractions show different resistance to degradation,
91 and the susceptibility of cellulose and protein-derived OM in particular has been reported on a
92 number of occasions (Huang et al. 1998; Nierop et al. 2001). The majority of pyrolysis studies thus
93 far have been conducted in humid-temperate environments, where organic matter preservation is
94 enhanced by cool, often water-logged (anaerobic) conditions, and/or have focused on soil OM
95 (Buurman et al. 2007). Vancampenhout et al. (2009) recently demonstrated systematic differences
96 in soil pyrolysis products associated with distinct climates and biomes. Similarly, Bourdon et al.
97 (2000) used py-GC/MS to elucidate the rapid and selective degradation of OM in tropical wetlands of
98 Madagascar. In general however, the composition and degradation of OM in sub-humid to semi-arid
99 environments has received little study. Here we assess the potential of py-GC/MS to provide insights
100 into long-term organic matter preservation and environmental change using a case study from semi-
101 arid southern Africa. We measured OM characteristics in a ~32,000-year wetland sediment core
102 from the southern Cape coastline of South Africa, a region where traditional palaeoecological
103 evidence is sparse (Chase and Meadows 2007). We also sought to identify elements of the py-GC/MS
104 data set that provide new or supplementary insights into local environmental conditions. The aims
105 of the study were to:

- 106 1. Characterise down-core variability in organic matter composition and OM preservation using
107 py-GC/MS.
- 108 2. Assess key down-core changes in OM provenance within this semi-arid setting.
- 109 3. Interpret standard bulk geochemical variables (TOC, TOC/TN and $\delta^{13}\text{C}_{\text{TOC}}$) in light of the
110 molecular data provided by the py-GC/MS approach.
- 111 4. Outline diagnostic elements within the pyrolysis dataset for palaeolimnological and regional
112 palaeoenvironmental reconstructions.

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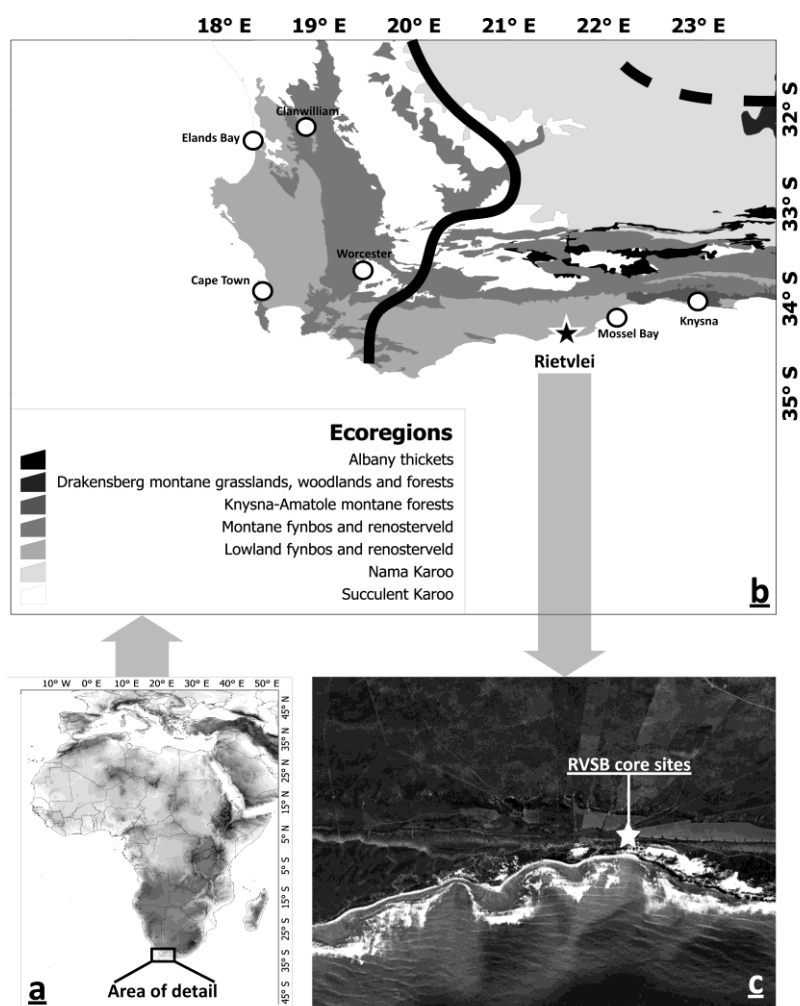
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117 Study location and sample site

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119 Despite a long history of research, palaeoecological data from southern Africa are scarce and
120 fragmentary (Chase and Meadows 2007). This is primarily a function of the relative aridity of large
121 parts of the subcontinent. Much of western southern Africa is arid to semi-arid, which favours the
122 rapid aerobic degradation of organic matter, and lakes or wetlands are rare. Those that do occur
123 represent potentially important palaeoenvironmental archives.

124 The investigated site is a coastal wetland on the southern Cape of South Africa, ~8 km east
125 of the town of Still Bay (Fig. 1). Rainfall is year-round, but amounts to only ~430 mm a⁻¹ and the
126 climate is classified as semi-arid. Rebelo et al. (1991) provide a detailed overview of the
127 contemporary vegetation communities in the Still Bay area, which primarily comprise shrubby
128 *fynbos* ('fine bush') and *renosterveld* elements of the highly diverse and endemic-rich Cape Floristic
129 Region. In addition, the area is characterised by forest/thicket and Karoid communities (Rebelo et
130 al. 1991). With increasing rainfall to the east, there is a greater abundance of southern Cape
131 temperate forests and around the Knysna area, Afromontane forest (Martin 1968). The site's
132 geomorphic history was recently considered in detail by Roberts et al. (2008). The sampled wetland,
133 Rietvlei, occupies a hollow between the landward edge of a last interglacial (125 ka) barrier dune
134 system and the seaward edge of an older barrier dune (Fig. S1). Rietvlei is elongate parallel to the
135 shore, is approximately 3 km in length and averages ~100 m wide. It is extensively covered by a
136 floating mat of emergent vegetation, dominated by *Phragmites australis*. In this respect, the site
137 bears some similarities to the Vankervelsvlei wetland, close to the town of Knysna (Fig. 1), described
138 by Irving and Meadows (1997) further east along this coastline.



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141 **Fig. 1** Location of the Rietvlei site on the southern Cape coastline. This section of the coast lies in a transitional
142 zone between the winter-rainfall environments centred on Cape Town (west of the solid black line) and the
143 summer-rainfall zone, which occupies much of the remainder of South Africa (northeast of the dashed black
144 line). An aerial photo of the wetland is shown in the right inset, with the coring location marked

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147 **Materials and methods**

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149 **Core extraction and chronology**

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151 A 3.60-m-long core (RVSB2) was extracted from the eastern margin (Figs. 1 and S1) of the site using a
152 vibracorer (Lanesky et al. 1979). The ends of the core were sealed in the field and the core was split
153 lengthwise in the laboratory at the University of Cape Town. Following sub-sampling, all samples
154 were freeze-dried and homogenised in a ball mill. Three conventional radiocarbon ages provide
155 initial age constraints on the core and were determined at the Department of Geosciences,

156 University of Arizona using gas proportional counting. The resulting ages were calibrated using the
157 Calib 6.0 software (Stuiver and Reimer 1993) with the SHCal04 Southern Hemisphere Calibration
158 curve (McCormac et al. 2004; samples A- 14938 and A-14939) and the IntCAL09 dataset (Reimer et
159 al. 2009; sample A-14937), which was adjusted for the Southern Hemisphere offset (McCormac et al.
160 2004). These data, including the 2-sigma calibrated age ranges, are presented in Table 1.

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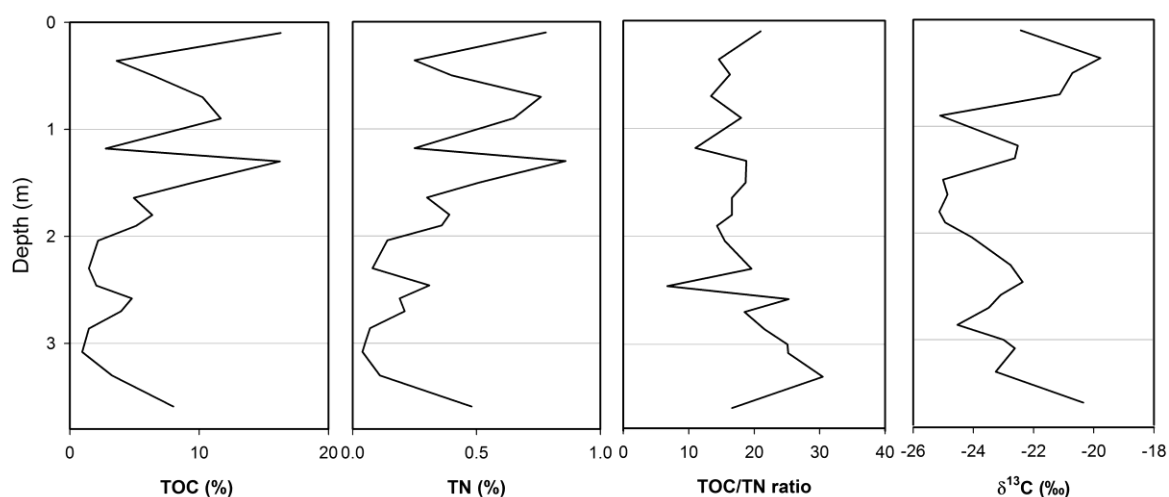
162 Total organic carbon, total nitrogen and $\delta^{13}\text{C}$ measurements

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164 TOC, TN and $\delta^{13}\text{C}_{\text{TOC}}$ were determined using a SerCon ANCA GSL elemental analyser interfaced to a
165 SerCon Hydra 20-20 continuous flow isotope ratio mass spectrometer. Given the presence of coastal
166 dune-derived carbonate within the sediments, TOC and $\delta^{13}\text{C}_{\text{TOC}}$ were determined after pre-
167 treatment with 10% hydrochloric acid. All analyses were carried out in triplicate with a typical
168 precision of 0.05 ‰. The data are presented in Fig. 2.

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172 **Fig. 2** Down-core variation in total organic carbon (TOC), total nitrogen (TN), TOC/TN and $\delta^{13}\text{C}_{\text{TOC}}$

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174 Pyrolysis GC/MS (py-GC/MS)

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176 Twenty-one untreated sub-samples of the core were subject to py-GC/MS analyses using a CDS 1000
177 pyroprobe interfaced with a Perkin Elmer Clarus 500 GC/MS system with a heated (310°C) transfer
178 line. Approximately 0.5 mg of sample was encapsulated in a clean quartz tube and held in place with
179 quartz wool plugs. All samples were inserted into the interface and left for 2 minutes prior to
180 analysis, during which time they were warmed to the system inlet temperature of 310°C. This
181 resulted in the thermal extraction of most free lipids prior to analysis, which was confirmed via

182 comparison with sub-samples previously subject to total lipid extractions (3xmethanol, 3xDCM
183 [dichloromethane], and 3xhexane with ultrasonic agitation). The samples were pyrolysed at 610°C
184 for 15 seconds. Gas chromatography mass spectrometry was carried out using a CP-Sil 5CB MS
185 column (30 m x 0.25 mm x 320µm). The GC temperature programme comprised an initial
186 temperature of 40°C for 1.8 minutes, which was ramped to a final temperature of 310°C at 4°C min⁻¹.
187 The temperature was then held at 310°C for a further 20 minutes of analysis time. The compounds
188 within the pyrograms were identified based on their mass spectra and retention times. Following
189 compound identification, peak integrations on the total ion current (TIC) were performed using
190 Turbo-Mass 5.2.0 software. The relative abundance of each identified compound was then
191 determined from the ratio of the individual compound integrations to the summed integrations of
192 all identified compounds, following Vancampenhout et al. (2008). To assess compositional variation
193 in a more concise manner and assist interpretation (isolating key indicator compounds influencing
194 sample composition throughout the sequence), data were subjected to multivariate analysis,
195 specifically de-trended correspondence analysis (ter Braak 1995). In addition, selected samples were
196 analysed following the application of an online methylating agent, tetramethyl ammonium
197 hydroxide (TMAH). The resulting methylation prevents complete thermal degradation of some
198 compounds, assisting with the interpretation of the original macromolecular composition of a
199 sample.

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202 **Results**

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204 Core stratigraphy and chronology

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206 The core comprises a relatively homogenous sequence of slightly silty sands (Fig. S2), with minor
207 increases in silt and clay content at ~1.3 and 2.7-3.0 m. The inorganic sediment fraction is composed
208 primarily of sand-sized, angular to sub-rounded quartz grains, with abundant rounded fragments of
209 mollusc shells and marine micro-fauna, which are derived from the coastal dunes immediately south
210 of site. The upper 0.5 m of the core contained some identifiable plant macro-remains, notably
211 fragments of *Phragmites australis*. The calibrated radiocarbon ages (Table 1) reveal the core to span
212 the period 32,280 cal yr BP (3.5 m; A-14937) to 1,130 cal yr BP (0.88 m; A-14939). The core records
213 the Pleistocene-Holocene transition, with the sample from 2.55 m dating to 11,870 cal yr BP (A-
214 14938). The age-depth model indicates an increase in sedimentation rate in the upper 2.5 m of the
215 core. Although of low resolution, the age model provides sufficient constraints to consider the

216 detection of, and variability in, down-core OM preservation and provenance, which is the primary
217 aim of this study. Some evidence of minor oxidation (orange mottling) is observed within the lower
218 section of the core at ~3.00 m, and implies shallow-water conditions or sub-aerial exposure of the
219 sediment at this time. A depositional hiatus within this section of the core cannot be ruled out.

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222 Bulk sample TOC, TN and $\delta^{13}\text{C}$ data

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224 The TOC content of the core varies between 1 and 16 % (Fig. 2). In general, TOC is highest in the
225 upper 2 m the core, although there is significant variability, including notable reductions in TOC at
226 1.18 and 0.36 m. The most significant long-term trend corresponds to a down-core reduction in TOC
227 and TOC variability between 2.0 and 3.0 m (typically 1-4 % TOC). TOC subsequently rises to ~8 %
228 between 3.0 m and 3.59 m, near the base of the core. TN follows a similar trend to TOC, varying
229 between 0.1 and 1.0% throughout the core. The TOC/TN ratios vary between 6 and 31 (Fig. 2). The
230 upper 2 m of the core is characterised by fairly constant ratios, which fluctuate between 14 and 20,
231 with a decline to 11 at 1.18 m. Following a brief drop to ~6 at 2.46 m, TOC/TN rises steadily to a core
232 maximum of 31 at 3.3 m, before dropping to 17 at the base of the core. The bulk $\delta^{13}\text{C}_{\text{TOC}}$ data vary
233 over a range of 5.3 ‰. The lower half of the core (2.0-3.6 m), with the exception of the sample at
234 3.59 m, varies between -22 and -24 ‰. The core minimum $\delta^{13}\text{C}_{\text{TOC}}$ (-25.1 ‰) is attained in the
235 middle section of the core between depths of 0.9 and 2.0 m (except at 1.18 m). The upper 1 m of the
236 core is characterised by variable $\delta^{13}\text{C}_{\text{TOC}}$ values, with notably enriched samples at 0.36 m (-19 ‰) and
237 0.7 m (-21 ‰).

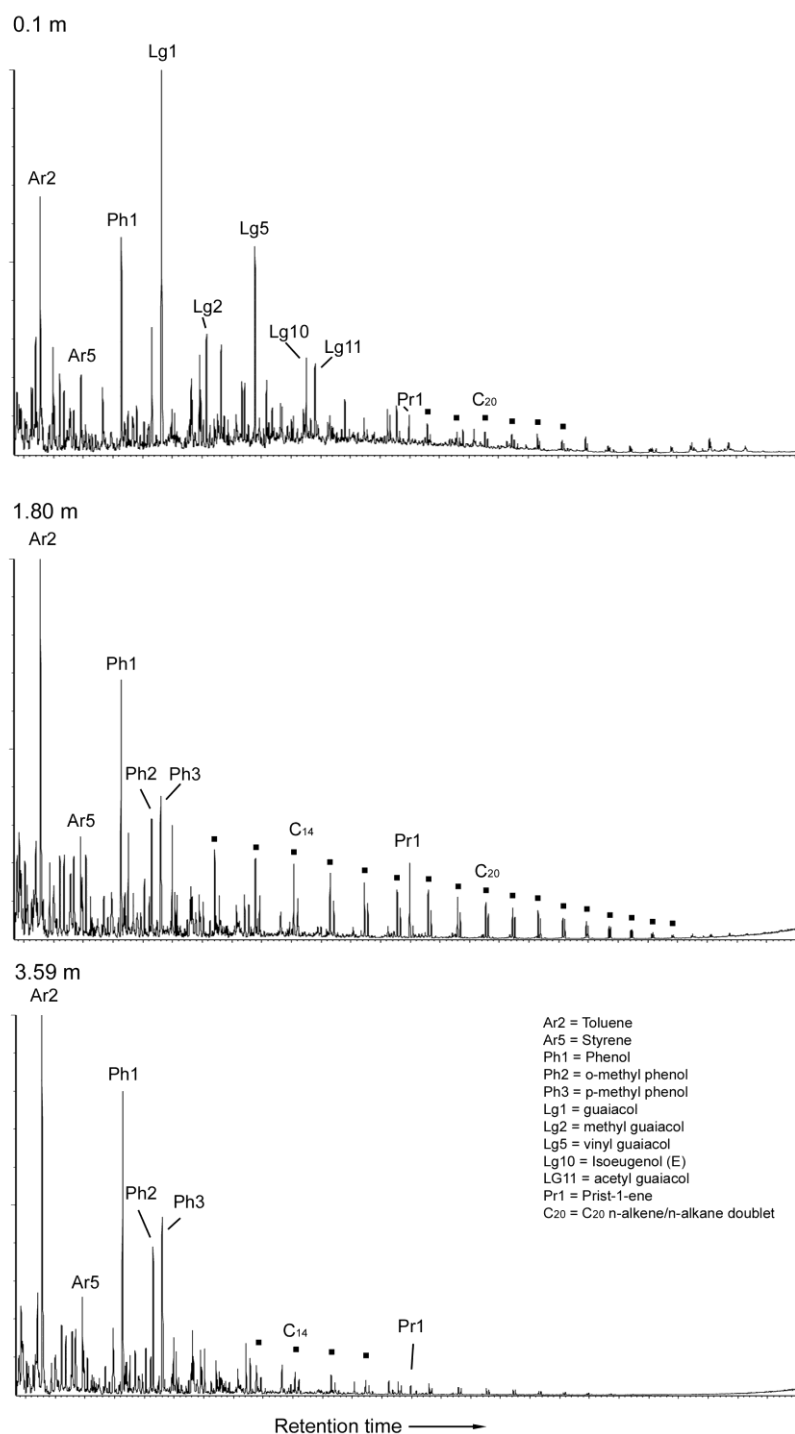
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239 Pyrolysis GC/MS

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241 A total of 115 pyrolysis products were identified within the Rietvlei samples. These are listed along
242 with their typical retention times in Table S1. Figure 3 shows three example pyrograms. The
243 pyrolysis products fall into the following categories: aromatics (Ar), phenols (Ph), lignin derivatives
244 (Lg), polysaccharide derivatives (Ps), polyaromatic hydrocarbons (PAHs) organo-nitrogen compounds
245 (N), fatty acids (FA), aliphatics (labelled by chain length) and hopanes (HOP). Given their abundance,
246 and the range of potential sources, the aliphatic category was separated into short (up to C_{12}),
247 medium (C_{13} - C_{26}) and long-chain (C_{27} - C_{32}) groups (Fig. 4). The total number of identified compounds
248 in any one sample ranges between 115 and 43, and generally the diversity of detected compounds,

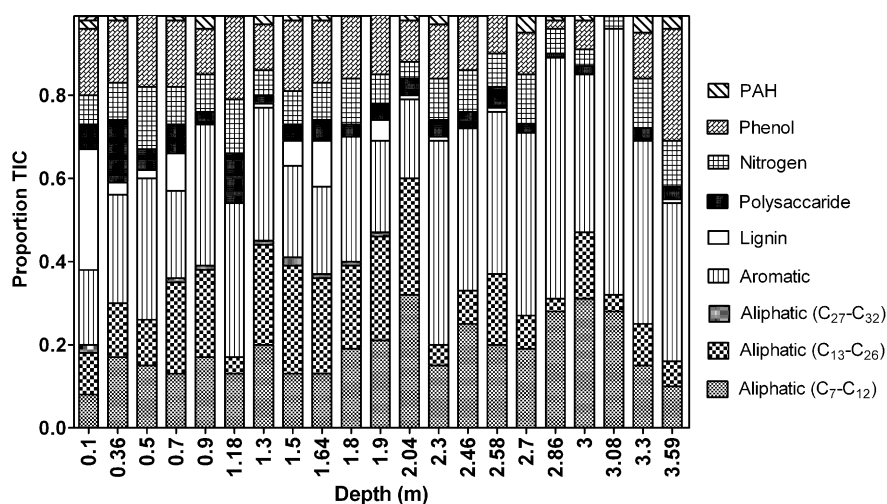
249 particularly for the polysaccharide and organo-nitrogen compound classes, is lower than that
 250 reported in other pyrolysis studies (Buurman et al. 2007; Schellekens et al. 2009).
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 253 **Fig. 3** Example pyrograms from RVS2. The middle pyrogram (1.8 m) displays a distinct aliphatic signal
 254 comprising long-chain *n*-alkene/*n*-alkane doublets and is typical of samples from depths of 0.7-2.04 m. The
 255 lowermost example (3.59 m) reveals a far more limited range of pyrolysis products, dominated by aromatic
 256 compounds

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Sample RVS-10 (0.1 m) contains by far the highest abundance of aromatic and lignin-derived (29 % of TIC) pyrolysis products (Fig. 4). The lignin pyrolysis products include products of all three lignin precursor monomers (*p*-coumaryl, coniferyl and sinapyl alcohols). Sinapyl-derived pyrolysis products are minor components in most samples, except at 3.00 m and 3.59 m, whereas coniferyl-derived products are dominated by guaiacol (Lg1), with alkylated guaiacol units (methyl guaiacol [Lg2], ethyl guaiacol [Lg4]) less abundant and declining more rapidly in abundance than guaiacol, down-core. The relative proportion of total lignin-derived products declines abruptly between 0.1 and 0.5 m, markedly increases between 1.30 and 1.90 m (~1-12% of TIC), subsequently drops to <0.3 % of TIC between 2.30-3.30 m, before recovering to 1.3 % at 3.59 m (Fig. 4).



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Fig. 4 Relative proportions of the different classes of pyrolysis products identified in the Rietvlei core. For clarity the aliphatic products are sub-divided into short (C_7-C_{12}), medium ($C_{13}-C_{26}$) and long ($C_{27}-C_{32}$) chains

For the samples between 0.70 and 2.04 m, there is a distinct increase in the prominence of aliphatic compounds, and more specifically, the medium-chain-length aliphatics ($C_{13}-C_{26}$). In these samples the $C_{13}-C_{26}$ *n*-alkene/*n*-alkane doublets comprise ~20-28 % of the TIC. Below 2.04 m they represent ~5-17 % of the TIC. The maximum detectable chain length is also variable, ranging from C_{32} (0.1 m) to C_{18} (2.86 m). For the upper 2.04 m, maximum chain lengths vary between C_{24} and C_{32} (average of C_{30}). This drops to between C_{18} and C_{28} (average of C_{24}) in the lower half of the core (2.04-3.30). The application of TMAH to the aliphatic-rich samples produces pyrolysates dominated by a suite of fatty acid methyl esters ranging in chain length from C_6 to C_{32} , but dominated by C_{16} and C_{18} chain lengths (Fig. S3).

282 A number of fatty acid homologues of chain lengths FA₁₆ - FA₂₄ were also detected. These are
283 most abundant in the upper 0.7 m. They are characterised by strong even over odd chain length
284 preference, with FA₁₆ the dominant homologue. Fatty acids are entirely absent below 2.30 m. Prist-
285 1-ene and prist-2-ene are believed to be produced by the pyrolytic cleavage of chlorophyll-a
286 (Ishiwatari et al. 1991) and are common pyrolysis products of immature kerogens. In RVS2, prist-1-
287 ene is found in low concentrations (0.01 - 0.2 % TIC) below 2 m, and shows a prominent peak in
288 abundance between 1.3 and 1.9 m (1.6-2.8 % TIC).

289 Organo-nitrogen compounds (e.g. (methyl) pyrrole, (methyl) pyridine, (methyl) indole,
290 benzonitrile) are present throughout the core and display relatively little change down core (Fig. 4).
291 These are often considered to be pyrolysis products of amino acids (Bracewell and Robertson 1984),
292 although indole has been specifically associated with un-degraded plant matter (Buurman et al.
293 2007; Verde et al. 2008). Of the organo-nitrogen compounds, only indole (N8) and methyl indole
294 (N9) exhibit down-core trends commensurate with the TOC and TN trends. Polyaromatic
295 hydrocarbons mostly comprise (methyl) naphthalene (PAH 1 and PAH2) and fluorene (PAH 4).
296 Overall, these represent between 0.3 and 4.6 % of the TIC and exhibit no consistent down-core
297 trends (Fig. 4). The polysaccharide-derived compounds include 3-methyl furan (Ps1), furaldehyde
298 (Ps2), (5H)-furan-2-one (Ps3), and acetyl furan (Ps4). Trace amounts (m/z 60+73) of the high
299 molecular weight sugar levoglucosan were found in a limited number of samples (0.10 m, 0.70 m
300 1.64 m, 2.30 m), but in concentrations too low for peak integration. Hopanes occurred only in
301 samples from the upper 1.8 m. These compounds (22,29,30-Trisnorhop-17(21)-ene, 17 β ,22,29,30-
302 Trisnorhopane, 17 β ,21 α -30-Normoretane) are typically bacterially-derived membrane lipids. They
303 are also found in lipid extracts from the same samples (data not shown), and given the assumed
304 thermal extraction in the system inlet, the hopanes within the pyrolysate are inferred to have been
305 bound or physically encapsulated within the OM matrix.

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308 Multivariate analysis

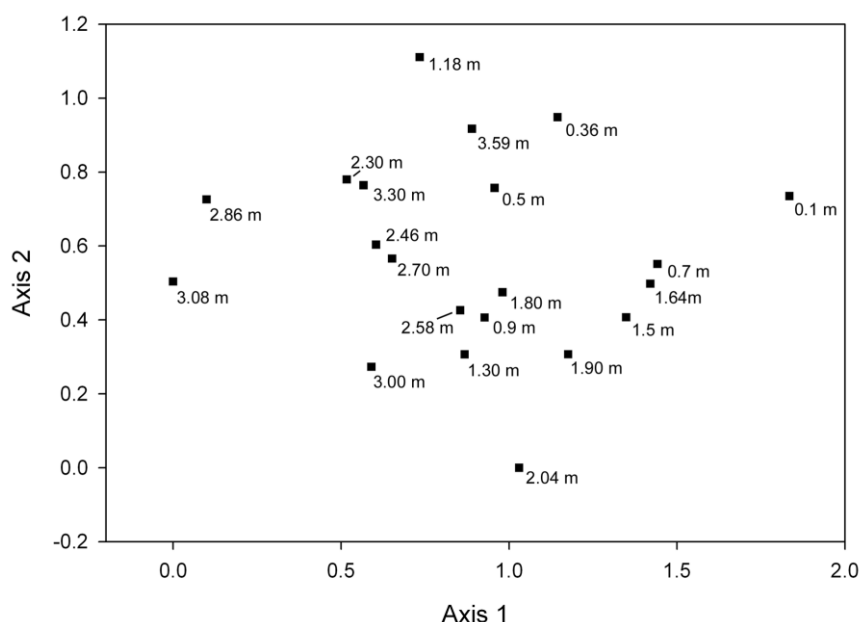
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310 Previously, factor analysis has been applied to assess the controls on compositional variation within
311 complex py-GC/MS datasets (Buurman et al. 2007; Vancampenhout et al. 2008 Schellekens et al.
312 2009). Such multivariate techniques allow the identification of a number of uncorrelated
313 (orthogonal) variables that account for the variation within large datasets. Factor analysis (principal
314 components), however, assumes linear relationships between species (or in this case, compounds)
315 and underlying environmental variables. For this reason correspondence analysis (CA) or related

316 techniques (de-trended correspondence analysis; DCA) are more commonly applied to
 317 environmental and palaeoecological data (ter Braak 1995). Here we apply DCA to the Rietvlei
 318 dataset, although we note that PCA analysis (factor analysis following Vancampenhout et al. 2008)
 319 places the samples into highly comparable clusters, implying the same fundamental differences
 320 between the samples. Analyses were carried out using all untreated samples and all of the resulting
 321 data, i.e. 115 compounds.

322 The DCA ordination diagram for the Rietvlei samples is shown in Fig. 5. The first axis
 323 separates the top of the core (right) from the basal section of the core (left) and broad segregation
 324 of samples from the upper 2 m of the core (0.1, 0.7, 0.9, 1.3, 1.5, 1.64, 1.8, 1.9, 2.04, along with 2.58
 325 and 3.00) from the lower 1.5 m of the core (2.3, 2.46, 2.7, 2.86, 3.08, 3.3) is apparent. The upper part
 326 of the diagram shows a scatter of samples less related to one another stratigraphically; namely 0.36,
 327 0.5, 1.18 and 3.59. To the lower right of the diagram, a notable cluster of samples comprising 0.7,
 328 1.5, 1.64 and 1.9 m, can also be seen. Overall, axis 1 confirms a distinct compositional difference
 329 between the top of the core, as might be anticipated for near-modern organic matter, and the lower
 330 ~1.5 m of the core. Axis 2 strongly separates sample 2.04 m from sample 1.18 m, and also separates
 331 two samples (0.36 and 0.5 m) from the remainder of the upper core samples, which are generally
 332 confined to the centre/lower right of the diagram.

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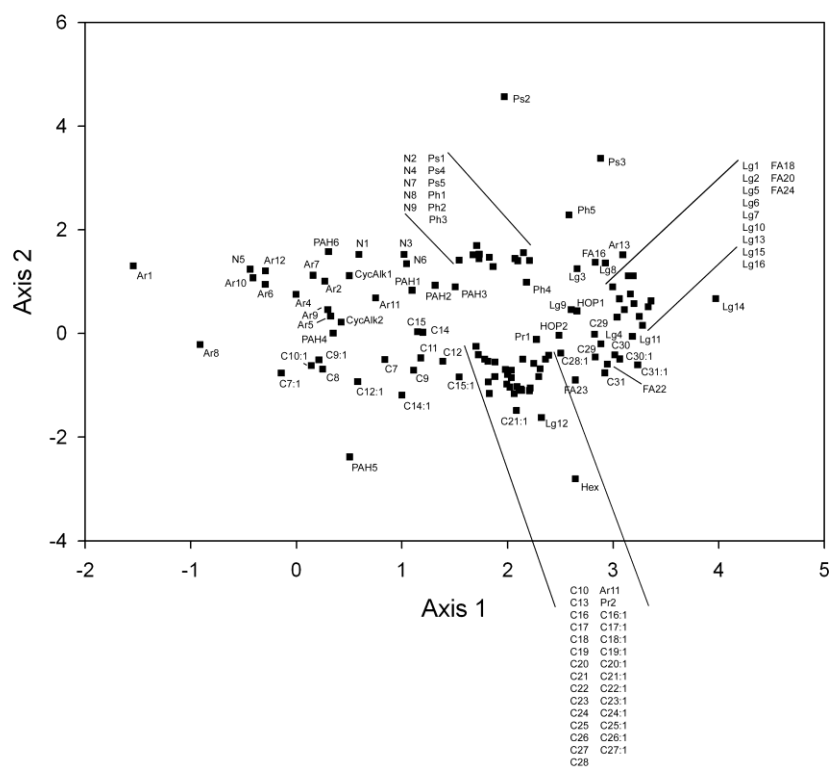
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335 **Fig. 5** DCA axes sample scores. Note the separation of fresh organic matter (0.1 m) and the division of the
 336 upper from the lower core. Associated eigenvalues: Axis 1 = 0.21, Axis 2 = 0.06

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338 The ordination plot with the individual compound scores provides an indication of the
 339 specific compositional variation separating the samples (Fig. 6). Most prominent are the lignin

340 monomers, which are all found towards the right of the diagram, and are clearly associated with
 341 sample 0.1 m, as expected from the description of the pyrograms (Figs. 3 and 4). Also among this
 342 cluster are the even-number chain length (FA₁₆-FA₂₄) fatty acids and *n*-alkene/*n*-alkane homologues
 343 between C₂₉ and C₃₁. Low-molecular-weight aromatic compounds are found to the extreme left of
 344 the diagram, and are most closely associated with samples from 2.86 and 3.08 m. These include
 345 benzene (Ar1), propyl benzene (Ar8), benzonitrile (N5), indene (Ar10), biphenyl (Ar12), toluene
 346 (Ar2), *o*-xylene (Ar4) and *p*-xylene (Ar6). Along the base of the diagram is a series of *n*-alkenes and *n*-
 347 alkanes, which display a progressive reduction in chain length from right to left. The longest *n*-
 348 alkane/*n*-alkenes (C_{29:1}, C₂₉, C_{30:1}, C₃₀, C_{31:1} and C₃₁) are associated with the lignin monomers to the
 349 right. A prominent cluster of middle-chain-length aliphatics (C₁₅-C₂₇), closely associated prist-1-ene
 350 and prist-2-ene, is seen to the lower right. This cluster is most closely associated with the previously
 351 noted cluster of samples including 0.7 m, 1.5 m, 1.64 m and 1.9 m. With the exception of N9
 352 (benzonitrile), which plots to the left of the diagram with the aromatics, the organo-nitrogen
 353 compounds and all of the polysaccharide products (Ps1 Ps4) all cluster towards the upper centre of
 354 the diagram. The separation of samples with high axis 2 scores is seemingly driven in part by the
 355 occurrence of secondary cellulose products, furaldehyde (Ps2) and (5H)-furan-2-one (Ps3), although
 356 methyl furan (Ps1) also exhibits relatively high axis 2 scores. Polyaromatic compounds mostly plot
 357 towards the centre of the diagram, suggesting a limited influence on sample variability. This would
 358 be anticipated from the absence of significant down-core trends for these compounds (Fig. 4).



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 360 **Fig. 6** DCA axes compound scores. The compounds within tight clusters are listed together where necessary

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362 **Discussion**

363

364 In comparison to a number of previous py-GC/MS studies on soils and sediments (van Bergen et al.
365 1997; Zang and Hatcher 2002; Buurman et al. 2007; Verde et al. 2008; Schellekens et al. 2009;
366 Vancampenhout et al. 2009), the diversity of pyrolysis products in Rietvlei is relatively low. Most
367 notably, compound classes typically associated with the least resistance to degradation
368 (polysaccharide and cellulose pyrolysis products) are present in low concentrations and are of low
369 diversity. The polysaccharide pyrolysis products in particular are dominated by a limited number of
370 moieties from 'secondary' polysaccharides, primarily furans (e.g. 3-methyl furan, acetyl furan) and
371 furaldehyde, which are most likely products of microbial degradation of higher molecular weight
372 polysaccharides (Nierop et al. 2001; Kaal et al. 2007; Schellekens et al. 2009). Primary
373 polysaccharides such as levoglucosan, which is a common pyrolysis product of fresh cellulose, were
374 absent or could only be identified in trace amounts.

375 Pyrolysate diversity and TOC are closely and non-linearly correlated ($r^2 = 0.52$; Fig. S4). This
376 relationship is insensitive to analysed sample mass (i.e. adjusted for TOC content), and is inferred to
377 be indicative of degradation processes within this environment, which progressively diminish the
378 range of potential pyrolysis products within a sample. Samples to the left of the ordination plot (2.86
379 m and 3.08 m) are associated with the lowest TOC contents and the least diverse pyrolysates. Their
380 pyrolysates are dominated by aromatics and short-chain-length *n*-alkenes/*n*-alkanes. Toluene (Ar2)
381 in particular has been associated with heavily degraded organic matter (van Bergen et al. 1997;
382 Schellekens et al. 2009) and may be derived from multiple sources, including degraded proteins
383 (Fuhrmann et al. 2004). Similarly, ethyl benzene (Ar3) has also been observed to increase in
384 abundance with the degradation of proteinaceous material (Nguyen et al. 2003). Despite a range of
385 potential sources, styrene (Ar5), phenol (Ph1) and methyl phenol (Ph2/3) have also been associated
386 with microbial residues (Nierop et al. 2001).

387 The significance of lignin products on the right of axis 1 implies that this is a dominant
388 fraction of fresh OM. The concentration and diversity of lignin products rapidly declines down core.
389 Notably, alkylated guaiacyl units (methyl guaiacol [Lg2], ethyl guaiacol [Lg4]) and syringol units
390 decline most rapidly (Siaz-Jimenez et al. 1987; Thevenot et al. 2010). This pattern is associated with
391 elimination of methoxy groups, side chain shortening and aerobic degradation (Nierop et al. 2001). It
392 is anticipated that lignin is particularly susceptible to microbial degradation in warm, oxygenated
393 environments. For instance, Bourdon et al. (2000) reported rapid lignin degradation within the upper
394 centimetres of the Lake Tritrivakely marsh sediments. At Rietvlei the pH (7.5) of the lake waters and

395 sediments, which is a result of the surrounding geology (Roberts et al. 2008), also enhances lignin
396 degradation (Liu and Huang 2008). The relationship between TOC and pyrolysate diversity therefore
397 reflects the selective loss of more labile compound classes (proteins, cellulose and lignin) along with
398 the progressive loss of functional groups and depolymerisation due to microbial activity, all of which
399 serve to reduce the range of potential pyrolysis products.

400 The DCA analysis reveals that first order differences in sample composition reflect
401 pyrolysates dominated by aromatic compounds (low axis 1 scores) relative to pyrolysates rich in
402 lignin-derived/aliphatic compounds (high axis 1 scores). Axis 1 compound scores are significantly
403 correlated with TOC ($r^2 = 0.42$, $p < 0.002$, $n=21$), implying that this axis represents the extent of
404 organic matter preservation. The sample from 0.1 m is characterised by abundant lignin, fatty acids
405 and long-chain ($>C_{29}-C_{31}$) *n*-alkenes and *n*-alkanes, all of which are indicative of higher plant origin
406 (van Bergen et al. 1997; Huang et al. 1998; Nierop et al. 2001), with leaf waxes probably accounting
407 for the $C_{29}-C_{31}$ *n*-alkenes/*n*-alkanes in this cluster. Such an interpretation corresponds with the
408 present dominance of semi-aquatic *Phragmites australis* vegetation at the site (Fig. S1) and is further
409 supported by the presence of all three lignin monomers, indicative of monocotyledonous lignin
410 sources (Boerjan et al. 2003). As observed in previous py-GC/MS studies (Huang et al. 1998), fatty
411 acid abundance declines rapidly with degradation time/depth.

412 Positive axis 2 scores are associated with the abundance of secondary cellulose products,
413 primarily furaldehyde. Negative values for axis two are primarily associated with *n*-alkenes/*n*-
414 alkanes, which decrease in chain length from right to left across the diagram, i.e. along axis 1 (Fig. 3).
415 The samples from 0.7 m, 1.5 m, 1.64 m and 1.9 m plot closest to the prominent middle-chain-length
416 aliphatic cluster. In lacustrine contexts, such strongly aliphatic pyrolysates (Fig. 3) have been
417 associated with recalcitrant cell wall biopolymers in green algae (algaenan; Blokker et al. 1998;
418 Bourdon et al. 2000; Furhman et al. 2004). Strongly aliphatic pyrolysis signals have also been
419 reported in soils (Nierop 1998; Augris et al. 1998), plant cuticles (cutan; Boom et al. 2005), and roots
420 (Tegelaar et al. 1995). In this context, an aquatic algal source is a plausible origin, although their
421 positioning within the ordination plot places them on a clear gradation between the fresh organic
422 matter (0.1 m) and the degraded organic matter associated with the left side of the diagram. These
423 aliphatic-rich samples also lie between these end-members stratigraphically, and a plausible
424 interpretation is that the aliphatic signal is indicative of the selective preservation of more
425 recalcitrant aliphatic macromolecular organic matter. While these samples have yet to be degraded
426 to the state of the lower metre of the core, their aliphatic signal is relatively enhanced due to the
427 loss of more labile polysaccharide and lignin OM fractions. In this sense, it is also significant that the
428 aliphatics plot at the end of axis 2, opposite the more labile polysaccharide and organo-nitrogen

429 pyrolysis products. The selective enhancement of aliphatic pyrolysis products has been reported in a
430 number of contexts (Huang et al. 1998; Zang and Hatcher 2002) and is thought to be an important
431 process over geological timescales (de Leeuw et al. 2006; Zonneveld et al. 2010).

432 Interestingly however, the same section of the core (2.04-0.9 m) is associated with a marked
433 increase in TOC and a recovery in the relative amount of lignin-derived pyrolysis products (Figs. 2
434 and 4). In conjunction, there is a distinct reduction in $\delta^{13}\text{C}_{\text{TOC}}$, while TOC/TN ratios stabilise between
435 ~11 and 18 (Fig. 2). A typical interpretation of the latter values is that they potentially reflect algal-
436 derived OM contributions (TOC/TN typically 4 -10; Meyers 1997). In addition, the suite of fatty acid
437 methyl esters revealed by TMAH analyses of samples from these depths implies a potential source of
438 condensed lipids within the sample OM. These may also be derived from algal lipids (Bourdon et al.
439 2000; Versteegh et al. 2004). Thus, although selective preservation is implied by the ordination
440 space, a change in organic matter source and/or lake productivity at this time is plausible given the
441 evidence from the bulk measurements, the increased prominence of some other pyrolysis products
442 (e.g. lignin), and the TMAH analyses.

443

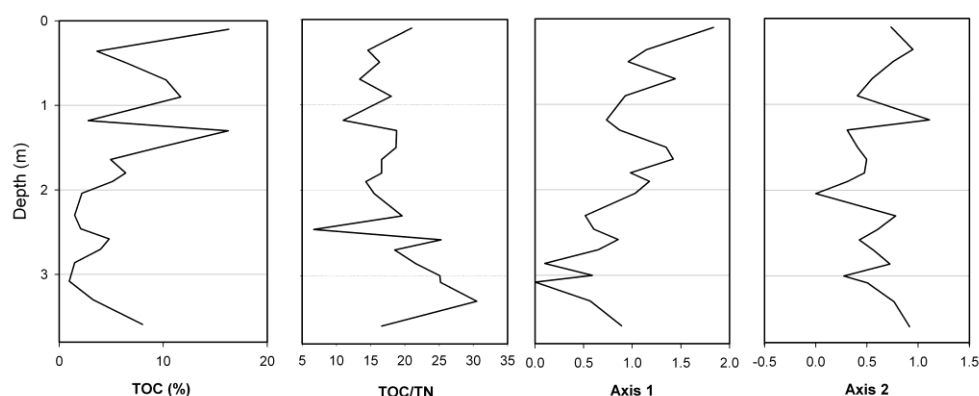
444 Relationship to TOC, TN and TOC/TN

445

446 The ordination sample scores are plotted stratigraphically with TOC and TOC/TN (Fig. 7). Much of the
447 lower core (3.1-2.3 m) is characterised by low TOC, high TOC/TN ratios and low axis 1 scores. This
448 section of the core is associated with heavily degraded organic matter, inferred from axis 1. The
449 mid-core section (2.3-1.3 m) is characterised by rising TOC, rising axis 1 scores, a plateau of lower
450 axis 2 scores, and low-moderate TOC/TN ratios. Similar trends in bulk parameters are often observed
451 in lake sediment records during phases of wetter climate and increased lake productivity. These
452 typically comprise an association of increased TOC, lower TOC/TN and a higher rock-eval hydrogen
453 index (Meyers and Lallier-Vargès 1999). Here, a marked increase in preservation (rising axis 1 score
454 and high TOC) is inferred, while the lower axis 2 scores are associated with increasing prominence of
455 the middle-chain-length aliphatics. Between 1.3 and 0.9 m there is an abrupt decrease in axis 1
456 scores (increased degradation) and an increase in axis 2 scores, commensurate with a drop in TOC.
457 This is associated with the sample at 1.18 m, which is also separated from the rest of the core in the
458 upper center of the sample ordination diagram (Fig. 5). The section between 0.9 and 0.7 m yields
459 opposite trends (axis 1 and TOC increase while axis 2 decreases), with the cycle repeating over the
460 depths 0.7-0.3 m (lower TOC, reduced preservation), and from 0.3 m to the top of the core
461 (increasing TOC and preservation).

462 Of the bulk sediment parameters, only TOC shows a significant correlation with the sample
463 ordination axes (Fig. 7). The TOC/TN ratio is frequently used as an indicator of OM provenance in
464 palaeolimnology studies (Meyers and Lallier-Vergès 1999), but shows no statistical relationship with
465 either ordination axis. The marked increase in TOC/TN ratio lower in the core (3.1-2.3 m) is
466 associated with the lowest axis 1 scores (degraded OM) and low TOC. Within lacustrine contexts,
467 such high TOC/TN ratios are often associated with increased terrestrial OM inputs (Lamb et al. 2004).
468 Here, the pyrolysis data only imply a marked reduction in OM preservation, and give little
469 information on provenance at these depths. A plausible interpretation is that the rise in TOC/TN
470 ratio is indicative of the preferential degradation of more labile nitrogenous compounds (Meyers
471 and Lallier-Vergès 1999; Nguyen et al. 2003; Das 2008). The (total) proportion of organo-nitrogen
472 pyrolysis products throughout the core is, however, uncorrelated with TN ($r^2 = <0.01$) or TOC/TN.
473 The two samples (3.00 and 3.08) with the highest TOC/TN ratios do, however, produce the lowest
474 proportion of organo-nitrogen pyrolysis products. It is possible that the py-GC/MS technique is
475 insensitive to the full range of nitrogen compounds in the samples (Nierop et al. 2001; Kaal et al.
476 2007), some of which are found early in the pyrogram and are frequently difficult to integrate
477 precisely (Kaal et al. 2007). Overall, in the context of the associated core-wide evidence for
478 substantial and selective OM degradation, it seems plausible that the increase in TOC/TN ratio in the
479 lower core is also at least partly driven by selective degradation. This further implies that down-core
480 variations in bulk TOC/TN ratio may be driven by both preservation and provenance.

481 A key finding from the py-GC/MS analysis is that fresh organic matter is significantly
482 degraded within the upper 50 cm of the core. This is driven initially by the loss of the plant-derived
483 fatty acids and lignin monomers (Bourdon et al. 2000), with a slower and more variable reduction in
484 the contribution of secondary (degraded/microbially-derived) cellulose. Much of this occurs within 1
485 m of the surface, i.e. the last ~1100 years. In detail, the overall down-core trend (Fig. S5) in
486 secondary cellulose pyrolysis products reveals peaks at 1.18 m and 0.36 m, depths for which
487 enhanced OM degradation was also inferred from the DCA analysis. These peaks likely indicate an
488 enhanced contribution of microbially processed OM, which accounts for the positioning of samples
489 1.18 m and 0.36 m within the ordination diagram.



490
491 **Fig. 7** TOC, TOC/TN, and Axis 1 and Axis 2 sample scores plotted stratigraphically

492
493
494 Regional palaeoenvironmental context

495
496 The record preserved in the Rietvlei core spans approximately 32,000 years, a period of time
497 characterised by marked changes in regional environmental conditions (Chase and Meadows 2007).
498 Although regional palaeoenvironmental records are sparse, and the resolution of the Rietvlei core
499 chronology is limited, climate of the southern Cape during the period 32-12 ka is thought to have
500 included phases of relative aridity, notably during the last glacial maximum (Deacon et al. 1984;
501 Irving 1998; Carr et al. 2006). This broadly corresponds with the evidence for highly degraded OM at
502 2.5 - 3.3 m (32,280 to 11,870 cal yr BP). Subsequently, the late glacial, and most likely the early
503 Holocene (from 11,870 cal yr BP, i.e. samples above 2.5 m), record a notable increase in TOC, a
504 decrease in $\delta^{13}\text{C}_{\text{TOC}}$, enhanced terrestrial lignin input/preservation and an increase in aliphatic,
505 possibly algal-derived, organic matter. This corresponds with regional evidence for increased
506 moisture availability during the post glacial period (Deacon et al. 1984; Irving 1998). The associated
507 depletion of $\delta^{13}\text{C}_{\text{TOC}}$ is inferred to have been driven by an increased input of allochthonous organic
508 matter, promoted by a more humid environment. The period prior and subsequent to 1,130 cal yr
509 BP (1.18 m - 0.9 m) displays high, but variable TOC and $\delta^{13}\text{C}_{\text{TOC}}$. The samples at 1.18 m and 0.36 m
510 are clearly separated by the DCA ordination, driven in part by an increased proportion of secondary
511 polysaccharides and a decrease in lignin/fatty acid products relative to neighbouring samples. These
512 may be associated with phases of relative aridity during the late Holocene, which are apparent in
513 regional palaeoenvironmental records (Scholtz 1986; Carr et al. 2006). Ongoing chronological,
514 palynological and charcoal analyses will allow further comparison of these observations with
515 local/regional palaeoenvironmental records.

516
517

518 **Conclusions**

519

520 Py-GC/MS analyses of the Rietvlei sediments reveal marked fluctuations in organic matter
521 composition. The majority of down-core variation reflects OM preservation, which at its most
522 advanced stage produces pyrolysates dominated by a suite of low-molecular-weight aromatic
523 compounds. The pyrolysis data reveal pronounced, rapid (<1000 years) and selective degradation of
524 OM within this setting. This is supported in the upper core by the low diversity of polysaccharide
525 pyrolysis products (particularly levosugars) and selective degradation of labile organic matter
526 components (polysaccharides, lignin), and in the middle core, by possible selective preservation of
527 aliphatic-rich OM. Lignin monomers and plant-derived fatty acids degrade quickly, whereas the
528 proportion of polysaccharide products declines more slowly over ~1000 years and fluctuates with
529 the addition of bacterially-derived sugars (e.g. 0.36 m). A phase of increased TOC with lower
530 TOC/TN and $\delta^{13}\text{C}_{\text{TOC}}$ corresponds with the aliphatic-rich pyrolysates, which may reflect selective
531 preservation and/or increased algal-derived organic matter. The timing of this event (from ~12,000
532 years ago) is broadly consistent with expectations from the regional palaeoenvironmental record.
533 Only DCA axis 1 shows any correlation with 'bulk' OM parameters (TOC). With the exception of
534 (methyl) indole, the organo-nitrogen pyrolysis products provide no insights into the driver(s) of
535 down-core TN or TOC/TN variability. Overall, however, we suggest that in conjunction with bulk
536 sediment parameters, py-GC/MS data can provide useful insights into the origin and preservation of
537 OM within wetland and lake sediment records.

538

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546

547

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737 **Tables**

738

739 Table 1. RVSb-2 core radiocarbon ages and calibrated dates. Calibration was conducted with Calib

740 v6.0 using the ShCal04 (A-14939 and A- 14938) and IntCal09 (A- 14937) calibration curves. A

741 Southern Hemisphere correction was applied to A- 14937

Sample	Depth (m)	Method	¹⁴ C age yr BP	1 σ error (yr)	calibration data	95.4 % (2 σ) cal age ranges (cal yr BP)	relative area	median probability (cal yr BP)
A-14939	0.88	GPC	1,260	70	SHCal04	1,274 – 977	1	1,130
A- 14938	2.55	GPC	10,250	120	SHCal04	11,366 – 11,137	0.00159	
						12,245 – 11,393	0.946	11,870
						12,375 – 12,265	0.0525	
A- 14937	3.51	GPC	27,686*	1135*	INTCAL09	34,622 – 30,363	1	32,280

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743 *Adjusted for recommended SH offset of 56 ± 24

744 GPC = Gas proportional counting

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746 Supplementary material

747 **Table S1:** Identified compounds within the pyrolysates, approximate retention times, and the coding
748 system used for figures 5 and 6

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<i>Compound</i>	<i>Compound code</i>	<i>Typical retention time (min)</i>	<i>Class</i>
Cyclohexadiene	CycAlk1	2.67	Aliphatic
Benzene	Ar1	2.86	Aromatic
Cyclohexene	CycAlk2	3.19	Aliphatic
Heptene	C7:1	3.35	Aliphatic
Heptane	C7	3.52	Aliphatic
Pyridine	N1	3.97	Nitrogen
Toluene	Ar2	4.62	Aromatic
C8 alkene	C8	5.42	Aliphatic
3-methyl furan	Ps1	5.72	Polysaccharide
Furaldehyde	Ps2	5.84	Polysaccharide
Methyl pyrrole	N2	6.28	Organo-nitrogen
3-methyl pyrrole	N3	6.64	Organo-nitrogen
2-methyl pyridine	N4	6.75	Organo-nitrogen
Ethyl benzene	Ar3	7.17	Aromatic
o-Xylene	Ar4	7.46	Aromatic
(5H)-furan-2-one	Ps3	7.65	Polysaccharide
Styrene	Ar5	8.07	Aromatic
p-Xylene	Ar6	8.17	Aromatic
Acetyl furan	Ps4	8.30	Polysaccharide
C9 alkene	C9:1	8.46	Aliphatic
C9 alkane	C9	8.84	Aliphatic
3-methyl-2-cyclopenten-1-one	Ps5*	9.90	Organo-nitrogen*
Benzaldehyde	Ar7	9.97	Aromatic
Propyl benzene	Ar8	10.31	Aromatic
Benzonitrile	N5	10.60	Nitrogen
2-Ethyl-1-methyl benzene	Ar9	11.25	Aromatic
Phenol	Ph1	11.47	Phenol
C10 alkene	C10:1	12.03	Aliphatic
C10 alkane	C10	12.42	Aliphatic
Indene	Ar10	13.38	Aromatic
o-methyl phenol	Ph2	14.04	Phenol
3-methyl Benzonitrile	N6	14.45	Nitrogen
p-methyl phenol	Ph3	14.70	Phenol
Guaiacol	Lg1	14.85	Lignin
Benzoacetyl nitrile	N7	15.93	Nitrogen

C11 alkane	C11:1	16.12	Aliphatic
Pentyl benzene	Ar11	17.68	Aromatic
Ethyl phenol	Ph4	18.05	Phenol
Dimethyl phenol	Ph5	18.14	Phenol
Naphthalene	PAH1	18.38	PAH
Methyl guaiacol	Lg2	18.64	Lignin
C12 alkene	C12:1	19.30	Aliphatic
C12 alkane	C12	19.69	Aliphatic
Vinyl phenol	Lg3	19.87	Phenol/ Lignin
Ethyl guaiacol	Lg4	20.63	Lignin
Indole	N8	21.85	Organo-nitrogen
2-methyl naphthalene	PAH2	22.17	PAH
Vinyl guaiacol	Lg5	22.72	Lignin
C13 alkane	C13	23.10	Aliphatic
Syringol	Lg6	23.69	Lignin
Eugenol	Lg7	24.17	Lignin
Methyl indole	N9	24.88	Organo-nitrogen
Biphenyl	Ar12	24.90	Aromatic
Vanillin	Lg8	25.01	Lignin
Isoeugenol (Z)	Lg9	25.79	Lignin
C14 alkene	C14:1	25.95	Aliphatic
C14 alkane	C14	26.25	Aliphatic
Dimethyl naphthalene	PAH3	26.29	PAH
Trimethoxy benzene	Ar13	26.81	Aromatic
Isoeugenol (E)	Lg10	27.05	Lignin
Acetyl guaiacol	Lg11	27.78	Lignin
Vanillic acid methyl ester	Lg12	28.83	Lignin
C15 alkene	C15:1	29.02	Aliphatic
C15 alkane	C15	29.32	Aliphatic
Vinyl syringol	Lg13	30.29	Lignin
Fluorene	PAH4	31.00	PAH
<i>p</i> -methyl cinamic acid	Lg14	31.05	Lignin
Triethyl naphthalene	PAH5	31.12	PAH
C16 alkene	C16:1	31.91	Aliphatic
C16 alkane	C16	32.18	Aliphatic
Allyl syringol	Lg15	34.09	Lignin
Acetyl syringol	Lg16	34.65	Lignin
C17 alkene	C17:1	34.65	Aliphatic
C17 alkane	C17	34.91	Aliphatic
1-Methyl-7-propyl naphthalene	PAH6	35.21	PAH
Prist-1-ene	Pr1	35.71	Aliphatic
Prist-2-ene	Pr2	35.97	Aliphatic
C18 alkene	C18:1	37.25	Aliphatic
C18 alkane	C18	37.49	Aliphatic

C19 alkene	C19:1	39.73	Aliphatic
C19 alkane	C19	39.96	Aliphatic
C16 Fatty acid	FA16	40.24	Fatty Acid
Hexadecanoic acid	Hex	41.17	Aliphatic
C20 alkene	C20:1	42.10	Aliphatic
C20 alkane	C20	42.30	Aliphatic
C21 alkene	C21:1	44.35	Aliphatic
C21 alkane	C21	44.54	Aliphatic
C18 Fatty acid	FA18	44.84	Fatty Acid
C22 alkene	C22:1	46.51	Aliphatic
C22 alkane	C22	46.69	Aliphatic
C23 alkene	C23:1	48.58	Aliphatic
C23 alkane	C23	48.74	Aliphatic
C20 Fatty acid	FA20	49.04	Fatty Acid
C24 alkene	C24:1	50.56	Aliphatic
C24 alkane	C24	50.71	Aliphatic
C25 alkene	C25:1	52.47	Aliphatic
C25 alkane	C25	52.61	Aliphatic
C22 Fatty acid	FA22	52.92	Fatty Acid
C26 alkene	C26:1	54.29	Aliphatic
C26 alkane	C26	54.43	Aliphatic
C23 Fatty acid	FA23	54.74	Fatty Acid
C27 alkene	C27:1	56.06	Aliphatic
C27 alkane	C27	56.19	Aliphatic
C24 Fatty acid	FA24	56.51	Fatty Acid
C28 alkene	C28:1	57.76	Aliphatic
C28 alkane	C28	57.88	Aliphatic
C29 alkene	C29:1	59.40	Aliphatic
C29 alkane	C29	59.51	Aliphatic
22,29,30-Trisnorhop-17(21)-ene	HOP1	59.68	Hopane
17 β ,22,29,30-Trisnorhopane	HOP2	60.41	Hopane
C30 alkene	C30:1	60.99	Aliphatic
C30 alkane	C30	61.09	Aliphatic
C31 alkene	C31:1	62.53	Aliphatic
C31 alkane	C31	62.62	Aliphatic
17 β ,21 α -30-Normoretane	HOP3	64.01	Hopane

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751 *Ps5 has a structure very close to a furan suggesting a similar source is plausible

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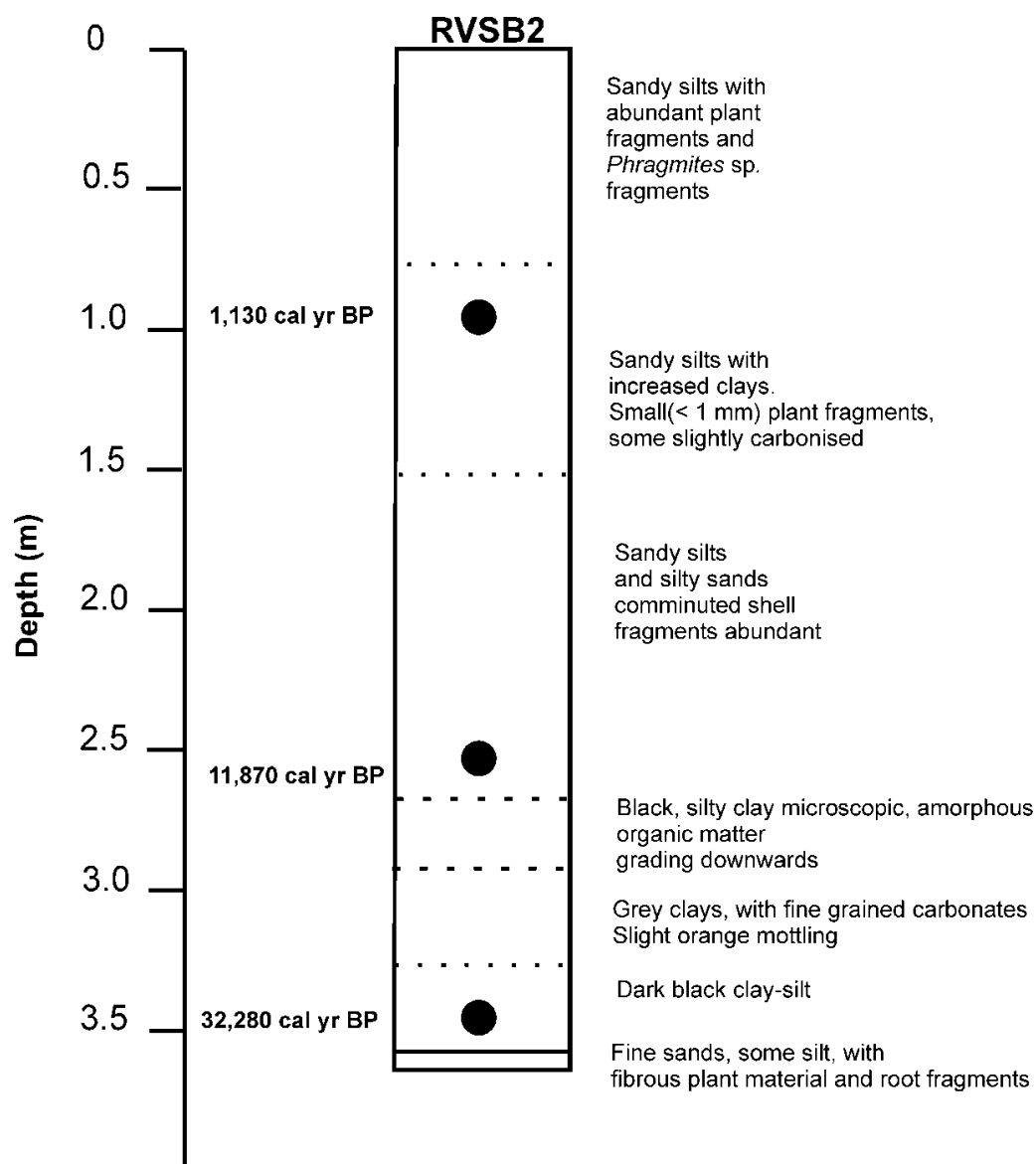
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Supplementary figures



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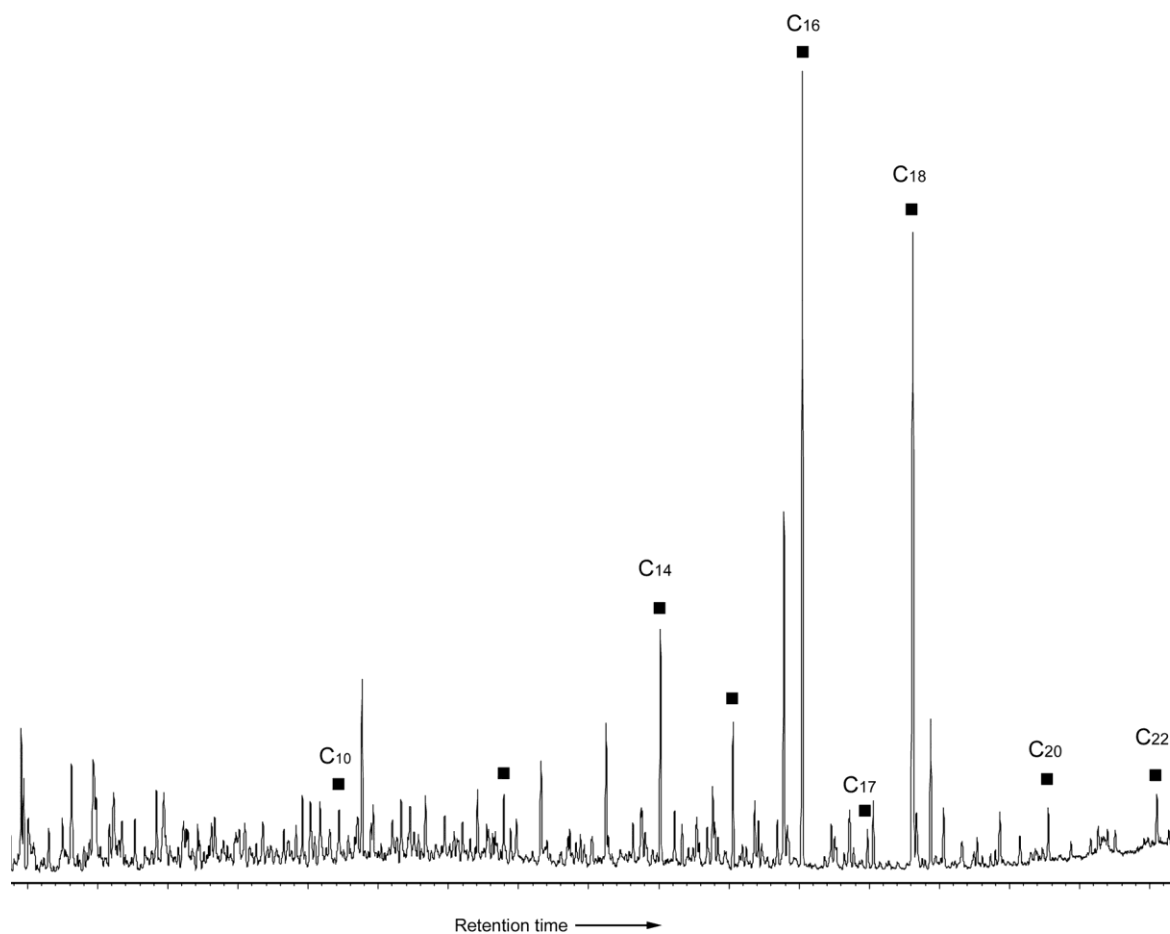
Fig. S1: Panorama of Rietvlei and the coring site looking north from the crest of the seaward-most barrier dune. The approximate position of the core is marked with the red circle. Vehicle near the centre provides scale



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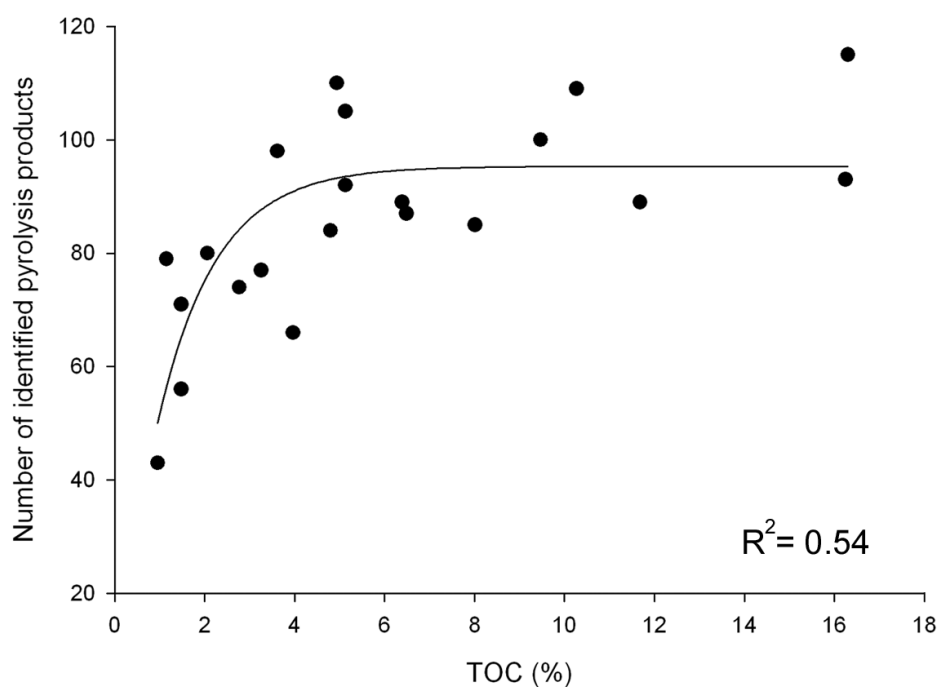
Fig. S2: Simplified core stratigraphy, with median calibrated radiocarbon age ranges shown

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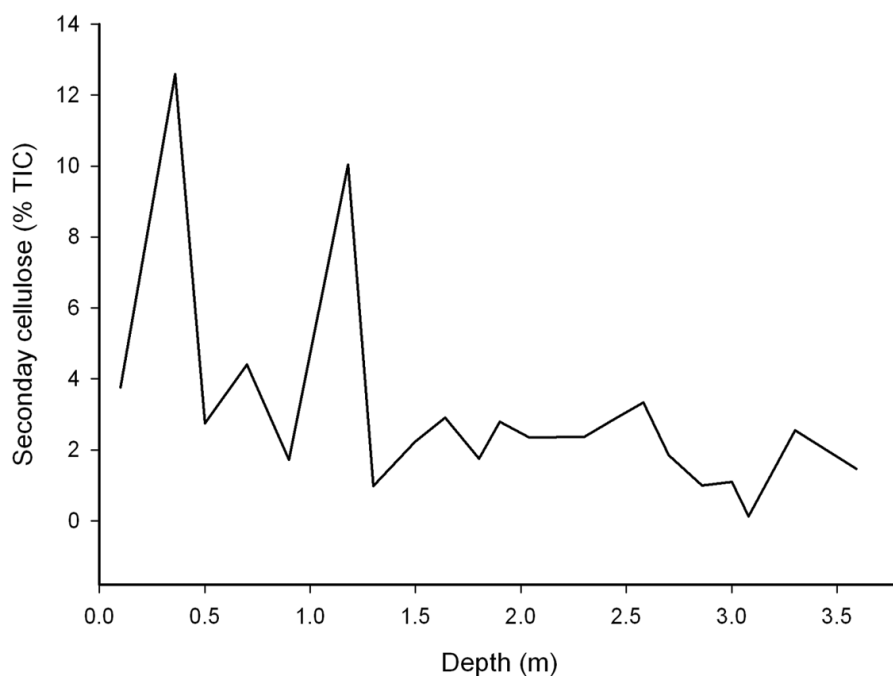


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Fig. S3: A partial chromatogram showing the results of TMAH application to an aliphatic rich sample. This example is from 1.8 m depth. Note the dominant C₁₆ and C₁₈ fatty acid methyl esters



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774 **Fig. S4:** Relationship of pyrolysate diversity to TOC
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779 **Fig. S5:** Down-core concentration of secondary cellulose pyrolysis products (summed proportion of
780 TIC) for 3-methyl furan (Ps1), Furaldehyde (Ps2), (5H)-furan-2-one (Ps3), Acetyl furan (Ps4))
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